



ANB's Middle School Track Day

What: Clinics and competitions on various Track & Field events

When: Tuesday June 13th, 10am-3pm

Where: Croix-Bleue Medavie Stadium, 30 Antonine-Maillet Ave, Moncton, NB

Who: Any children currently in middle school (grades 6-8)

Time	Activity	Location
10:00	Meet coaches, form groups, short warm up	Center field
10:15	Clinic Group 1: Shot Put	Throwing circle
	Clinic Group 2: Long Jump	Sand pit
	Clinic Group 3: Sprints	Track
	Clinic Group 4: Relays	Track
10:40	Water Break	
10:45	Groups Rotate (2 nd Event)	
11:10	Water Break	
11:15	Groups Rotate (3 rd Event)	
11:40	Water Break	
11:45	Groups Rotate (4 th Event)	
12:10	Lunch Break	
1:00	Competitions Begin	
3:00	Competitions End	

Pricing: 5\$ per athlete, with a maximum of 100\$ per school.

Awards: There will be a point system for all competitions, the school with the highest total points will win the provincial middle school banner.

Contact anbserviceprovider@gmail.com for any further questions.