



## Hamilton Twilight Series

### Series Information

2023 marks the 9th year of the Hamilton Twilight Meets on the Mona Campbell Track. This series is sanctioned by Athletics Ontario and hosted by Harbour Track Club – Hamilton, with the help of local officials and volunteers.

### General Information

All events are run as Open - **athletes must be U16 and older to register.**

All 100m athletes will qualify for both rounds.

The final schedule will be posted on race day on the Trackie registration portal for each meet.

### Dates:

**Hamilton Hoka Season Opener Twilight** - Friday June 2<sup>nd</sup> - 6:30pm

100m (round 1), 400m, 100m (round 2), 800m, 3000m, 5000m

**Hamilton Hoka 100m and 1500m Night** - Wednesday June 14<sup>th</sup> - 6:30pm

100m (2 rounds), 1500m

**Hamilton Puma Canada Day Twilight** - Saturday July 1<sup>st</sup> - 6:30pm

300m, 100m (round 1), 400m, 100m (round 2), 800m, 200m, 1200m, 1500m

**Hamilton Puma Pre-Nationals Twilight** - Friday, July 21<sup>st</sup> - 6:30pm

100m (round 1), 400m, 100m (2nd round), 200m, 3000m, 1500m, 800m

**Ten Toe'n Hamilton Last Chance** - Sunday, August 13<sup>th</sup> - 6:30pm

100m (round 1), 400m, 100m (2nd round), 200m, 3000m, 1500m, 800m, 5000m, AO DMR (Distance Medley Relay) Championships

**Location:** Mona Campbell Track, McMaster University

**Suggested Parking:** McMaster Parking Lots B, C, D, G and H (link to McMaster University parking map below)

<https://parking.mcmaster.ca/map/>

**Sanctioned by:** Athletics Ontario

**Host Club:** Harbour Track Club - Hamilton

### Contact

#### For General Inquiries

**Name:** Paula Schnurr

**Email:** [schnurr@mcmaster.ca](mailto:schnurr@mcmaster.ca)

#### For Registration Info/Issues

**Name:** Jeff Tweedle

**Email:** [harbourtrackclub@gmail.com](mailto:harbourtrackclub@gmail.com)

### Registration

**Online Registration:** <https://www.trackie.com/online-registration/>

**Entry Fees:** \$20 per event for Athletics Ontario/Canada members

\$30 per event for non-members of Athletics Ontario/ Canada

**Age Categories:** All races will be run as Open events, athletes must be U16 or older to register.

**Waiver:** Every participant is required to sign the waiver form attached. For athletes under the age of 18, a parent or guardian must sign the waiver. The waiver form is completed during registration through Trackie. For any issues with registration or completing the waiver contact [harbourtrackclub@gmail.com](mailto:harbourtrackclub@gmail.com).

**All Meets are IPC/WPA sanctioned.**



SANCTIONED AND REQUIRED BY: ATHLETICS ONTARIO

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the: Competition Name \_\_\_\_\_ on \_\_\_\_\_, 2023

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE: Athletics Ontario Athletics Ontario Officials and Paula Schnurr, Harbour Track-Hamilton, McMaster University, City of Hamilton

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event and I AGREE to withdraw from the race if so requested by the designated medical officer.

\_\_\_\_\_  
Date Print Name Signature

If under 18 years, a Parent or Guardian or Power of Attorney is to sign below.

\_\_\_\_\_  
Date Print Name Signature of Parent or Guardian or Power of Attorney

Canadian Anti-Doping Program (CADP)

Athletics Canada has adopted the 2009 Canadian Anti-Doping Program (CADP), which is the set of rules that govern doping control in Canada. Administered by the Canadian Centre for Ethics in Sport (CCES), the CADP applies to all individuals, whether in the role of athletes or athlete support personnel, who are registered for and participate in this event. By signing below, I acknowledge that I am aware that the CADP applies to me and that I am subject to the CADP. Completion of an online education course may be required as part of my registration of this event. By participating in this event, I consent to the application of the CADP to me. For further information, please visit the Athlete Zone on the CCES website [www.cces.ca/athletezone](http://www.cces.ca/athletezone).

\_\_\_\_\_  
Date Print Name Signature

If under 18 years, a Parent or Guardian or Power of Attorney is to sign below.

\_\_\_\_\_  
Date Print Name Signature of Parent or Guardian Or Power of Attorney