

2023 BC Interior Elementary Championship Events Offered

Group	Gr. 7	Gr. 6	Gr. 5	Gr. 4
60m			X	X
80m		X		
100m	X	X	X	X
200m	X			
300m	X	X	X	X
600m			X	X
800m	X	X		
4X100m	X	X	X	X
Medley Relay	X	X	X	X
Triple Jump	X	X	X	X
Long Jump	X	X	X	X
High Jump	X	X	X	X
Shot Put	X	X	X	X

NOTE - Athletes are limited to 3 individual events and 1 relay event each.