Calgary Spring Challenge and Combined Event

Saturday May 13, 2023 Track Field Long Jump #1 Long Jump #2 High Jump Throws #1 Throws #2 9:00am 9:00am 9:00am 10:00am 10:00am 10:00am 10:00am 10:00am 10:00am 10:00am 0////18/M High Jump 10:00am 10:00am 0////18/M High Jump 10:00am 10:00am 0////18/M High Jump 10:00am 10:00am 10:00am 0////18/M High Jump 10:00am 10:00am 0////18/M High Jump 10:00am 10:00am 0////18/M High Jump 10:00am 10:00am 10:00am 10:00am 0////18/M High Jump 10:00am 10:00am 10:00am 0////18/M High Jump 10:00am 10:00am 10:00am 10:00am <th>Throws #3</th> <th>Pole Vault</th> <th>Field</th>	Throws #3	Pole Vault	Field
9:00am 9:00am 1 <td< th=""><th></th><th>Pole Vault</th><th>Field</th></td<>		Pole Vault	Field
9:30am 9:30a	U12/U10 B T.Jav		
	U12/U10 B T.Jav		
	U12/U10 B T.Jav		
10:00am Decathlon 100m (OM/U20/U18/Mst) 10:00am OM/U18M High Jump	U12/U10 B T.Jav		
10:00am Decathlon 100m (OM/U20/U18/Mst) 10:00am OM/U18M High Jump	U12/U10 B T.Jav		
	U12/U10 B T.Jav		
10:15am OW/MstW Discus Throw Pent Shot Put	U12/U10 B T.Jav		
10:30am 100m Hurdles OW Hts 10:30am U12/U10 G Long Jump			10:30am
10:45am Heptathlon 100m Hurdles 2 pits			
11:00am 100m Hurdles U18W Hts 11:00am Decathlon Long Jump			11:00am
Heptathlon 80m Hurdles			
11:15am 80m Hurdles U16G Hts 11:15am			11:15am
80m Hurdles U14			
11:30am 1500m Timed Finals 11:30am OM/U20M/MstM Shot Put			11:30am
11:45am 1200m Timed Finals U16 11:45am U12/U10 B Long Jump One of the second se	U12/U10 G T.Jav		11:45am
	012/010 G 1.5av		11.4Jaili
			12:00pm
12:15pm 80m Hurdles Final U16G 12:15pm OW Long Jump U16/U18 G Javelin			12:15pm
12:30pm 100m Hurdles Final U18W 12:30pm W Heptathlon High jump			12:30pm
12:45pm 100m Hurdles Final OW 2 pits			12:45pm
100m Hurdles Final U16B			<u> </u>
80m Timed Finals			<u> </u>
12:45pm LUNCH 12:45pm			<u> </u>
1:00pm		OW Pole Vault	1:00pm
1:15pm			<u> </u>
1:30pm U14G Long Jump	U14B Javelin		1:30pm
1:45pm 100m Heats 1:45pm 2 pits			1:45pm
2:00pm OM Long Jump Decathlon High Jump Throw Pent Javelin			2:00pm
2:15pm			2:15pm
2:30pm 60m Timed Finals W Heptathlon Shot Put		OM Pole Vault	2:30pm
2:45pm OW/MstW Javelin			2:45pm
3:00pm 100m Finals 3:00pm			3:00pm
3:15pm 3:15pm U14B Long Jump OW/U18 W High Jump	U14G Javelin		3:15pm
3:30pm 3:30pm U18M Long Jump 2 pits U16/U18 G Discus Throw Pent Weight			3:30pm
3:45pm Heptathlon 200m 3:45pm			3:45pm
4:00pm 600m Timed Finals U12 4:00pm			4:00pm
4:15pm 300m Timed Finals (U16/U10) 4:15pm			
4:30pm Decathlon 400m 4:30pm PARA Shot Put / Javelin			4:30pm
4:45pm 400m Timed Finals 4:45pm U16G High Jump Seated			4:45pm
5:00pm 5:00pm OM/U20M/MstM/U18B/U16B Hammer			5:00pm
5:15pm 5:15pm			5:15pm
5:30pm 1200m Timed Finals U14 5:30pm			5:30pm
5:45pm Steeplechase 5:45pm			<u> </u>
6:00pm 6:00pm	1		
6:15pm 4x100m 5:45pm	1	1	5:45pm

