

**2023 SSNS Capital COUNTY District
Meet Program**

Event 1 Girls 80 Meter Hurdles 30" Junior

Monday 2023-05-15 - 10:00 AM

SSNS: 12.12 2016-06-03 Sierra Sweeney

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	971 Sofia Martelli-Madina	Rocky Lake J	_____
2	454 Amelya Seymour	Five Bridges	_____
3	953 Arin Jung	Rocky Lake J	_____
4	375 Mylah Pastuck	Eastern Pass	_____
5	417 Siena Flight	Five Bridges	_____
6	10 Elyse Crowe	A.J. Smeltze	_____
7	370 Charleigh Mohler	Eastern Pass	_____
8	14 Pepper Hyslop	A.J. Smeltze	_____

Section 2 of 3 Finals

1	59 Sophia Haigh	Astral Drive	_____
2	502 Tabitha Quick	Gaetz Brook	_____
3	689 Ella Dodier	Leslie Thoma	_____
4	355 Brooklyn Branton-Herrett	Eastern Pass	_____
5	464 Katherine Wilkie	Five Bridges	_____
6	964 Maeve MacDonald	Rocky Lake J	_____
7	1 Kendra Adams	A.J. Smeltze	_____
8			_____

Section 3 of 3 Finals

1	960 Sophie Lin	Rocky Lake J	_____
2	455 Rosalyn Steward	Five Bridges	_____
3	55 Addison Fraser	Astral Drive	_____
4	12 Eden Hebert-Moore	A.J. Smeltze	_____
5	69 Gianna Lozier	Astral Drive	_____
6	100 Macie Sheppard	Astral Drive	_____
7	364 Kaelyn MacRae	Eastern Pass	_____
8			_____

Event 2 Boys 80 Meter Hurdles 30" Junior

Monday 2023-05-15 - 10:00 AM

SSNS: 13.18 2022-06-03 Lavell Gray

Lane	Name	School	Seed Time
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Section 1 of 4 Finals

1	366 Caleb Malaidack	Eastern Pass	_____
2	487 Bentley Jenkinson	Gaetz Brook	_____
3	16 Andrew Kaulback	A.J. Smeltze	_____
4	452 Robinson Rievaj	Five Bridges	_____
5	973 Prem Mistry	Rocky Lake J	_____
6	706 Ethan Stilwell	Leslie Thoma	_____
7	34 Austin Bazinet	Astral Drive	_____
8			_____

Section 2 of 4 Finals

1	6 Liam Carney	A.J. Smeltze	_____
2	935 Matthew Cochrane	Rocky Lake J	_____
3	886 Mitchell Durling	Ridgecliff M	_____
4	72 Blake MacKenzie	Astral Drive	_____
5	499 Jack Miller	Gaetz Brook	_____
6	698 James Lane	Leslie Thoma	_____
7	372 Patrick O'Keefe	Eastern Pass	_____
8			_____

Section 3 of 4 Finals

1	36 Nate Bouter	Astral Drive	_____
2	362 Madden Kennedy	Eastern Pass	_____
3	21 Carter Pitcher Murphy	A.J. Smeltze	_____
4	680 Mathias Aladejebi	Leslie Thoma	_____
5	498 Caelum McCarville	Gaetz Brook	_____
6	466 Nick Wilson Tyrrell	Five Bridges	_____
7	974 Emmet Mont	Rocky Lake J	_____
8			_____

Section 4 of 4 Finals

1	387 Lothar Trzebiatowski	Eastern Pass	_____
2	952 Justyce Johnson	Rocky Lake J	_____
3	456 Ryan Stover	Five Bridges	_____
4	687 Maclean Cassell	Leslie Thoma	_____
5	30 Pierce Anderson	Astral Drive	_____
6	8 Rhory Chapman	A.J. Smeltze	_____
7			_____
8			_____

Event 3 Girls 80 Meter Hurdles 30" Intermediate

Monday 2023-05-15 - 10:15 AM

SSNS: 12.45 2016-06-03 Zoe Carvery

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	709 Lujan Benoga	Lockview Hig	_____
2	1046 Zoe Thomander	Sackville Hi	_____
3	936 Ena Daigle	Rocky Lake J	_____
4	438 Millie Madden	Five Bridges	_____
5	66 Alexis Ledaire	Astral Drive	_____
6	181 Lucy Van Berkel	Auburn Drive	_____
7	508 Luna Valencia	Gaetz Brook	_____
8	839 Denver Hawkins	Millwood	_____

Section 2 of 3 Finals

1	1025 Milena Butler	Sackville Hi	_____
2	42 Jenna Catwell	Astral Drive	_____
3	959 Anne Leahey	Rocky Lake J	_____
4	722 Brooke Haider	Lockview Hig	_____
5	481 Sienna Foley	Gaetz Brook	_____
6	717 Rebecca Fraser	Lockview Hig	_____
7	304 Breton Hayden	Charles P. A	_____
8			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Section 3 of 3 Finals...(Event 3 Girls 80 Meter Hurdles 30" Intermedi

1	83 Addie Miller	Astral Drive	_____
2	989 Amelia Smith	Rocky Lake J	_____
3	850 Devika Shaiju	Millwood	_____
4	739 Claire Sanford	Lockview Hig	_____
5	955 Breanna Kuehner	Rocky Lake J	_____
6	233 Fiorella Sessa	Bay View Hig	_____
7	433 Alexis Lightwood	Five Bridges	_____
8			_____

Event 4 Boys 100 Meter Hurdles 33" Intermediate

Monday 2023-05-15 - 10:15 AM

SSNS: 13.89 2018-06-01 Nick Landry

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	485 Milo Haig	Gaetz Brook	_____
2	997 Danny Zhu	Rocky Lake J	_____
3	444 Riley Murray	Five Bridges	_____
4	296 Liam Flemming	Charles P. A	_____
5	735 Benjamin Phillips	Lockview Hig	_____
6	153 Raito Kikui	Auburn Drive	_____
7			_____
8			_____

Section 2 of 3 Finals

1	413 Lex Doucette	Five Bridges	_____
2	672 Zach Trempe	Island View	_____
3	1043 Noah Skeete	Sackville Hi	_____
4	476 Isaish Cox	Gaetz Brook	_____
5	290 Kevin Chen	Charles P. A	_____
6	981 Hashem Numan	Rocky Lake J	_____
7			_____
8			_____

Section 3 of 3 Finals

1	976 Leo Mont	Rocky Lake J	_____
2	199 Mitchell Evans	Bay View Hig	_____
3	291 Tapi Chipudhla	Charles P. A	_____
4	465 Brenton Wilnoff	Five Bridges	_____
5	963 Jacoby MacDonald	Rocky Lake J	_____
6			_____
7			_____
8			_____

Event 5 Girls 100 Meter Hurdles 30" Senior

Monday 2023-05-15 - 10:30 AM

SSNS: 16.07 2022-06-03 Claire Covert

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	305 Nina Hinkins	Charles P. A	_____
2	734 Julie O'Sullivan	Lockview Hig	_____
3	122 Lyndsay Beaton	Auburn Drive	_____
4	835 Gaia De'sperati	Millwood	_____
5	322 Aine Oneil	Charles P. A	_____
6			_____
7			_____
8			_____

Section 2 of 2 Finals

1	282 Ellie Allen	Charles P. A	_____
2	727 Kaitlyn Langille	Lockview Hig	_____
3	313 Bri Lawton	Charles P. A	_____
4	1032 Alexis Lavers	Sackville Hi	_____
5			_____
6			_____
7			_____
8			_____

Event 6 Boys 110 Meter Hurdles 36" Senior

Monday 2023-05-15 - 10:30 AM

SSNS: 15.65 2022-06-03 Chandler Zinck-Marier

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	1038 Collin Obana	Sackville Hi	_____
2	314 Mathew Lawton	Charles P. A	_____
3	1045 Kidus Tilahun	Sackville Hi	_____
4	842 Owen Jones	Millwood	_____
5	307 Rowan Houlihan	Charles P. A	_____
6	737 Cameron Reid	Lockview Hig	_____
7	337 Dekai Beals	Cole Harbour	_____
8	123 Guilio Bertollo	Auburn Drive	_____

Section 2 of 2 Finals

1	847 Ryan Miller	Millwood	_____
2	143 Kayden Fraser	Auburn Drive	_____
3	317 Evan Mackay	Charles P. A	_____
4	1023 Jabari Benjamin	Sackville Hi	_____
5	1048 Romeo Walhelel	Sackville Hi	_____
6	332 Zack Walker	Charles P. A	_____
7	184 Morgan Wach	Auburn Drive	_____
8			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 7 Girls 400 Meter Dash Junior

Monday 2023-05-15 - 11:15 AM

SSNS: 58.99 2019-05-31 Cara MacDonald

Lane	Name	School	Seed Time
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Section 1 of 6 Finals

1	381 Cassidy Ryan	Eastern Pass	_____
2	54 Chandani Edwards	Astral Drive	_____
3	926 Elizabeth Atkinson	Rocky Lake J	_____
4	462 Scarlett Turner	Five Bridges	_____
5	1064 Adie White	Summit Acade	_____
6	763 Alexa Daye	Madeline Sym	_____
7	861 Kadence Marsh	Oyster Pond	_____
8	491 Rylee Lewis	Gaetz Brook	_____

Section 2 of 6 Finals

1	527 Addison Labucki	Georges P. V	_____
2	31 Charlotte Banfield	Astral Drive	_____
3	1009 Abigail Hoddard	Sackville He	_____
4	751 Charli Bishop	Madeline Sym	_____
5	683 Natalie Ayer	Leslie Thoma	_____
6	278 Nadia Smith	Brookside Ju	_____
7	431 Elora James	Five Bridges	_____
8	10 Elyse Crowe	A.J. Smeltze	_____

Section 3 of 6 Finals

1	859 Rory Jennex	Oyster Pond	_____
2	917 Sarah Weaver	Ridgecliff M	_____
3	279 Maddie Tobin	Brookside Ju	_____
4	401 Ameila Alexander	Five Bridges	_____
5	1 Kendra Adams	A.J. Smeltze	_____
6	534 Ava Manley	Georges P. V	_____
7	379 Paige Rehberg	Eastern Pass	_____
8			_____

Section 4 of 6 Finals

1	506 Emily Sinclair-White	Gaetz Brook	_____
2	595 Keandra Peters	Graham Creig	_____
3	455 Rosalyn Steward	Five Bridges	_____
4	947 Sophia Hill	Rocky Lake J	_____
5	2 Brooke Anderson	A.J. Smeltze	_____
6	1006 Raya Evong	Sackville He	_____
7	79 Myra McEvoy	Astral Drive	_____
8			_____

Section 5 of 6 Finals

1	27 Oliveah Walker	A.J. Smeltze	_____
2	754 Naomi Boudreau	Madeline Sym	_____
3	1015 Brynn Ross	Sackville He	_____
4	620 Maggie MacRae	Harold T. Ba	_____
5	528 Josie Leslie	Georges P. V	_____
6	477 Audrey Cuthbert	Gaetz Brook	_____
7	971 Sofia Martelli-Madina	Rocky Lake J	_____
8			_____

Section 6 of 6 Finals

1	625 Megan Osborne	Harold T. Ba	_____
2	497 Olivia Matheson	Gaetz Brook	_____
3	966 Sarah Mackay	Rocky Lake J	_____
4	1001 Ava Bonnell	Sackville He	_____
5	553 Charlotte Whitman	Georges P. V	_____
6	354 Hazel Boyce	Eastern Pass	_____
7	825 Emily Wells	Madeline Sym	_____
8			_____

Event 8 Boys 400 Meter Dash Junior

Monday 2023-05-15 - 11:15 AM

SSNS: 53.72 2013 Barrett Dachyshyn

Lane	Name	School	Seed Time
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Section 1 of 7 Finals

1	549 Jayden Tillman	Georges P. V	_____
2	1014 Cole Rhynold	Sackville He	_____
3	356 Dylan Corrigan	Eastern Pass	_____
4	251 Jack Steeneveld	Bedford Acad	_____
5	37 Clark Brine	Astral Drive	_____
6	864 Devin Parker	Oyster Pond	_____
7	6 Liam Carney	A.J. Smeltze	_____
8	623 Jackson Moran	Harold T. Ba	_____

Section 2 of 7 Finals

1	258 Reese Currie	Brookside Ju	_____
2	704 Sunny Riendeau	Leslie Thoma	_____
3	352 Aidan Barteau	Eastern Pass	_____
4	492 Jackson MacDougall	Gaetz Brook	_____
5	421 Chase Fraser	Five Bridges	_____
6	561 Tayden Berge	Graham Creig	_____
7	919 Noah Windover	Ridgecliff M	_____
8	542 Ethan Normore	Georges P. V	_____

Section 3 of 7 Finals

1	607 Landen Turner	Graham Creig	_____
2	756 Carter Burns	Madeline Sym	_____
3	1004 Isiah Davidson	Sackville He	_____
4	894 Naeem Kelly	Ridgecliff M	_____
5	271 Trent Pettipas	Brookside Ju	_____
6	973 Prem Mistry	Rocky Lake J	_____
7	493 Gavin MacKenzie	Gaetz Brook	_____
8	16 Andrew Kaulback	A.J. Smeltze	_____

Section 4 of 7 Finals

1	979 Dylan Nickerson	Rocky Lake J	_____
2	439 Remmy Marriott	Five Bridges	_____
3	366 Caleb Malaidack	Eastern Pass	_____
4	276 Carson Smith	Brookside Ju	_____
5	602 Logan Smith	Graham Creig	_____
6	628 Kaeden Reid	Harold T. Ba	_____
7	498 Caelum McCarville	Gaetz Brook	_____
8	999 Evan Balcom	Sackville He	_____



**2023 SSNS Capital COUNTY District
Meet Program**

Section 5 of 7 Finals...(Event 8 Boys 400 Meter Dash Junior)

1	575 Daniel Garlick	Graham Creig	_____
2	17 Daytona McCarthy	A.J. Smeltze	_____
3	543 Chase O'Neil	Georges P. V	_____
4	942 Will Dyck	Rocky Lake J	_____
5	457 Ethan Sutherland	Five Bridges	_____
6	90 Kyle Oliver	Astral Drive	_____
7	682 Tony Aliga	Leslie Thoma	_____
8			_____

Section 6 of 7 Finals

1	925 Oliver Arsenault	Rocky Lake J	_____
2	275 Finlay Secord	Brookside Ju	_____
3	744 Mason Atkinson	Madeline Sym	_____
4	693 Ronin Hardie	Leslie Thoma	_____
5	51 Tim Delong	Astral Drive	_____
6	629 Owen Rhodenizer	Harold T. Ba	_____
7	350 Noah Addie	Eastern Pass	_____
8			_____

Section 7 of 7 Finals

1	1002 Owen Carpenter	Sackville He	_____
2	538 Alex Munroe	Georges P. V	_____
3	618 Nathan Laba	Harold T. Ba	_____
4	84 Henry Muise	Astral Drive	_____
5	703 Landis Payne	Leslie Thoma	_____
6	422 Finn Fraser	Five Bridges	_____
7	906 Luke Murphy	Ridgecliff M	_____
8			_____

Event 9 Girls 400 Meter Dash Intermediate

Monday 2023-05-15 - 11:45 AM

SSNS: 57.24 2003 **Jenna Martin**

Lane	Name	School	Seed Time
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Section 1 of 4 Finals

1	938 Winter Dent	Rocky Lake J	_____
2	559 Teeny Beals	Graham Creig	_____
3	108 Ava Stevenson	Astral Drive	_____
4	508 Luna Valencia	Gaetz Brook	_____
5	191 Maya Al-Kishawi	Bay View Hig	_____
6	721 Charley Grant	Lockview Hig	_____
7	146 Lauryn Hatfield	Auburn Drive	_____
8	648 Maya Jamieson	Island View	_____

Section 2 of 4 Finals

1	85 Lydia Muise	Astral Drive	_____
2	717 Rebecca Fraser	Lockview Hig	_____
3	802 Georgia Miller	Madeline Sym	_____
4	643 Kayla Fougere	Island View	_____
5	224 Ava Miller	Bay View Hig	_____
6	481 Sienna Foley	Gaetz Brook	_____
7	959 Anne Leahey	Rocky Lake J	_____
8	188 Allie White	Auburn Drive	_____

Section 3 of 4 Finals

1	229 Sophie Quinn	Bay View Hig	_____
2	733 Danielle Moore	Lockview Hig	_____
3	664 Sofia Osborne	Island View	_____
4	929 Lily Blondon	Rocky Lake J	_____
5	312 Jenna Lamontangne	Charles P. A	_____
6	74 Kayla MacLeod	Astral Drive	_____
7	345 Andrea Parrott	Cole Harbour	_____
8			_____

Section 4 of 4 Finals

1	873 Grace Berrigan	Ridgecliff M	_____
2	934 Anna Chisholm	Rocky Lake J	_____
3	219 Hannah McKinnon	Bay View Hig	_____
4	722 Brooke Haider	Lockview Hig	_____
5	633 Anika Bourque	Island View	_____
6	181 Lucy Van Berkel	Auburn Drive	_____
7	118 Lola Welcher	Astral Drive	_____
8			_____

Event 10 Boys 400 Meter Dash Intermediate

Monday 2023-05-15 - 11:45 AM

SSNS: 50.87 2005 **Jonathan Campbell**

Lane	Name	School	Seed Time
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Section 1 of 5 Finals

1	779 Marc Johnson	Madeline Sym	_____
2	854 Matteo Aaboe	Oyster Pond	_____
3	897 Ashton MacDonald	Ridgecliff M	_____
4	155 Matthew Law	Auburn Drive	_____
5	611 Zac Wheaten	Graham Creig	_____
6	1043 Noah Skeete	Sackville Hi	_____
7	720 Breton George	Lockview Hig	_____
8	459 Liam Thorne	Five Bridges	_____

Section 2 of 5 Finals

1	482 Isaac Fry	Gaetz Brook	_____
2	296 Liam Flemming	Charles P. A	_____
3	577 Wyatt Gilgan	Graham Creig	_____
4	978 Jack Ni	Rocky Lake J	_____
5	900 Jonah MacDonald	Ridgecliff M	_____
6	218 Dawson Macneil	Bay View Hig	_____
7	147 Ian Herlt	Auburn Drive	_____
8			_____

Section 3 of 5 Finals

1	230 Ayden Rondeau	Bay View Hig	_____
2	965 Owen MacGillivray	Rocky Lake J	_____
3	106 Colby Steele	Astral Drive	_____
4	344 Barrett Munroe	Cole Harbour	_____
5	736 Tucker Potter	Lockview Hig	_____
6	795 Kingston Manning	Madeline Sym	_____
7	139 Martino Elias	Auburn Drive	_____
8			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Section 4 of 5 Finals...(Event 10 Boys 400 Meter Dash Intermediate)

1	963 Jacoby MacDonald	Rocky Lake J	_____
2	226 Josh Morrison	Bay View Hig	_____
3	95 Alex Rose	Astral Drive	_____
4	301 Josh Green	Charles P. A	_____
5	589 Jaxon Marsman	Graham Creig	_____
6	746 Noah Baldwin	Madeline Sym	_____
7	740 Connor Wootton	Lockview Hig	_____
8			_____

Section 5 of 5 Finals

1	213 Owen Luedee	Bay View Hig	_____
2	956 Alfred Lai	Rocky Lake J	_____
3	724 Ewan Hawley	Lockview Hig	_____
4	467 Felix Wirkus	Five Bridges	_____
5	741 Alex Allain	Madeline Sym	_____
6	1037 Ryan Oake	Sackville Hi	_____
7	88 Owen Odonnell	Astral Drive	_____
8			_____

Event 11 Girls 400 Meter Dash Senior

Monday 2023-05-15 - 12:15 PM

SSNS: 54.13 2006 Jenna Martin

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	177 Ava Stevens	Auburn Drive	_____
2	649 Natalie Kempton	Island View	_____
3	316 Makena MacDonald	Charles P. A	_____
4	712 Paige Carruthers	Lockview Hig	_____
5	639 Abby Drozdowski	Island View	_____
6	168 Myah Payne Landon	Auburn Drive	_____
7	322 Aine Oneil	Charles P. A	_____
8			_____

Section 2 of 2 Finals

1	319 Poppy Moon	Charles P. A	_____
2	131 Sophie Carmichael	Auburn Drive	_____
3	653 Brooke Maccurdy	Island View	_____
4	152 Rachel Kibble	Auburn Drive	_____
5	652 Olivia Louvelle	Island View	_____
6	727 Kaitlyn Langille	Lockview Hig	_____
7			_____
8			_____

Event 12 Boys 400 Meter Dash Senior

Monday 2023-05-15 - 12:15 PM

SSNS: 48.49 2015 Mike Van Der Poel

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	1048 Romeo Walhelel	Sackville Hi	_____
2	307 Rowan Houlihan	Charles P. A	_____
3	208 Luke Horsford	Bay View Hig	_____
4	164 Dylan McMullen	Auburn Drive	_____
5	325 Alex Quinton	Charles P. A	_____
6			_____
7			_____
8			_____

Section 2 of 3 Finals

1	220 Zachary Melanson	Bay View Hig	_____
2	283 Vanrae Anderson	Charles P. A	_____
3	214 Aidan MacDonald	Bay View Hig	_____
4	848 Jack Rogers	Millwood	_____
5	167 Brennan O'Donnell	Auburn Drive	_____
6	1028 Anthony El-Jakl	Sackville Hi	_____
7			_____
8			_____

Section 3 of 3 Finals

1	346 Cole Simon	Cole Harbour	_____
2	184 Morgan Wach	Auburn Drive	_____
3	1023 Jabari Benjamin	Sackville Hi	_____
4	121 Toniko Beals	Auburn Drive	_____
5	193 Jack Boutilier	Bay View Hig	_____
6	314 Mathew Lawton	Charles P. A	_____
7			_____
8			_____

Event 13 Girls 100 Meter Dash Junior

16 Advance: Top 1 Each Heat plus Next 7 Best Times

Monday 2023-05-15 - 1:15 PM

SSNS: 12.64 2006 Nikkia Jones

Ties: 12.50 1995 Christine Fleury (hand)

Lane	Name	School	Seed Time
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Heat 1 of 9 Prelims

1	581 Kelsey Harrison	Graham Creig	_____
2	12 Eden Hebert-Moore	A.J. Smeltze	_____
3	266 Ellajah Mackay-Tang	Brookside Ju	_____
4	926 Elizabeth Atkinson	Rocky Lake J	_____
5	783 Claire Legrow	Madeline Sym	_____
6	417 Siena Flight	Five Bridges	_____
7	893 Lucy Iboi	Ridgecliff M	_____
8	1053 Gabby Buffet	Summit Acade	_____



**2023 SSNS Capital COUNTY District
Meet Program**

Heat 2 of 9 Prelims...(Event 13 Girls 100 Meter Dash Junior)

