

# Edmonton Columbians Spring Challenge

Saturday, May 6, 2023

## Track Schedule

<b>10:00</b>	1500 RW	Masters Women and Men	(2) 1 race
<b>10:15</b>	80mH (27")	U14 Girls	(6) 1 race
<b>(Prelims)</b>		U14 Boys	(3) 1 race
	80mH (30")	U16 Girls	(6) 1 race
	100mH (30"/33")	U18/U20 Women	(2) 1 race
	100mH (33")	U16 Boys	(1) 1 race
	110mH (33"/36")	U20 Men	(2) 1 race
<b>10:45</b>	60m	U10/U12 Girls	(1)+(9) 2 races
		U10/U12 Boys	(2)+(6) 1 race
	80m	U14 Girls	(11) 2 races
		U14 Boys	(11) 2 races
<b>11:00</b>	100m Prelims	U16 Women	(5) 1 race
		U16 Men	(10) 1 race
		U18/U20/Masters Women	(4)+(1)+(1) 1 race
		U18 Men	(4) 1 race
		U20 Men	(11) 2 races
		Senior Men	(3) 1 race
		Masters Men	(4) 1 race
<b>LUNCH BREAK</b>			
<b>12:30</b>	80mH (27")	U14 Girls	(6) 1 race
<b>(Finals)</b>		U14 Boys	(3) 1 race
	80mH (30")	U16 Girls	(6) 1 race
	100mH (30"/33")	U18/U20 Women	(2) 1 race
	100mH (33")	U16 Boys	(1) 1 race
	110mH (33"/36")	U20 Men	(2) 1 race
<b>1:15</b>	300m	U10 Girls/Boys	(1)+(1) 1 race
	600m	U12 Girls	(6) 1 race
		U12 Boys	(3) 1 race
	800m	U14 Girls	(6) 1 race
		U14 Boys	(6) 1 races
		U16/U18/Masters Women	(1)+(1)+(1) 1 race
		U16 Boys	(4) 1 race

**2:00**      100m Finals      U16 Women  
U16 Men  
U18/U20/Masters Women  
U18 Men  
U20 Men  
Senior Men  
Masters Men

## Saturday Field Schedule

### Ball Throw

**8:30** U14 Girls/Boys  
**9:00** U12 Girls/Boys  
**9:45** U10 Girls/Boys

### Javelin Throw

**9:00** U14 Girls/Boys  
**9:30** Men:U16/U20/Masters  
**11:00** Women:U16/U18/U20/Sen/Mast

### Long Jump (Pit #1)

**9:30** U12 Girls  
**10:15** U10/U12 Boys  
**11:00** U14 Girls

### Long Jump (Pit #2)

**9:30** U14 Boys  
**10:15** Men:U16/U20/Sen

### Lunch

**12:30** U16 Girls  
**2:00** Women:U18/U20/Mast

### Triple Jump (Pit #2)

**11:30** Women:U16/U20/Mast

### Lunch

**1:00** Men:U16/U20/Sen

### Shot Put (Circle #1)

**12:30** U10/U12 Boys  
**1:15** Men:U16/U18/U20  
**2:15** U14 Boys  
**3:00** Master Men

### Shot Put (Circle #2)

**12:30** U10/U12 Girls  
**1:15** Women:U16/U18  
**2:15** U14 Girls  
**3:00** Women:U20/Sen/Mast

# Edmonton Columbians Spring Challenge

Sunday, May 7, 2023

## Track Schedule

<b>10:00</b>	150m	U10/U12 Boys	(1)+(1) 1 race
		U12 Girls	(6) 1 race
		U14 Girls	(8) 2 races
		U14 Boys	(6) 1 race
<b>10:30</b>	200m	U16 Women	(3) 1 race
		Men:U16/U18	(6)+(1) 1 race
		Women:U18/Mast	(3)+(1) 1 race
		Men:U20/Sen	(10)+(1) 2 races
		Masters Men	(2) 1 race
<b>LUNCH BREAK</b>			
<b>12:30</b>	600m	U10 Girls	(2) 1 race
	1000m	U12 Girls	(3) 1 race
		U12 Boys	(2) 1 race
	1200m	Girls:U14/U16	(5)+(1) 1race
		Boys:U14/U16	(2)+(2) 1 race
<b>1:00</b>	1500m	U18 Women	(1)
		U20 Men	(1)
<b>1:20</b>	300	U16 Girls	(3) 1 race
		U16 Men	(2) 1 race
	400	U18 Women	(4) 1 race
		Men:U20/Sen	(4)+(1) 1 race

## Sunday Field Schedule

### High Jump #1 (blue mat)

9:00 U14 Boys

10:45 U16 Boys

### Lunch

12:30 Women:U16/U18/Mast

2:30 Men:U18/U20/Sen/Mast

### High Jump #2 (pink mat)

9:00 U14 Girls

10:15 U12 Girls

### Pole Vault

12:30 U18/U20/Sen (Men and Women)

### Discus

8:30 Men:U16/U18/U20/Masters

10:00 U14:Girls and Boys

11:30 Women:U16/U18/U20/Sen/Masters

### Hammer

1:00 Men:U16/U18/U20/Sen/Masters

2:30 Women:U16/U18/U20/Sen/Masters