



# Leduc Track Classic

**June 10-11, 2023**

Hosted by Leduc Track & Field Club

Sanctioned by Athletics Alberta

<b>AGE CATEGORIES</b>
U10
U12
U14
U16
U18
Open

<b>ENTRIES, FEES, DEADLINES</b>	
Meet Director:	Katie Elder   780-913-0025
General Inquiries:	katelder@me.com
Entries:	No Limit
Entry Deadline:	June 5, 2023 @ 11:59 p.m.
Scratch Deadline:	June 7, 2023 @ 11:59 p.m.
Scratches, changes and updated seed performances must be submitted by June 7, 2023. <b>Please note that there will be no refund for entries scratched after this deadline.</b>	
<b>ENTRY FEES</b>	
U10/U12/U14	\$35/Combined Event
U14	\$20/Exhibition Event
U16/U18/Open	\$25/Event
Athlete Registration	\$5/Athlete
If the all or part of the track meet is unable to be completed due to extreme circumstances (air quality, weather, public health concerns), events that are not completed will be refunded. \$5 Athlete Registration fee is non-refundable.	
Entries must be submitted using TrackieReg.	

## GENERAL RULES

1. Marshalling takes place at the 100m start line. Athletes must check in at the 30 minutes prior to their event for track events. Athletes must marshal in for track events at the start line for their event 15 minutes prior to event. Athletes in field events must check in and marshal in at the event 20 minutes prior to scheduled start time.
2. The competition numbers must be worn on back for events run entirely in lanes (60m to 400m). Athletes in horizontal jump events must wear number on front; for other field events, athletes may wear numbers either on front or on back. Please ensure that singlets/uniforms are tucked in so that hip numbers are visible. This ensures photo timing can be done effectively and properly.
3. For Tykes, Pee Wee and Bantam athletes, competition numbers must be worn on the front for all events.
4. Hip numbers (distance and relay events) must be clearly visible on the athletes' right side hip
5. All seed times must be accurate all non-verified seed times will be given a NT (no time), repeat violations will translate into penalties against coach and club. Athletics Alberta "Rules of Illegitimate Seed Times" will be followed. (Please see [www.athleticsalberta.com/hosting-and-sanctioning](http://www.athleticsalberta.com/hosting-and-sanctioning). If coaches submit an erroneous seed performance or a one that cannot be verified, the athlete will instead have an "NT" (or equivalent for field event).
6. Throwing implements will be provided. No personal implements will be permitted unless by approval of officials at the event.
7. Spikes are to be no longer than 7mm in length. Only smooth "Christmas tree" or pyramid type spikes will be allowed. No pin, needle, or other elements will be permitted. This will be enforced and athletes will be required to remove any non-conforming spikes.
8. Scratches during the competition are to be submitted at the registration area, near the 100 M start line.
9. Athletes competing in events with preliminaries who qualify for finals and fail to show will be scratched from the remainder of the meet. Athletes not intending to compete in finals may run preliminaries as exhibition athletes if they inform the results/ registration area before they compete in the preliminaries.
10. Results will be posted during the meet, and will be available on the [www.ellistiming.ca](http://www.ellistiming.ca) website.
11. Restricted access to field for Coaches, athletes (with their numbers), officials, and volunteers only. Spectators are not to be present on the infield anywhere.

## REGISTRATION PACKAGES

Registration packages will be available 1 hour before start time on Saturday, June 10<sup>th</sup> and Sunday, June 11<sup>th</sup>.

## MODIFICATIONS FOR U10/U12/U14 EVENTS

### Ball Throw

- Competitors will take three (3) throws one after the other. Each throw will be marked but only the longest throw will be measured.

### Long Jump (3 attempts)

- **U10 & U12** - Will have a take-off area consisting of a 1m zone. The jump will be measured from the athlete's take-off point.
- **U14** - Regular take-off board

### High Jump

- **U14** - Starting height of 90cm. Increments of 3cm.

## U10/U12/U14 Event Offerings

Championship events for the above age groups will be scored as combined events using scoring tables.

Age Group	Saturday Events	Sunday Events
U10	60m 600m Ball Throw Long Jump	150m 300m Shot Put Standing Long Jump
U12	60m 600m Shot Put Long Jump	150m 1000m Ball Throw Standing Long Jump
U14	80m 800m Discus High Jump	150m 1200m Shot Put Long Jump

# EVENTS OFFERED

WOMEN					Event	MEN				
U10	U12	U14	U16	U18/Open		U18/Open	U16	U14	U12	U10
X	X				60m				C	C
		X			80m			C		
			X	X	100m	X	X			
X	X	X			150m			C	C	C
			X	X	200m	X	X			
X			X		300m		X			C
				X	400m	X				
X	X				600m				C	C
		X	X	X	800m	X	X	C		
	X				1000m				C	
		X	X		1200m		X	C		
				X	1500m	X				
			X		2000m		X			
				X	3000m	X				
		X	X	X	Sprint Hurdles	X	X	X		
		X			200m Hurdles			X		
			X		300m Hurdles		X			
				X	400m Hurdles	X				
			X		800m RW		X			
				X	1500m RW	X				
		X			High Jump			X		
X	X	X			Long Jump			X	X	X
X	X	X			Shot Put			X	X	X
X	X				Ball Throw				X	X
X	X				S. Long Jump				X	X
		X			Discus			X		
X	X	X	X	X	4x100m Relay	X	X	X	X	X
			X	X	4x800m Relay	X	X			
X	X	X	X	X	Medley Relay	X	X	X	X	X

## Event Offering Notes

**Medley Relays:** U10 - 100/50m/50m/200m | U12/14 – 200m/100m/100m/400m | U16+ - 400m/200m/200m/800m