1	603 Kaliyah Sparks	Graham Creig	_____
2	701 Gracie MacIsaac	Leslie Thoma	_____
3	1000 Caitlyn Bennett	Sackville He	_____
4	464 Katherine Wilkie	Five Bridges	_____
5	1056 Abby Galina	Summit Acade	_____
6	620 Maggie MacRae	Harold T. Ba	_____
7	861 Kadence Marsh	Oyster Pond	_____
8	552 Ryleigh Walker	Georges P. V	_____

Heat 3 of 9 Prelims

1	27 Oliveah Walker	A.J. Smeltze	_____
2	1008 Grace Henry	Sackville He	_____
3	383 Genevieve Sherlock	Eastern Pass	_____
4	107 Isabelle Steele	Astral Drive	_____
5	982 Meghan Proude	Rocky Lake J	_____
6	860 Jordyn Macinnis	Oyster Pond	_____
7	902 Julia Morales	Ridgecliff M	_____
8	700 Ava Leaman	Leslie Thoma	_____

Heat 4 of 9 Prelims

1	527 Addison Labucki	Georges P. V	_____
2	798 Kennedy May	Madeline Sym	_____
3	696 Emma Jordan	Leslie Thoma	_____
4	60 Kyliegh Hannah	Astral Drive	_____
5	582 Lyla Hassan	Graham Creig	_____
6	943 Alessa Giudici	Rocky Lake J	_____
7	4 Jada Awalt	A.J. Smeltze	_____
8			_____

Heat 5 of 9 Prelims

1	378 Payton Preeper	Eastern Pass	_____
2	507 Laura Sinclair-White	Gaetz Brook	_____
3	986 Maira Sajjed	Rocky Lake J	_____
4	40 Norah Campbell	Astral Drive	_____
5	621 Brooklyn Marriott	Harold T. Ba	_____
6	799 Kate McGillivray	Madeline Sym	_____
7	855 Peyton Archibald	Oyster Pond	_____
8			_____

Heat 6 of 9 Prelims

1	859 Rory Jennex	Oyster Pond	_____
2	447 Iyla Oystreck	Five Bridges	_____
3	365 Caylin Maganga	Eastern Pass	_____
4	627 Hiltz Ramona	Harold T. Ba	_____
5	513 Kate Barrett	Georges P. V	_____
6	1001 Ava Bonnell	Sackville He	_____
7	49 Rowan Cutcliffe	Astral Drive	_____
8			_____

Heat 7 of 9 Prelims

1	594 Addison Parsons	Graham Creig	_____
2	917 Sarah Weaver	Ridgecliff M	_____
3	471 Lauren Archer-Shee	Gaetz Brook	_____
4	683 Natalie Ayer	Leslie Thoma	_____
5	256 Claire Conrad	Brookside Ju	_____
6	249 Bailey Nash	Bedford Acad	_____
7	1060 Danica Joseph	Summit Acade	_____
8			_____

Heat 8 of 9 Prelims

1	1052 Lilah Blanchard	Summit Acade	_____
2	10 Elyse Crowe	A.J. Smeltze	_____
3	892 Lisa Iboi	Ridgecliff M	_____
4	242 Grace Killoran	Bedford Acad	_____
5	364 Kaelyn MacRae	Eastern Pass	_____
6	265 Caitlyn Kelly	Brookside Ju	_____
7	490 Mollie Leedham	Gaetz Brook	_____
8			_____

Heat 9 of 9 Prelims

1	506 Emily Sinclair-White	Gaetz Brook	_____
2	448 Mia Parsons	Five Bridges	_____
3	1007 Ruth Greeno	Sackville He	_____
4	748 Carly Beaton	Madeline Sym	_____
5	260 Abigail Gaudet	Brookside Ju	_____
6	616 Ella Hanson	Harold T. Ba	_____
7	551 Allison Urquhart	Georges P. V	_____
8			_____

Event 14 Boys 100 Meter Dash Junior

16 Advance: Top 1 Each Heat plus Next 7 Best Times

Monday 2023-05-15 - 1:15 PM

SSNS: **11.59** 2016 **Braden Gray**
Ties: **11.50** 1995 **Nick Smith (hand)**

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Seed Time</u>
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Heat 1 of 9 Prelims

1	87 Luke Nowlan	Astral Drive	_____
2	624 Ini Ogunlaiye	Harold T. Ba	_____
3	406 Quinn Campbell	Five Bridges	_____
4	387 Lothar Trzebiatowski	Eastern Pass	_____
5	920 Jakii Wright	Ridgecliff M	_____
6	1003 Grayson Croft	Sackville He	_____
7	262 Connor Hammond	Brookside Ju	_____
8	245 Tyler Luo	Bedford Acad	_____



**2023 SSNS Capital COUNTY District
Meet Program**

Heat 2 of 9 Prelims...(Event 14 Boys 100 Meter Dash Junior)

1	914 Allan Tirop	Ridgecliff M	_____
2	694 Wesley Hiscock	Leslie Thoma	_____
3	16 Andrew Kaulback	A.J. Smeltze	_____
4	252 Alex Vallis	Bedford Acad	_____
5	372 Patrick O'Keefe	Eastern Pass	_____
6	1058 Oliver Johnson	Summit Acade	_____
7	749 Logan Bell	Madeline Sym	_____
8	267 Charlie McLeod	Brookside Ju	_____

Heat 3 of 9 Prelims

1	6 Liam Carney	A.J. Smeltze	_____
2	864 Devin Parker	Oyster Pond	_____
3	974 Emmet Mont	Rocky Lake J	_____
4	1063 Will Ralph	Summit Acade	_____
5	575 Daniel Garlick	Graham Creig	_____
6	411 Esmond Davis	Five Bridges	_____
7	499 Jack Miller	Gaetz Brook	_____
8	613 Luke Bowden	Harold T. Ba	_____

Heat 4 of 9 Prelims

1	440 Eli Martin	Five Bridges	_____
2	26 Wyatt Thurston	A.J. Smeltze	_____
3	516 Isaac Burns	Georges P. V	_____
4	697 Olliver Kelly	Leslie Thoma	_____
5	61 James Hiltz	Astral Drive	_____
6	630 Riley Skeete	Harold T. Ba	_____
7	894 Naeem Kelly	Ridgecliff M	_____
8	815 Jimi Shodunke	Madeline Sym	_____

Heat 5 of 9 Prelims

1	942 Will Dyck	Rocky Lake J	_____
2	1061 Morgan Landry	Summit Acade	_____
3	469 Matteo Young	Five Bridges	_____
4	863 Jayden Nickerson	Oyster Pond	_____
5	604 Lewis Stonehouse	Graham Creig	_____
6	487 Bentley Jenkinson	Gaetz Brook	_____
7	543 Chase O'Neil	Georges P. V	_____
8			_____

Heat 6 of 9 Prelims

1	1059 Brody Joseph	Summit Acade	_____
2	868 Jack Valentine	Oyster Pond	_____
3	690 Chaz Fraser	Leslie Thoma	_____
4	599 Zach Saber	Graham Creig	_____
5	51 Tim Delong	Astral Drive	_____
6	261 Lincoln Gillis	Brookside Ju	_____
7	356 Dylan Corrigan	Eastern Pass	_____
8			_____

Heat 7 of 9 Prelims

1	865 Ryker Power	Oyster Pond	_____
2	479 Lucas Feltmate	Gaetz Brook	_____
3	952 Justyce Johnson	Rocky Lake J	_____
4	250 Ryan Quigley	Bedford Acad	_____
5	549 Jayden Tillman	Georges P. V	_____
6	703 Landis Payne	Leslie Thoma	_____
7	1012 Elijah Murphy	Sackville He	_____
8			_____

Heat 8 of 9 Prelims

1	498 Caelum McCarville	Gaetz Brook	_____
2	247 Alec McLeod	Bedford Acad	_____
3	597 Aaron Rose	Graham Creig	_____
4	96 Luke Rushton	Astral Drive	_____
5	1019 Carter Williams	Sackville He	_____
6	17 Daytona McCarthy	A.J. Smeltze	_____
7	555 Trenton Wile	Georges P. V	_____
8			_____

Heat 9 of 9 Prelims

1	760 Yungun Cho	Madeline Sym	_____
2	612 Noah Adamski	Harold T. Ba	_____
3	1017 Lucas Vaughan	Sackville He	_____
4	272 Ryder Phillips	Brookside Ju	_____
5	973 Prem Mistry	Rocky Lake J	_____
6	352 Aidan Barteau	Eastern Pass	_____
7	884 Connor Dewolfe	Ridgecliff M	_____
8			_____

Event 15 Girls 100 Meter Dash Intermediate

16 Advance: Top 1 Each Heat plus Next 9 Best Times

Monday 2023-05-15 - 1:45 PM

SSNS: 12.33 2007 Marissa Wolter

Ties: 12.20 1997 Christine Fluery (hand)

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Seed Time</u>
-------------	-------------	---------------	------------------

Heat 1 of 7 Prelims

1	709 Lujan Benoga	Lockview Hig	_____
2	404 Kara Boehm	Five Bridges	_____
3	277 Maggie Smith	Brookside Ju	_____
4	651 Bryce Lipton	Island View	_____
5	304 Breton Hayden	Charles P. A	_____
6	483 Ava Glover	Gaetz Brook	_____
7	784 Sophia Macaulay	Madeline Sym	_____
8	229 Sophie Quinn	Bay View Hig	_____



**2023 SSNS Capital COUNTY District
Meet Program**

Heat 2 of 7 Prelims...(Event 15 Girls 100 Meter Dash Intermediate)

1	146 Lauryn Hatfield	Auburn Drive	_____
2	955 Breanna Kuehner	Rocky Lake J	_____
3	839 Denver Hawkins	Millwood	_____
4	86 Alicia Nedelcu	Astral Drive	_____
5	284 Damini Aqoyiga	Charles P. A	_____
6	584 Michskiya Hill	Graham Creig	_____
7	918 Rylee White	Ridgecliff M	_____
8	1046 Zoe Tthomander	Sackville Hi	_____

Heat 3 of 7 Prelims

1	912 Nevaeh Stundon	Ridgecliff M	_____
2	484 Ella Glover	Gaetz Brook	_____
3	641 Kayla Eisenhauer	Island View	_____
4	109 Val Thorpe	Astral Drive	_____
5	793 Paige Macphee	Madeline Sym	_____
6	576 Katelyn Garlick	Graham Creig	_____
7	936 Ena Daigle	Rocky Lake J	_____
8	345 Andrea Parrott	Cole Harbour	_____

Heat 4 of 7 Prelims

1	665 Claire Pickrem	Island View	_____
2	118 Lola Welcher	Astral Drive	_____
3	586 Josie Lawrence	Graham Creig	_____
4	219 Hannah McKinnon	Bay View Hig	_____
5	299 Jasmine Giwa-Amu	Charles P. A	_____
6	134 Isla David	Auburn Drive	_____
7	915 Maddie Titus	Ridgecliff M	_____
8	721 Charley Grant	Lockview Hig	_____

Heat 5 of 7 Prelims

1	816 Simi Shodunke	Madeline Sym	_____
2	845 Kathryn Maceachern	Millwood	_____
3	509 Izzy Wade	Gaetz Brook	_____
4	402 Rohan Alexander	Five Bridges	_____
5	903 Kate Morgan-Macfadyen	Ridgecliff M	_____
6	739 Claire Sanford	Lockview Hig	_____
7	929 Lily Blondon	Rocky Lake J	_____
8			_____

Heat 6 of 7 Prelims

1	732 Maria Mihai	Lockview Hig	_____
2	338 Riley Brightman-Kenned	Cole Harbour	_____
3	850 Devika Shaiju	Millwood	_____
4	113 Reese Vatour	Astral Drive	_____
5	1025 Milena Butler	Sackville Hi	_____
6	433 Alexis Lightwood	Five Bridges	_____
7	295 Grace Flemming	Charles P. A	_____
8			_____

Heat 7 of 7 Prelims

1	233 Fiorella Sessa	Bay View Hig	_____
2	959 Anne Leahey	Rocky Lake J	_____
3	145 Ashley Hannah	Auburn Drive	_____
4	481 Sienna Foley	Gaetz Brook	_____
5	838 Nyla Gunby	Millwood	_____
6	574 Isis Francis	Graham Creig	_____
7	669 Reeghan Robichaud	Island View	_____
8			_____

Event 16 Boys 100 Meter Dash Intermediate

16 Advance: Top 1 Each Heat plus Next 8 Best Times

Monday 2023-05-15 - 2:15 PM

SSNS: 10.50 1998

Patrick Benjamin (hand)

Lane	Name	School	Seed Time
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Heat 1 of 8 Prelims

1	243 Dobrynia Kiselev	Bedford Acad	_____
2	340 Subomi Fagade	Cole Harbour	_____
3	565 Jack Butler	Graham Creig	_____
4	720 Breton George	Lockview Hig	_____
5	231 Madden Ross	Bay View Hig	_____
6	474 Rylan Bent	Gaetz Brook	_____
7	105 Jackson Sparkes	Astral Drive	_____
8	166 Zach Morash	Auburn Drive	_____

Heat 2 of 8 Prelims

1	746 Noah Baldwin	Madeline Sym	_____
2	230 Ayden Rondeau	Bay View Hig	_____
3	441 Phinn McDonah	Five Bridges	_____
4	496 Cole MacLeod	Gaetz Brook	_____
5	735 Benjamin Phillips	Lockview Hig	_____
6	1037 Ryan Oake	Sackville Hi	_____
7	907 Francis Palma	Ridgecliff M	_____
8	672 Zach Trempe	Island View	_____

Heat 3 of 8 Prelims

1	50 Evan Davis	Astral Drive	_____
2	862 Matthew Mosher	Oyster Pond	_____
3	246 Ismaiel Mashaly	Bedford Acad	_____
4	475 Will Cole	Gaetz Brook	_____
5	1043 Noah Skeete	Sackville Hi	_____
6	896 Stepan Kozub	Ridgecliff M	_____
7	773 Griffin Hearn	Madeline Sym	_____
8	347 Siddherth Talukdar	Cole Harbour	_____



**2023 SSNS Capital COUNTY District
Meet Program**

Heat 4 of 8 Prelims...(Event 16 Boys 100 Meter Dash Intermediate)

1	909 Gabriel Polinton	Ridgecliff M	_____
2	432 Donovan Jay	Five Bridges	_____
3	570 James Ferguson	Graham Creig	_____
4	125 Devin Boudreau	Auburn Drive	_____
5	237 Nil Trulis	Bay View Hig	_____
6	291 Tapi Chipudhla	Charles P. A	_____
7	89 Aiden O'Donnell	Astral Drive	_____
8	981 Hashem Numan	Rocky Lake J	_____

Heat 5 of 8 Prelims

1	349 Denis Voloshin	Cole Harbour	_____
2	976 Leo Mont	Rocky Lake J	_____
3	667 Jacob Rhyno	Island View	_____
4	740 Connor Wootton	Lockview Hig	_____
5	568 Jayden Colley-Williams	Graham Creig	_____
6	1030 Izaac Hopper	Sackville Hi	_____
7	301 Josh Green	Charles P. A	_____
8	800 Cameron McNair	Madeline Sym	_____

Heat 6 of 8 Prelims

1	1020 Logan Adams	Sackville Hi	_____
2	240 Anthony Faltas	Bedford Acad	_____
3	293 Thomas Connell	Charles P. A	_____
4	736 Tucker Potter	Lockview Hig	_____
5	482 Isaac Fry	Gaetz Brook	_____
6	977 Nathan Mulholland	Rocky Lake J	_____
7	657 Matthew Mailman	Island View	_____
8			_____

Heat 7 of 8 Prelims

1	854 Matteo Aaboe	Oyster Pond	_____
2	830 Samuel Carpenter	Millwood	_____
3	418 Tyson Foley	Five Bridges	_____
4	156 Liam MacDonald	Auburn Drive	_____
5	611 Zac Wheaten	Graham Creig	_____
6	308 Koby Iwegbu	Charles P. A	_____
7	679 Kyle Worrell	Island View	_____
8			_____

Heat 8 of 8 Prelims

1	62 Sam Hiscock	Astral Drive	_____
2	775 Josh Horne	Madeline Sym	_____
3	451 Owen Rhyno	Five Bridges	_____
4	187 Nathan Webb	Auburn Drive	_____
5	218 Dawson Macneil	Bay View Hig	_____
6	965 Owen MacGillivray	Rocky Lake J	_____
7	890 Peyton Hansford	Ridgecliff M	_____
8			_____

Event 17 Girls 100 Meter Dash Senior

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Monday 2023-05-15 - 10:00 AM

SSNS: 11.91 2006 Jenna Martin
Ties: 11.70 1975 Celia Branch (hand)

Lane	Name	School	Seed Time
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Heat 1 of 3 Prelims

1	1032 Alexis Lavers	Sackville Hi	_____
2	341 Georgia Goodrick	Cole Harbour	_____
3	196 Claire Casey	Bay View Hig	_____
4	844 Hailey Maceachern	Millwood	_____
5	397 Peyton Sampson	Eastern Shor	_____
6	202 Ambra Gentina	Bay View Hig	_____
7	323 Kaleigh Oulton	Charles P. A	_____
8	714 Fiona Day	Lockview Hig	_____

Heat 2 of 3 Prelims

1	649 Natalie Kempton	Island View	_____
2	333 Katelyn Wilton	Charles P. A	_____
3	835 Gaia De'sperati	Millwood	_____
4	221 Larissa Mesquita	Bay View Hig	_____
5	653 Brooke Maccurdy	Island View	_____
6	182 Paula Villegas	Auburn Drive	_____
7	719 Natalia Gdikian	Lockview Hig	_____
8	342 Ava Johansson	Cole Harbour	_____

Heat 3 of 3 Prelims

1	331 Reegan Wagg	Charles P. A	_____
2	734 Julie O'Sullivan	Lockview Hig	_____
3	305 Nina Hinkins	Charles P. A	_____
4	204 Eduarda Gorgatti	Bay View Hig	_____
5	1021 Twisha Annasawmy	Sackville Hi	_____
6	124 Brielle Boachi	Auburn Drive	_____
7	389 Natalie Baker	Eastern Shor	_____
8	652 Olivia Louvelle	Island View	_____

Event 18 Boys 100 Meter Dash Senior

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Monday 2023-05-15 - 2:15 PM

SSNS: 10.69 2009 Kyu-Won Cho
Ties: 10.50 1971 Roger Crawley (hand)

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 4 Prelims

1	211 Sam Lecker-Evans	Bay View Hig	_____
2	1028 Anthony El-Jakl	Sackville Hi	_____
3	174 Marlowe Slawter	Auburn Drive	_____
4	647 Carson Grijm	Island View	_____
5	846 Jack Machray-Saulnier	Millwood	_____
6	287 Jonah Bucci	Charles P. A	_____
7			_____
8			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Heat 2 of 4 Prelims...(Event 18 Boys 100 Meter Dash Senior)

1	160 Shomari Matthew	Auburn Drive	_____
2	335 Jv Arguelles	Cole Harbour	_____
3	1038 Collin Obana	Sackville Hi	_____
4	843 Conner Lebreton	Millwood	_____
5	307 Rowan Houlihan	Charles P. A	_____
6	225 Evan Moore	Bay View Hig	_____
7			_____
8			_____

Heat 3 of 4 Prelims

1	678 Mason Whynot	Island View	_____
2	210 Jace LeBlanc	Bay View Hig	_____
3	336 Jay-Reise Baker	Cole Harbour	_____
4	1044 Landon Smith	Sackville Hi	_____
5	840 Cederic Heussinger	Millwood	_____
6	300 Brett Graves	Charles P. A	_____
7	175 Nate Slawter	Auburn Drive	_____
8			_____

Heat 4 of 4 Prelims

1	337 Dekai Beals	Cole Harbour	_____
2	635 Yohan Dasilva	Island View	_____
3	1039 Xavier Patterson	Sackville Hi	_____
4	834 Connor Coker	Millwood	_____
5	217 David MacLean	Bay View Hig	_____
6	298 Freddie Francis	Charles P. A	_____
7	169 Ayres Perry	Auburn Drive	_____
8			_____

Event 19 Girls 1500 Meter Run Junior

Monday 2023-05-15 - 3:30 PM

SSNS: 4:46.13 2019 Abby Lewis

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	614 Calleigh Doyle	Harold T. Ba	_____
2	27 Oliveah Walker	A.J. Smeltze	_____
3	370 Charleigh Mohler	Eastern Pass	_____
4	458 Sophia Swinamer	Five Bridges	_____
5	541 Avah Nicholson	Georges P. V	_____
6	946 Laura Hill	Rocky Lake J	_____
7	683 Natalie Ayer	Leslie Thoma	_____
8	1006 Raya Evong	Sackville He	_____
9	264 Mary-Anne Hudson	Brookside Ju	_____
10	497 Olivia Matheson	Gaetz Brook	_____
11	360 Ruth Gatama	Eastern Pass	_____
12	769 Zoey Goodfellow	Madeline Sym	_____
13	535 Claire McKim	Georges P. V	_____
14	813 Kate Rogers	Madeline Sym	_____
15	947 Sophia Hill	Rocky Lake J	_____
16	825 Emily Wells	Madeline Sym	_____
17			_____
18			_____

Section 2 of 2 Finals

1	43 Alison Chambers	Astral Drive	_____
2	1001 Ava Bonnell	Sackville He	_____
3	28 Aleah Ward	A.J. Smeltze	_____
4	427 Olivia Hales-Ure	Five Bridges	_____
5	443 Ella Miller	Five Bridges	_____
6	429 Rachel Houghton	Five Bridges	_____
7	383 Genevieve Sherlock	Eastern Pass	_____
8	494 Lily MacLellan	Gaetz Brook	_____
9	12 Eden Hebert-Moore	A.J. Smeltze	_____
10	2 Brooke Anderson	A.J. Smeltze	_____
11	823 Esther Van Donkellar	Madeline Sym	_____
12	531 Josie Luedey	Georges P. V	_____
13	556 Alexis Williams	Georges P. V	_____
14	477 Audrey Cuthbert	Gaetz Brook	_____
15	958 Heather Lawton	Rocky Lake J	_____
16	967 Charlie MacLean	Rocky Lake J	_____
17			_____
18			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 20 Boys 1500 Meter Run Junior

Monday 2023-05-15 - 3:30 PM

SSNS: 4:19.71 2009

Mike Tate

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	688 Gavin Cowper	Leslie Thoma	_____
2	575 Daniel Garlick	Graham Creig	_____
3	518 Jack Doyle	Georges P. V	_____
4	75 Breton Macphee	Astral Drive	_____
5	369 Gavin Mills	Eastern Pass	_____
6	623 Jackson Moran	Harold T. Ba	_____
7	276 Carson Smith	Brookside Ju	_____
8	257 Max Conrad	Brookside Ju	_____
9	797 Ryan Matthews	Madeline Sym	_____
10	876 Ashley Boran	Ridgecliff M	_____
11	377 Thomas Pitman	Eastern Pass	_____
12	628 Kaeden Reid	Harold T. Ba	_____
13	931 Will Brown	Rocky Lake J	_____
14	999 Evan Balcom	Sackville He	_____
15	258 Reese Currie	Brookside Ju	_____
16	23 Rayez Sampson	A.J. Smeltze	_____
17	1003 Grayson Croft	Sackville He	_____
18	428 Will Higginson	Five Bridges	_____
19	919 Noah Windover	Ridgecliff M	_____
20	924 Evan Arruda	Rocky Lake J	_____
21	585 Noah Johnson	Graham Creig	_____
22	357 Caiden Crawford	Eastern Pass	_____
23			_____
24			_____

