



***Mississauga Olympians***  
***Track & Field Athletic Association***  
**Outdoor Track and Field Meet**

**Date:** Sunday June 18, 2023

**Time:** 9:15am- 5:00pm

**Sanctioned By:** Minor Track Association (Ontario)

**Competition Director:** Carla Warwick 905-997-2713 [carla@mississaugaolympians.com](mailto:carla@mississaugaolympians.com)

**Entries Chairperson:** Earl Letford [track@flyingangels.ca](mailto:track@flyingangels.ca)

**Location:** Courtney Park Fields St. Marcellinus Secondary School 730 Courtneypark Dr W, Mississauga, ON L5W 1L9

**Facilities:** Chevron surface 8-lane track. Chevron surface on all approaches with a concrete throwing circle.

**Age Categories and Events:**

**Peewee:** Athletes born in 2018 and 2017 100m (time finals), Long Jump (3 jumps only)

**Mite:** Athletes born 2016 & 2015 60m hurdles, 100m, 200m, 400m, 800m, Long Jump, Shot Put

**Tyke:** Athletes born in 2014 & 2013 60m hurdles, 100m, 200m, 400m, 800m, 1200m, Long Jump, Shot Put, 4x100m

**Atom:** Athletes born in 2012 and 2011 100 m, 200m, 200m hurdles 400m, 800m, 1500m, Long Jump, Shot Put, Javelin, Discus 4x100m

**Senior:** Athletes born in 2010 and 2009 100 m, 200m, 200m hurdles, 400m, 800m, 1500m, Long Jump, Shot Put, Javelin, Discus 4x100m

**Intermediate:** Athletes born in 2008 and 2007 100 m, 200m, 200m hurdles, 400m, 800m, 1500m, Long Jump, Shot Put, Javelin, Discus 4x100m

**Youth:** Athletes born in 2006 100m, 200m, 200m hurdles 400m, 800m, 1500m, Long Jump, Shot Put, Javelin, Discus 4x100m

**Notes:**

1. Athletes may enter in three individual events, of which no more than two may be track events (relay not included)
2. Track events will run girls first, then boys for each age category, starting at the youngest age categories and working up through to Intermediate
3. Waiver forms must be submitted online with meet registration
4. Events with less than five athletes may be combined with another age group.
5. Starting blocks for Atom, MTA Sr. and Intermediate: only.

<b>General Rules:</b>	Track events take precedence over field schedules. If the timing of a field and track event conflict, the athlete must check in at both events, notify both officials of the conflict and be ready to run when the race is started. The athlete will be able to return to the field event.
<b>FIELD EVENTS</b> High Jump  Long Jump        Throws	Each competitor receives 3 trials at each height A tie will be broken by the second best jump.  Less than 10 competitors each competitor gets 3 jumps top 8 gets 2 more More than 10 each competitor gets 2 jumps top 8 gets 2 more Seniors and Intermediate Jump from the line.  Less than 10 competitors each competitor gets 3 throws top 8 gets 2 more More than 10 each competitor gets 2 throws top 8 gets 2 more
<b>TRACK EVENTS</b> Sprints/ Hurdles 50-100m	One Heat: Straight Final Two Heats or more: 1st in each heat plus next fastest times advance to final.

**Awards:** Medals will be awarded for the first three places in all events with ribbons for 4<sup>th</sup>-6<sup>th</sup>.

**Entry Fees:** The entry deadline will be on Wednesday, June 14, 2023, at 11h59pm

Entry fees are as follows:

\$15.00 per athlete per event.

\$20.00 per relay team

The late entry deadline will be **at noon on Friday, June 16, 2023**. The late fees are: \$20.00 per athlete for each event and \$30.00 per relay team

**All Entries must be submitted online at** [www.Trackiereg.com/2023-MississaugaOlympiansMeet](http://www.Trackiereg.com/2023-MississaugaOlympiansMeet) 

