St. Albert Challenge Track Events Schedule Saturday

Saturday May 27, 2023

Note: This is a FINAL Schedule

Athletes should be at Fowler Park at least one hour before the indicated "Marshall in Before" time. All Open Events will be offered at specifications dependant on athlete age.

Time	Track Events			
			Entries	Advancement or Note
9:00	Women 2000m Steeplechase U18	1	2	Final 30"
	Men 2000m Steeplechase U18	}	2	
9:20	Women/ Men 100m Wheelchair Open	3	3	Final 33" Top 3 + 2
9:23	Girls 100m U14	1	29	Final
9:35	Boys 100m U14	{ 	22	Final Top 2 + 2
9:44	Women 100m U16	{	27	Top 2 + 2
	Men 100m U16	}	21 17	Top 2 + 2
	Women 100m U18 Men 100m U18	Full	16	Top 2 + 2
	Women 100m Open	Full	4	Top 3 + 2
10.20	Men 100m Open	{-··-	19	Top 3 + 2 Top 2 + 2
10.30	Gide 60m U10	 	11	Final
10:46	Girls 60m U10 Boys 60m U10	{	7	Final
10:49	Girls 60m U12	Full	24	Final
10:58	Boys 60m U12	Full	16	Final
11:04	Break	}		
	Women 200m Hurdles U14		5	Final 30"
	Men 200m Hurdles U14	1	1	Final30" Final30"
11:34	Women 200m Hurdles U16	J	10	Final30"
11:44	Women 400m Hurdles U18	} 	3	Final30" Final 30"
11:49	Women 400m Hurdles Open	}	2	Final 30"
11:54	Men 400m Hurdles U18	}	2	Final 33" Final 36"
11:59	Men 400m Hurdles Open Break	}	3	Final 36"
	Women 1200m U16	}	7	Final
12:31	Men 1200m U16	{	10	Final
	Women 1500m U18	ţ	5	Final Final
12:46	Men 1500m U18	ŧ	2	Final
12:54	Men 1500m Open	}	3	Final
13:02	Break	}		Final
13:12	Break Women/ Men 100m Wheelchair U18/Open Final Women 100m U16 Final	Full	8	Final Final
		Full	8	Final
13:19	Men 100m U16- Final	Full	8	Final
13:23	Women 100m U18- Final	Full	8	Final Final Final
	Men 100m U18- Final	Full	8	Final
	Women 100m Open - Final	ļ	5	Final
13:33	Men 100m Open- Final Women 300m U16	}	8	Final
13:37	Women 300m U16 Men 300m U16	}	17 7	Timed Finals Timed Finals
13:51	Women 800m U14	}	17	Timed Final
14:01	Men 800m U14	{	16	Timed Final
14:11	Women 400m U18	ţ	7	Timed Finals
14:15	Men 400m U18	ţ	6	Timed Finals
14:20	Women 400m Open	;	5	Timed Finals Timed Finals
14:24	Men 400m Open	7	12	Timed Finals
14:33	Mix 4X100m U10	}	1	Final
	Women 4X100m U12	{	3	Final Final
14:49	Men 4X100m U12	{ <u>.</u>	2	Final
14:57	Women 4X100m U14	{ <u>.</u>	3	Final
15:05	Mix/ Men 4X100m U14	}	3	Final
	Women 4X100m U16	 	5	Final
	Women 4X100m U18 Men 4X100m U16/ U18/ Open	}	3	Final Final
15:29		1	5	Final
	End of Day's Competition			

Printed 2023-05-26 9:52 AM Page 1

Saturday, May 27, 2023

Note: This is the FINAL Schedule.

Athletes should be at Fowler Park at least one hour before the indicated "Warm-Up Start" time.

All Open Events will be offered at specifications dependant on the athlete age.