Section 2 of 2 Finals

1	761 Cole Cowper	Madeline Sym	_____
2	904 Oliver Morrison	Ridgecliff M	_____
3	512 Nolan Baker	Georges P. V	_____
4	629 Owen Rhodenizer	Harold T. Ba	_____
5	515 Max Brien	Georges P. V	_____
6	1013 Drew Osmond	Sackville He	_____
7	705 Matthew Roy	Leslie Thoma	_____
8	423 Quinn Fraser	Five Bridges	_____
9	353 Caleb Berkman	Eastern Pass	_____
10	533 Charlie Mackeen	Georges P. V	_____
11	984 Jack Quinton	Rocky Lake J	_____
12	906 Luke Murphy	Ridgecliff M	_____
13	941 Liam Doucet	Rocky Lake J	_____
14	7 Seth Carroll	A.J. Smeltze	_____
15	405 Sam Bragg	Five Bridges	_____
16	1004 Isiah Davidson	Sackville He	_____
17	84 Henry Muise	Astral Drive	_____
18	703 Landis Payne	Leslie Thoma	_____
19	782 Xavier Lamorre	Madeline Sym	_____
20	275 Finlay Secord	Brookside Ju	_____
21	21 Carter Pitcher Murphy	A.J. Smeltze	_____
22	53 Eric Easton	Astral Drive	_____
23			_____
24			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 21 Girls 1500 Meter Run Intermediate

Monday 2023-05-15 - 4:00 PM

SSNS: 4:31.02 2022-06-03 Abby Lewis

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	951 Anna Jo	Rocky Lake J	_____
2	409 Layla Cowie	Five Bridges	_____
3	154 Clairra Kilpatrick	Auburn Drive	_____
4	228 Amani Oystreck	Bay View Hig	_____
5	85 Lydia Muise	Astral Drive	_____
6	957 Emma Lawton	Rocky Lake J	_____
7	938 Winter Dent	Rocky Lake J	_____
8	729 Morgan Lewis	Lockview Hig	_____
9	733 Danielle Moore	Lockview Hig	_____
10	416 Molly Evers	Five Bridges	_____
11	103 Emily Singleton	Astral Drive	_____
12	873 Grace Berrigan	Ridgecliff M	_____
13	181 Lucy Van Berkel	Auburn Drive	_____
14	302 Kennedy Griffin	Charles P. A	_____
15	711 Anna Carruthers	Lockview Hig	_____
16	403 Clara Bieger	Five Bridges	_____
17	330 Evelyn Tobin	Charles P. A	_____
18	725 Emeline Hubert	Lockview Hig	_____
19	74 Kayla MacLeod	Astral Drive	_____
20	803 Ruth Millward	Madeline Sym	_____
21	934 Anna Chisholm	Rocky Lake J	_____
22	44 Alena Collens	Astral Drive	_____
23			_____

Event 22 Boys 1500 Meter Run Intermediate

Monday 2023-05-15 - 4:00 PM

SSNS: 3:59.92 2015 Hudson Grimshaw-Surette

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	992 James Swarbrigg	Rocky Lake J	_____
2	1040 Carson Roderick	Sackville Hi	_____
3	180 Hinata Ueda	Auburn Drive	_____
4	899 Ewan MacDonald	Ridgecliff M	_____
5	872 Josh Bennett	Ridgecliff M	_____
6	821 Logan Taylor	Madeline Sym	_____
7	814 Jonah Rowlston	Madeline Sym	_____
8	197 Jake Chapman	Bay View Hig	_____
9	106 Colby Steele	Astral Drive	_____
10	871 Jack Bennett	Ridgecliff M	_____
11	306 Thomas Holder	Charles P. A	_____
12	969 Mikhail Macpherson-Cro	Rocky Lake J	_____
13	226 Josh Morrison	Bay View Hig	_____
14	95 Alex Rose	Astral Drive	_____
15	52 Blake Easton	Astral Drive	_____
16	155 Matthew Law	Auburn Drive	_____
17	209 Iwata Koswei	Bay View Hig	_____
18	328 Madoc Sullivan	Charles P. A	_____
19	731 Nic Matteau	Lockview Hig	_____
20	898 Caleb MacDonald	Ridgecliff M	_____
21	988 Tristen Singh	Rocky Lake J	_____
22	827 Kerem Yalcin	Madeline Sym	_____
23	1042 Gordon Rooks	Sackville Hi	_____
24	832 Emile Chiasson	Millwood	_____
25	857 Andrew Colbourne	Oyster Pond	_____
26	88 Owen Odonnell	Astral Drive	_____
27	1031 Joseph Ivany	Sackville Hi	_____
28	239 Nolan Young	Bay View Hig	_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 23 Girls 1500 Meter Run Senior

Monday 2023-05-15 - 4:30 PM

SSNS: 4:21.94 2019-05-31 Maggie Smith

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	131 Sophie Carmichael	Auburn Drive	_____
2	313 Bri Lawton	Charles P. A	_____
3	728 Abby Lewis	Lockview Hig	_____
4	319 Poppy Moon	Charles P. A	_____
5	399 Anne-Sophie Le Rudulier	Ecole du Som	_____
6	196 Claire Casey	Bay View Hig	_____
7	653 Brooke Maccurdy	Island View	_____
8	177 Ava Stevens	Auburn Drive	_____
9	286 Kate Beazley	Charles P. A	_____
10	138 Ava Egamino	Auburn Drive	_____
11	282 Ellie Allen	Charles P. A	_____
12			_____
13			_____
14			_____
15			_____
16			_____

Event 24 Boys 1500 Meter Run Senior

Monday 2023-05-15 - 4:30 PM

SSNS: 3:54.91 2013 Mike Tate

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	214 Aidan MacDonald	Bay View Hig	_____
2	321 James Nowell	Charles P. A	_____
3	852 Domenico Villalobos Loz	Millwood	_____
4	339 Tristan Courtney	Cole Harbour	_____
5	315 Kysac MacDonald	Charles P. A	_____
6	1049 Xavier Welcher	Sackville Hi	_____
7	737 Cameron Reid	Lockview Hig	_____
8	325 Alex Quinton	Charles P. A	_____
9	193 Jack Boutilier	Bay View Hig	_____
10	398 Stephen Wrathall	Eastern Shor	_____
11	847 Ryan Miller	Millwood	_____
12	393 Pierre Doucet	Eastern Shor	_____
13	159 Ryan Manson	Auburn Drive	_____
14	637 Oliver Dawood	Island View	_____
15	314 Mathew Lawton	Charles P. A	_____
16	220 Zachary Melanson	Bay View Hig	_____
17	184 Morgan Wach	Auburn Drive	_____
18	192 Gian Baillie Abidi	Bay View Hig	_____
19	164 Dylan McMullen	Auburn Drive	_____
20	631 Chris Beach	Island View	_____
21	391 Riley Cuthbert	Eastern Shor	_____
22	634 Michael Cyr	Island View	_____
23			_____
24			_____

Event 25 Girls 200 Meter Dash Junior

16 Advance: Top 1 Each Heat plus Next 8 Best Times

Tuesday 2023-05-16 - 10:00 AM

SSNS: 26.49 2014 Taylor Mattinson
Ties: 26.50 1976 Kris Crowell (hand)

Lane	Name	School	Seed Time
Heat 1 of 8 Prelims			
1	266 Ellajah Mackay-Tang	Brookside Ju	_____
2	1007 Ruth Greeno	Sackville He	_____
3	431 Elora James	Five Bridges	_____
4	552 Ryleigh Walker	Georges P. V	_____
5	383 Genevieve Sherlock	Eastern Pass	_____
6	855 Peyton Archibald	Oyster Pond	_____
7	627 Hiltz Ramona	Harold T. Ba	_____
8	1057 Rachel Hartnell	Summit Acade	_____



**2023 SSNS Capital COUNTY District
Meet Program**

Heat 2 of 8 Prelims...(Event 25 Girls 200 Meter Dash Junior)

1	926 Elizabeth Atkinson	Rocky Lake J	_____
2	869 Reece Adams	Ridgecliff M	_____
3	10 Elyse Crowe	A.J. Smeltze	_____
4	417 Siena Flight	Five Bridges	_____
5	805 Avery Nelson	Madeline Sym	_____
6	1052 Lilah Blanchard	Summit Acade	_____
7	64 Autumn Jones	Astral Drive	_____
8	278 Nadia Smith	Brookside Ju	_____

Heat 3 of 8 Prelims

1	375 Mylah Pastuck	Eastern Pass	_____
2	893 Lucy Iboi	Ridgecliff M	_____
3	798 Kennedy May	Madeline Sym	_____
4	966 Sarah Mackay	Rocky Lake J	_____
5	256 Claire Conrad	Brookside Ju	_____
6	471 Lauren Archer-Shee	Gaetz Brook	_____
7	592 Presaius O'Brien	Graham Creig	_____
8	93 Madysyn Power	Astral Drive	_____

Heat 4 of 8 Prelims

1	754 Naomi Boudreau	Madeline Sym	_____
2	100 Macie Sheppard	Astral Drive	_____
3	603 Kaliyah Sparks	Graham Creig	_____
4	1005 Ella Edwards	Sackville He	_____
5	917 Sarah Weaver	Ridgecliff M	_____
6	506 Emily Sinclair-White	Gaetz Brook	_____
7	1 Kendra Adams	A.J. Smeltze	_____
8	540 Taylor Nichols	Georges P. V	_____

Heat 5 of 8 Prelims

1	265 Caitlyn Kelly	Brookside Ju	_____
2	591 Aubri Murphy-Allen	Graham Creig	_____
3	620 Maggie MacRae	Harold T. Ba	_____
4	861 Kadence Marsh	Oyster Pond	_____
5	947 Sophia Hill	Rocky Lake J	_____
6	1060 Danica Joseph	Summit Acade	_____
7	47 Angelina Crowley	Astral Drive	_____
8	364 Kaelyn MacRae	Eastern Pass	_____

Heat 6 of 8 Prelims

1	1053 Gabby Buffet	Summit Acade	_____
2	455 Rosalyn Steward	Five Bridges	_____
3	625 Megan Osborne	Harold T. Ba	_____
4	384 Adrianna Silver	Eastern Pass	_____
5	1009 Abigail Hoddard	Sackville He	_____
6	685 Annie Boyce	Leslie Thoma	_____
7	528 Josie Leslie	Georges P. V	_____
8	860 Jordyn Macinnis	Oyster Pond	_____

Heat 7 of 8 Prelims

1	1015 Brynn Ross	Sackville He	_____
2	943 Alessa Giudici	Rocky Lake J	_____
3	507 Laura Sinclair-White	Gaetz Brook	_____
4	462 Scarlett Turner	Five Bridges	_____
5	242 Grace Killoran	Bedford Acad	_____
6	25 Kianna Simpson	A.J. Smeltze	_____
7	696 Emma Jordan	Leslie Thoma	_____
8	557 Kensi Wootton	Georges P. V	_____

Heat 8 of 8 Prelims

1	859 Rory Jennex	Oyster Pond	_____
2	910 Yasmine Sayah	Ridgecliff M	_____
3	2 Brooke Anderson	A.J. Smeltze	_____
4	605 Eve Tait	Graham Creig	_____
5	621 Brooklyn Marriott	Harold T. Ba	_____
6	748 Carly Beaton	Madeline Sym	_____
7	491 Rylee Lewis	Gaetz Brook	_____
8			_____

Event 26 Boys 200 Meter Dash Junior

16 Advance: Top 1 Each Heat plus Next 8 Best Times

Tuesday 2023-05-16 - 10:00 AM

SSNS: 24.26 2005 Cameron Veinot
Ties: 24.10 1984 Derek Dempster (hand)

Lane	Name	School	Seed Time
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Heat 1 of 8 Prelims

1	479 Lucas Feltmate	Gaetz Brook	_____
2	925 Oliver Arsenaault	Rocky Lake J	_____
3	16 Andrew Kaulback	A.J. Smeltze	_____
4	61 James Hiltz	Astral Drive	_____
5	1013 Drew Osmond	Sackville He	_____
6	791 Isaac MacLennan	Madeline Sym	_____
7	691 Cole Graves	Leslie Thoma	_____
8	863 Jayden Nickerson	Oyster Pond	_____

Heat 2 of 8 Prelims

1	6 Liam Carney	A.J. Smeltze	_____
2	1002 Owen Carpenter	Sackville He	_____
3	272 Ryder Phillips	Brookside Ju	_____
4	91 Colby O'Shaughnessy	Astral Drive	_____
5	864 Devin Parker	Oyster Pond	_____
6	538 Alex Munroe	Georges P. V	_____
7	979 Dylan Nickerson	Rocky Lake J	_____
8	499 Jack Miller	Gaetz Brook	_____



**2023 SSNS Capital COUNTY District
Meet Program**

Heat 3 of 8 Prelims...(Event 26 Boys 200 Meter Dash Junior)

1	1059 Brody Joseph	Summit Acade	_____
2	356 Dylan Corrigan	Eastern Pass	_____
3	542 Ethan Normore	Georges P. V	_____
4	613 Luke Bowden	Harold T. Ba	_____
5	974 Emmet Mont	Rocky Lake J	_____
6	1014 Cole Rhynold	Sackville He	_____
7	687 Maclean Cassell	Leslie Thoma	_____
8	886 Mitchell Durling	Ridgecliff M	_____

Heat 4 of 8 Prelims

1	26 Wyatt Thurston	A.J. Smeltze	_____
2	764 Alexander Dexter	Madeline Sym	_____
3	555 Trenton Wile	Georges P. V	_____
4	623 Jackson Moran	Harold T. Ba	_____
5	601 Oliver Scotland	Graham Creig	_____
6	1012 Elijah Murphy	Sackville He	_____
7	268 Jasper McMahan	Brookside Ju	_____
8			_____

Heat 5 of 8 Prelims

1	868 Jack Valentine	Oyster Pond	_____
2	362 Madden Kennedy	Eastern Pass	_____
3	411 Esmond Davis	Five Bridges	_____
4	874 Oliver Bethel	Ridgecliff M	_____
5	612 Noah Adamski	Harold T. Ba	_____
6	560 Jacob Bellefontaine	Graham Creig	_____
7	36 Nate Bouter	Astral Drive	_____
8			_____

Heat 6 of 8 Prelims

1	690 Chaz Fraser	Leslie Thoma	_____
2	942 Will Dyck	Rocky Lake J	_____
3	422 Finn Fraser	Five Bridges	_____
4	865 Ryker Power	Oyster Pond	_____
5	786 Alex MacDougall	Madeline Sym	_____
6	498 Caelum McCarville	Gaetz Brook	_____
7	579 Zephyr Gonzalez	Graham Creig	_____
8			_____

Heat 7 of 8 Prelims

1	372 Patrick O'Keefe	Eastern Pass	_____
2	776 Olly Iwegbu	Madeline Sym	_____
3	406 Quinn Campbell	Five Bridges	_____
4	262 Connor Hammond	Brookside Ju	_____
5	81 Ben McNeil	Astral Drive	_____
6	879 Sun Choi	Ridgecliff M	_____
7	630 Riley Skeete	Harold T. Ba	_____
8			_____

Heat 8 of 8 Prelims

1	602 Logan Smith	Graham Creig	_____
2	273 Callum Quinn	Brookside Ju	_____
3	350 Noah Addie	Eastern Pass	_____
4	492 Jackson MacDougall	Gaetz Brook	_____
5	707 Grayson Wallage	Leslie Thoma	_____
6	430 Connor Hovey	Five Bridges	_____
7	523 Fionn Hamilton	Georges P. V	_____
8			_____

Event 27 Girls 200 Meter Dash Intermediate

**16 Advance: Top 1 Each Heat plus Next 10 Best Times
Tuesday 2023-05-16 - 10:00 AM**

SSNS: 25.66 2001 Leanne Huck
Ties: 25.50 1973 Celia Branch (hand)

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Seed Time</u>
-------------	-------------	---------------	------------------

Heat 1 of 6 Prelims

1	955 Breanna Kuehner	Rocky Lake J	_____
2	483 Ava Glover	Gaetz Brook	_____
3	183 Haley Wach	Auburn Drive	_____
4	86 Alicia Nedelcu	Astral Drive	_____
5	229 Sophie Quinn	Bay View Hig	_____
6	851 Maiya Svendsen	Millwood	_____
7	338 Riley Brightman-Kennedy	Cole Harbour	_____
8	709 Lujan Benoga	Lockview Hig	_____

Heat 2 of 6 Prelims

1	850 Devika Shaiju	Millwood	_____
2	116 Addy Watt	Astral Drive	_____
3	651 Bryce Lipton	Island View	_____
4	959 Anne Leahey	Rocky Lake J	_____
5	572 Kayla Forward	Graham Creig	_____
6	912 Nevaeh Stundon	Ridgecliff M	_____
7	345 Andrea Parrott	Cole Harbour	_____
8	484 Ella Glover	Gaetz Brook	_____

Heat 3 of 6 Prelims

1	576 Katelyn Garlick	Graham Creig	_____
2	1024 Zaila Benjamin	Sackville Hi	_____
3	663 Hannah McMullin	Island View	_____
4	802 Georgia Miller	Madeline Sym	_____
5	739 Claire Sanford	Lockview Hig	_____
6	299 Jasmine Giwa-Amu	Charles P. A	_____
7	481 Sienna Foley	Gaetz Brook	_____
8	109 Val Thorpe	Astral Drive	_____



**2023 SSNS Capital COUNTY District
Meet Program**

Heat 4 of 6 Prelims...(Event 27 Girls 200 Meter Dash Intermediate)

1	993 Hannah Tabula	Rocky Lake J	_____
2	559 Teeny Beals	Graham Creig	_____
3	509 Izzy Wade	Gaetz Brook	_____
4	113 Reese Vatour	Astral Drive	_____
5	845 Kathryn Maceachern	Millwood	_____
6	284 Damini Aqoyiga	Charles P. A	_____
7	219 Hannah McKinnon	Bay View Hig	_____
8			_____

Heat 5 of 6 Prelims

1	295 Grace Flemming	Charles P. A	_____
2	732 Maria Mihai	Lockview Hig	_____
3	1025 Milena Butler	Sackville Hi	_____
4	586 Josie Lawrence	Graham Creig	_____
5	146 Lauryn Hatfield	Auburn Drive	_____
6	883 Livia Currie	Ridgecliff M	_____
7	642 Lauren Everett	Island View	_____
8			_____

Heat 6 of 6 Prelims

1	638 Payton Deveau	Island View	_____
2	304 Breton Hayden	Charles P. A	_____
3	929 Lily Blondon	Rocky Lake J	_____
4	224 Ava Miller	Bay View Hig	_____
5	816 Simi Shodunke	Madeline Sym	_____
6	721 Charley Grant	Lockview Hig	_____
7	1046 Zoe Tthomander	Sackville Hi	_____
8			_____

Event 28 Boys 200 Meter Dash Intermediate

16 Advance: Top 1 Each Heat plus Next 9 Best Times

Tuesday 2023-05-16 - 10:00 AM

SSNS: 22.30 1998 Patrick Benjamin (hand)

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Seed Time</u>
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Heat 1 of 7 Prelims

1	293 Thomas Connell	Charles P. A	_____
2	956 Alfred Lai	Rocky Lake J	_____
3	804 Sebastian Muise	Madeline Sym	_____
4	496 Cole MacLeod	Gaetz Brook	_____
5	589 Jaxon Marsman	Graham Creig	_____
6	713 Liam Conlon	Lockview Hig	_____
7	105 Jackson Sparkes	Astral Drive	_____
8	340 Subomi Fagade	Cole Harbour	_____

Heat 2 of 7 Prelims

1	740 Connor Wootton	Lockview Hig	_____
2	474 Rylan Bent	Gaetz Brook	_____
3	775 Josh Horne	Madeline Sym	_____
4	419 Colin Foote	Five Bridges	_____
5	977 Nathan Mulholland	Rocky Lake J	_____
6	119 Zach Williams	Astral Drive	_____
7	129 Zander Caines	Auburn Drive	_____
8			_____

Heat 3 of 7 Prelims

1	156 Liam MacDonald	Auburn Drive	_____
2	106 Colby Steele	Astral Drive	_____
3	965 Owen MacGillivray	Rocky Lake J	_____
4	1020 Logan Adams	Sackville Hi	_____
5	301 Josh Green	Charles P. A	_____
6	667 Jacob Rhyno	Island View	_____
7	344 Barrett Munroe	Cole Harbour	_____
8			_____

Heat 4 of 7 Prelims

1	296 Liam Flemming	Charles P. A	_____
2	862 Matthew Mosher	Oyster Pond	_____
3	418 Tyson Foley	Five Bridges	_____
4	199 Mitchell Evans	Bay View Hig	_____
5	657 Matthew Mailman	Island View	_____
6	349 Denis Voloshin	Cole Harbour	_____
7	178 Sydney Stonehouse	Auburn Drive	_____
8			_____

Heat 5 of 7 Prelims

1	773 Griffin Hearn	Madeline Sym	_____
2	218 Dawson Macneil	Bay View Hig	_____
3	1043 Noah Skeete	Sackville Hi	_____
4	611 Zac Wheaten	Graham Creig	_____
5	185 Tomiwa Wale-Akinola	Auburn Drive	_____
6	441 Phinn McDonah	Five Bridges	_____
7	854 Matteo Aaboe	Oyster Pond	_____
8			_____

Heat 6 of 7 Prelims

1	577 Wyatt Gilgan	Graham Creig	_____
2	963 Jacoby MacDonald	Rocky Lake J	_____
3	1030 Izaak Hopper	Sackville Hi	_____
4	746 Noah Baldwin	Madeline Sym	_____
5	451 Owen Rhyno	Five Bridges	_____
6	231 Madden Ross	Bay View Hig	_____
7	475 Will Cole	Gaetz Brook	_____
8			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Heat 7 of 7 Prelims...(Event 28 Boys 200 Meter Dash Intermediate)

1	291 Tapi Chipudhla	Charles P. A	_____
2	482 Isaac Fry	Gaetz Brook	_____
3	230 Ayden Rondeau	Bay View Hig	_____
4	888 Brady Gibson	Ridgecliff M	_____
5	569 Ja'kye Downey	Graham Creig	_____
6	50 Evan Davis	Astral Drive	_____
7	720 Breton George	Lockview Hig	_____
8			_____

