FINAL Schedule Overview

Saturday May 13, 2023

Track		Field	Long Jump #
9:00am		9:00am	
:30am		9:30am	
0:00am	Decathlon 100m (OM/U20/U18/Mst)	10:00am	
		10:15am	
0:30am	100m Hurdles OW Hts	10:30am	
0:45am	Heptathlon 100m Hurdles		
1:00am	100m Hurdles U18W Hts	11:00am	Decathlon Long Jump
	Heptathlon 80m Hurdles		
11:15am	80m Hurdles U16G Hts	11:15am	
	80m Hurdles U14		
1:30am	1500m Timed Finals	11:30am	
1:45am	1200m Timed Finals U16	11:45am	
12:00pm		12:00pm	
	80m Hurdles Final U16G	12:15pm	OW Long Jump
	100m Hurdles Final U18W	12:30pm	ovv zeng camp
	100m Hurdles Final OW	12.00pm	
2.40pm	100m Hurdles Final U16B		
	80m Timed Finals		
2:45pm	LUNCH	12:45pm	
:00pm	LUNCII	1:00pm	
:15pm		1.00piii	
:30pm		1:30pm	
:45pm	100m Heats	1:45pm	
:00pm	Toom Heats	2:00pm	OM Long Jump
:15pm		2:15pm	OM Long Jump
	60m Timed Finals		
:30pm :45pm	Oom Finicu I IIIais	2:30pm 2:45pm	
:45pm	100m Finals	2:45pm 3:00pm	1
:15pm	TOOH I IIIais	3:00pm 3:15pm	1
		3:15pm	1119M Long Jump
3:30pm	Heptathlon 200m	3:30pm	U18M Long Jump
:45pm	600m Timed Finals U12	3:45pm	
:00pm		4:00pm	
:15pm	300m Timed Finals (U16/U10)	4:15pm	
:30pm	Decathlon 400m	4:30pm	
:45pm	400m Timed Finals	4:45pm	1
5:00pm		5:00pm	1
5:15pm		5:15pm	
5:30pm	1200m Timed Finals U14	5:30pm	
:45pm	Steeplechase	5:45pm	
3:00pm		6:00pm	
6:15pm	4x100m	5:45pm	

(as of May 10, 2023)

Field	Long Jump #1	Long Jump #2	High Jump	Throws # 1	Throws #2	Throws #3	Pole Vault	Field
9:00am				Throw Pent Hammer	U18/U16 B Shot Put			
9:30am								
10:00am			OM/U18M High Jump					
10:15am			OW/ O TOWN T HIGH GUITIP	OW/MstW Discus	Throw Pent Shot Put			
10:30am		U12/U10 G Long Jump		Owninstw biscus	THOW I CHI CHOLT UL	U12/U10 B T.Jav		10:30am
10.00411		2 pits				012/010 B 1.00V		10.000111
11:00am	Decathlon Long Jump	2 pils						11:00am
11.00am	Decamon Long Jump							11.00am
44.45								44.45
11:15am								11:15am
11:30am				Throw Pent Disus	OM/U20M/MstM Shot Put			11:30am
11:45am		U12/U10 B Long Jump				U12/U10 G T.Jav		11:45am
		2 pits						_
12:00pm								12:00pm
12:15pm	OW Long Jump			U16/U18 G Javelin				12:15pm
12:30pm			W Heptathlon High jump					12:30pm
			2 pits					12:45pm
12:45pm								
1:00pm					Decathlon Shot Put		OW Pole Vault	1:00pm
1:30pm		U14G Long Jump				U14B Javelin		1:30pm
1:45pm		2 pits						1:45pm
2:00pm	OM Long Jump		Decathlon High Jump	Throw Pent Javelin				2:00pm
2:15pm	g							2:15pm
2:30pm					W Heptathlon Shot Put		OM Pole Vault	2:30pm
2:45pm				OW/MstW Javelin	W Hoptainon oner at		OW F OIC VALUE	2:45pm
				Ownivistiv daveiiii				3:00pm
3:00pm		U14AD Languigner	OW/H149 W Himb Juman			U14G Javelin		
3:15pm		U14B Long Jump	OW/U18 W High Jump	Lucauta o D:	T. D. (W.) (U14G Javelin		3:15pm
	U18M Long Jump	2 pits		U16/U18 G Discus	Throw Pent Weight			3:30pm
3:45pm								3:45pm
4:00pm						+		4:00pm
4:15pm								+
4:30pm					PARA Shot Put / Javelin	+		4:30pm
4:45pm			U16G High Jump		Seated			4:45pm
5:00pm				OM/U20M/MstM/U18B/U16B Hammer				5:00pm
5:15pm								5:15pm
5:30pm								5:30pm
5:45pm								
6:00pm								
5:45pm								5:45pm

