

# Lethbridge Track and Field Classic 2023

Saturday June 3, 2023

**First Annual** 

U10, U12 & U14 Athletes

Hosted by Lethbridge Track And Field Club Sanctioned by Athletics Alberta

LTFC welcomes you to the 2023 Lethbridge Track and Field Classic

Meet Director: Amanda Hillier hillieramanda@aol.com

Assistant Meet Director: Chris Witkowski cwitkowski970@msn.com

Facility: University of Lethbridge Community Sports Stadium (Outdoor)

4415 University Dr W, Lethbridge, AB T1K 3M4

Facility Description – https://www.ulethbridge.ca/sportrec/community-sports-stadium

**Track Surface** – 8 lane BSS-1000 IAAF Certified surface. Bio-engineered force reduction layer with very fine SBR rubber and environmentally friendly polyurethane.

**Maximum spike length** – Spikes must not be longer than 7mm in length and only pyramid type spikes are permitted

Runways – same as the track surface. Javelin runway, long jump, triple jump, pole vault.

**Throwing Circles** – 2 concrete shot put circles and a throwing area are for hammer throw and discus which also have respective concrete throwing circles.

**Washrooms/Change Rooms** – Men's and women's washrooms available for public use. 1 individual unisex washroom. 4 separate change rooms each with washrooms and showers. Change rooms 1/2 and 3/4 have a dividing door that can be lifted to make larger change rooms.

Conscession: Enmax runs a concession on site.

**First Aid** – There will be Horns Rec Operations staff present during the event who are certified in first aid. There will also be a visible first aid station accessible.

U 10 - Born 2015 & 2014	60m, Long Jump, Shot Put	4x100m
U 12 - Born 2013 & 2012	80m, Long Jump, Shot Put	4x100m
U 14 - Born 2011 & 2010	100m, Long Jump, Discus	4x100m

Events / Age

### Groups:

Meet Information:

Entry Fee: \$25 per athlete

\$25 per relay team

Entry Deadline: Friday May 26, 2023, midnight

Late Entry: Late entries will be accepted at the Meet Director's discretion

with an additional fee of \$10

Registration: Lethbridge Track & Field Classic Online Registration | TrackieReg

Late Entry / Scratch Deadline: Tuesday May 30, midnight.

Entries can be edited on Trackie till the entry deadline. Scratches will be

refunded.

#### **GENERAL INFORMATION**

#### Marshalling

TRACK EVENT Marshalling takes place at the start line of each race. Athlete must report to the start line 10 min before the event begins

FIELD EVENT Marshalling takes place at the event, 15 min prior to the stat of the event

Competition numbers must be worn on the front for all events
Hip numbers must be worn on the right hip and shirts must be tucked in

All Track races are timed finals

No starting blocks will be used

Throwing implements will be provided

Scratches during the competition are to be submitted at the Finish Line Table

NO Spectators on the track surface. Spectators must stay in the bleachers and outside of the fence.

Results will be posted: <u>Calgary Track Council - Outdoor Meets 2023</u>

## TENTATIVE SCHEDULE (Saturday June 3, 2023)

#### **TRACK**

U10 Girls 60m

U10 Boys 60m

U12 Girls 80m

U12 Boys 80m

U14 Girls 100m

U14 Girls 100m

U10, U12, U14 Girls 4x100 Relay

U10, U12, U14 Boys 4x100 Relay

#### **FIELD**

**U14 Boys Discus** 

U14 Girls Long Jump

U10 Girls Long Jump

U10 Boys Shot Put

U12 Girls Long Jump

U12 Boys Shot Put

**U14 Girls Discus** 

U14 Boys Long Jump

U12 Girls Shot Put

U12 Boys Long Jump

U10 Girls Shot Put

U10 Boys Long Jump