Event 29 Girls 200 Meter Dash Senior

**8 Advance: Top 1 Each Heat plus Next 5 Best Times
Tuesday 2023-05-16 - 10:00 AM**

SSNS: 24.84 2012 Jenn Meech

Lane Name School Seed Time

Heat 1 of 3 Prelims

1	322 Aine Oneil	Charles P. A	_____
2	719 Natalia Gdikian	Lockview Hig	_____
3	182 Paula Villegas	Auburn Drive	_____
4	659 Jorja Martell Maceachern	Island View	_____
5	202 Ambra Gentina	Bay View Hig	_____
6	342 Ava Johansson	Cole Harbour	_____
7			_____
8			_____

Heat 2 of 3 Prelims

1	714 Fiona Day	Lockview Hig	_____
2	835 Gaia De'sperati	Millwood	_____
3	221 Larissa Mesquita	Bay View Hig	_____
4	124 Brielle Boachi	Auburn Drive	_____
5	152 Rachel Kibble	Auburn Drive	_____
6	331 Reegan Wagg	Charles P. A	_____
7			_____
8			_____

Heat 3 of 3 Prelims

1	333 Katelyn Wilton	Charles P. A	_____
2	138 Ava Egamino	Auburn Drive	_____
3	844 Hailey Maceachern	Millwood	_____
4	305 Nina Hinkins	Charles P. A	_____
5	341 Georgia Goodrick	Cole Harbour	_____
6	204 Eduarda Gorgatti	Bay View Hig	_____
7	712 Paige Carruthers	Lockview Hig	_____
8			_____

Event 30 Boys 200 Meter Dash Senior

**8 Advance: Top 1 Each Heat plus Next 5 Best Times
Tuesday 2023-05-16 - 10:00 AM**

SSNS: 21.58 2015 Matthew Coolen

Lane Name School Seed Time

Heat 1 of 3 Prelims

1	186 Jake Wambolt	Auburn Drive	_____
2	298 Freddie Francis	Charles P. A	_____
3	1039 Xavier Patterson	Sackville Hi	_____
4	210 Jace LeBlanc	Bay View Hig	_____
5	169 Ayres Perry	Auburn Drive	_____
6	335 Jv Arguelles	Cole Harbour	_____
7	846 Jack Machray-Saulnier	Millwood	_____
8	222 Enos Mile	Bay View Hig	_____

Heat 2 of 3 Prelims

1	840 Cederic Heussinger	Millwood	_____
2	287 Jonah Bucci	Charles P. A	_____
3	337 Dekai Beals	Cole Harbour	_____
4	283 Vanrae Anderson	Charles P. A	_____
5	175 Nate Slawter	Auburn Drive	_____
6	211 Sam Lecker-Evans	Bay View Hig	_____
7	1048 Romeo Walhelel	Sackville Hi	_____
8			_____

Heat 3 of 3 Prelims

1	635 Yohan Dasilva	Island View	_____
2	1038 Collin Obana	Sackville Hi	_____
3	217 David MacLean	Bay View Hig	_____
4	1044 Landon Smith	Sackville Hi	_____
5	300 Brett Graves	Charles P. A	_____
6	336 Jay-Reise Baker	Cole Harbour	_____
7	160 Shomari Matthew	Auburn Drive	_____
8			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 31 Girls 800 Meter Run Junior

Tuesday 2023-05-16 - 11:45 AM

SSNS: 2:19.90 1977 Mary Jean Barrett (hand)

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	769 Zoey Goodfellow	Madeline Sym	_____
2	477 Audrey Cuthbert	Gaetz Brook	_____
3	354 Hazel Boyce	Eastern Pass	_____
4	472 Molly Bain	Gaetz Brook	_____
5	43 Alison Chambers	Astral Drive	_____
6	1000 Caitlyn Bennett	Sackville He	_____
7	614 Calleigh Doyle	Harold T. Ba	_____
8	514 Emma Bartlett	Georges P. V	_____
9	401 Ameila Alexander	Five Bridges	_____
10	751 Charli Bishop	Madeline Sym	_____
11	2 Brooke Anderson	A.J. Smeltze	_____
12	427 Olivia Hales-Ure	Five Bridges	_____
13	1005 Ella Edwards	Sackville He	_____
14	958 Heather Lawton	Rocky Lake J	_____
15	901 Madison Moors	Ridgecliff M	_____
16	1009 Abigail Hoddard	Sackville He	_____
17	946 Laura Hill	Rocky Lake J	_____
18	768 Anna Goldstein	Madeline Sym	_____
19			_____

Section 2 of 2 Finals

1	31 Charlotte Banfield	Astral Drive	_____
2	534 Ava Manley	Georges P. V	_____
3	497 Olivia Matheson	Gaetz Brook	_____
4	383 Genevieve Sherlock	Eastern Pass	_____
5	378 Payton Preeper	Eastern Pass	_____
6	620 Maggie MacRae	Harold T. Ba	_____
7	1062 Lydia Libis	Summit Acade	_____
8	967 Charlie MacLean	Rocky Lake J	_____
9	1001 Ava Bonnell	Sackville He	_____
10	805 Avery Nelson	Madeline Sym	_____
11	947 Sophia Hill	Rocky Lake J	_____
12	494 Lily MacLellan	Gaetz Brook	_____
13	27 Oliveah Walker	A.J. Smeltze	_____
14	895 Jezra Kilat	Ridgecliff M	_____
15	531 Josie Luedey	Georges P. V	_____
16	553 Charlotte Whitman	Georges P. V	_____
17	429 Rachel Houghton	Five Bridges	_____
18	625 Megan Osborne	Harold T. Ba	_____
19	460 Zhahwun Topping	Five Bridges	_____

Event 32 Boys 800 Meter Run Junior

Tuesday 2023-05-16 - 11:45 AM

SSNS: 2:04.93 2016-06-04 Camden Springer

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	525 Aidan Knowles	Georges P. V	_____
2	37 Clark Brine	Astral Drive	_____
3	493 Gavin MacKenzie	Gaetz Brook	_____
4	512 Nolan Baker	Georges P. V	_____
5	618 Nathan Laba	Harold T. Ba	_____
6	377 Thomas Pitman	Eastern Pass	_____
7	906 Luke Murphy	Ridgecliff M	_____
8	492 Jackson MacDougall	Gaetz Brook	_____
9	629 Owen Rhodenizer	Harold T. Ba	_____
10	931 Will Brown	Rocky Lake J	_____
11	693 Ronin Hardie	Leslie Thoma	_____
12	924 Evan Arruda	Rocky Lake J	_____
13	258 Reese Currie	Brookside Ju	_____
14	90 Kyle Oliver	Astral Drive	_____
15	761 Cole Cowper	Madeline Sym	_____
16	612 Noah Adamski	Harold T. Ba	_____
17	979 Dylan Nickerson	Rocky Lake J	_____
18	1004 Isiah Davidson	Sackville He	_____
19	84 Henry Muise	Astral Drive	_____
20	515 Max Brien	Georges P. V	_____
21	353 Caleb Berkman	Eastern Pass	_____
22			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Section 2 of 2 Finals...(Event 32 Boys 800 Meter Run Junior)

1	51 Tim DeLong	Astral Drive	_____
2	275 Finlay Secord	Brookside Ju	_____
3	405 Sam Bragg	Five Bridges	_____
4	1019 Carter Williams	Sackville He	_____
5	628 Kaeden Reid	Harold T. Ba	_____
6	250 Ryan Quigley	Bedford Acad	_____
7	369 Gavin Mills	Eastern Pass	_____
8	274 Desmond Secord	Brookside Ju	_____
9	257 Max Conrad	Brookside Ju	_____
10	801 Jacob McNair	Madeline Sym	_____
11	350 Noah Addie	Eastern Pass	_____
12	941 Liam Doucet	Rocky Lake J	_____
13	423 Quinn Fraser	Five Bridges	_____
14	518 Jack Doyle	Georges P. V	_____
15	21 Carter Pitcher Murphy	A.J. Smeltze	_____
16	1012 Elijah Murphy	Sackville He	_____
17	251 Jack Steeneveld	Bedford Acad	_____
18	428 Will Higginson	Five Bridges	_____
19	498 Caelum McCarville	Gaetz Brook	_____
20	16 Andrew Kaulback	A.J. Smeltze	_____
21	1014 Cole Rhynold	Sackville He	_____
22	797 Ryan Matthews	Madeline Sym	_____

Event 33 Girls 800 Meter Run Intermediate

Tuesday 2023-05-16 - 11:45 AM
 SSNS: 2:12.60 1977 **Louise Palmer (hand)**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	191 Maya Al-Kishawi	Bay View Hig	_____
2	416 Molly Evers	Five Bridges	_____
3	883 Livia Currie	Ridgecliff M	_____
4	74 Kayla MacLeod	Astral Drive	_____
5	938 Winter Dent	Rocky Lake J	_____
6	643 Kayla Fougere	Island View	_____
7	85 Lydia Muise	Astral Drive	_____
8	711 Anna Carruthers	Lockview Hig	_____
9	677 Gabrielle Whittle	Island View	_____
10	1041 Ashlyn Rooks	Sackville Hi	_____
11	729 Morgan Lewis	Lockview Hig	_____
12	803 Ruth Millward	Madeline Sym	_____
13	154 Clairia Kilpatrick	Auburn Drive	_____
14	505 Aerianna Sanderson	Gaetz Brook	_____
15	957 Emma Lawton	Rocky Lake J	_____
16			_____

Section 2 of 2 Finals

1	781 Brooke Keating	Madeline Sym	_____
2	733 Danielle Moore	Lockview Hig	_____
3	717 Rebecca Fraser	Lockview Hig	_____
4	645 Emma Gage	Island View	_____
5	118 Lola Welcher	Astral Drive	_____
6	409 Layla Cowie	Five Bridges	_____
7	224 Ava Miller	Bay View Hig	_____
8	1027 Bianca Desjardins	Sackville Hi	_____
9	44 Alena Collens	Astral Drive	_____
10	934 Anna Chisholm	Rocky Lake J	_____
11	828 Loren Browne	Millwood	_____
12	951 Anna Jo	Rocky Lake J	_____
13	873 Grace Berrigan	Ridgecliff M	_____
14	183 Haley Wach	Auburn Drive	_____
15	330 Evelyn Tobin	Charles P. A	_____
16			_____

Event 34 Boys 800 Meter Run Intermediate

Tuesday 2023-05-16 - 11:45 AM
 SSNS: 1:58.21 2015 **Hudson Grimshaw-Surette**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	153 Raito Kikui	Auburn Drive	_____
2	779 Marc Johnson	Madeline Sym	_____
3	988 Tristen Singh	Rocky Lake J	_____
4	306 Thomas Holder	Charles P. A	_____
5	724 Ewan Hawley	Lockview Hig	_____
6	1031 Joseph Ivany	Sackville Hi	_____
7	197 Jake Chapman	Bay View Hig	_____
8	900 Jonah MacDonald	Ridgecliff M	_____
9	209 Iwata Koswei	Bay View Hig	_____
10	465 Brenton Wilnoff	Five Bridges	_____
11	589 Jaxon Marsman	Graham Creig	_____
12	413 Lex Doucette	Five Bridges	_____
13	95 Alex Rose	Astral Drive	_____
14			_____
15			_____
16			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Section 2 of 2 Finals...(Event 34 Boys 800 Meter Run Intermediate)

1	1040 Carson Roderick	Sackville Hi	_____
2	795 Kingston Manning	Madeline Sym	_____
3	310 Tucker Johnson	Charles P. A	_____
4	577 Wyatt Gilgan	Graham Creig	_____
5	1026 Owen Debique	Sackville Hi	_____
6	992 James Swarbrigg	Rocky Lake J	_____
7	731 Nic Matteau	Lockview Hig	_____
8	309 William Jennings	Charles P. A	_____
9	930 Dylan Boyce	Rocky Lake J	_____
10	419 Colin Foote	Five Bridges	_____
11	226 Josh Morrison	Bay View Hig	_____
12	88 Owen Odonnell	Astral Drive	_____
13	969 Mikhail Macpherson-Cro	Rocky Lake J	_____
14			_____
15			_____
16			_____

Event 35 Girls 800 Meter Run Senior

Tuesday 2023-05-16 - 11:45 AM

SSNS: 2:11.58 2019 **Maggie Smith**

Lane	Name	School	Seed Time
------	------	--------	-----------

Section 1 of 1 Finals

1	712 Paige Carruthers	Lockview Hig	_____
2	313 Bri Lawton	Charles P. A	_____
3	131 Sophie Carmichael	Auburn Drive	_____
4	282 Ellie Allen	Charles P. A	_____
5	168 Myah Payne Landon	Auburn Drive	_____
6	319 Poppy Moon	Charles P. A	_____
7	653 Brooke Maccurdy	Island View	_____
8	728 Abby Lewis	Lockview Hig	_____
9	399 Anne-Sophie Le Rudulier	Ecole du Som	_____
10	170 Breanne Phee	Auburn Drive	_____
11	316 Makena MacDonald	Charles P. A	_____
12	639 Abby Drozdowski	Island View	_____
13	152 Rachel Kibble	Auburn Drive	_____
14	674 Sakina Vigil	Island View	_____
15			_____
16			_____
17			_____

Event 36 Boys 800 Meter Run Senior

Tuesday 2023-05-16 - 11:45 AM

SSNS: 1:54.47 2005 **Jake Gallagher**

Lane	Name	School	Seed Time
------	------	--------	-----------

Section 1 of 1 Finals

1	737 Cameron Reid	Lockview Hig	_____
2	325 Alex Quinton	Charles P. A	_____
3	214 Aidan MacDonald	Bay View Hig	_____
4	339 Tristan Courtney	Cole Harbour	_____
5	159 Ryan Manson	Auburn Drive	_____
6	314 Mathew Lawton	Charles P. A	_____
7	184 Morgan Wach	Auburn Drive	_____
8	1048 Romeo Walhelel	Sackville Hi	_____
9	852 Domenico Villalobos Loz	Millwood	_____
10	1049 Xavier Welcher	Sackville Hi	_____
11	637 Oliver Dawood	Island View	_____
12	315 Kysac MacDonald	Charles P. A	_____
13	288 Jude Cameron	Charles P. A	_____
14	144 Keith Griffin	Auburn Drive	_____
15	164 Dylan McMullen	Auburn Drive	_____
16	840 Cederic Heussinger	Millwood	_____
17	192 Gian Baillie Abidi	Bay View Hig	_____

Event 37 Girls 4x100 Meter Relay Junior

Tuesday 2023-05-16 - 1:15 PM

SSNS: 52.50 2014 **Riverside Education Center**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Section 1 of 2 Finals

1	Oyster Pond	A	_____
2	Sackville He	A	_____
3	Brookside Ju	A	_____
4	Ridgecliff M	A	_____
5	Five Bridges	A	_____
6	Rocky Lake J	A	_____
7	Georges P. V	A	_____
8	Harold T. Ba	A	_____

Section 2 of 2 Finals

1	Graham Creig	A	_____
2	A.J. Smeltze	A	_____
3	Eastern Pass	A	_____
4	Gaetz Brook	A	_____
5	Summit Acade	A	_____
6	Astral Drive	A	_____
7	Madeline Sym	A	_____
8	Leslie Thoma	A	_____



2023 SSNS Capital COUNTY District
Meet Program

Event 38 Boys 4x100 Meter Relay Junior

Tuesday 2023-05-16 - 1:15 PM

SSNS: 48.40 1990 Astral Drive (hand)

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	Rocky Lake J	A	_____
2	Georges P. V	A	_____
3	Eastern Pass	A	_____
4	Five Bridges	A	_____
5	Madeline Sym	A	_____
6	Leslie Thoma	A	_____
7	Ridgecliff M	A	_____
8	Sackville He	A	_____
Section 2 of 2 Finals			
1	Summit Acade	A	_____
2	Harold T. Ba	A	_____
3	Astral Drive	A	_____
4	A.J. Smeltze	A	_____
5	Graham Creig	A	_____
6	Gaetz Brook	A	_____
7	Brookside Ju	A	_____
8	Oyster Pond	A	_____

Event 39 Girls 4x100 Meter Relay Intermediate

Tuesday 2023-05-16 - 1:15 PM

SSNS: 51.34 2019-06-01 Lockview High School

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	Ridgecliff M	A	_____
2	Charles P. A	A	_____
3	Gaetz Brook	A	_____
4	Lockview Hig	A	_____
5	Madeline Sym	A	_____
6	Millwood	A	_____
7	Graham Creig	A	_____
8			_____
Section 2 of 2 Finals			
1	Astral Drive	A	_____
2	Rocky Lake J	A	_____
3	Island View	A	_____
4	Auburn Drive	A	_____
5	Five Bridges	A	_____
6	Bay View Hig	A	_____
7	Brookside Ju	A	_____
8			_____

Event 40 Boys 4x100 Meter Relay Intermediate

Tuesday 2023-05-16 - 1:15 PM

SSNS: 45.50 1976 Sackville High (hand)

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	Madeline Sym	A	_____
2	Lockview Hig	A	_____
3	Rocky Lake J	A	_____
4	Graham Creig	A	_____
5	Sackville Hi	A	_____
6	Ridgecliff M	A	_____
7	Auburn Drive	A	_____
8			_____
Section 2 of 2 Finals			
1			_____
2	Bay View Hig	A	_____
3	Astral Drive	A	_____
4	Charles P. A	A	_____
5	Island View	A	_____
6	Gaetz Brook	A	_____
7	Five Bridges	A	_____
8			_____

Event 41 Girls 4x100 Meter Relay Senior

Tuesday 2023-05-16 - 1:15 PM

SSNS: 50.32 2004 Cec

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Eastern Shor	A	_____
2	Charles P. A	A	_____
3	Auburn Drive	A	_____
4	Lockview Hig	A	_____
5	Bay View Hig	A	_____
6	Sackville Hi	A	_____
7			_____
8			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 42 Boys 4x100 Meter Relay Senior

Tuesday 2023-05-16 - 1:15 PM

SSNS: 43.26 2014 Ccc

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Bay View Hig	A	_____
2	Sackville Hi	A	_____
3	Auburn Drive	A	_____
4	Millwood	A	_____
5	Charles P. A	A	_____
6			_____
7			_____
8			_____

Event 43 Girls 3000 Meter Run Junior

Tuesday 2023-05-16 - 3:00 PM

SSNS: 10:18.76 2011 Rachel Crawley

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	431 Elora James	Five Bridges	_____
2	12 Eden Hebert-Moore	A.J. Smeltze	_____
3	28 Aleah Ward	A.J. Smeltze	_____
4	813 Kate Rogers	Madeline Sym	_____
5	472 Molly Bain	Gaetz Brook	_____
6	1064 Adie White	Summit Acade	_____
7	383 Genevieve Sherlock	Eastern Pass	_____
8	805 Avery Nelson	Madeline Sym	_____
9	541 Avah Nicholson	Georges P. V	_____
10	264 Mary-Anne Hudson	Brookside Ju	_____
11	514 Emma Bartlett	Georges P. V	_____
12	970 Maanya Manju	Rocky Lake J	_____
13	477 Audrey Cuthbert	Gaetz Brook	_____
14	1054 Lucy Corning	Summit Acade	_____
15	2 Brooke Anderson	A.J. Smeltze	_____
16	77 Breagh Matheson	Astral Drive	_____
17	378 Payton Preeper	Eastern Pass	_____
18	1006 Raya Evong	Sackville He	_____
19	535 Claire McKim	Georges P. V	_____
20	964 Maeve MacDonald	Rocky Lake J	_____
21	370 Charleigh Mohler	Eastern Pass	_____
22	554 Kate Whitman	Georges P. V	_____
23	946 Laura Hill	Rocky Lake J	_____
24	683 Natalie Ayer	Leslie Thoma	_____
25	27 Oliveah Walker	A.J. Smeltze	_____
26	497 Olivia Matheson	Gaetz Brook	_____
27	958 Heather Lawton	Rocky Lake J	_____
28	758 Cailyn Campbell	Madeline Sym	_____
29	1001 Ava Bonnell	Sackville He	_____
30			_____
31			_____
32			_____
33			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 44 Boys 3000 Meter Run Junior

Tuesday 2023-05-16 - 3:00 PM

SSNS: 9:15.14 2011

Tobias Wolter

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	53 Eric Easton	Astral Drive	_____
2	703 Landis Payne	Leslie Thoma	_____
3	51 Tim Delong	Astral Drive	_____
4	258 Reese Currie	Brookside Ju	_____
5	532 Cormac MacDonald	Georges P. V	_____
6	515 Max Brien	Georges P. V	_____
7	75 Breton Macphee	Astral Drive	_____
8	585 Noah Johnson	Graham Creig	_____
9	919 Noah Windover	Ridgecliff M	_____
10	941 Liam Doucet	Rocky Lake J	_____
11	782 Xavier Lamorre	Madeline Sym	_____
12	271 Trent Pettipas	Brookside Ju	_____
13	1003 Grayson Croft	Sackville He	_____
14	705 Matthew Roy	Leslie Thoma	_____
15	518 Jack Doyle	Georges P. V	_____
16	428 Will Higginson	Five Bridges	_____
17	533 Charlie Mackeen	Georges P. V	_____
18	999 Evan Balcom	Sackville He	_____
19	954 Charlie Knight	Rocky Lake J	_____
20	357 Caiden Crawford	Eastern Pass	_____
21	257 Max Conrad	Brookside Ju	_____
22	7 Seth Carroll	A.J. Smeltze	_____
23	84 Henry Muise	Astral Drive	_____
24	1004 Isiah Davidson	Sackville He	_____
25	865 Ryker Power	Oyster Pond	_____
26	818 Caden Slaunwhite	Madeline Sym	_____
27	1013 Drew Osmond	Sackville He	_____
28	373 André Omweno	Eastern Pass	_____
29	628 Kaeden Reid	Harold T. Ba	_____
30	904 Oliver Morrison	Ridgecliff M	_____
31	629 Owen Rhodenizer	Harold T. Ba	_____
32	931 Will Brown	Rocky Lake J	_____
33	377 Thomas Pitman	Eastern Pass	_____
34	23 Rayez Sampson	A.J. Smeltze	_____
35	24 Ram Shishir Dandu	A.J. Smeltze	_____
36	876 Ashley Boran	Ridgecliff M	_____
37	353 Caleb Berkman	Eastern Pass	_____
38	405 Sam Bragg	Five Bridges	_____
39	276 Carson Smith	Brookside Ju	_____
40	17 Daytona McCarthy	A.J. Smeltze	_____
41			_____
42			_____

Event 45 Girls 3000 Meter Run Intermediate

Tuesday 2023-05-16 - 3:00 PM

SSNS: 9:44.38 2022-06-04

Abby Lewis

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	330 Evelyn Tobin	Charles P. A	_____
2	934 Anna Chisholm	Rocky Lake J	_____
3	729 Morgan Lewis	Lockview Hig	_____
4	312 Jenna Lamontangne	Charles P. A	_____
5	154 Clair Kilpatrick	Auburn Drive	_____
6	44 Alena Collens	Astral Drive	_____
7	416 Molly Evers	Five Bridges	_____
8	957 Emma Lawton	Rocky Lake J	_____
9	228 Amani Oystreck	Bay View Hig	_____
10	236 Alice Tinker	Bay View Hig	_____
11	725 Emeline Hubert	Lockview Hig	_____
12	723 Cicely Harnum	Lockview Hig	_____
13	711 Anna Carruthers	Lockview Hig	_____
14	108 Ava Stevenson	Astral Drive	_____
15	103 Emily Singleton	Astral Drive	_____
16	302 Kennedy Griffin	Charles P. A	_____
17	403 Clara Bieger	Five Bridges	_____
18	191 Maya Al-Kishawi	Bay View Hig	_____
19	951 Anna Jo	Rocky Lake J	_____
20			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 46 Boys 3000 Meter Run Intermediate

