



OKANAGAN INVITATIONAL KARATE CHAMPIONSHIPS

ALL BELT LEVELS

2 KATA MATCHES
3 KUMITE MATCHES
FOR ALL ATHLETES

5 YRS+

COMPETE WITH
ATHLETES YOUR
AGE AND LEVEL

TEAM KUMITE

RANDOM TEAMS
ASSIGNED AT EVENT

SUPER FUN

MEET NEW
FRIENDS

JOIN US IN CELEBRATING ALL DOJOS AND ATHLETES IN THE OKANAGAN

COME TOGETHER AND CHALLENGE OURSELVES IN FRIENDLY COMPETITION



**HOSTED BY
RHKA**

JUNE 3, 2023

QUIGLEY ELEMENTARY
KELOWNA, BC



OKANAGAN INVITATIONAL KARATE CHAMPIONSHIPS
JUNE 3RD, 2023
QUIGLEY ELEMENTARY SCHOOL

EVENT OVERVIEW

We are excited to offer this entry level competition to all Karate BC members. This event offers divisions for athletes of all skill levels under the age of 18. Even the World Karate Federation champions have to start at their very first competition, ones just like this!

COMPETITION INFORMATION

Location:

Quigley Elementary School
705 Kitch Road, Kelowna BC

Competition Date:

June 3, 2023

General Schedule:

9:00am-10am: Doors open, event setup

10:00am-3:00pm: Competition

3:00pm-4:00pm: Event teardown

Detailed schedule by age group will be released one week in advance of the competition.

REGISTRATION:

Spectators: FREE (Donation is appreciated)

Competitors:

- \$30 for first division
- \$15 each additional event

Registration due: May 26, 2023 (late registration not accepted)

Competitors may only compete at their own age/grade levels.

Using our convenient online registration is the fastest, easiest, and best way to register for this event. Visit <http://www.trackiereg.com/2023-OkanaganInvitational> to register today!

Online registration will close on May 26th at 11:59 pm PST.

Competition Format:

This event will be a fantastic opportunity for all karate-ka to test their skills in a non-threatening environment fostering growth and development. A great way for athletes to trial who sport karate is really all about.

- **Kata Rules:** Divisions of 6-8 athletes. All athletes will perform 1 kata. Top ½ will move on to a medal round, Bottom ½ will move on to a medal round. This way all athletes perform 2 kata's and compete for medals with athletes their skill level. Medals for all athletes.
- **Kumite Rules:** Divisions of 4 athletes. Round robin format. Top 2 athletes from the round robin compete 1 vs 1 for Gold/Silver. Each athlete will compete in 3 matches minimum. Medal for all athletes.
- **Team Kumite:** All athletes can enter their name for Team Kumite! Athletes will be assigned a random team made from all athletes from all dojos. This is a great opportunity to meet new friends and even the playing field. No dojo teams.

2023 WKF Kumite Rules – spread of 8 points – absolutely no face contact and minimal body contact. Penalty points as per KBC modifications will be enforced.

Each division will cap at 16 athletes only.

Dojo instructors are highly encouraged to come coach, officiate, and be a part of the event. This is an informative skill building competition series for everyone in the karate community including not only athletes, but coaches, volunteers and parents as well.

Protective Equipment

The following protective equipment is required for all Kumite competitors:

- WKF style red & blue Gloves/Mitts
- Red & blue belts
- WKF style Shin and Instep Protectors - either red/blue for athletes in advanced categories or ages 11+
- Mouth Guard
- Groin Protector (All Male competitors)
- WKF Approved Chest Protector for Females in age 14+ Advanced
- WKF approved Body Protector for all divisions 14+ Advanced

Novice & Intermediate can wear either RED or BLUE gloves and foot protectors when competing, must have RED and BLUE belt

REFEREE COURSE

To ensure fair play and experience of all participants will be made a priority the tournament committee will host a free referee course on Friday, June 2nd 5pm at Rodney Hobson Karate Academy. Attendees will review the latest WKF rules and the modifications being used at this event.

Volunteers

We couldn't host these tournaments without the help of our wonderful volunteers. Please note, you do not need to have tournament experience to volunteer. We will train you onsite and as needed throughout the day. This is a great way for kids to earn volunteer hours for school and a great way for parents to get involved with the karate community at a deeper level!

We need help in the following areas:

Set-Up

- Saturday morning night-helping to lay mats and set up competition area

Table help

- Scorekeeping at the tables
- Getting the athletes on deck ready

Runners

- marshaling and athletes to rings

Take down

- Saturday afternoon help dismantling the mats and the competition area