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FINAL So	chedule Overview	(as of May 10	(as of May 10, 2023) Times Are Approximate - Please confirm with the OFFICIAL schedule								
Sunday I	May 14, 2023										
Track		Field	Long Jump #1	Long Jump #2	High Jump	Throws #1	Throws #2	Throws #3	Pole Vault	Field	
9:00am	2000m	9:00am				OM/MstM/U18M/U16B Javelin				_	
	3000m	9:30am			U16B High Jump						
9:45am	110m Hurdles U18M Hts	9:45am									
	110m Hurdles OM/U20M Hts										
10:00am	Decathlon 110m Hurdles	10:00am	U18W Long Jump	U12/U10 B ST.Long Jump			O/Mast W Shot Put	U12/U10 G Shot Put		10:00am	
10:05am				2 pits							
10:10am											
10:15am		10:15am								10:15am	
10:30am	Pentathlon 100m Hurdles U16B	10:30am								10:30am	
10.00811	Pentathlon 80m Hurdles U16G										
10·45am	110m Hurdles U18M Final	10:45am				Decathlon Discus				10:45am	
roroum	110m Hurdles OM/U20M Final	<u>10.40</u>				Boodamon Bloods				10.404	
11:00am		11:00am		U12/U10 G ST.Long Jump			U16/U18 G Shot Put	U12/U10 B Shot Put		11:00am	
11:15am	Zuoni neals	11:15am		2 pits	U16G Pentathlon High Jump		010/010 0 0100 Fut	012/010 D Shot P ut		11:15am	
11:30am		11:30am		2 pits		OM/U20/MastM Discus				11:30am	
11:45am		11:45am									
12:00pm		12:00pm		U16B Long Jump					Decathlon Pole Vault	11:45am 12:00pm	
	150m Timed Finals U14	12:00pm		UT6B Long Jump					Decamon Pole vauit	12:00pm	
12:15pm	150m Timed Finals 014						MD Dawteth Law Object Dat				
12:30pm		12:30pm					MB Pentathlon Shot Put			12:30pm	
12:45pm	150m Timed Finals U12/U10	<u>12:45pm</u>				U16/U18 B Discus				12:45pm	
1:00pm		<u>1:00pm</u>								1:00pm	
1:15pm	LUNCH	<u>1:15pm</u>			U16B Pentathlon High Jump		MG Pentathlon Shot Put			1:15pm	
1:30pm		<u>1:30pm</u>								1:30pm	
1:45pm		1:45pm	OW/U18/U16W Triple Jump			W Heptathlon Javelin				1:45pm	
2:00pm	200m Finals	2:00pm			U14B High Jump		U14G Shot Put			2:00pm	
2:15pm		215pm		U16G Pentathlon Long Jump	2 pits					215pm	
2:30pm	200m Hurdles	2:30pm								2:30pm	
2:45pm	400m Hurdles	2:45pm				Decathlon Javelin				2:45pm	
3:00pm	800m	3:00pm	OM/U18M/U16M Triple Jump	U16G Long Jump						3:00pm	
8:15pm		3:15pm			U14G High Jump		U14B Shot Put			3:15pm	
3:30pm		3:30pm			2 pits					3:30pm	
3:45pm	Heptathlon 800m	3:45pm				OW/U16G/U18W/MstW Hammer					
4:00pm	600m Timed Finals U10	4:00pm									
	1000m Timed Finals U12										
4:15pm	Pentathlon 1000m U16B	4:15pm									
	Decathlon 1500m										
	Pentathlon 800m U16G										
4:30pm	4x200m Mixed	4:30pm									
4:45pm	800m U14										
5:00pm	Distance Medley										
5:15pm		5:15pm									

Times are approximate and may be adjusted to accommodate the Combined Events Competition