Tuesday 2023-05-16 - 3:00 PM

SSNS: 8:50.61 2015 Andrew Peverill

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	413 Lex Doucette	Five Bridges	_____
2	1031 Joseph Ivany	Sackville Hi	_____
3	306 Thomas Holder	Charles P. A	_____
4	992 James Swarbrigg	Rocky Lake J	_____
5	95 Alex Rose	Astral Drive	_____
6	988 Tristen Singh	Rocky Lake J	_____
7	898 Caleb MacDonald	Ridgecliff M	_____
8	821 Logan Taylar	Madeline Sym	_____
9	899 Ewan MacDonald	Ridgecliff M	_____
10	309 William Jennings	Charles P. A	_____
11	209 Iwata Koswei	Bay View Hig	_____
12	872 Josh Bennett	Ridgecliff M	_____
13	921 Lucas Abou-Dib	Rocky Lake J	_____
14	1042 Gordon Rooks	Sackville Hi	_____
15	239 Nolan Young	Bay View Hig	_____
16	779 Marc Johnson	Madeline Sym	_____
17	52 Blake Easton	Astral Drive	_____
18	197 Jake Chapman	Bay View Hig	_____
19	814 Jonah Rowston	Madeline Sym	_____
20	969 Mikhail Macpherson-Cro	Rocky Lake J	_____
21	310 Tucker Johnson	Charles P. A	_____
22	871 Jack Bennett	Ridgecliff M	_____
23	857 Andrew Colbourne	Oyster Pond	_____
24	395 Bo Lowry	Eastern Shor	_____
25	827 Kerem Yalcin	Madeline Sym	_____
26	106 Colby Steele	Astral Drive	_____
27			_____
28			_____

Event 47 Girls 3000 Meter Run Senior

Tuesday 2023-05-16 - 3:00 PM

SSNS: 9:26.12 2019-06-01 Maggie Smith

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	319 Poppy Moon	Charles P. A	_____
2	286 Kate Beazley	Charles P. A	_____
3	399 Anne-Sophie Le Rudulier	Ecole du Som	_____
4	313 Bri Lawton	Charles P. A	_____
5	282 Ellie Allen	Charles P. A	_____
6	728 Abby Lewis	Lockview Hig	_____
7	196 Claire Casey	Bay View Hig	_____
8			_____
9			_____
10			_____
11			_____
12			_____
13			_____
14			_____

Event 48 Boys 3000 Meter Run Senior

Tuesday 2023-05-16 - 3:00 PM

SSNS: 8:40.76 2017-06-03 Andrew Peverill

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	184 Morgan Wach	Auburn Drive	_____
2	325 Alex Quinton	Charles P. A	_____
3	852 Domenico Villalobos Loz	Millwood	_____
4	737 Cameron Reid	Lockview Hig	_____
5	631 Chris Beach	Island View	_____
6	1049 Xavier Welcher	Sackville Hi	_____
7	206 Noah Gray	Bay View Hig	_____
8	193 Jack Boutilier	Bay View Hig	_____
9	324 Kai Palov	Charles P. A	_____
10	847 Ryan Miller	Millwood	_____
11	634 Michael Cyr	Island View	_____
12	339 Tristan Courtney	Cole Harbour	_____
13	315 Kysac MacDonald	Charles P. A	_____
14	314 Mathew Lawton	Charles P. A	_____
15	393 Pierre Doucet	Eastern Shor	_____
16	842 Owen Jones	Millwood	_____
17	391 Riley Cuthbert	Eastern Shor	_____
18	220 Zachary Melanson	Bay View Hig	_____
19	637 Oliver Dawood	Island View	_____
20	164 Dylan McMullen	Auburn Drive	_____
21			_____
22			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 49 Girls 4x400 Meter Relay Junior

Tuesday 2023-05-16 - 5:00 PM

SSNS: 4:17.83 2017-06-03 St. Andrew Junior School

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Madeline Sym	A	_____
2	Georges P. V	A	_____
3	Sackville He	A	_____
4	Five Bridges	A	_____
5	Gaetz Brook	A	_____
6	Rocky Lake J	A	_____
7	Astral Drive	A	_____
8	Eastern Pass	A	_____
9	Summit Acade	A	_____
10	Brookside Ju	A	_____
11			_____
12			_____
13			_____
14			_____
15			_____
16			_____
17			_____

Event 50 Boys 4x400 Meter Relay Junior

Tuesday 2023-05-16 - 5:00 PM

SSNS: 3:48.10 2013 Halifax Central Junior

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Eastern Pass	A	_____
2	Sackville He	A	_____
3	Five Bridges	A	_____
4	Astral Drive	A	_____
5	Brookside Ju	A	_____
6	Georges P. V	A	_____
7	Rocky Lake J	A	_____
8	Harold T. Ba	A	_____
9			_____
10			_____
11			_____
12			_____
13			_____
14			_____
15			_____
16			_____
17			_____

Event 51 Girls 4x400 Meter Relay Intermediate

Tuesday 2023-05-16 - 5:00 PM

SSNS: 4:07.64 2007 Halifax Grammar

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Auburn Drive	A	_____
2	Rocky Lake J	A	_____
3	Charles P. A	A	_____
4	Bay View Hig	A	_____
5	Gaetz Brook	A	_____
6	Island View	A	_____
7	Astral Drive	A	_____
8	Lockview Hig	A	_____
9	Graham Creig	A	_____
10	Madeline Sym	A	_____
11			_____
12			_____
13			_____
14			_____
15			_____
16			_____
17			_____

Event 52 Boys 4x400 Meter Relay Intermediate

Tuesday 2023-05-16 - 5:00 PM

SSNS: 3:35.40 1984 Prince Andrew (hand)

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Astral Drive	A	_____
2	Lockview Hig	A	_____
3	Sackville Hi	A	_____
4	Bay View Hig	A	_____
5	Charles P. A	A	_____
6	Rocky Lake J	A	_____
7	Madeline Sym	A	_____
8	Graham Creig	A	_____
9			_____
10			_____
11			_____
12			_____
13			_____
14			_____
15			_____
16			_____
17			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 53 Girls 4x400 Meter Relay Senior

Tuesday 2023-05-16 - 5:00 PM

SSNS: 4:01.53 2009 Park View

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Auburn Drive	A	_____
2	Island View	A	_____
3	Lockview Hig	A	_____
4	Charles P. A	A	_____
5			_____
6			_____
7			_____
8			_____

Event 54 Boys 4x400 Meter Relay Senior

Tuesday 2023-05-16 - 5:00 PM

SSNS: 3:26.09 2014 Cec

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Lockview Hig	A	_____
2	Millwood	A	_____
3	Eastern Shor	A	_____
4	Charles P. A	A	_____
5	Bay View Hig	A	_____
6	Sackville Hi	A	_____
7	Auburn Drive	A	_____
8			_____

Event 55 Girls Long Jump Junior

Tuesday 2023-05-16 - 12:30 PM

SSNS: 4.99m 2019-06-01 Mya Archibald

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	526 Amalia Kolic	Georges P. V	_____
2	777 Lily Jodrey	Madeline Sym	_____
3	540 Taylor Nichols	Georges P. V	_____
4	263 Alyssa Henwood	Brookside Ju	_____
5	557 Kensi Wootton	Georges P. V	_____
6	564 Arianna Bundy	Graham Creig	_____
7	12 Eden Hebert-Moore	A.J. Smeltze	_____
8	998 Charlotte Adams	Sackville He	_____
9	447 Iyla Oystreck	Five Bridges	_____
10	592 Presaius Obrien	Graham Creig	_____
11	506 Emily Sinclair-White	Gaetz Brook	_____
12	860 Jordyn Macinnis	Oyster Pond	_____
13	946 Laura Hill	Rocky Lake J	_____
14	1064 Adie White	Summit Acad	_____
15	248 Abigail Moser	Bedford Acad	_____
16	264 Mary-Anne Hudson	Brookside Ju	_____
17	861 Kadence Marsh	Oyster Pond	_____
18	1000 Caitlyn Bennett	Sackville He	_____
19	13 Ella Hill	A.J. Smeltze	_____
20	859 Rory Jennex	Oyster Pond	_____
21	502 Tabitha Quick	Gaetz Brook	_____
22	689 Ella Dodier	Leslie Thoma	_____
23	355 Brooklyn Branton-Herrett	Eastern Pass	_____
24	683 Natalie Ayer	Leslie Thoma	_____
25	765 Heidi Duggan	Madeline Sym	_____
26	40 Norah Campbell	Astral Drive	_____
27	752 Avery Bootland	Madeline Sym	_____
28	696 Emma Jordan	Leslie Thoma	_____
29	374 Amelia Osada	Eastern Pass	_____
30	692 Raya Gulbrandson	Leslie Thoma	_____
31	450 Sydney Power	Five Bridges	_____
32	855 Peyton Archibald	Oyster Pond	_____
33	621 Brooklyn Marriott	Harold T. Ba	_____
34	107 Isabelle Steele	Astral Drive	_____
35	254 Taylor Ballem	Brookside Ju	_____
36	14 Pepper Hyslop	A.J. Smeltze	_____
37	798 Kennedy May	Madeline Sym	_____
38	937 Maili Dent	Rocky Lake J	_____
39	470 Sophie Acosta	Gaetz Brook	_____
40	241 Emily Hirtle	Bedford Acad	_____
41	620 Maggie MacRae	Harold T. Ba	_____
42	368 Layla McLagan	Eastern Pass	_____
43	1008 Grace Henry	Sackville He	_____
44	985 Lilian Randes	Rocky Lake J	_____
45	242 Grace Killoran	Bedford Acad	_____
46	625 Megan Osborne	Harold T. Ba	_____



**2023 SSNS Capital COUNTY District
Meet Program**

Flight 1 of 1 Finals

47	260 Abigail Gaudet	Brookside Ju	_____
48	971 Sofia Martelli-Madina	Rocky Lake J	_____
49	375 Mylah Pastuck	Eastern Pass	_____
50	244 Sophie Lizotte	Bedford Acad	_____
51	1015 Brynn Ross	Sackville He	_____
52	455 Rosalyn Steward	Five Bridges	_____
53	27 Oliveah Walker	A.J. Smeltze	_____
54	65 Hazel Leal	Astral Drive	_____
55	454 Amelya Seymour	Five Bridges	_____
56	115 Lucy Warren	Astral Drive	_____
57	627 Hiltz Ramona	Harold T. Ba	_____
58	513 Kate Barrett	Georges P. V	_____
59			_____
60			_____

Event 56 Boys Long Jump Junior

Monday 2023-05-15 - 12:30 PM

SSNS: 5.79m 2012

David MacDonald

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	585 Noah Johnson	Graham Creig		_____
2	864 Devin Parker	Oyster Pond		_____
3	51 Tim Delong	Astral Drive		_____
4	613 Luke Bowden	Harold T. Ba		_____
5	387 Lothar Trzebiatowski	Eastern Pass		_____
6	952 Justyce Johnson	Rocky Lake J		_____
7	863 Jayden Nickerson	Oyster Pond		_____
8	755 Edward Bowman	Madeline Sym		_____
9	973 Prem Mistry	Rocky Lake J		_____
10	942 Will Dyck	Rocky Lake J		_____
11	411 Esmond Davis	Five Bridges		_____
12	15 Sheppard Hyslop	A.J. Smeltze		_____
13	261 Lincoln Gillis	Brookside Ju		_____
14	1002 Owen Carpenter	Sackville He		_____
15	579 Zephyr Gonzalez	Graham Creig		_____
16	372 Patrick O'Keefe	Eastern Pass		_____
17	1017 Lucas Vaughan	Sackville He		_____
18	268 Jasper McMahan	Brookside Ju		_____
19	30 Pierce Anderson	Astral Drive		_____
20	920 Jakii Wright	Ridgecliff M		_____
21	1016 Aiden Vaughan	Sackville He		_____
22	630 Riley Skeete	Harold T. Ba		_____
23	693 Ronin Hardie	Leslie Thoma		_____
24	865 Ryker Power	Oyster Pond		_____
25	352 Aidan Barteau	Eastern Pass		_____
26	479 Lucas Feltmate	Gaetz Brook		_____
27	624 Ini Ogunlaiye	Harold T. Ba		_____
28	91 Colby O'Shaughnessy	Astral Drive		_____
29	691 Cole Graves	Leslie Thoma		_____
30	974 Emmet Mont	Rocky Lake J		_____
31	555 Trenton Wile	Georges P. V		_____
32	703 Landis Payne	Leslie Thoma		_____
33	406 Quinn Campbell	Five Bridges		_____
34	868 Jack Valentine	Oyster Pond		_____
35	439 Remmy Marriott	Five Bridges		_____
36	599 Zach Saber	Graham Creig		_____
37	745 Ethan Aucoin	Madeline Sym		_____
38	894 Naeem Kelly	Ridgecliff M		_____
39	618 Nathan Laba	Harold T. Ba		_____
40	262 Connor Hammond	Brookside Ju		_____
41	37 Clark Brine	Astral Drive		_____
42	487 Bentley Jenkinson	Gaetz Brook		_____
43	1012 Elijah Murphy	Sackville He		_____
44	499 Jack Miller	Gaetz Brook		_____
45	543 Chase O'Neil	Georges P. V		_____
46	889 Ricky Goncalves	Ridgecliff M		_____



**2023 SSNS Capital COUNTY District
Meet Program**

Flight 1 of 1 Finals

47	532 Cormac MacDonald	Georges P. V	_____
48	273 Callum Quinn	Brookside Ju	_____
49	423 Quinn Fraser	Five Bridges	_____
50	536 Liam McLean	Georges P. V	_____
51	252 Alex Vallis	Bedford Acad	_____
52	488 Jude Johnson-Osborne	Gaetz Brook	_____
53	376 Olivier Pineault-Gilbert	Eastern Pass	_____
54	704 Sunny Riendeau	Leslie Thoma	_____
55			_____
56			_____

Event 57 Girls Long Jump Intermediate

Tuesday 2023-05-16 - 10:00 AM

SSNS: 5.32m 1973 Cecilia Branch

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	816 Simi Shodunke	Madeline Sym	_____
2	473 Ava Bellefontaine	Gaetz Brook	_____
3	891 Chloe Hudgins	Ridgecliff M	_____
4	669 Reeghan Robichaud	Island View	_____
5	845 Kathryn Maceachern	Millwood	_____
6	277 Maggie Smith	Brookside Ju	_____
7	484 Ella Glover	Gaetz Brook	_____
8	883 Livia Currie	Ridgecliff M	_____
9	968 Racheal MacPhail	Rocky Lake J	_____
10	438 Millie Madden	Five Bridges	_____
11	142 Ailish Fowler	Auburn Drive	_____
12	793 Paige Macphee	Madeline Sym	_____
13	738 Ines Roquet	Lockview Hig	_____
14	284 Damini Aqoyiga	Charles P. A	_____
15	404 Kara Boehm	Five Bridges	_____
16	940 Tess Dopp	Rocky Lake J	_____
17	113 Reese Vatour	Astral Drive	_____
18	234 Sophia Stuckless	Bay View Hig	_____
19	483 Ava Glover	Gaetz Brook	_____
20	120 Riley Auby	Auburn Drive	_____
21	330 Evelyn Tobin	Charles P. A	_____
22	784 Sophia Macaulay	Madeline Sym	_____
23	850 Devika Shaiju	Millwood	_____
24	598 Natalie Sabeau	Graham Creig	_____
25	633 Anika Bourque	Island View	_____
26	663 Hannah McMullin	Island View	_____
27	1024 Zaila Benjamin	Sackville Hi	_____
28	709 Lujan Benoga	Lockview Hig	_____
29	114 Alice Warren	Astral Drive	_____
30	638 Payton Deveau	Island View	_____
31	435 Mathilde Lightwood	Five Bridges	_____
32	163 Marley McLellan	Auburn Drive	_____
33	955 Breanna Kuehner	Rocky Lake J	_____
34	505 Aerianna Sanderson	Gaetz Brook	_____
35	137 Sam Eady	Auburn Drive	_____
36	802 Georgia Miller	Madeline Sym	_____
37	903 Kate Morgan-Macfadyen	Ridgecliff M	_____
38	851 Maiya Svendsen	Millwood	_____
39	915 Maddie Titus	Ridgecliff M	_____
40	732 Maria Mihai	Lockview Hig	_____
41	83 Addie Miller	Astral Drive	_____
42	572 Kayla Forward	Graham Creig	_____
43	990 Brooke Sumarah	Rocky Lake J	_____
44	299 Jasmine Giwa-Amu	Charles P. A	_____
45	586 Josie Lawrence	Graham Creig	_____
46	68 Vienna Lilly	Astral Drive	_____



**2023 SSNS Capital COUNTY District
Meet Program**

Flight 1 of 1 Finals

47 717 Rebecca Fraser
48 402 Rohan Alexander
49
50

Lockview Hig
Five Bridges

Event 58 Boys Long Jump Intermediate

Monday 2023-05-15 - 10:00 AM

SSNS: 6.44m 1997 David Paxton

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	830 Samuel Carpenter	Millwood		_____
2	112 Rhys Uhlman	Astral Drive		_____
3	907 Francis Palma	Ridgecliff M		_____
4	854 Matteo Aaboe	Oyster Pond		_____
5	418 Tyson Foley	Five Bridges		_____
6	753 Finn Bootland	Madeline Sym		_____
7	736 Tucker Potter	Lockview Hig		_____
8	139 Martino Elias	Auburn Drive		_____
9	178 Sydney Stonehouse	Auburn Drive		_____
10	1034 Will Marsh	Sackville Hi		_____
11	318 Keegan May	Charles P. A		_____
12	672 Zach Trempe	Island View		_____
13	467 Felix Wirkus	Five Bridges		_____
14	724 Ewan Hawley	Lockview Hig		_____
15	432 Donovan Jay	Five Bridges		_____
16	862 Matthew Mosher	Oyster Pond		_____
17	795 Kingston Manning	Madeline Sym		_____
18	779 Marc Johnson	Madeline Sym		_____
19	577 Wyatt Gilgan	Graham Creig		_____
20	223 Leo Mile	Bay View Hig		_____
21	565 Jack Butler	Graham Creig		_____
22	890 Peyton Hansford	Ridgecliff M		_____
23	451 Owen Rhyno	Five Bridges		_____
24	978 Jack Ni	Rocky Lake J		_____
25	475 Will Cole	Gaetz Brook		_____
26	153 Raito Kikui	Auburn Drive		_____
27	476 Isaish Cox	Gaetz Brook		_____
28	977 Nathan Mulholland	Rocky Lake J		_____
29	657 Matthew Mailman	Island View		_____
30	119 Zach Williams	Astral Drive		_____
31	340 Subomi Fagade	Cole Harbour		_____
32	50 Evan Davis	Astral Drive		_____
33	857 Andrew Colbourne	Oyster Pond		_____
34	218 Dawson Macneil	Bay View Hig		_____
35	290 Kevin Chen	Charles P. A		_____
36	243 Dobrynia Kiselev	Bedford Acad		_____
37	136 Noah Dumouchelle	Auburn Drive		_____
38	88 Owen Odonnell	Astral Drive		_____
39	589 Jaxon Marsman	Graham Creig		_____
40	230 Ayden Rondeau	Bay View Hig		_____
41	743 Caleb Anderson	Madeline Sym		_____
42	485 Milo Haig	Gaetz Brook		_____
43	836 Dom Falle	Millwood		_____
44	740 Connor Wootton	Lockview Hig		_____
45	976 Leo Mont	Rocky Lake J		_____
46	896 Stepan Kozub	Ridgecliff M		_____



**2023 SSNS Capital COUNTY District
Meet Program**

Flight 1 of 1 Finals

47	981 Hashem Numan	Rocky Lake J	_____
48	237 Nil Trulis	Bay View Hig	_____
49			_____
50			_____

Event 59 Girls Long Jump Senior

Tuesday 2023-05-16 - 3:00 PM
 SSNS: 5.49m 2017-06-03 Denver Fraser

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	727 Kaitlyn Langille	Lockview Hig	_____
2	649 Natalie Kempton	Island View	_____
3	714 Fiona Day	Lockview Hig	_____
4	394 Abigail Lovell	Eastern Shor	_____
5	659 Jorja Martell Maceachern	Island View	_____
6	849 Amber Salter	Millwood	_____
7	835 Gaia De'sperati	Millwood	_____
8	313 Bri Lawton	Charles P. A	_____
9	323 Kaleigh Oulton	Charles P. A	_____
10	388 Abbie Bain	Eastern Shor	_____
11	122 Lyndsay Beaton	Auburn Drive	_____
12	124 Brielle Boachi	Auburn Drive	_____
13	280 Reema Abdelghani	Charles P. A	_____
14	844 Hailey Maceachern	Millwood	_____
15			_____
16			_____

Event 60 Boys Long Jump Senior

Monday 2023-05-15 - 3:00 PM
 SSNS: 7.15m 1956 Dave Lucas

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	396 Lochlain Reid	Eastern Shor	_____
2	842 Owen Jones	Millwood	_____
3	332 Zack Walker	Charles P. A	_____
4	390 Jesse Bond	Eastern Shor	_____
5	1028 Anthony El-Jakl	Sackville Hi	_____
6	175 Nate Slawter	Auburn Drive	_____
7	336 Jay-Reise Baker	Cole Harbour	_____
8	833 Alwyn Clayton Kyalo	Millwood	_____
9	337 Dekai Beals	Cole Harbour	_____
10	393 Pierre Doucet	Eastern Shor	_____
11	654 Thomas MacDonald	Island View	_____
12	846 Jack Machray-Saulnier	Millwood	_____
13	123 Guilio Bertollo	Auburn Drive	_____
14	335 Jv Arguelles	Cole Harbour	_____
15	1045 Kidus Tilahun	Sackville Hi	_____
16	283 Vanrae Anderson	Charles P. A	_____
17	160 Shomari Matthew	Auburn Drive	_____
18	398 Stephen Wrathall	Eastern Shor	_____
19	843 Conner Lebreton	Millwood	_____
20	222 Enos Mile	Bay View Hig	_____
21	174 Marlowe Slawter	Auburn Drive	_____
22	1023 Jabari Benjamin	Sackville Hi	_____
23	317 Evan Mackay	Charles P. A	_____
24	326 Isaiah Salanic	Charles P. A	_____
25			_____
26			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 61 Girls High Jump Junior

