2022 North West Zones Championships

TENTATIVE SCHEDULE - for May 9, 2023

* Note: There will be pole vault offered for boys and girls starting at 2:30 pm

Field Events Schedule

** Hammer Throw for girls & boys will start as soon as the Girls Discus is finished.

Please note that the start times are NOT fixed. Any changes in these start times will be announced over the PA. Every attempt will be made to give 2 warm-up and 3 attempts for each throwing and horizontal jumps event. In High Jump, if time becomes an issue, the event will stop when 3 remain.

	HJ	TJ Pit 1	TJ Pit 2	LJ Pit 1	LJ Pit 2	SP	DT	HT	JT	PV
09:00 AM										
09:15 AM										
09:30 AM	Gr 8 Boys		All F/M			All Boys & Girls				
09:45 AM	0		0			0				
10:00 AM				Gr 8 Girls						
10:15 AM				0					All Boys	
10:30 AM	Sr M/W								0	
10:45 AM	0									
11:00 AM										
11:15 AM									All Girls	
11:30 AM				Jr Girls	Gr 8 Boys				0	
	Jr Girls/Boys			0	0					
12:00 PM	0									
12:15 PM							All Boys			
12:30 PM					Jr Boys		0			
12:45 PM	I				'O					
01:00 PM				Sr Boys						
01:15 PM				0			All Girls			
01:30 PM	0						0			
01:45 PM										
02:00 PM				Sr Girls						
02:15 PM				0				All Boys & Girls		
02:30 PM								0		All M/W
02:45 PM										0
03:00 PM								NOTE: the boys & girls HT will start		
03:15 PM								as soon as the girls DT is finished		
03:30 PM										
04:00 PM										