

SSNS Northumberland Regional Track & Field Meet Schedule

Friday May 26th 2023

Track Events (with approximate times)

9:30am	80m hurdles	Semi-Finals	JG, JB, IG
10:15am	100m hurdles	Semi-Finals	SG, IB
10:45am	110m hurdles	Semi-Finals	SB
11:00am	80m hurdles	Finals	JG, JB, IG
11:30am	100m hurdles	Finals	SG, IB
11:50am	110m hurdles	Finals	SB
12:10pm	100m	Finals	Supported Athletes
Awards	<i>Ribbon presentations (hurdles, & 9:30 field events)</i>		
12:25pm	400m	Semi-Finals	JG, JB, IG, IB, SG, SB
Awards	<i>Ribbon presentations (all Supported Athlete events)</i>		
2:00pm	100m	Semi-Finals	JG, JB, IG, IB, SG, SB
3:30pm	1500m	Finals	JG, JB, IG, IB, SG, SB
Awards	<i>Ribbon presentations (12pm field events)</i>		
4:45pm	100m	Finals	JG, JB, IG, IB, SG, SB
5:30pm	400m	Finals	JG, JB, IG, IB, SG, SB
Awards	<i>Ribbon presentations (2:30 field events, 1500m)</i>		

Field Events

	<u>9:30</u>	<u>10:20</u>	<u>12:00</u>	<u>2:30</u>
Long Jump ⁽²⁾	IB & SABoys	SAGirls	JB	SB
High Jump	JG		IG	SG
Triple Jump	IG		SG	JG
Shot Put	JB & SAGirls	SABoys	SB	IB
Discus	SG		JG	IG
Javelin ⁽¹⁾	SB (10:45am)		IB (1:15am)	JB (3:45am)

NOTES

- (1) Javelin events will begin once Discus has finished. Approximate times in brackets.
- (2) Supported Athlete Long Jump will be conducted in long jump pits on the south side.

SSNS Northumberland Regional Track & Field Meet Schedule

Saturday May 27th 2023

Track Events (with approximate times)

9:30am	200 meter	Semi-Finals	JG, JB, IG, IB, Para ⁽³⁾ , SG, SB,
11:00am	800 meter	Finals	JG, JB, IG, IB, Para ⁽³⁾ , SG, SB,
Awards	<i>Ribbon presentations (100m, 400m, 9:30 field events).</i>		
12:30pm	4x100 Relay	Finals	JG, JB, IG, IB, SG, SB
2:00pm	200 meter	Finals	JG, JB, IG, IB, SG, SB
3:00pm	3000 meter	Finals	JG, JB, IG, IB, SG, SB
Awards	<i>Ribbon presentations (800m, 4x100m, 12:00 field events)</i>		
4:15pm	4x400 meter	Finals	JG, JB, IG, IB, SG, SB
Awards	<i>Ribbon presentations (200m, 3000m, 4x400m, 2:30 field events)</i>		
5:30pm	<i>SSNS Banner presentations</i>		

Field Events

	<u>9:30</u>	<u>12:00</u>	<u>2:30</u>
Long Jump	IG	JG	SG
High Jump	SB	JB	IB
Triple Jump	JB	IB	SB
Shot Put	JG	SG & PARA ⁽²⁾	IG
Discus	IB	SB	JB
Javelin ⁽¹⁾	SG (10:45am)	IG (1:15pm)	JG (3:45pm)

NOTES

- (1) Javelin events will begin once Discus has finished. Approximate times in brackets.
- (2) Para athletes (girls and boys) will compete in the shot put before senior girls.
- (3) Para 200m may be joined with another age classification depending on registered athletes.