Monday 2023-05-15 - 10:00 AM

SSNS: 1.63m 2004 Laura Maessen

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	950 Sarang Jeong	Rocky Lake J	_____
2	471 Lauren Archer-Shee	Gaetz Brook	_____
3	809 Sanskriti Pradhan	Madeline Sym	_____
4	783 Claire Legrow	Madeline Sym	_____
5	29 Bella Allison	Astral Drive	_____
6	104 Peyton Smith	Astral Drive	_____
7	462 Scarlett Turner	Five Bridges	_____
8	361 Draco Henneberry	Eastern Pass	_____
9	534 Ava Manley	Georges P. V	_____
10	436 Alora Mabe	Five Bridges	_____
11	998 Charlotte Adams	Sackville He	_____
12	964 Maeve MacDonald	Rocky Lake J	_____
13	550 Claire Trumble	Georges P. V	_____
14	855 Peyton Archibald	Oyster Pond	_____
15	861 Kadence Marsh	Oyster Pond	_____
16	798 Kennedy May	Madeline Sym	_____
17	923 Emzie Achunike	Rocky Lake J	_____
18	69 Gianna Lozier	Astral Drive	_____
19	860 Jordyn Macinnis	Oyster Pond	_____
20	991 Isla Swarbrigg	Rocky Lake J	_____
21	562 Solyana Berhenalem	Graham Creig	_____
22	110 Alena Trecartin	Astral Drive	_____
23	417 Siena Flight	Five Bridges	_____
24	375 Mylah Pastuck	Eastern Pass	_____
25	859 Rory Jennex	Oyster Pond	_____
26	490 Mollie Leedham	Gaetz Brook	_____
27	370 Charleigh Mohler	Eastern Pass	_____
28	491 Rylee Lewis	Gaetz Brook	_____
29	526 Amalia Kolic	Georges P. V	_____
30	1000 Caitlyn Bennett	Sackville He	_____
31	780 G Jupp	Madeline Sym	_____
32	911 Danae Smith	Ridgecliff M	_____
33	368 Layla McLagan	Eastern Pass	_____
34	540 Taylor Nichols	Georges P. V	_____
35	447 Iyla Oystreck	Five Bridges	_____
36	1008 Grace Henry	Sackville He	_____
37			_____
38			_____

Event 62 Boys High Jump Junior

Tuesday 2023-05-16 - 12:30 PM

SSNS: 1.77m 2004 Brandon Mallally

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	73 Owen MacLellan	Astral Drive	_____
2	931 Will Brown	Rocky Lake J	_____
3	516 Isaac Burns	Georges P. V	_____
4	487 Bentley Jenkinson	Gaetz Brook	_____
5	868 Jack Valentine	Oyster Pond	_____
6	624 Ini Ogunlaiye	Harold T. Ba	_____
7	425 Ewan Gillis	Five Bridges	_____
8	708 Callum Whynacht	Leslie Thoma	_____
9	597 Aaron Rose	Graham Creig	_____
10	452 Robinson Rievaj	Five Bridges	_____
11	80 Sam McLerndon	Astral Drive	_____
12	686 Jaedyn Bugbee	Leslie Thoma	_____
13	520 Curran Flanagan	Georges P. V	_____
14	37 Clark Brine	Astral Drive	_____
15	466 Nick Wilson Tyrrell	Five Bridges	_____
16	691 Cole Graves	Leslie Thoma	_____
17	941 Liam Doucet	Rocky Lake J	_____
18	387 Lothar Trzebiatowski	Eastern Pass	_____
19	546 Jack Sinclair	Georges P. V	_____
20	755 Edward Bowman	Madeline Sym	_____
21	479 Lucas Feltmate	Gaetz Brook	_____
22	613 Luke Bowden	Harold T. Ba	_____
23	532 Cormac MacDonald	Georges P. V	_____
24	1012 Elijah Murphy	Sackville He	_____
25	84 Henry Muise	Astral Drive	_____
26	935 Matthew Cochrane	Rocky Lake J	_____
27	703 Landis Payne	Leslie Thoma	_____
28	612 Noah Adamski	Harold T. Ba	_____
29	372 Patrick O'Keefe	Eastern Pass	_____
30	987 Daniel Samssedi	Rocky Lake J	_____
31	362 Madden Kennedy	Eastern Pass	_____
32	363 Lucas LeBlanc	Eastern Pass	_____
33			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 63 Girls High Jump Intermediate

Monday 2023-05-15 - 12:30 PM

SSNS: 1.72m 1986 Tracey Loke
Ties: 1.72m 1986 Natalie Munroe

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	802 Georgia Miller	Madeline Sym	_____
2	598 Natalie Sabeau	Graham Creig	_____
3	875 Elise Blackmore	Ridgecliff M	_____
4	968 Racheal MacPhail	Rocky Lake J	_____
5	784 Sophia Macaulay	Madeline Sym	_____
6	915 Maddie Titus	Ridgecliff M	_____
7	120 Riley Auby	Auburn Drive	_____
8	944 Lily Griffiths	Rocky Lake J	_____
9	586 Josie Lawrence	Graham Creig	_____
10	101 Sarah Sheppard	Astral Drive	_____
11	83 Addie Miller	Astral Drive	_____
12	816 Simi Shodunke	Madeline Sym	_____
13	850 Devika Shaiju	Millwood	_____
14	927 Batool Basil	Rocky Lake J	_____
15	86 Alicia Nedelcu	Astral Drive	_____
16	940 Tess Dopp	Rocky Lake J	_____
17	44 Alena Collens	Astral Drive	_____
18	145 Ashley Hannah	Auburn Drive	_____
19	878 Olivia Cameron-Kluge	Ridgecliff M	_____
20			_____
21			_____

Event 64 Boys High Jump Intermediate

Tuesday 2023-05-16 - 3:00 PM

SSNS: 1.95m 1988 Charles MacKay

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	419 Colin Foote	Five Bridges	_____
2	981 Hashem Numan	Rocky Lake J	_____
3	988 Tristen Singh	Rocky Lake J	_____
4	62 Sam Hiscock	Astral Drive	_____
5	50 Evan Davis	Astral Drive	_____
6	1034 Will Marsh	Sackville Hi	_____
7	820 Noah Snider	Madeline Sym	_____
8	467 Felix Wirkus	Five Bridges	_____
9	418 Tyson Foley	Five Bridges	_____
10	611 Zac Wheaten	Graham Creig	_____
11	753 Finn Bootland	Madeline Sym	_____
12	896 Stepan Kozub	Ridgecliff M	_____
13	565 Jack Butler	Graham Creig	_____
14	230 Ayden Rondeau	Bay View Hig	_____
15	969 Mikhail Macpherson-Cro	Rocky Lake J	_____
16	89 Aiden O'Donnell	Astral Drive	_____
17	589 Jaxon Marsman	Graham Creig	_____
18	223 Leo Mile	Bay View Hig	_____
19	482 Isaac Fry	Gaetz Brook	_____
20	743 Caleb Anderson	Madeline Sym	_____
21	933 Ty Cameron	Rocky Lake J	_____
22	795 Kingston Manning	Madeline Sym	_____
23	900 Jonah MacDonald	Ridgecliff M	_____
24	136 Noah Dumouchelle	Auburn Drive	_____
25	112 Rhys Uhlman	Astral Drive	_____
26	231 Madden Ross	Bay View Hig	_____
27	854 Matteo Aaboe	Oyster Pond	_____
28	432 Donovan Jay	Five Bridges	_____
29			_____
30			_____

Event 65 Girls High Jump Senior

Monday 2023-05-15 - 12:30 PM

SSNS: 1.72m 1983 Linda Ayer

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	177 Ava Stevens	Auburn Drive	_____
2	849 Amber Salter	Millwood	_____
3	714 Fiona Day	Lockview Hig	_____
4			_____
5			_____
6			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 66 Boys High Jump Senior

Tuesday 2023-05-16 - 10:00 AM

SSNS: 2.06m 1981 Tim Wrigley

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	678 Mason Whynot	Island View	_____
2	336 Jay-Reise Baker	Cole Harbour	_____
3	654 Thomas MacDonald	Island View	_____
4	332 Zack Walker	Charles P. A	_____
5	842 Owen Jones	Millwood	_____
6	174 Marlowe Slawter	Auburn Drive	_____
7	846 Jack Machray-Saulnier	Millwood	_____
8	847 Ryan Miller	Millwood	_____
9	283 Vanrae Anderson	Charles P. A	_____
10	833 Alvyn Clayton Kyalo	Millwood	_____
11	288 Jude Cameron	Charles P. A	_____
12			_____

Event 67 Girls Triple Jump Junior

Monday 2023-05-15 - 3:00 PM

SSNS: 11.00m 2016-06-03 Sierra Sweeney

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	550 Claire Trumble	Georges P. V	_____
2	961 Mia Logan	Rocky Lake J	_____
3	510 Sean Waldman	Gaetz Brook	_____
4	470 Sophie Acosta	Gaetz Brook	_____
5	553 Charlotte Whitman	Georges P. V	_____
6	1015 Brynn Ross	Sackville He	_____
7	368 Layla McLagan	Eastern Pass	_____
8	928 Georgia Beaudoin	Rocky Lake J	_____
9	998 Charlotte Adams	Sackville He	_____
10	502 Tabitha Quick	Gaetz Brook	_____
11	527 Addison Labucki	Georges P. V	_____
12	526 Amalia Kolic	Georges P. V	_____
13	244 Sophie Lizotte	Bedford Acad	_____
14	1000 Caitlyn Bennett	Sackville He	_____
15	248 Abigail Moser	Bedford Acad	_____
16	592 Presaius O'Brien	Graham Creig	_____
17	937 Maili Dent	Rocky Lake J	_____
18	583 Azalea Henrikson	Graham Creig	_____
19	351 Piper Anderson	Eastern Pass	_____
20	608 Leah Watts	Graham Creig	_____
21	752 Avery Bootland	Madeline Sym	_____
22	454 Amelya Seymour	Five Bridges	_____
23	374 Amelia Osada	Eastern Pass	_____
24	902 Julia Morales	Ridgecliff M	_____
25	778 Maelle Jodrey	Madeline Sym	_____
26	450 Sydney Power	Five Bridges	_____
27	946 Laura Hill	Rocky Lake J	_____
28	447 Iyla Oystreck	Five Bridges	_____
29	453 Roseanna Sansom	Five Bridges	_____
30	491 Rylee Lewis	Gaetz Brook	_____
31	355 Brooklyn Branton-Herrett	Eastern Pass	_____
32	877 Lexie Cameron-Kluge	Ridgecliff M	_____
33	609 Thea Watts	Graham Creig	_____
34	780 G Jupp	Madeline Sym	_____
35	1008 Grace Henry	Sackville He	_____
36			_____
37			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 68 Boys Triple Jump Junior

Tuesday 2023-05-16 - 10:00 AM

SSNS: 12.03m 2012

Kaelan Schmidt

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	91 Colby O'Shaughnessy	Astral Drive	_____
2	492 Jackson MacDougall	Gaetz Brook	_____
3	67 Liam Legrange	Astral Drive	_____
4	488 Jude Johnson-Osborne	Gaetz Brook	_____
5	539 Oliver Murphy	Georges P. V	_____
6	377 Thomas Pitman	Eastern Pass	_____
7	382 Bennet Sceviour	Eastern Pass	_____
8	1002 Owen Carpenter	Sackville He	_____
9	949 Duncan Isbister	Rocky Lake J	_____
10	423 Quinn Fraser	Five Bridges	_____
11	999 Evan Balcom	Sackville He	_____
12	585 Noah Johnson	Graham Creig	_____
13	512 Nolan Baker	Georges P. V	_____
14	935 Matthew Cochrane	Rocky Lake J	_____
15	932 Dylan Cameron	Rocky Lake J	_____
16	457 Ethan Sutherland	Five Bridges	_____
17	894 Naeem Kelly	Ridgecliff M	_____
18	546 Jack Sinclair	Georges P. V	_____
19	487 Bentley Jenkinson	Gaetz Brook	_____
20	974 Emmet Mont	Rocky Lake J	_____
21	30 Pierce Anderson	Astral Drive	_____
22	745 Ethan Aucoin	Madeline Sym	_____
23	919 Noah Windover	Ridgecliff M	_____
24	1016 Aiden Vaughan	Sackville He	_____
25	499 Jack Miller	Gaetz Brook	_____
26	755 Edward Bowman	Madeline Sym	_____
27	599 Zach Saber	Graham Creig	_____
28	37 Clark Brine	Astral Drive	_____
29	1017 Lucas Vaughan	Sackville He	_____
30	532 Cormac MacDonald	Georges P. V	_____
31	357 Caiden Crawford	Eastern Pass	_____
32	400 Logan Aitken	Five Bridges	_____
33	624 Ini Ogunlaiye	Harold T. Ba	_____
34	439 Remmy Marriott	Five Bridges	_____
35	366 Caleb Malaidack	Eastern Pass	_____
36			_____
37			_____

Event 69 Girls Triple Jump Intermediate

Monday 2023-05-15 - 10:00 AM

SSNS: 11.19m 2016-06-03

Gabrielle Fraser

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	903 Kate Morgan-Macfadyen	Ridgecliff M	_____
2	101 Sarah Sheppard	Astral Drive	_____
3	78 Ella McDormand	Astral Drive	_____
4	803 Ruth Millward	Madeline Sym	_____
5	993 Hannah Tabula	Rocky Lake J	_____
6	404 Kara Boehm	Five Bridges	_____
7	330 Evelyn Tobin	Charles P. A	_____
8	142 Ailish Fowler	Auburn Drive	_____
9	845 Kathryn Maceachern	Millwood	_____
10	929 Lily Blondon	Rocky Lake J	_____
11	473 Ava Bellefontaine	Gaetz Brook	_____
12	891 Chloe Hudgins	Ridgecliff M	_____
13	816 Simi Shodunke	Madeline Sym	_____
14	955 Breanna Kuehner	Rocky Lake J	_____
15	508 Luna Valencia	Gaetz Brook	_____
16	438 Millie Madden	Five Bridges	_____
17	883 Livia Currie	Ridgecliff M	_____
18	484 Ella Glover	Gaetz Brook	_____
19	76 Natalie Martin	Astral Drive	_____
20	118 Lola Welcher	Astral Drive	_____
21	878 Olivia Cameron-Kluge	Ridgecliff M	_____
22	936 Ena Daigle	Rocky Lake J	_____
23	738 Ines Roquet	Lockview Hig	_____
24	483 Ava Glover	Gaetz Brook	_____
25	120 Riley Auby	Auburn Drive	_____
26	822 Julianne Tran	Madeline Sym	_____
27	137 Sam Eady	Auburn Drive	_____
28	181 Lucy Van Berkel	Auburn Drive	_____
29			_____
30			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 70 Boys Triple Jump Intermediate

Tuesday 2023-05-16 - 12:30 PM

SSNS: 13.82m 1986 Mike Arodugba

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	290 Kevin Chen	Charles P. A	_____
2	716 Rory Fox	Lockview Hig	_____
3	779 Marc Johnson	Madeline Sym	_____
4	976 Leo Mont	Rocky Lake J	_____
5	432 Donovan Jay	Five Bridges	_____
6	836 Dom Falle	Millwood	_____
7	218 Dawson Macneil	Bay View Hig	_____
8	418 Tyson Foley	Five Bridges	_____
9	896 Stepan Kozub	Ridgecliff M	_____
10	890 Peyton Hansford	Ridgecliff M	_____
11	89 Aiden O'Donnell	Astral Drive	_____
12	888 Brady Gibson	Ridgecliff M	_____
13	50 Evan Davis	Astral Drive	_____
14	237 Nil Trulis	Bay View Hig	_____
15	830 Samuel Carpenter	Millwood	_____
16	476 Isaish Cox	Gaetz Brook	_____
17	897 Ashton MacDonald	Ridgecliff M	_____
18	136 Noah Dumouchelle	Auburn Drive	_____
19	106 Colby Steele	Astral Drive	_____
20	963 Jacoby MacDonald	Rocky Lake J	_____
21	977 Nathan Mulholland	Rocky Lake J	_____
22	978 Jack Ni	Rocky Lake J	_____
23	485 Milo Haig	Gaetz Brook	_____
24	753 Finn Bootland	Madeline Sym	_____
25	475 Will Cole	Gaetz Brook	_____
26	231 Madden Ross	Bay View Hig	_____
27	804 Sebastian Muise	Madeline Sym	_____
28	465 Brenton Wilnoff	Five Bridges	_____
29	112 Rhys Uhlman	Astral Drive	_____
30	223 Leo Mile	Bay View Hig	_____
31	467 Felix Wirkus	Five Bridges	_____
32	318 Keegan May	Charles P. A	_____
33			_____
34			_____

Event 71 Girls Triple Jump Senior

Monday 2023-05-15 - 3:00 PM

SSNS: 11.71m 2018-06-01 Gabrielle Fraser

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	849 Amber Salter	Millwood	_____
2	124 Brielle Boachi	Auburn Drive	_____
3	844 Hailey Maceachern	Millwood	_____
4	323 Kaleigh Oulton	Charles P. A	_____
5	674 Sakina Vigil	Island View	_____
6	313 Bri Lawton	Charles P. A	_____
7			_____
8			_____

Event 72 Boys Triple Jump Senior

Tuesday 2023-05-16 - 3:00 PM

SSNS: 14.25m 1964 Howie Jackson

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	326 Isaiah Salanic	Charles P. A	_____
2	834 Connor Coker	Millwood	_____
3	186 Jake Wambolt	Auburn Drive	_____
4	840 Cederic Heussinger	Millwood	_____
5	843 Conner Lebreton	Millwood	_____
6	332 Zack Walker	Charles P. A	_____
7	846 Jack Machray-Saulnier	Millwood	_____
8	1023 Jabari Benjamin	Sackville Hi	_____
9			_____
10			_____
11			_____
12			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 73 Girls Shot Put 3kg Junior

Tuesday 2023-05-16 - 10:00 AM

SSNS: 11.58m 2010

Taylor Stutley

Pos	Name	School	Seed Mark
-----	------	--------	-----------

Flight 1 of 1 Finals

1	31 Charlotte Banfield	Astral Drive	_____
2	692 Raya Gulbrandson	Leslie Thoma	_____
3	948 Emma Holder	Rocky Lake J	_____
4	858 Abigale Fahie	Oyster Pond	_____
5	461 Ksenia Triglebova	Five Bridges	_____
6	808 Raleigh Peck	Madeline Sym	_____
7	256 Claire Conrad	Brookside Ju	_____
8	548 Abigail Sullivan	Georges P. V	_____
9	489 Lily Keizer	Gaetz Brook	_____
10	48 Riley Cutcliffe	Astral Drive	_____
11	700 Ava Leaman	Leslie Thoma	_____
12	414 Kaleigh Drake	Five Bridges	_____
13	856 Madelyn Bresnahan	Oyster Pond	_____
14	495 Rebecca MacLellan	Gaetz Brook	_____
15	961 Mia Logan	Rocky Lake J	_____
16	609 Thea Watts	Graham Creig	_____
17	521 Paityn Fownes	Georges P. V	_____
18	766 Earliah Fraser-Gordon	Madeline Sym	_____
19	592 Presaius Obrien	Graham Creig	_____
20	699 Ruby Langille	Leslie Thoma	_____
21	437 Jamie Macgregor	Five Bridges	_____
22	544 McKenna Peters	Georges P. V	_____
23	471 Lauren Archer-Shee	Gaetz Brook	_____
24	371 Cocoa Nelson	Eastern Pass	_____
25	374 Amelia Osada	Eastern Pass	_____
26	360 Ruth Gatama	Eastern Pass	_____
27	254 Taylor Ballem	Brookside Ju	_____
28	464 Katherine Wilkie	Five Bridges	_____
29	972 Brynn Martin	Rocky Lake J	_____
30	9 Cassie Cole	A.J. Smeltze	_____
31	70 Isabelle Lukenda	Astral Drive	_____
32	22 Blaire Richardson	A.J. Smeltze	_____
33	470 Sophie Acosta	Gaetz Brook	_____
34	608 Leah Watts	Graham Creig	_____
35	867 Rylynn Smith	Oyster Pond	_____
36	945 Charlotte Hall	Rocky Lake J	_____
37	46 Sophie Cormier	Astral Drive	_____
38	385 Rowen Squires	Eastern Pass	_____
39	826 Ella Wilson	Madeline Sym	_____
40	893 Lucy Iboi	Ridgecliff M	_____
41	747 Emma Bayer	Madeline Sym	_____
42	13 Ella Hill	A.J. Smeltze	_____
43	590 Myah McLeod	Graham Creig	_____
44	622 Taya McAdam	Harold T. Ba	_____
45	547 Rory Sno-Wood	Georges P. V	_____
46	241 Emily Hirtle	Bedford Acad	_____

47 260 Abigail Gaudet
48 20 Isabelle Pickup
49
50

Brookside Ju
A.J. Smeltze



**2023 SSNS Capital COUNTY District
Meet Program**

Event 74 Boys Shot Put 4kg Junior

47
48

Monday 2023-05-15 - 10:00 AM

SSNS: 14.37m 2016-06-03 Logan Taylor

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	267 Charlie McLeod	Brookside Ju	_____
2	819 Ethan Smith	Madeline Sym	_____
3	706 Ethan Stilwell	Leslie Thoma	_____
4	539 Oliver Murphy	Georges P. V	_____
5	913 Sawyer Swim	Ridgecliff M	_____
6	962 Finley MacDonald	Rocky Lake J	_____
7	19 Damon McDowell	A.J. Smeltze	_____
8	810 Jean-Paul Rahme	Madeline Sym	_____
9	630 Riley Skeete	Harold T. Ba	_____
10	3 Thevan Annasawmy	A.J. Smeltze	_____
11	91 Colby O'Shaughnessy	Astral Drive	_____
12	975 Henry Mont	Rocky Lake J	_____
13	99 Alex Sheppard	Astral Drive	_____
14	516 Isaac Burns	Georges P. V	_____
15	1063 Will Ralph	Summit Acade	_____
16	702 Carter Mackinnon	Leslie Thoma	_____
17	408 Edmund Cowie	Five Bridges	_____
18	931 Will Brown	Rocky Lake J	_____
19	517 James Campbell	Georges P. V	_____
20	446 Dhiren Oxner	Five Bridges	_____
21	449 Mayan Pelrine	Five Bridges	_____
22	905 Nathan Moulton	Ridgecliff M	_____
23	488 Jude Johnson-Osborne	Gaetz Brook	_____
24	262 Connor Hammond	Brookside Ju	_____
25	382 Bennet Sceviour	Eastern Pass	_____
26	1051 Mitchell Annis	Summit Acade	_____
27	75 Breton Macphee	Astral Drive	_____
28	363 Lucas LeBlanc	Eastern Pass	_____
29	273 Callum Quinn	Brookside Ju	_____
30	255 Austin Briggs	Brookside Ju	_____
31	618 Nathan Laba	Harold T. Ba	_____
32	708 Callum Whynacht	Leslie Thoma	_____
33	445 Odin Myrick	Five Bridges	_____
34	524 Cohen Kelly	Georges P. V	_____
35	949 Duncan Isbister	Rocky Lake J	_____
36	486 Rj Hunt	Gaetz Brook	_____
37	478 Nicholas Dewar	Gaetz Brook	_____
38	790 Colin MacLean	Madeline Sym	_____
39	380 Henry Rowe	Eastern Pass	_____
40	1061 Morgan Landry	Summit Acade	_____
41	755 Edward Bowman	Madeline Sym	_____
42	386 Myles Tetford	Eastern Pass	_____
43	67 Liam LeGrange	Astral Drive	_____
44	15 Sheppard Hyslop	A.J. Smeltze	_____
45	916 Ryder Wadman	Ridgecliff M	_____
46	695 Taitym Hyacinth	Leslie Thoma	_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 75 Girls Shot Put 4kg Intermediate

