

Tentative Meet Schedule, June 6, 2023:

6:00pm 400mh W→M
 200mh W→M
 400m W→M
 1500m W→M
 200m W→M
 3000m W→M
 4x400m W→M

Field Events

	Long Jump	Triple Jump	Hammer Throw	Shot Put	Pole Vault
5:30	Warmup on runway - Men	Warmup at event area - Women	Warmup at Event area – Men & Women		Men's Event Starts, Women's to follow
6:00	Men	Women	Men & Women Combined		
6:30					
7:00	Warmup on Runway - Women	Warmup at event area – Men		Warmup at Event Area – Men & Women	
7:30	Women	Men		Men & Women Combined	
8:00					