



JACK BROW MEMORIAL & BC MASTERS CHAMPIONSHIP SCHEDULE 2023 (tentative)

FRIDAY JUNE 30TH

FIELD EVENTS:

Throws Pentathlon – Masters Women & Men

Time	Event (Women)	Event (Men)
5:00pm	Hammer	
6:00pm	Shot Put	Hammer
6:45pm	Discus	Shot Put
7:30pm	Javelin	Discus
8:15pm	Weight Throw	Javelin
9:00pm		Weight Throw

TRACK EVENTS:

Time	Event	Comment	Age Group(s)
5:00pm	1500m Racewalk	Timed Finals	Masters
5:30pm	300m	Timed Finals	U16 Girls & Boys
5:45pm	400m	Timed Finals	U18, U20, Senior, Masters
6:05pm	1500m Steeplechase (no water)	Timed Finals	U16
6:25pm	2000m Steeplechase	Timed Finals	U18W, Masters W/M
6:35pm	2000m Steeplechase	Timed Finals	U18M
6:45pm	3000m Steeplechase	Timed Finals	U20 – Senior W
7:00pm	3000m Steeplechase	Timed Finals	Masters M, U20M, Senior M

TIMES ARE APPROXIMATE. EVENTS MAY START UP TO 30 MINUTES EARLY.

SATURDAY JULY 1ST

FIELD EVENTS:

Time	High Jump	Long Jump (Pit A)	Long Jump (Pit B)	Shot Put (A/B)	Discus	Javelin	Hammer	Pole Vault
8:00am	2011 Girls	2012 Boys	2012 Girls	2013 Boys (A)	2010 & U16 Girls			
8:45am				U18,U20, Senior Men (B)				
9:00am	2011 Boys	2010 Boys	2011 Girls		2012 & U16 Boys	2010 & 2011 Girls		2010, U16 Girls
9:30am				2013 Girls				
10:00am	2014 Girls	2011 Boys	2010 Girls		Senior/Masters Women	2012 & 2013 Girls		U18, U20, Senior, Masters Women
11:00am	2014 Boys		U16 Girls	Masters Men (B)	U18, U20 Men	U20, Senior Women		Masters Men
11:30am		U20 Men						
12:00pm	U16 Boys			2011 Girls	U18, U20 Women	U16 Girls		
12:30pm		Senior/Masters Men	Senior/Masters Women					2010, U16 Men
1:00pm	2013 Girls			2012 Girls 2011 Girls		U20, Senior Men	2011 Boys 2010 Boys	
1:30pm		U18 Men	U20 Women					U18, U20, Senior Men
2:00pm	2013 Boys			2014 Girls & Boys	Senior/Masters Men	Masters Women		
2:30pm		U16 Boys	U18 Women					
3:00pm	2010 Boys			2011 Boys 2012 Boys		Masters Men	2010 Girls 2011 Girls	
4:00pm	2010 Girls					U16 Boys		

Masters Weight Throw – Hammer Cage

4:00pm	Masters Women
5:00pm	Masters Men

SATURDAY JULY 1ST

TRACK EVENTS:

Time	Event	Comment	Age Group(s)
8:00am	2000m	Timed Finals	2010, U16 Girls & Boys
8:15am	3000m	Timed Finals	U18, U20 , Masters Women & Men
9:30am	110m Hurdles	Timed Finals	Senior Men, Masters Men (35-49), U20 Men, U18 Men
9:40am	100m Hurdles	Timed Finals	Masters Men (50-59), Masters Women (35-39), Senior Women, U20 Women, U16 Men, U18 Women
9:50am	100m Hurdles	Timed Finals	Masters Men (60-69)
10:10am	80m Hurdles	Timed Finals	Masters Men (70-79), Masters Women (50-59), Masters Women (40-49), U16 Women, 2010 Boys & Girls
10:35am	80m Hurdles	Timed Finals	Masters Men (80+), Masters Women (60+), 2011 Boys & Girls
11:00am	60m Hurdles	Timed Finals	2012 Boys & Girls
11:15am	60m Hurdles	Timed Finals	2013 Boys & Girls
11:40am	60m Hurdles	Timed Finals	2014 Boys & Girls
12:00pm	Lunch		
12:30pm	60m	Timed Finals	2014 Girls & Boys
12:40pm	60m	Timed Finals	2013 Girls & Boys
12:50pm	60m	Timed Finals	2012 Girls & Boys
1:15pm	200m	Timed Finals	2012 Girls & Boys
1:30pm	200m	Timed Finals	2011 Girls & Boys
1:40pm	200m	Timed Finals	2010 Girls & Boys
2:00pm	200m	Timed Finals	U16 Girls
2:20pm	200m	Timed Finals	U16 Boys
2:35pm	200m	Timed Finals	U18 Women & Men
2:45pm	200m	Timed Finals	U20 Women & men
2:55pm	200m	Timed Finals	Senior & Masters Women & Men
3:10pm	600m	Timed Finals	2014-2012 Girls & Boys
3:40pm	800m	Timed Finals	2011-2010 Girls & Boys
3:55pm	800m	Timed Finals	U16 Girls & Boys
4:15pm	800m	Timed Finals	U18 Women & Men
4:35pm	800m	Timed Finals	U20, Senior, Masters Women & Men
5:00pm	4 x 100m relays	Timed Finals	All Ages Women & Men
5:15pm	4 x 100m family fun relay	Timed Finals	All Ages