Tuesday 2023-05-16 - 3:00 PM

SSNS: 12.98m 2009 Chelsea Whalen

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	508 Luna Valencia	Gaetz Brook	_____
2	505 Aerianna Sanderson	Gaetz Brook	_____
3	415 Lacey Edwards	Five Bridges	_____
4	58 Sofiya Grygoryev	Astral Drive	_____
5	586 Josie Lawrence	Graham Creig	_____
6	600 Kailea Saunders	Graham Creig	_____
7	723 Cicely Harnum	Lockview Hig	_____
8	891 Chloe Hudgins	Ridgecliff M	_____
9	277 Maggie Smith	Brookside Ju	_____
10	410 Sarah Dantz	Five Bridges	_____
11	501 Lillian Mosher	Gaetz Brook	_____
12	648 Maya Jamieson	Island View	_____
13	822 Julianne Tran	Madeline Sym	_____
14	598 Natalie Sabean	Graham Creig	_____
15	113 Reese Vatour	Astral Drive	_____
16	939 Kc Donasco	Rocky Lake J	_____
17	866 Ashley Reynolds	Oyster Pond	_____
18	195 Lainey Bussey	Bay View Hig	_____
19	710 Emma Browne	Lockview Hig	_____
20	841 Anna Jones	Millwood	_____
21	677 Gabrielle Whittle	Island View	_____
22	238 Emily Webster	Bay View Hig	_____
23	709 Lujan Benoga	Lockview Hig	_____
24	83 Addie Miller	Astral Drive	_____
25	968 Racheal MacPhail	Rocky Lake J	_____
26	996 Chloe Wintermeyer	Rocky Lake J	_____
27	882 Lily Cook	Ridgecliff M	_____
28	957 Emma Lawton	Rocky Lake J	_____
29	327 Adalee Speers	Charles P. A	_____
30	851 Maiya Svendsen	Millwood	_____
31	39 Rhea Cameron	Astral Drive	_____
32	227 Randall Nickayla	Bay View Hig	_____
33	742 Sara Almond	Madeline Sym	_____
34	839 Denver Hawkins	Millwood	_____
35	883 Livia Currie	Ridgecliff M	_____
36	878 Olivia Cameron-Kluge	Ridgecliff M	_____
37	828 Loren Browne	Millwood	_____
38	664 Sofia Osborne	Island View	_____
39	402 Rohan Alexander	Five Bridges	_____
40	404 Kara Boehm	Five Bridges	_____
41			_____
42			_____

Event 76 Boys Shot Put 5kg Intermediate

Monday 2023-05-15 - 3:00 PM

SSNS: 14.88m 2016-06-03 Cameron Whynot

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	119 Zach Williams	Astral Drive	_____
2	1035 Dominick McCarthy	Sackville Hi	_____
3	907 Francis Palma	Ridgecliff M	_____
4	994 Mac Taylor	Rocky Lake J	_____
5	820 Noah Snider	Madeline Sym	_____
6	347 Sidderth Talukdar	Cole Harbour	_____
7	589 Jaxon Marsman	Graham Creig	_____
8	713 Liam Conlon	Lockview Hig	_____
9	963 Jacoby MacDonald	Rocky Lake J	_____
10	171 Jaden Phinney	Auburn Drive	_____
11	997 Danny Zhu	Rocky Lake J	_____
12	885 Xavier Downey	Ridgecliff M	_____
13	432 Donovan Jay	Five Bridges	_____
14	259 Denys Denysiuk	Brookside Ju	_____
15	503 Camaron Ritcey	Gaetz Brook	_____
16	1026 Owen Debique	Sackville Hi	_____
17	41 Carson Canning	Astral Drive	_____
18	672 Zach Trempe	Island View	_____
19	459 Liam Thorne	Five Bridges	_____
20	203 Noah Giffin	Bay View Hig	_____
21	444 Riley Murray	Five Bridges	_____
22	857 Andrew Colbourne	Oyster Pond	_____
23	504 Carter Ritcey	Gaetz Brook	_____
24	880 Clark Conrad	Ridgecliff M	_____
25	862 Matthew Mosher	Oyster Pond	_____
26	1034 Will Marsh	Sackville Hi	_____
27	97 Jacob Sampson	Astral Drive	_____
28	558 Payton Barnhill	Graham Creig	_____
29	474 Rylan Bent	Gaetz Brook	_____
30	933 Ty Cameron	Rocky Lake J	_____
31	194 Jack Britten	Bay View Hig	_____
32	565 Jack Butler	Graham Creig	_____
33	716 Rory Fox	Lockview Hig	_____
34	500 Dorien Mosher	Gaetz Brook	_____
35	897 Ashton MacDonald	Ridgecliff M	_____
36			_____
37			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 77 Girls Shot Put 4kg Senior

Tuesday 2023-05-16 - 12:30 PM

SSNS: 13.26m 2010 Chelsea Whalen

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	719 Natalia Gdikian	Lockview Hig	_____
2	853 Adalia Wambolt	Millwood	_____
3	849 Amber Salter	Millwood	_____
4	151 Lillian Kennedy	Auburn Drive	_____
5	718 Cate Gaudry	Lockview Hig	_____
6	829 Samantha Butler	Millwood	_____
7	311 Heidi Kelmm	Charles P. A	_____
8			_____
9			_____

Event 78 Boys Shot Put 6kg Senior

Monday 2023-05-15 - 12:30 PM

SSNS: 16.17m 2012 Peter Millman

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	848 Jack Rogers	Millwood	_____
2	1033 Dane Lidstone	Sackville Hi	_____
3	133 Brayden Currie	Auburn Drive	_____
4	207 Troy Gregg	Bay View Hig	_____
5	715 Quinn Fox	Lockview Hig	_____
6	831 Seth Channing	Millwood	_____
7	320 Rylan Murphy	Charles P. A	_____
8	647 Carson Grijm	Island View	_____
9	285 Matt Aucoin	Charles P. A	_____
10	837 William George	Millwood	_____
11	176 Carter Soontiens	Auburn Drive	_____
12	635 Yohan Dasilva	Island View	_____
13	730 Chase MacDonald	Lockview Hig	_____
14	658 Konstatine Malbeuf	Island View	_____
15	157 Jayden MacLean	Auburn Drive	_____
16	205 Alex Goulding	Bay View Hig	_____
17	130 Matthew Carmichael	Auburn Drive	_____
18	670 Roman Sabinski	Island View	_____
19			_____
20			_____

Event 79 Girls Discus Throw 0.75kg Junior

Monday 2023-05-15 - 12:30 PM

SSNS: 30.10m 2019-05-31 Sara Scott

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	777 Lily Jodrey	Madeline Sym	_____
2	972 Brynn Martin	Rocky Lake J	_____
3	270 Lucia Mombourquette	Brookside Ju	_____
4	961 Mia Logan	Rocky Lake J	_____
5	766 Earliah Fraser-Gordon	Madeline Sym	_____
6	253 Gracelynn Andrews	Brookside Ju	_____
7	502 Tabitha Quick	Gaetz Brook	_____
8	747 Emma Bayer	Madeline Sym	_____
9	56 Makayla Fraser	Astral Drive	_____
10	407 Addison Christie	Five Bridges	_____
11	858 Abigale Fahie	Oyster Pond	_____
12	573 Bella Foster	Graham Creig	_____
13	32 Samantha Banfield	Astral Drive	_____
14	497 Olivia Matheson	Gaetz Brook	_____
15	374 Amelia Osada	Eastern Pass	_____
16	401 Ameila Alexander	Five Bridges	_____
17	548 Abigail Sullivan	Georges P. V	_____
18	856 Madelyn Bresnahan	Oyster Pond	_____
19	385 Rowen Squires	Eastern Pass	_____
20	14 Pepper Hyslop	A.J. Smeltze	_____
21	431 Elora James	Five Bridges	_____
22	510 Sean Waldman	Gaetz Brook	_____
23	9 Cassie Cole	A.J. Smeltze	_____
24	778 Maelle Jodrey	Madeline Sym	_____
25	265 Caitlyn Kelly	Brookside Ju	_____
26	379 Paige Rehberg	Eastern Pass	_____
27	948 Emma Holder	Rocky Lake J	_____
28	545 Nikola Peters	Georges P. V	_____
29	77 Breagh Matheson	Astral Drive	_____
30	5 Aralyn Buckley-McEachern	A.J. Smeltze	_____
31	454 Amelya Seymour	Five Bridges	_____
32	351 Piper Anderson	Eastern Pass	_____
33	260 Abigail Gaudet	Brookside Ju	_____
34	562 Solyana Berhenalem	Graham Creig	_____
35	893 Lucy Iboi	Ridgecliff M	_____
36	547 Rory Sno-Wood	Georges P. V	_____
37	70 Isabelle Lukenda	Astral Drive	_____
38	521 Paityn Fownes	Georges P. V	_____
39	995 Sophia Vilaridi	Rocky Lake J	_____
40	489 Lily Keizer	Gaetz Brook	_____
41	867 Rylynn Smith	Oyster Pond	_____
42	20 Isabelle Pickup	A.J. Smeltze	_____
43			_____
44			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 80 Boys Discus Throw 1.0kg Junior

Tuesday 2023-05-16 - 3:00 PM

SSNS: 46.76m 2022-06-04 Max Minihan

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	57 David Graham	Astral Drive	_____
2	618 Nathan Laba	Harold T. Ba	_____
3	424 Dean Froud	Five Bridges	_____
4	702 Carter Mackinnon	Leslie Thoma	_____
5	382 Bennet Sceviour	Eastern Pass	_____
6	15 Sheppard Hyslop	A.J. Smeltze	_____
7	488 Jude Johnson-Osborne	Gaetz Brook	_____
8	272 Ryder Phillips	Brookside Ju	_____
9	367 Logan McFadden	Eastern Pass	_____
10	273 Callum Quinn	Brookside Ju	_____
11	3 Thevan Annasawmy	A.J. Smeltze	_____
12	695 Taitym Hyacinth	Leslie Thoma	_____
13	949 Duncan Isbister	Rocky Lake J	_____
14	386 Myles Tetford	Eastern Pass	_____
15	21 Carter Pitcher Murphy	A.J. Smeltze	_____
16	520 Curran Flanagan	Georges P. V	_____
17	790 Colin MacLean	Madeline Sym	_____
18	810 Jean-Paul Rahme	Madeline Sym	_____
19	67 Liam LeGrange	Astral Drive	_____
20	546 Jack Sinclair	Georges P. V	_____
21	376 Olivier Pineault-Gilbert	Eastern Pass	_____
22	916 Ryder Wadman	Ridgecliff M	_____
23	962 Finley MacDonald	Rocky Lake J	_____
24	255 Austin Briggs	Brookside Ju	_____
25	597 Aaron Rose	Graham Creig	_____
26	478 Nicholas Dewar	Gaetz Brook	_____
27	117 Trey Weirstra	Astral Drive	_____
28	706 Ethan Stilwell	Leslie Thoma	_____
29	99 Alex Sheppard	Astral Drive	_____
30	975 Henry Mont	Rocky Lake J	_____
31	987 Daniel Samssedi	Rocky Lake J	_____
32	819 Ethan Smith	Madeline Sym	_____
33	517 James Campbell	Georges P. V	_____
34	493 Gavin MacKenzie	Gaetz Brook	_____
35	408 Edmund Cowie	Five Bridges	_____
36	681 Alex Aliga	Leslie Thoma	_____
37	434 Asa Lightwood	Five Bridges	_____
38	539 Oliver Murphy	Georges P. V	_____
39	479 Lucas Feltmate	Gaetz Brook	_____
40	445 Odin Myrick	Five Bridges	_____
41	275 Finlay Secord	Brookside Ju	_____
42	580 Jackson Gowan	Graham Creig	_____
43			_____
44			_____

Event 81 Girls Discus Throw 1.0kg Intermediate

Monday 2023-05-15 - 3:00 PM

SSNS: 39.15m 2012 Sarah Colborne

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	957 Emma Lawton	Rocky Lake J	_____
2	269 Maggie Mills	Brookside Ju	_____
3	33 Leah Barrie	Astral Drive	_____
4	841 Anna Jones	Millwood	_____
5	866 Ashley Reynolds	Oyster Pond	_____
6	227 Randall Nickayla	Bay View Hig	_____
7	132 Morgan Clark	Auburn Drive	_____
8	851 Maiya Svendsen	Millwood	_____
9	878 Olivia Cameron-Kluge	Ridgecliff M	_____
10	723 Cicely Harnum	Lockview Hig	_____
11	83 Addie Miller	Astral Drive	_____
12	710 Emma Browne	Lockview Hig	_____
13	645 Emma Gage	Island View	_____
14	183 Haley Wach	Auburn Drive	_____
15	410 Sarah Dantz	Five Bridges	_____
16	742 Sara Almond	Madeline Sym	_____
17	968 Racheal MacPhail	Rocky Lake J	_____
18	822 Julianne Tran	Madeline Sym	_____
19	238 Emily Webster	Bay View Hig	_____
20	195 Lainey Bussey	Bay View Hig	_____
21	883 Livia Currie	Ridgecliff M	_____
22	996 Chloe Wintermeyer	Rocky Lake J	_____
23	58 Sofiya Grygoryev	Astral Drive	_____
24	438 Millie Madden	Five Bridges	_____
25	839 Denver Hawkins	Millwood	_____
26	501 Lillian Mosher	Gaetz Brook	_____
27	803 Ruth Millward	Madeline Sym	_____
28	882 Lily Cook	Ridgecliff M	_____
29	677 Gabrielle Whittle	Island View	_____
30	420 Harley Foubert	Five Bridges	_____
31	939 Kc Donasco	Rocky Lake J	_____
32	638 Payton Deveau	Island View	_____
33	188 Allie White	Auburn Drive	_____
34	415 Lacey Edwards	Five Bridges	_____
35	891 Chloe Hudgins	Ridgecliff M	_____
36	664 Sofia Osborne	Island View	_____
37	98 Nisha Schroff	Astral Drive	_____
38	392 Morgan Dobson	Eastern Shor	_____
39	828 Loren Browne	Millwood	_____
40	277 Maggie Smith	Brookside Ju	_____
41			_____
42			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 82 Boys Discus Throw 1.5kg Intermediate

Tuesday 2023-05-16 - 10:00 AM

SSNS: 42.37m 2018-06-02 Duncan McLaughlin

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	981 Hashem Numan	Rocky Lake J	_____
2	235 Peter Tessier	Bay View Hig	_____
3	194 Jack Britten	Bay View Hig	_____
4	900 Jonah MacDonald	Ridgecliff M	_____
5	1022 Noah Baird	Sackville Hi	_____
6	89 Aiden O'Donnell	Astral Drive	_____
7	45 Logan Cook	Astral Drive	_____
8	504 Carter Ritcey	Gaetz Brook	_____
9	1034 Will Marsh	Sackville Hi	_____
10	474 Rylan Bent	Gaetz Brook	_____
11	857 Andrew Colbourne	Oyster Pond	_____
12	716 Rory Fox	Lockview Hig	_____
13	35 Craig Bishop-White	Astral Drive	_____
14	713 Liam Conlon	Lockview Hig	_____
15	933 Ty Cameron	Rocky Lake J	_____
16	565 Jack Butler	Graham Creig	_____
17	171 Jaden Phinney	Auburn Drive	_____
18	907 Francis Palma	Ridgecliff M	_____
19	887 Ethan Garrett	Ridgecliff M	_____
20	1035 Dominick McCarthy	Sackville Hi	_____
21	921 Lucas Abou-Dib	Rocky Lake J	_____
22	885 Xavier Downey	Ridgecliff M	_____
23	862 Matthew Mosher	Oyster Pond	_____
24	503 Camaron Ritcey	Gaetz Brook	_____
25	500 Dorien Mosher	Gaetz Brook	_____
26	203 Noah Giffin	Bay View Hig	_____
27	306 Thomas Holder	Charles P. A	_____
28	444 Riley Murray	Five Bridges	_____
29	119 Zach Williams	Astral Drive	_____
30	259 Denys Denysiuk	Brookside Ju	_____
31	459 Liam Thorne	Five Bridges	_____
32	836 Dom Falle	Millwood	_____
33	212 Quinn Little	Bay View Hig	_____
34	994 Mac Taylor	Rocky Lake J	_____
35	679 Kyle Worrell	Island View	_____
36			_____
37			_____

Event 83 Girls Discus Throw 1.0kg Senior

Monday 2023-05-15 - 10:00 AM

SSNS: 41.92m 2012 Kayla Gallagher

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	316 Makena MacDonald	Charles P. A	_____
2	281 Madeline Alkalay	Charles P. A	_____
3	829 Samantha Butler	Millwood	_____
4	718 Cate Gaudry	Lockview Hig	_____
5	151 Lillian Kennedy	Auburn Drive	_____
6	394 Abigail Lovell	Eastern Shor	_____
7	853 Adalia Wambolt	Millwood	_____
8	311 Heidi Kelmm	Charles P. A	_____
9			_____
10			_____

Event 84 Boys Discus Throw 1.75kg Senior

Tuesday 2023-05-16 - 12:30 PM

SSNS: 49.76m 2012 Peter Millman

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	670 Roman Sabinski	Island View	_____
2	324 Kai Palov	Charles P. A	_____
3	158 Lachlan MacLean	Auburn Drive	_____
4	730 Chase MacDonald	Lockview Hig	_____
5	1036 Blake McEwan-Adams	Sackville Hi	_____
6	176 Carter Soontiens	Auburn Drive	_____
7	715 Quinn Fox	Lockview Hig	_____
8	1033 Dane Lidstone	Sackville Hi	_____
9	647 Carson Grijm	Island View	_____
10	635 Yohan Dasilva	Island View	_____
11	1044 Landon Smith	Sackville Hi	_____
12	285 Matt Aucoin	Charles P. A	_____
13	843 Conner Lebreton	Millwood	_____
14	837 William George	Millwood	_____
15	831 Seth Channing	Millwood	_____
16	320 Rylan Murphy	Charles P. A	_____
17	130 Matthew Carmichael	Auburn Drive	_____
18	396 Lochlain Reid	Eastern Shor	_____
19	133 Brayden Currie	Auburn Drive	_____
20	658 Konstatine Malbeuf	Island View	_____
21			_____
22			_____
23			_____
24			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 85 Girls Javelin Throw 400g Junior

47
48

Tuesday 2023-05-16 - 3:00 PM

SSNS: 37.38m 1999

Katherine Markusson

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	537 Joss Moran	Georges P. V	_____
2	248 Abigal Moser	Bedford Acad	_____
3	48 Riley Cutcliffe	Astral Drive	_____
4	521 Paityn Fownes	Georges P. V	_____
5	454 Amelya Seymour	Five Bridges	_____
6	241 Emily Hirtle	Bedford Acad	_____
7	489 Lily Keizer	Gaetz Brook	_____
8	603 Kaliyah Sparks	Graham Creig	_____
9	447 Iyla Oystreck	Five Bridges	_____
10	1 Kendra Adams	A.J. Smeltze	_____
11	9 Cassie Cole	A.J. Smeltze	_____
12	752 Avery Bootland	Madeline Sym	_____
13	32 Samantha Banfield	Astral Drive	_____
14	588 Ainsley MacDonald	Graham Creig	_____
15	256 Claire Conrad	Brookside Ju	_____
16	778 Maelle Jodrey	Madeline Sym	_____
17	253 Gracelynn Andrews	Brookside Ju	_____
18	370 Charleigh Mohler	Eastern Pass	_____
19	265 Caitlyn Kelly	Brookside Ju	_____
20	972 Brynn Martin	Rocky Lake J	_____
21	244 Sophie Lizotte	Bedford Acad	_____
22	70 Isabelle Lukenda	Astral Drive	_____
23	351 Piper Anderson	Eastern Pass	_____
24	359 Kaylee Dionne	Eastern Pass	_____
25	867 Ryllynne Smith	Oyster Pond	_____
26	548 Abigail Sullivan	Georges P. V	_____
27	470 Sophie Acosta	Gaetz Brook	_____
28	472 Molly Bain	Gaetz Brook	_____
29	20 Isabelle Pickup	A.J. Smeltze	_____
30	995 Sophia Vilardi	Rocky Lake J	_____
31	49 Rowan Cutcliffe	Astral Drive	_____
32	766 Earliah Fraser-Gordon	Madeline Sym	_____
33	455 Rosalyn Steward	Five Bridges	_____
34	530 Iris Long	Georges P. V	_____
35	858 Abigale Fahie	Oyster Pond	_____
36	808 Raleigh Peck	Madeline Sym	_____
37	242 Grace Killoran	Bedford Acad	_____
38	507 Laura Sinclair-White	Gaetz Brook	_____
39	260 Abigail Gaudet	Brookside Ju	_____
40	374 Amelia Osada	Eastern Pass	_____
41	945 Charlotte Hall	Rocky Lake J	_____
42	950 Sarang Jeong	Rocky Lake J	_____
43	581 Kelsey Harrison	Graham Creig	_____
44	401 Ameila Alexander	Five Bridges	_____
45	25 Kianna Simpson	A.J. Smeltze	_____
46	592 Presaius Obrien	Graham Creig	_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 91 Boys Javelin Throw 600g Junior**Monday 2023-05-15 - 3:00 PM**

