

# 2023 Athletics Nova Scotia Provincials and Club Championships

June 24-25th, 2023

Beazley Field – Dartmouth, NS



**Host and Sanction:** Athletics Nova Scotia

**Date:** Saturday and Sunday, June 24-25, 2023

**Event Site:** - Beazley Field, 50 Caledonia Rd, Dartmouth, NS

- 8 Lane synthetic surface
- 2 horizontal Jumps pits
- Maximum spike length is 7mm for the track and 7mm for javelin and jumping events.
- Washrooms are available on-site.
- Throwing implements will be provided. The Head Throws Official must approve personal implements.

**Timing:** FinishLynx Photoelectric timing

**Categories:** U10 & U12 (born 2014-15, 2012-13), U14 (born 2010-11), U16 (born 2008-09), U18 (born 2006-07) U20 (2004-05), Open (2003 or later), Masters (35+). All para classifications are welcome, this is a WPA approved event.

## **Registration Eligibility**

Athlete must be a member of Athletics Nova Scotia or any other provincial association. Non-members may compete with a single day registration fee of \$10.00.

## **Schedule**

See Draft Schedule document uploaded to Trackie Reg page. The tentative schedule is subject to change based on entries. The final schedule will be posted on Thursday, June 22<sup>nd</sup>, 2022

## Club Championship

A banner will be awarded to the Athletics NS Club that scores the greatest number of points according to the following points system:

### Individual Events:

Place	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12+
Points	14	12	10	9	8	7	6	5	4	3	2	1

### Relays:

Place	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
Points	20	16	12	10	9	8	7	6

### Events:

	U10 & U12	U14	U16	U18	U20/Open	Masters
Running		80m 150m 800m 1200m	100m 200m 300m 800m 1200m 2000m	100m 200m 400m 800m 1500m 3000m	100m 200m 400m 800m 1500m 5000m	100m 200m 400m 800m 1500m 5000m
Hurdles		80m H 200m H	100m H 200m H 1500m St.	110mH(M)/100mH(F) ) 400mH 2000m St	110mH(M)/100mH(F) ) 400mH 2000m/3000m SC	110mH(M)/100mH(F) ) 400mH 2000m/3000m SC
Throws		Javelin Discus Hammer Shot Put	Javelin Discus Hammer Shot Put	Javelin Discus Hammer Shot Put	Javelin Discus Hammer Shot Put	Javelin Discus Hammer Shot Put
Jumps		High jump Long jump	High jump Long jump Triple jump	High jump Long jump Triple jump	High jump Long jump Triple jump	High jump Long jump Triple jump
Combined Events	Tetrathlon	Tetrathlon (60m, Long Jump, Shot Put, 600m)	Pentathlon (80mH/100mH, Long Jump, Shot Put, High Jump, 800m/1000m)	Heptathlon (F)  Decathlon (M)	Heptathlon (F)  Decathlon (M)	

### **Seeding**

Please include accurate seed/race times. All lanes for timed-section finals will be seeded according to given seed times.

Sprint races 100-400m and 80/100/110m hurdles:

Lanes will be randomly assigned for heats with mixed age classes in many cases. Athletes will be split into age groups for finals, where applicable. When possible, empty lanes will be removed. Preferred lanes will be assigned by seed times for all Timed Section Finals.

### **Marshalling**

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the marshalling area 20 minutes prior to the start of the event.

**If you miss your marshalling time you are in danger of missing your event.**

### **Scratches**

Scratches will be accepted via trackreg until 11:59 p.m, Tuesday, June 20th

### **Registration:**

Entries must be received by 11:59 p.m, Tuesday, June 20th

First event: \$20 for members and \$30 for non-members

Second event: \$10

Third Event: \$7

Additional Events are free

Tetrathlon: \$5

\$5 Officials Fee will be applied to all registrations

Please use the online registration system at [www.trackiereg.ca](http://www.trackiereg.ca)

Please note: This meet will be **pre-registration** only!

**Check in and Bib # Pick-up:** Beginning at 10:00 a.m. on Saturday, June 24th