Warm- Up Start	Event Start Time	Field Events	Entries		
		Long Jump (Pit #1 200m Start)			
9:10	9:30	U16 Women's Long Jump Fiight 1 [33]	17		
10:45	11:00	U16 Women's Long Jump Final	8		
11:20	11:40	U12 Women Long Jump Flight 1	12		
12:00	12:30	Break			
12:30	12:45	U12 Mens Long Jump	16		
13:10	13:30	U16 Men's Long Jump	8		
	End of Long Jump				

Warm- Up Start	Event Start Time	Field Events	Entries		
		High Jump #1 (Red Mats)			
9:10	9:30	U14 Women High Jump Flight 1	8		
10:40	11:00	U16 Men's High Jump	5		
11:40	12:00	U14 Men's High Jump Flight 1	10		
12:40	13:10	Break			
13:10	13:30	U18/ Open Women High Jump	10		
14:50	15:10	U18/ Open Men High Jump	11		
	End of High Jump				

Warm- Up Start	Event Start Time	Field Events	Entries		
		Throwing Cage			
9:25	9:45	U14 Men's Discus	15		
11:00	11:20	U14 Women's Discus Flight 1	10		
12:00	12:20	U14 Women's Discus Flight 2	9		
13:00	13:20	Break			
15:00	15:20	Open Womens Hammer Throw	5		
16:05	16:25	U16/U18/Open Men's Hammer Throw	11		
18:04	18:24	U16/U18 Womens Hammer Throw	8		
	End of Competition				

Warm- Up Start	Event Start Time	Field Events	Entries		
		Shot Put #1			
8:40	9:00	U16 Men's Shot Put	6		
9:30	9:50	U18 Women Shot Put	8		
11:00	11:20	Open Women Shot Put	6		
12:14	12:44	Break			
12:44	13:04	U18/ Open Men Shot Put	9		
14:25	14:45	U16 Women's Shot Put	16		
	End of Shot Put				

Warm- Up Start	Event Start Time	Field Events	Entries			
	Long	Jump/ Triple Jump (Pit #2 100m Start)				
9:10	9:30	U16 Womens Long Jump Flight 2	16			
10:45	11:00	U18/ Open Women Triple Jump	6			
11:55	12:10	U12 Women Long Jump Flight 2	12			
12:30	13:00	Break				
13:00	13:15	U16/U18/Open Men's Triple Jump	12			
			12			
	End of Long Jump					

Warm- Up Start	Event Start Time	Field Events	Entries			
		High Jump #2 (Blue Mats)				
9:00	9:30	U14 Women High Jump Flight 2	8			
11:10	11:30	U14 Men's High Jump Flight 2	10			
12:50	13:20	Break				
13:20	13:40	U16 Womens High Jump	11			
	~~~~~		11			
	End of High Jump					

Warm- Up Start	Event Start Time	Field Events	Entries			
	Turbo Javelin (Fowler School Field)					
10:10	11:00	U10 Men Turbo Jav	7			
12:40	1:00	U10 Women Turbo Jav	11			
	End of Competition					

Warm- Up Start	Event Start Time	Field Events	Entries
		Shot Put #2 Wooden Circle	
9:25	9:45	U12 Women's Short Put Flight 1	12
10:20	10:40	U12 Men's Shot Put Flight 1	8
11:00	11:20	U12 Men's Shot Put Flight 2	8
11:45	12:00	U12 Women's Shot Put Flight 2	12
		End of Shot Put	

Warm- Up Start	Event Start Time	Field Events	Entries		
	Stand	ling Long Jump (Pit #3 Throws Cage)			
10:10	11:00	U10 Womens Standing Long Jump	11		
12:40	1:00	U10 Mens Standing Long Jump	7		
l					
	End of Long Jump				

## St. Albert Challenge Track Events Schedule Sunday

Sunday May 28, 2023

Note: This is the FINAL Schedule

Athletes should be at Fowler Park at least one hour before the indicated "Marshall in Before" time. All Open Events will be offered at specifications dependant on athlete age.

Time	Track Events			
			Entries	Advancement or Note
9:00	Girls 80m Hurdles U14		14	Final, 27" lowest setting
9:11	Boys 80m Hurdles U14		5	Final, 27" lowest setting
9:16	Women 80m Hurdles U16		9	Final, 30"
9:27	Women 100m Hurdles U18		4	Final, 30" / 33"
9:33	Women 100m Hurdles Open		1	Final, 33"
9:38	Men 100m Hurdles U16		2	Final, 33"
9:44	Men 110m Hurdles U18		4	Final, 36" /42"
9:49	Break			
10:19	Women 2000m U16		2	Final
10:29	Men 2000m U16		3	Final
10:39	Women 300m U10	Full	8	Timed Final
10:43	Men 300m U10		6	Timed Final
10:47	Women 600m U12		19	Final
10:58	Men 600m U12		13	Final
11:03	Women 3000m U18/Open		4	Final
11:17	Men 3000m U18/Open		3	Final
	Women 200m U16		28	Top 3 + 2
	Men 200m U16		18	Top 3 + 2
11:56	Women 200m U18		14	Top 3 + 2
~~~~~	Men 200m U18		17	Top 3 + 2
12:13	Women 200m Open		6	Heats will be Run
12:17	Men 200m Open	Full	16	Top 3 + 2
12:24	Women 300m U14		22	Final
12:37	Men 300m U14		17	Final
12:51	Break			
13:21	Women 800m U16	Full	16	Final-
13:31	Men 800m U16		11	Final
13:41	Women 800m/ Open U18		9	Final
13:51	Men 800m U18		6	Final
	Men 800m Open	Full	8	Final
14:01	Women 200m U16 - FINAL	Full	8	Final
	Men 200m U16- FINAL	Full	8	Final
14:08	Women 200m U18- FINAL	Full	8	Final
14:11	Men 200m U18- FINAL	Full	8	Final
	Men 200m Open - FINAL	Full	8	Final
	Women/Mix/ Men Medley Relay U10	ļ	1	Final
	Women/ Mix/ Men Medley Relay U12	ļ	3	Final
	Women/ Mix/ Men Medley Relay U14	ļ	5	Final
	Women Medley Relay U16/ U18 / Open	ļ	5	Final
14:58	Men Medley Relay U16/ U18 / Open		4	Final
	End of Day's Competition			1