SSNS: 45.48m 2015

Michael Adams

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	478 Nicholas Dewar	Gaetz Brook	_____
2	980 Milo Noble	Rocky Lake J	_____
3	23 Rayez Sampson	A.J. Smeltze	_____
4	493 Gavin MacKenzie	Gaetz Brook	_____
5	367 Logan McFadden	Eastern Pass	_____
6	922 Owen Abou-Dib	Rocky Lake J	_____
7	690 Chaz Fraser	Leslie Thoma	_____
8	67 Liam LeGrange	Astral Drive	_____
9	274 Desmond Secord	Brookside Ju	_____
10	488 Jude Johnson-Osborne	Gaetz Brook	_____
11	868 Jack Valentine	Oyster Pond	_____
12	261 Lincoln Gillis	Brookside Ju	_____
13	810 Jean-Paul Rahme	Madeline Sym	_____
14	3 Thevan Annasawmy	A.J. Smeltze	_____
15	445 Odin Myrick	Five Bridges	_____
16	424 Dean Froud	Five Bridges	_____
17	273 Callum Quinn	Brookside Ju	_____
18	99 Alex Sheppard	Astral Drive	_____
19	15 Sheppard Hyslop	A.J. Smeltze	_____
20	580 Jackson Gowan	Graham Creig	_____
21	790 Colin MacLean	Madeline Sym	_____
22	7 Seth Carroll	A.J. Smeltze	_____
23	446 Dhiren Oxner	Five Bridges	_____
24	486 Rj Hunt	Gaetz Brook	_____
25	92 Jonathan Pettipas	Astral Drive	_____
26	387 Lothar Trzebiatowski	Eastern Pass	_____
27	539 Oliver Murphy	Georges P. V	_____
28	38 Brady Bush	Astral Drive	_____
29	520 Curran Flanagan	Georges P. V	_____
30	975 Henry Mont	Rocky Lake J	_____
31	456 Ryan Stover	Five Bridges	_____
32	695 Taitym Hyacinth	Leslie Thoma	_____
33	702 Carter Mackinnon	Leslie Thoma	_____
34	579 Zephyr Gonzalez	Graham Creig	_____
35	524 Cohen Kelly	Georges P. V	_____
36	870 Liam Attwater	Ridgecliff M	_____
37	864 Devin Parker	Oyster Pond	_____
38	949 Duncan Isbister	Rocky Lake J	_____
39	386 Myles Tetford	Eastern Pass	_____
40	376 Olivier Pineault-Gilbert	Eastern Pass	_____
41	267 Charlie McLeod	Brookside Ju	_____
42	546 Jack Sinclair	Georges P. V	_____
43	819 Ethan Smith	Madeline Sym	_____
44	684 Ewan Baxter	Leslie Thoma	_____
45			_____
46			_____

**2023 SSNS Capital COUNTY District
Meet Program**

Event 97 Girls Javelin Throw 500g Intermediate

Tuesday 2023-05-16 - 12:30 PM

SSNS: 41.73m 2016-06-04 Madelyn Quinn

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	86 Alicia Nedelcu	Astral Drive	_____
2	468 Thea Wirkus	Five Bridges	_____
3	163 Marley McLellan	Auburn Drive	_____
4	442 Sadie Middleton Meakin	Five Bridges	_____
5	732 Maria Mihai	Lockview Hig	_____
6	238 Emily Webster	Bay View Hig	_____
7	438 Millie Madden	Five Bridges	_____
8	968 Racheal MacPhail	Rocky Lake J	_____
9	505 Aerianna Sanderson	Gaetz Brook	_____
10	822 Julianne Tran	Madeline Sym	_____
11	76 Natalie Martin	Astral Drive	_____
12	742 Sara Almond	Madeline Sym	_____
13	277 Maggie Smith	Brookside Ju	_____
14	803 Ruth Millward	Madeline Sym	_____
15	58 Sofiya Grygoryev	Astral Drive	_____
16	195 Lainey Bussey	Bay View Hig	_____
17	501 Lillian Mosher	Gaetz Brook	_____
18	944 Lily Griffiths	Rocky Lake J	_____
19	120 Riley Auby	Auburn Drive	_____
20	102 Caleigh Sherring	Astral Drive	_____
21	710 Emma Browne	Lockview Hig	_____
22	420 Harley Foubert	Five Bridges	_____
23	939 Kc Donasco	Rocky Lake J	_____
24	940 Tess Dopp	Rocky Lake J	_____
25	841 Anna Jones	Millwood	_____
26			_____
27			_____

Event 103 Boys Javelin Throw 700g Intermediate

Monday 2023-05-15 - 12:30 PM

SSNS: 54.19m 2019-05-31 Noah Berniquer

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	672 Zach Trempe	Island View	_____
2	1030 Izaac Hopper	Sackville Hi	_____
3	444 Riley Murray	Five Bridges	_____
4	218 Dawson Macneil	Bay View Hig	_____
5	857 Andrew Colbourne	Oyster Pond	_____
6	504 Carter Ritcey	Gaetz Brook	_____
7	997 Danny Zhu	Rocky Lake J	_____
8	223 Leo Mile	Bay View Hig	_____
9	328 Madoc Sullivan	Charles P. A	_____
10	171 Jaden Phinney	Auburn Drive	_____
11	679 Kyle Worrell	Island View	_____
12	500 Dorien Mosher	Gaetz Brook	_____
13	994 Mac Taylor	Rocky Lake J	_____
14	419 Colin Foote	Five Bridges	_____
15	412 Kohen Doucette	Five Bridges	_____
16	741 Alex Allain	Madeline Sym	_____
17	836 Dom Falle	Millwood	_____
18	474 Rylan Bent	Gaetz Brook	_____
19	344 Barrett Munroe	Cole Harbour	_____
20	983 Zilin Qino	Rocky Lake J	_____
21	213 Owen Luedee	Bay View Hig	_____
22	1034 Will Marsh	Sackville Hi	_____
23	467 Felix Wirkus	Five Bridges	_____
24	35 Craig Bishop-White	Astral Drive	_____
25	716 Rory Fox	Lockview Hig	_____
26	1035 Dominick McCarthy	Sackville Hi	_____
27	1029 Liam Grace	Sackville Hi	_____
28	89 Aiden O'Donnell	Astral Drive	_____
29	820 Noah Snider	Madeline Sym	_____
30	112 Rhys Uhlman	Astral Drive	_____
31	129 Zander Caines	Auburn Drive	_____
32	237 Nil Trulis	Bay View Hig	_____
33	334 Roy Yeon	Charles P. A	_____
34	503 Camaron Ritcey	Gaetz Brook	_____
35	862 Matthew Mosher	Oyster Pond	_____
36	933 Ty Cameron	Rocky Lake J	_____
37	735 Benjamin Phillips	Lockview Hig	_____
38	71 Xavier MacDonald	Astral Drive	_____
39			_____
40			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 109 Girls Javelin Throw 600g Senior

Tuesday 2023-05-16 - 10:00 AM

SSNS: 44.20m 2010 Chelsea Whalen

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	151 Lillian Kennedy	Auburn Drive		_____
2	726 Julia Konigshofer	Lockview Hig		_____
3	322 Aine Oneil	Charles P. A		_____
4	1021 Twisha Annasawmy	Sackville Hi		_____
5	727 Kaitlyn Langille	Lockview Hig		_____
6	829 Samantha Butler	Millwood		_____
7	331 Reegan Wagg	Charles P. A		_____
8	173 Elle Sinclair	Auburn Drive		_____
9	844 Hailey Maceachern	Millwood		_____
10	216 Elle Macfadyen	Bay View Hig		_____
11	196 Claire Casey	Bay View Hig		_____
12	853 Adalia Wambolt	Millwood		_____
13				_____
14				_____

Event 115 Boys Javelin Throw 800g Senior

Monday 2023-05-15 - 10:00 AM

SSNS: 61.64m 2005 Adam Wolkins

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	1047 Jeco Tundagui	Sackville Hi		_____
2	831 Seth Channing	Millwood		_____
3	346 Cole Simon	Cole Harbour		_____
4	670 Roman Sabinski	Island View		_____
5	842 Owen Jones	Millwood		_____
6	647 Carson Grijm	Island View		_____
7	324 Kai Palov	Charles P. A		_____
8	1036 Blake McEwan-Adams	Sackville Hi		_____
9	144 Keith Griffin	Auburn Drive		_____
10	130 Matthew Carmichael	Auburn Drive		_____
11	285 Matt Aucoin	Charles P. A		_____
12	157 Jayden MacLean	Auburn Drive		_____
13	150 Kerem Karkut	Auburn Drive		_____
14	1044 Landon Smith	Sackville Hi		_____
15	631 Chris Beach	Island View		_____
16	837 William George	Millwood		_____
17	326 Isaiah Salanic	Charles P. A		_____
18	658 Konstatine Malbeuf	Island View		_____
19	843 Conner Lebreton	Millwood		_____
20	320 Rylan Murphy	Charles P. A		_____
21				_____
22				_____

Event 120 Girls 100 Meter Dash Supported JR Supported Junior

Monday 2023-05-15 - 10:00 AM

Lane	Name	School	Seed	Time
Section 1 of 2 Finals				
1	807 Avah O'Quinn	Madeline Sym		_____
2	785 Alivia MacDonald	Madeline Sym		_____
3	824 Sophia Walsh	Madeline Sym		_____
4	817 Claire Simms	Madeline Sym		_____
5	774 Gabriella Hippen-Coutts	Madeline Sym		_____
6				_____
7				_____
8				_____
Section 2 of 2 Finals				
1	519 Claire Fahey	Georges P. V		_____
2	269 Maggie Mills	Brookside Ju		_____
3	675 Amy Visotte	Island View		_____
4	619 Maliah Lucas	Harold T. Ba		_____
5	94 Brooklyn Richard	Astral Drive		_____
6				_____
7				_____
8				_____

Event 121 Boys 100 Meter Dash Supported JR Supported Junior

Monday 2023-05-15 - 10:00 AM

Lane	Name	School	Seed	Time
Section 1 of 6 Finals				
1	566 Deray Cain-Downey	Graham Creig		_____
2	881 Hindowa Conteh	Ridgecliff M		_____
3	463 Cooper Vandoninck	Five Bridges		_____
4	529 Owen Lirette	Georges P. V		_____
5	511 Max Anderson	Georges P. V		_____
6	522 Gregor Gillis	Georges P. V		_____
7				_____
8				_____
Section 2 of 6 Finals				
1	671 Liam Thibault	Island View		_____
2	666 Samay Rao	Island View		_____
3	661 Sam McKeough	Island View		_____
4	668 Nathan Rich	Island View		_____
5	655 Caden MacDougall	Island View		_____
6	660 Gavin McCoy	Island View		_____
7				_____
8				_____



**2023 SSNS Capital COUNTY District
Meet Program**

Section 3 of 6 Finals...(Event 121 Boys 100 Meter Dash Supported JR

1	111 Evan Tremblay	Astral Drive	_____
2	63 Owen Jewer	Astral Drive	_____
3	82 Jacob Melanson	Astral Drive	_____
4	480 Vincent Fitzmorris	Gaetz Brook	_____
5	615 Tanner Garrett	Harold T. Ba	_____
6	1050 Lando Telfer	Sir Robert B	_____
7			_____
8			_____

Section 4 of 6 Finals

1	757 Victor Callahan	Madeline Sym	_____
2	811 Scott Rankin	Madeline Sym	_____
3	772 Ryan Hazer	Madeline Sym	_____
4	771 Caleb Grey	Madeline Sym	_____
5	759 Jax Carter	Madeline Sym	_____
6	806 Temi Ogunsanya	Madeline Sym	_____
7			_____
8			_____

Section 5 of 6 Finals

1	750 Emmett Bernie	Madeline Sym	_____
2	789 Noah Macintyre	Madeline Sym	_____
3	796 Cameron Martin	Madeline Sym	_____
4	767 Lucas Fulthorpe	Madeline Sym	_____
5	792 Brayden Macphee	Madeline Sym	_____
6			_____
7			_____
8			_____

Section 6 of 6 Finals

1	762 Brian David	Madeline Sym	_____
2	812 Ryan Roberts	Madeline Sym	_____
3	788 Isaiah Macintyre	Madeline Sym	_____
4	770 Nick Gouthro	Madeline Sym	_____
5	787 Camden Macgregor	Madeline Sym	_____
6			_____
7			_____
8			_____

Event 122 Girls 100 Meter Dash Supported SR Supported Senior

Monday 2023-05-15 - 10:00 AM

Lane	Name	School	Seed Time
-------------	-------------	---------------	------------------

Section 1 of 1 Finals

1	135 Courtney Diggs	Auburn Drive	_____
2	190 Brooklyn Willis	Auburn Drive	_____
3	141 Olivia Ferus	Auburn Drive	_____
4	127 Makenah Brown	Auburn Drive	_____
5	162 Jorja McCallum	Auburn Drive	_____
6	201 Rhya Fredericks -dunphy	Bay View Hig	_____
7	232 Jada Selig	Bay View Hig	_____
8	294 Brooke Emms	Charles P. A	_____

Event 123 Boys 100 Meter Dash Supported SR Supported Senior

Monday 2023-05-15 - 10:00 AM

Lane	Name	School	Seed Time
-------------	-------------	---------------	------------------

Section 1 of 4 Finals

1	644 Landon Fredricks	Island View	_____
2	676 Noah Welton	Island View	_____
3	636 Etienne Davilla	Island View	_____
4	646 Bj Gibson	Island View	_____
5	640 Parker Dunfield	Island View	_____
6			_____
7			_____
8			_____

Section 2 of 4 Finals

1	329 Jack Thornhill	Charles P. A	_____
2	292 Sean Clancy	Charles P. A	_____
3	289 Owen Charlton	Charles P. A	_____
4	303 Declan Harding	Charles P. A	_____
5	297 Joseph Flewelling	Charles P. A	_____
6			_____
7			_____
8			_____

Section 3 of 4 Finals

1	343 Kai MacDonald	Cole Harbour	_____
2	348 Dennis Turner	Cole Harbour	_____
3	165 Saul Miller	Auburn Drive	_____
4	148 Matthew Irving	Auburn Drive	_____
5	189 Jaylin White	Auburn Drive	_____
6	161 Nic Mavrin	Auburn Drive	_____
7	140 Joseph Ferguson	Auburn Drive	_____
8			_____

Section 4 of 4 Finals

1	179 Ryan Thompson	Auburn Drive	_____
2	128 Ethan Byrne	Auburn Drive	_____
3	172 Jayden Sanford	Auburn Drive	_____
4	149 William Irving	Auburn Drive	_____
5	126 Radell Brooks	Auburn Drive	_____
6	198 Michael Corcoran	Bay View Hig	_____
7	200 Jackson Fox	Bay View Hig	_____
8			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 124 Girls Shot Put 2 throws 3kg Supported Junior

Monday 2023-05-15 - 11:00 AM

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	619 Maliah Lucas	Harold T. Ba	_____
2	519 Claire Fahey	Georges P. V	_____
3	269 Maggie Mills	Brookside Ju	_____
4	807 Avah O'Quinn	Madeline Sym	_____
5	824 Sophia Walsh	Madeline Sym	_____
6	785 Alivia MacDonald	Madeline Sym	_____
7	817 Claire Simms	Madeline Sym	_____
8	794 Trinity Macphee	Madeline Sym	_____
9			_____
10			_____

Event 125 Boys Shot Put 2 throws 4kg Supported Junior

Monday 2023-05-15 - 11:00 AM

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	660 Gavin McCoy	Island View	_____
2	632 Roman Boudreau	Island View	_____
3	661 Sam McKeough	Island View	_____
4	650 Austin Lc	Island View	_____
5	522 Gregor Gillis	Georges P. V	_____
6	511 Max Anderson	Georges P. V	_____
7	529 Owen Lirette	Georges P. V	_____
8	463 Cooper Vandoninck	Five Bridges	_____
9	566 Deray Cain-Downey	Graham Creig	_____
10	615 Tanner Garrett	Harold T. Ba	_____
11	480 Vincent Fitzmorris	Gaetz Brook	_____
12	806 Temi Ogunsanya	Madeline Sym	_____
13	771 Caleb Grey	Madeline Sym	_____
14	770 Nick Gouthro	Madeline Sym	_____
15	789 Noah Macintyre	Madeline Sym	_____
16	757 Victor Callahan	Madeline Sym	_____
17	762 Brian David	Madeline Sym	_____
18	812 Ryan Roberts	Madeline Sym	_____
19	796 Cameron Martin	Madeline Sym	_____
20	750 Emmett Bernie	Madeline Sym	_____
21	772 Ryan Hazer	Madeline Sym	_____
22	792 Brayden Macphee	Madeline Sym	_____
23	759 Jax Carter	Madeline Sym	_____
24	767 Lucas Fulthorpe	Madeline Sym	_____
25	811 Scott Rankin	Madeline Sym	_____
26	788 Isaiah Macintyre	Madeline Sym	_____
27	787 Camden Macgregor	Madeline Sym	_____
28	881 Hindowa Conteh	Ridgecliff M	_____
29	82 Jacob Melanson	Astral Drive	_____
30	63 Owen Jewer	Astral Drive	_____
31	111 Evan Tremblay	Astral Drive	_____
32			_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 126 Girls Shot Put 2 throws 3kg Supported Senior

Monday 2023-05-15 - 11:00 AM

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	294 Brooke Emms	Charles P. A		_____
2	162 Jorja McCallum	Auburn Drive		_____
3	127 Makenah Brown	Auburn Drive		_____
4	141 Olivia Ferus	Auburn Drive		_____
5	190 Brooklyn Willis	Auburn Drive		_____
6	135 Courtney Diggs	Auburn Drive		_____
7	201 Rhya Fredericks -dunphy	Bay View Hig		_____
8	232 Jada Selig	Bay View Hig		_____
9				_____
10				_____

Event 127 Boys Shot Put 2 throws 4kg Supported Senior

Monday 2023-05-15 - 11:00 AM

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	343 Kai MacDonald	Cole Harbour		_____
2	348 Dennis Turner	Cole Harbour		_____
3	292 Sean Clancy	Charles P. A		_____
4	297 Joseph Flewelling	Charles P. A		_____
5	329 Jack Thornhill	Charles P. A		_____
6	289 Owen Charlton	Charles P. A		_____
7	303 Declan Harding	Charles P. A		_____
8	200 Jackson Fox	Bay View Hig		_____
9	215 Logan MacDougall	Bay View Hig		_____
10	646 Bj Gibson	Island View		_____
11	640 Parker Dunfield	Island View		_____
12	676 Noah Welton	Island View		_____
13	644 Landon Fredricks	Island View		_____
14	128 Ethan Byrne	Auburn Drive		_____
15	148 Matthew Irving	Auburn Drive		_____
16	140 Joseph Ferguson	Auburn Drive		_____
17	165 Saul Miller	Auburn Drive		_____
18	189 Jaylin White	Auburn Drive		_____
19	149 William Irving	Auburn Drive		_____
20	161 Nic Mavrin	Auburn Drive		_____
21	126 Radell Brooks	Auburn Drive		_____
22	179 Ryan Thompson	Auburn Drive		_____
23	172 Jayden Sanford	Auburn Drive		_____
24				_____
25				_____

Event 128 Girls Long Jump 2 attempts Supported Junior

Monday 2023-05-15 - 12:00 PM

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	824 Sophia Walsh	Madeline Sym		_____
2	817 Claire Simms	Madeline Sym		_____
3	785 Alivia MacDonald	Madeline Sym		_____
4	807 Avah O'Quinn	Madeline Sym		_____
5	269 Maggie Mills	Brookside Ju		_____
6	519 Claire Fahey	Georges P. V		_____
7	619 Maliah Lucas	Harold T. Ba		_____
8				_____
9				_____
10				_____

Event 129 Boys Long Jump 2 attempts Supported Junior

Monday 2023-05-15 - 12:00 PM

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	529 Owen Lirette	Georges P. V		_____
2	511 Max Anderson	Georges P. V		_____
3	522 Gregor Gillis	Georges P. V		_____
4	82 Jacob Melanson	Astral Drive		_____
5	111 Evan Tremblay	Astral Drive		_____
6	63 Owen Jewer	Astral Drive		_____
7	615 Tanner Garrett	Harold T. Ba		_____
8	480 Vincent Fitzmorris	Gaetz Brook		_____
9	566 Deray Cain-Downey	Graham Creig		_____
10	881 Hindowa Conteh	Ridgecliff M		_____
11	750 Emmett Bernie	Madeline Sym		_____
12	792 Brayden Macphee	Madeline Sym		_____
13	812 Ryan Roberts	Madeline Sym		_____
14	767 Lucas Fulthorpe	Madeline Sym		_____
15	796 Cameron Martin	Madeline Sym		_____
16	770 Nick Gouthro	Madeline Sym		_____
17	788 Isaiah Macintyre	Madeline Sym		_____
18	771 Caleb Grey	Madeline Sym		_____
19	762 Brian David	Madeline Sym		_____
20	811 Scott Rankin	Madeline Sym		_____
21	806 Temi Ogunsanya	Madeline Sym		_____
22	772 Ryan Hazer	Madeline Sym		_____
23	759 Jax Carter	Madeline Sym		_____
24	789 Noah Macintyre	Madeline Sym		_____
25	787 Camden Macgregor	Madeline Sym		_____
26	757 Victor Callahan	Madeline Sym		_____
27				_____
28				_____



**2023 SSNS Capital COUNTY District
Meet Program**

Event 130 Girls Long Jump 2 attempts Supported Senior

Monday 2023-05-15 - 12:00 PM

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	294 Brooke Emms	Charles P. A	_____
2	127 Makenah Brown	Auburn Drive	_____
3	190 Brooklyn Willis	Auburn Drive	_____
4	141 Olivia Ferus	Auburn Drive	_____
5	162 Jorja McCallum	Auburn Drive	_____
6	135 Courtney Diggs	Auburn Drive	_____
7			_____
8			_____

Event 131 Boys Long Jump 2 attempts Supported Senior

Monday 2023-05-15 - 12:00 PM

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	343 Kai MacDonald	Cole Harbour	_____
2	348 Dennis Turner	Cole Harbour	_____
3	198 Michael Corcoran	Bay View Hig	_____
4	200 Jackson Fox	Bay View Hig	_____
5	297 Joseph Flewelling	Charles P. A	_____
6	329 Jack Thornhill	Charles P. A	_____
7	289 Owen Charlton	Charles P. A	_____
8	292 Sean Clancy	Charles P. A	_____
9	303 Declan Harding	Charles P. A	_____
10	148 Matthew Irving	Auburn Drive	_____
11	189 Jaylin White	Auburn Drive	_____
12	128 Ethan Byrne	Auburn Drive	_____
13	165 Saul Miller	Auburn Drive	_____
14	149 William Irving	Auburn Drive	_____
15	179 Ryan Thompson	Auburn Drive	_____
16	126 Radell Brooks	Auburn Drive	_____
17	172 Jayden Sanford	Auburn Drive	_____
18	161 Nic Mavrin	Auburn Drive	_____
19			_____
20			_____

Event 132 Girls 200 Meter Run Para

Tuesday 2023-05-16 - 11:30 AM

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	908 Sophia Phillips	Ridgecliff M	_____
2			_____
3			_____
4			_____
5			_____
6			_____
7			_____
8			_____

Event 134 Girls 800 Meter Run Para

Tuesday 2023-05-16 - 12:30 PM

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	908 Sophia Phillips	Ridgecliff M	_____
2			_____
3			_____
4			_____
5			_____
6			_____
7			_____
8			_____
9			_____

Event 136 Girls Shot Put 3.0 Kg Para

Tuesday 2023-05-16 - 1:30 PM

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	908 Sophia Phillips	Ridgecliff M	_____

Event 139 Girls 50 Meter Dash Non-Amb Spec Wheelchair Wheelchair

Monday 2023-05-15 - 10:00 AM

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	426 Olivia Gushue	Five Bridges	_____
2			_____
3			_____
4			_____
5			_____
6			_____
7			_____
8			_____

