



BOYS SUMMER CAMP

LEAD INSTRUCTOR - AN JEONG-HWAN

Judo Ontario High Performance Coach

SHIN BU KAN JUDO CLUB

2359 Royal Windsor Drive #11, Mississauga

CHECK-IN: Friday, August 11, 9:00 am

PICK-UP: Sunday, August 13, 5:30 pm

ELIGIBILITY & COST

12 to 20 Years of Age - Orange Belts & Up

OVERNIGHT CAMP: \$150 (After July 25th \$175)

DAY CAMP ONLY: \$100 for 3 days

DAY FEE: \$40 Per day

Meals & activities are included in camp fees

REGISTER NOW

TrackieReg.com/BoysOnlyJudoCamp



AN JEONG-HWAN
World Championships
Bronze Medalist







LOGISTICS

- Those staying overnight will be sleeping on the tatami
- Day campers arrive at 9:30 am and depart at 5:00 pm
- Lunch is included for all Campers
- Judo Trainings are 10:00 am and 3:00 pm daily

WHAT TO BRING

- Bring 2 Judo Gi's
- Sleeping bag and pillow (Overnight Camp)
- Toiletries, bath towel (Overnight Camp)
- Work out clothing & running shoes
- Bathing Suit, Beach Towel and Flip Flops
- Extra clothing for non training activities
- Bring spending money for free time
- Water bottle

ACTIVITIES

Swimming, Roller Skating, Soccer, Barbecue, Movie Night