**Zone Legion Elementary Meet Saturday, June 3rd TDSS**

**\*\*ALL PARTICIPANTS WELCOME + 4 Events Max Per Student\*\***

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| ·         **Central Public School** |
| ·         **Ecole Assumption** |
| ·         **ECSS** |
| ·         **Elk Lake** |
| ·         **Englehart High School Elementary** |
| ·         **Englehart Public School** |
| ·         **ESCSM Grade 7 + 8** |
| ·         **Federal Public School** |
| ·         **Holy Family** |
| ·         **Kerns** |
| ·         **Kirkland Lake Composite 7 + 8** |
| ·         **Kiwetin** |
| ·         **Navigateurs** |
| ·         **NLPS** |
| ·         **Sacred Heart School** |
| ·         **St. Jerome** |
| ·         **St. Michel** |
| ·         **St. Croix** |
| ·         **St. Pats** |
| **·         TDSSE Grade 7 + 8** |
| **·         Temagami** |

**ELEMENTARY AGE CLASS + EVENTS 2023**

**Under 11**- Grade 3 and 4 students (Born in 2013, 2014)

Events (Boys and Girls) 60m Long Jump (Floating Board)

200m Vertical Jump

Chest Push (1kg)

Turbo Javelin 300mg

**Under 13**- Grade 5 and 6 students (Born in 2011 and 2012)

Events (Boys and Girls) 80m Long Jump (Floating Board)

200m Vertical Jump

600m Chest Push (1Kg)

Turbo Javelin 300mg

**Under 15**- Grade 7 and 8 students (Born in 2009 and 2010)

Events (Boys and Girls) 100m Long Jump

60m hurdles 60cm High Jump

300m Shot Put (Girls 3 KG –Boys 4KG)

800m Turbo Javelin 300mg

1200m

4x100m

**60m Hurdle Specs:**

Height 60 cm (second hole on Jr Elementary hurdles at TDSS)

Distance to first hurdle is 11.5 m.

Distance between is 7.5m.

Distance from last hurdle to finish is 11 m.

Flight of 6 hurdles.