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SUNDAY JULY 2ND

FIELD EVENTS:

Time	High Jump	Long Jump Pit A	Triple Jump Pit B	Shot Put	Discus	Javelin	Hammer
8:00am	2012 Girls			U20, Senior Women	2011 Girls		
8:45am					2011 Boys		
9:00am		2014 Girls	U18, U20 Men	U16 Boys			
9:30am	U18, Masters Women				2013 Girls		
10:00am		2014 Boys	U16 Boys	U16, U18 Women		2012 Boys 2013 Boys	
10:15am							Senior, Masters Women
10:45am	2012 Boys		Senior Men, Masters Men				
11:15am				2010 Girls			Senior, Masters Men
11:45am		2013 Boys	Senior Women, Masters Women			2010 Boys 2011 Boys	
12:00pm	U18, Masters Men						
12:30pm				2010 Boys	2012 Girls 2013 Boys	U18 Women	
1:00pm		2013 Girls	U18 Women				
1:30pm	U16 Girls			Masters Women			U16 Boys U16 Girls
2:00pm			2010 Boys 2010 Girls			U18 Men	
2:30pm	U20, Senior Women,						U18, U20 Women U18, U20 Men
3:00pm			U16, U20 Women				
3:30pm	Senior Men, U20 Men				2010 Boys		

SUNDAY JULY 2ND

TRACK EVENTS:

Time	Event	Comment	Age Group(s)
8:00am	5000m	Timed Finals	U20, Senior, Masters Women & Men
8:30am	1000m	Timed Finals	2014-2012 Girls & Boys
8:45am	1200m	Timed Finals	2011-2010 Girls & Boys
9:00am	1200m	Timed Finals	U16 Girls & Boys
9:15am	1500m	Timed Finals	U18 Women & Men
9:30am	1500m	Timed Finals	U20 Women & Men
9:45am	1500m	Timed Finals	Masters Women & Men
10:15am	100m	Timed Finals	2014 Girls & Boys
10:25am	100m	Timed Finals	2013 Girls & Boys
10:40am	100m	Timed Finals	2012 Girls & Boys
10:55am	100m	Timed Finals	2011 Girls & Boys
11:10am	100m	Timed Finals	2010 Girls & Boys
11:25am	100m	Heats (finals if only 1 heat)	U16 Girls & Boys
11:40am	100m	Heats (finals if only 1 heat)	U18 Women & Men
11:55am	100m	Heats (finals if only 1 heat)	U20 Women & Men
12:05pm	100m	Heats (finals if only 1 heat)	Senior Women & Men
12:10pm	100m	Heats (finals if only 1 heat)	Masters Women & Men
12:30pm	Lollipop Run - 5 years and under		
12:45pm	Run, Jump, Throw – 6-8 years		
1:00pm	400m Hurdles	Timed Finals	Masters Men(35-49) Senior Men, U20 Men
1:10pm	400m Hurdles	Timed Finals	Masters Men (50-59), U18 Men
1:20pm	400m Hurdles	Timed Finals	Masters Women (35-49), Senior, U20, U18 Women
1:30pm	300m Hurdles	Timed Finals	Masters Men (60-69), Masters Women (50-59), U16 Women, U16 Men
1:45pm	300m Hurdles	Timed Finals	Masters Men (79-79), Masters Women (60-69)
2:00pm	200m Hurdles	Timed Finals	Masters Men 80+, Masters Women 70+, 2010 Girls & Boys,
2:10pm	200m Hurdles	Timed Finals	2011 Girls & Boys
2:15pm	100m	Finals	U16 – Masters Women & Men
2:45pm	300m	Timed Finals	2011 Girls & Boys
2:50pm	300m	Timed Finals	2010 Girls & Boys
3:00pm	4 x 400m relays	Timed Finals	Masters, Senior, U20. U18. U16, U14, U12,U10

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