Printed 2023-05-26 9:52 AM Page 3

Sunday, May 28, 2023

Note: This is the FINAL Schedule.

Athletes should be at Fowler Park at least one hour before the indicated "Warm-Up Start" time.

All Open Events will be offered at specifications dependant on the athlete age.

Warm- Up Start	Event Start Time	Field Events	Entries		
		Long Jump (Pit #1 200m Start)			
9:10	9:30	U14 Mens Long Jump Flight 1	9		
10:00	10:15	U18 Men Long Jump	12		
11:30	11:45	U14 Women's Long Jump Flight 1	12		
12:00	12:30	Break			
12:30	12:45	U10 Men's Long Jump	6		
13:00	13:15	U10 Women's Long Jump	12		
14:10	14:30	Open Men's Long Jump	8		
	End of Long Jump				

Warm- Up Start	Event Start Time	Field Events	Entries		
	Javelin				
8:40	9:00	U16 Women's Javelin	7		
9:45	10:05	U18/ Open Womens Javelin	9		
11:00	11:20	Break			
11:20	11:40	Open Mens Javelin	5		
12:30	12:50	U16/ 18 Men's Javelin	8		
	End of Competition				

Warm- Up Start	Event Start Time	Field Events	Entries	
	Throwing Cage			
9:20	9:30	U18/ Open Men Discus	11	
11:10	11:30	U16 Men Discus	4	
12:06	12:36	Break		
12:40	13:00	U18 / Open Womens Discus	10	
14:30	14:50	U16 Womens Discus	5	
End of Competition				

Warm- Up Start	Event Start Time	Field Events	Entries	
Shot Put #1				
8:40	9:00	U10 Girls Shot Put	8	
9:30	9:50	U14 Men's Shot Put Flight 1	16	
10:50	11:15	U10 Men's Shot Put	8	
11:45	12:05	Break	12	
12:30	12:50	U14Women's Shot Put Flight 1	15	
13:45	14:00	U14 Women's Shot Put Flight 2	8	
End of Shot Put				

Warm- Up Start	Event Start Time	Field Events	Entries		
	Long Jump/ Triple Jump (Pit #2 100m Start)				
9:10	9:30	U14 Men's Long Jump Flight 2	8		
10:45	11:15	U16 Women's Triple Jump	12		
12:30	12:45	U14 Women's Long Jump Flight 2	11		
13:15	13:30	Break			
13:30	13:45	U18 Women's Long Jump	8		
14:00	14:20	Open Women's Long Jump	8		
15:00	15:20				
End of Long Jump					

Warm- Up Start	Event Start Time	Field Events	Entries		
	Standing Long Jump (Pit #3 Throws Cage)				
9:10	9:30	U12 Women's Standing Long Jump	19		
12:00	12:30	U12 Men's Standing Long Jump	13		
[
	End of Long Jump				

Warm- Up Start	Event Start Time	Field Events	Entries	
Turbo Javelin (Fowler School Field)				
9:10	9:30	U12 Men Turbo Jav	7	
12:00	12:30	U12 Women Turbo Jav	11	