May 13th Schedule

11:15am- Stadium Open for Men and Women Long Jump Warm Up and Women’s Javelin Warm Up

11:45am Women’s Javelin Throw

12:30pm Men’s Javelin Warm

12:45pm Men’s Javelin Throw

1:30pm-Men and Women Hammer Warm Up and Men and Women High Jump Warm Up

1:20pm Men and Women Hammer Throw

2:00pm Men and Women High Jump

2:15pm Men and Women Shot Put Warm Up and

2:30pm Men and Women Shot Put Throw and Men and Women Triple Jump Warm Up

2:45pm Men and Women Triple Jump

3:15pm Women’s Discus Warm Up

3:30pm Women’s Discus Throw

4:15pm Men Discus Warm Up

4:30pm Men Discus Throw