

| FIELD    | 9(U10) |    | 10 (U12) |    | 11 (U12) |    | 12 (U14) |    | 13 (U14) |    | 14/15 (U16) |    | 16/17 (U18) |    | 18/19 (U20) |    | SENIORS/MASTERS (20+) |    |
|----------|--------|----|----------|----|----------|----|----------|----|----------|----|-------------|----|-------------|----|-------------|----|-----------------------|----|
| SATURDAY | 2014   |    | 2013     |    | 2012     |    | 2011     |    | 2010     |    | 2009/2008   |    | 2007/2006   |    | 2005/2004   |    | 2003 -                |    |
|          | F      | M  | F        | M  | F        | M  | F        | M  | F        | M  | F           | M  | F           | M  |             |    | F                     | M  |
| 9:00     | SP     |    | LJ       |    | LJ       |    |          |    | HT       |    | HT          |    | HJ          | JT |             | JT |                       |    |
| 9:45     |        | SP |          |    |          |    | JT       |    |          | HT | TJ          | HT |             | HJ |             |    |                       |    |
| 10:30    |        |    | LJ       |    | LJ       |    | JT       |    |          |    |             |    | SP          |    | HT          |    | HJ                    | HJ |
| 11:15    |        |    |          |    |          |    |          |    |          |    | TJ          |    | HT          | LJ | SP          | JT | JT                    |    |
| 12:45    |        |    |          |    |          |    |          |    |          |    | HJ          |    | HT          |    |             | LJ |                       |    |
| 1:30     |        |    |          |    |          |    |          |    |          |    |             | HJ |             |    | SP          | HT | LJ                    | LJ |
| 2:15     |        |    |          |    |          |    |          |    |          |    |             |    | SP          |    |             |    | HT                    | HT |
| 3:00     |        |    |          |    | SP       | LJ |          | LJ |          | LJ |             | DT | JT          |    | JT          |    |                       |    |
| 3:45     |        |    | JT       | SP |          |    |          | LJ |          | LJ |             |    |             |    |             |    |                       |    |
| 4:15     |        |    |          |    |          |    |          |    |          |    |             |    |             |    |             |    |                       |    |
|          |        |    |          |    |          |    |          |    |          |    |             |    |             |    |             |    |                       |    |
| SUNDAY   | 9(U10) |    | 10 (U12) |    | 11 (U12) |    | 12 (U14) |    | 13 (U14) |    | 14/15 (U16) |    | 16/17 (U18) |    | 18/19 (U20) |    | SENIORS/MASTERS (20+) |    |
|          | F      | M  | F        | M  | F        | M  | F        | M  | F        | M  | F           | M  | F           | M  |             |    | F                     | M  |
| 9:00     |        | LJ | JT       |    |          |    | DT       |    | DT       |    | SP          |    |             |    | HJ          |    |                       |    |
| 9:45     |        |    |          |    | JT       |    |          | DT |          | DT |             | SP |             | LJ |             | HJ |                       |    |
| 10:30    |        |    |          |    | JT       |    |          |    | HJ       |    | DT          |    | TJ          |    | DT          |    | SP                    |    |
| 11:15    |        |    |          |    |          |    |          |    | JT       | HJ | LJ          |    |             |    | TJ          | DT |                       | SP |
| 12:45    |        |    | SP       |    |          |    |          |    |          | JT |             | LJ | DT          | TJ |             |    |                       |    |
| 1:30     |        |    |          | SP |          |    |          |    |          |    | JT          |    | LJ          | DT |             | TJ |                       |    |
| 2:15     | LJ     |    |          |    |          |    | SP       |    | SP       |    |             | JT |             |    |             |    | TJ                    | TJ |
| 3:00     |        |    |          |    |          |    |          | SP |          | SP |             |    |             |    |             |    |                       |    |
| 3:45     |        |    |          |    |          |    |          |    |          |    |             |    |             |    |             |    |                       |    |
| 4:15     |        |    |          |    |          |    |          |    |          |    |             |    |             |    |             |    |                       |    |
| 430      |        |    |          |    |          |    |          |    |          |    |             |    |             |    |             |    |                       |    |

| SATURDAY | TRACK         |             |          |
|----------|---------------|-------------|----------|
| 9:00     | 80mH          | 100mH       | 110mH    |
| 9:45     | 1000m         | 1200m       | 1500m    |
| 10:30    | 100m heats    |             |          |
| 11:15    | 300m Finals   | 400m Finals |          |
| 12:00    | rascals       | JD awards   | cake     |
| 1:30     |               |             |          |
| 2:15     | 100m Finals   |             |          |
| 3:00     | 1500m SC      | 2000m SC    | 3000m SC |
| 3:45     | 4x100m relays |             |          |
| 4:15     |               |             |          |

| SUNDAY | TRACK         |       |  |
|--------|---------------|-------|--|
| 9:00   | 300mH         | 400mH |  |
| 9:45   | 2000m         | 3000m |  |
| 10:30  | 60m           |       |  |
| 11:15  | 200m heats    |       |  |
| 12:45  | 1500m RW      |       |  |
| 1:30   | 600m          | 800m  |  |
| 2:15   | 200m finals   |       |  |
| 3:00   | 4x400m relays |       |  |
| 3:45   |               |       |  |
| 4:15   |               |       |  |

**Track:** takes precedence over field; youngest to oldest; alternating female then male except hurdles

**Field:** 3 attempts up to age 13 (2010)

4 attempts for ages 14 + (2009) only

**Event conflicts:** check in with both events

**ATHLETES MUST LISTEN CAREFULLY FOR EVENT CALLS**