FINAL Schedule Overview Sunday May 14, 2023 (as of May 10, 2023)

Times Are Approximate - Please confirm with the OFFICIAL schedule

Track 9:00am 2000m 3000m 9:45am 110m Hurdles U18M Hts 110m Hurdles OM/U20M Hts 10:00am Decathlon 110m Hurdles 10:05am 10:10am 10:15am Pentathlon 100m Hurdles U16B 10:30am Pentathlon 80m Hurdles U16G 10:45am 110m Hurdles U18M Final 110m Hurdles OM/U20M Final 11:00am 200m Heats 11:15am 11:30am 11:45am 12:00pm 12:15pm 50m Timed Finals U14 12:30pm 150m Timed Finals U12/U10 12:45pm 1:00pm 1:15pm LUNCH 1:30pm 1:45pm 2:00pm 200m Finals 2:15pm 2:30pm 2:45pm 400m Hurdles 3:00pm 800m 3:15pm 3:30pm 3:45pm 4:00pm 600m Timed Finals U10 1000m Timed Finals U12 Pentathlon 1000m U16B 4:15pm Decathlon 1500m Pentathlon 800m U16G 4:30pm 4x200m Mixed 00m U14 4:45pm 5:00pm Distance Medley 5:15pm

Field	Long Jump #1	Long Jump #2	High Jump	Throws #1	Throws #2	Throws #3	Pole Vault	Field
9:00am				OM/MstM/U18M/U16B Javelin				
9:30am			U16B High Jump					
9:45am			3 - 1					
10:00am	U18W Long Jump	U12/U10 B ST.Long Jump			O/Mast W Shot Put	U12/U10 G Shot Put		10:00am
10.004.11	O TOTT ESTING CAMP	2 pits			C/Mast IV Chot I at	0.12/0.10.0.0.0001.00		10.000
		2 pito						
10:15am								10:15am
10.104111								TO. TOURT
10:30am								10:30am
10.30aiii								10.50am
10:45am				Decathlon Discus				10:45am
10.45aiii				Decaution Discus				10.45am
11.00		LI42/LI40 C ST Lang lump			LIAC/LIAC C Chat Dut	LIAO/LIAO D. Chat Dut		11:00am
11:00am		U12/U10 G ST.Long Jump	HIACO Demonstrate Lange Library Income		U16/U18 G Shot Put	U12/U10 B Shot Put		
11:15am	1146D Dentethlen Leng Jump	2 pits	U16G Pentathlon High Jump	OM/U20/MactM Discus				11:15am
11:30am	U16B Pentathlon Long Jump			OM/U20/MastM Discus				11:30am
11:45am		LIACD Law or Justice					Desembles Dele Vesilo	11:45am
12:00pm		U16B Long Jump					Decathlon Pole Vault	12:00pm
12:15pm					MDD . III OL ID I			12:15pm
12:30pm	W Heptathlon Long Jump			1140#140 B B:	MB Pentathlon Shot Put			12:30pm
12:45pm				U16/U18 B Discus				12:45pm
1:00pm								1:00pm
1:15pm			U16B Pentathlon High Jump		MG Pentathlon Shot Put			1:15pm
1:30pm								1:30pm
1:45pm	OW/U18/U16W Triple Jump			W Heptathlon Javelin				1:45pm
2:00pm			U14B High Jump		U14G Shot Put			2:00pm
215pm		U16G Pentathlon Long Jump	2 pits					215pm
2:30pm								2:30pm
2:45pm				Decathlon Javelin				2:45pm
3:00pm	OM/U18M/U16M Triple Jump	U16G Long Jump						3:00pm
3:15pm			U14G High Jump		U14B Shot Put			3:15pm
3:30pm			2 pits					3:30pm
3:45pm				OW/U16G/U18W/MstW Hammer				
4:00pm								
								+
4:15pm								
4:30pm								
5:15pm								