



2023 BC Athletics Masters Outdoor Track & Field Championships

Hosted by Okanagan Athletics Club
Sanctioned by:
BC Athletics

June 30 - July 2, 2023
Apple Bowl Stadium
Kelowna, BC

ABOUT:

The 2023 BC Athletics Outdoor Masters Track & Field Championships is the Provincial Championship in Track & Field for athletes aged 35+.

BC Athletics would like to thank Okanagan Athletics Club for hosting the 2023 Championships and to all the BC Athletics Officials and volunteers who will bring this event to life.

LOCATION:

Apple Bowl Stadium – 1555 Burtch Rd. Kelowna, BC V1Y 4A9

FACILITY:

Track: 8 lanes, 400m oval, polyurethane surface, fully automatic FinishLynx electronic timing. Complete jumps and throws areas. Change rooms available. A concession will be available.

MEET DIRECTOR:

Brad Heinzman

Email: president@okac.ca

MEET MANAGER:

Karen Hatch

Email: manager@okac.ca

BC ATHLETICS LIASON:

Megann VanderVliet

Email: Megann.vandervliet@bcathletics.org

ELIGIBLE ATHLETES:

- BC Athletics members who hold an ACTIVE COMPETITIVE ATHLETE membership or equivalent from another Prov/Terr or World Athletics Federation.
- Day of Event memberships are not available.



ENTRY INFORMATION:

ENTRY FEES:

- **Regular Entry Deadline is: 11:59pm – Monday, June 27th**
 - \$25 for the first individual event and \$20 for each additional event and relays
 - \$35 for Combined Events
- **Late Entry Deadline is: 10:00am – Wednesday, June 29th**
 - \$35 for first individual event and \$30 for each additional event and relays
 - \$45 for Combined Events

REGISTRATION & ENTRIES:

- All entries must be done online at TrackieReg.com
- Seed performances will be verified through Trackie. Performance must be set between January 1 – June 30, 2023.
- [REGISTER HERE](#)

COMPETITION RULES AND OTHER INFORMATION

REGISTRATION PACKAGES:

- Meet Information Packages and Competitor numbers will be available for pick up at the registration table (located next to the finish line tent) starting **Friday, June 30th after 4:00pm**. On Saturday and Sunday, the Registration table will be open at **7:30am**. There are no refunds once the online registration closes at midnight on **Monday, June 27th**.

COMPETITION CATEGORIES:

- Open to athletes aged 35+.
- Competition categories are in 5-year increments, with age determined on the first day of the meet.
- Depending on the number of entries, age groups may be combined for track events to maximize lanes.
- Women will compete first, oldest to youngest, followed by men, oldest to youngest.

AWARDS: (for finals events)

- BC Athletics Championship medals will be awarded in 5-year age groups.
- Medals will be awarded on the infield, opposite the stands. Professional photos will be taken by Candid Apple Photography.

MARSHALLING:

- For individual track events and relays, marshalling will be done at the start line of the race.



- For field events, check in at the individual field event area. Please be ready to check in 30 minutes prior to the start of your event.

COMPETITION NUMBERS:

- Each athlete will receive two (2) competition numbers which must be worn on the front and the back for all events (at the discretion of the official). Competitor's numbers will be included in the registration packages.
Hip numbers must be worn on both hips and on the upper-left chest area. Lost or destroyed numbers will be replaced with a \$5 replacement fee.

IMPLEMENTS:

- All implements will be supplied by the meet organizers.
- Athletes may use their own implements which must meet WA standards, and WMA standards for the athlete's age group. They must be weighed-in and measured at least **45 minutes** prior to competition start.
- The weigh-in station will be located at the Hammer Cage

SPIKE LENGTH:

- The maximum spike length allowed is 7mm (pyramid or Christmas tree) for all events except high jump and javelin. Maximum 9mm pyramid or Christmas tree for high jump and javelin. No needle spikes will be allowed.

ORDER OF EVENTS:

- For track events, women will compete first, oldest to youngest, followed by men, oldest to youngest.

ATHLETES WITH CONFLICTING EVENTS:

- Track and field events will go as scheduled. Athletes must notify the officials at all events which are in conflict. Athletes in field events **will forego their attempt in a round** if the round has been completed before they return.

QUALIFYING FOR FINALS

- **Field Events:** All athletes will be given 6 attempts.
- **Track Events:** All events will be run as timed finals.

COMPETITIVE ATTIRE:

- All Club athletes are encouraged to wear their Club issued uniform.
- Unattached athletes should wear suitable athletic gear.

PROTESTS:

- **WA Rule 8.2** "Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the results of that event."



- Result announcements and posting must be time stamped, and that time is considered the beginning of the 30-minute period. The Protest is made orally to the relevant Referee, e.g., the Field Referee for the Field event, or the Track Referee for the Track event.
- A protest concerning a false start shall be made to the Track Referee, or (if there is one) the Start Referee.
- Only an athlete or his /her representative may make a protest. The athlete must have been affected by the decision or result of the event. The protestor may contact the relevant Referee through the Meet Director or Technical Information Centre if the Referee is not immediately available. No deposit is required for a PROTEST.
- **WA RULE 8.4** In track events, “if an athlete makes an immediate oral protest having been charged with a false start, a Track Referee may, if they are in any doubt, allow the athlete to compete “under protest” in order to preserve the rights of all concerned.” Please also refer to the remaining rules in **RULE 8.4** for clarification of other potential issues.
- The Referee should record his/her decision and the reasons for that decision on the Protest and Appeal Form. This completed form is posted with the time and date of posting indicated. Once posted, any athlete affected has 30 minutes to lodge a protest concerning this decision.

APPEALS TO THE JURY:

- The original protestor, or anyone else affected by the Referee’s decision has the right to make an **APPEAL TO THE JURY** regarding the Referee’s decision, within 30 minutes of the official announcement of that decision. An **APPEAL TO THE JURY** shall be in writing and should cite the relevant Rule number. A \$50 deposit shall accompany an **APPEAL TO THE JURY**. The deposit will be refunded if the Appeal is successful. The deposit will not be refunded if the Appeal is denied.

JURY OF APPEAL:

- A jury of appeal consisting of three competent and qualified people will be available for decisions arising from protests. All decisions are final.

RECORDS:

- For BC Masters Records – no record forms are required.
- For Canadian Masters Records – The Provincial Record form is required. Proof of age must be on file with the CMA.
- For World Masters records – A WMA form must be completed. A WMA record form must be completed. For a track record, a Zero GunTest plus a copy of the photo-finish is also required. For a field record, a copy of the official event sheet is also required. The WMA now accepts only your birth certificate as your proof of age. The HOC will provide the meet results as required.



MEDICAL:

- St. John Ambulance will be onsite (to be confirmed).
- Nearest Hospital – Kelowna General Hospital (4km away)
 - 2268 Pandosy St. Kelowna, BC V1Y 1T2

CONCESSION:

- Located next to the stands near to the 100m start.

EVENT MERCHANDISE:

- Event merch will be available near the entrance to the Apple Bowl, next to the stands.

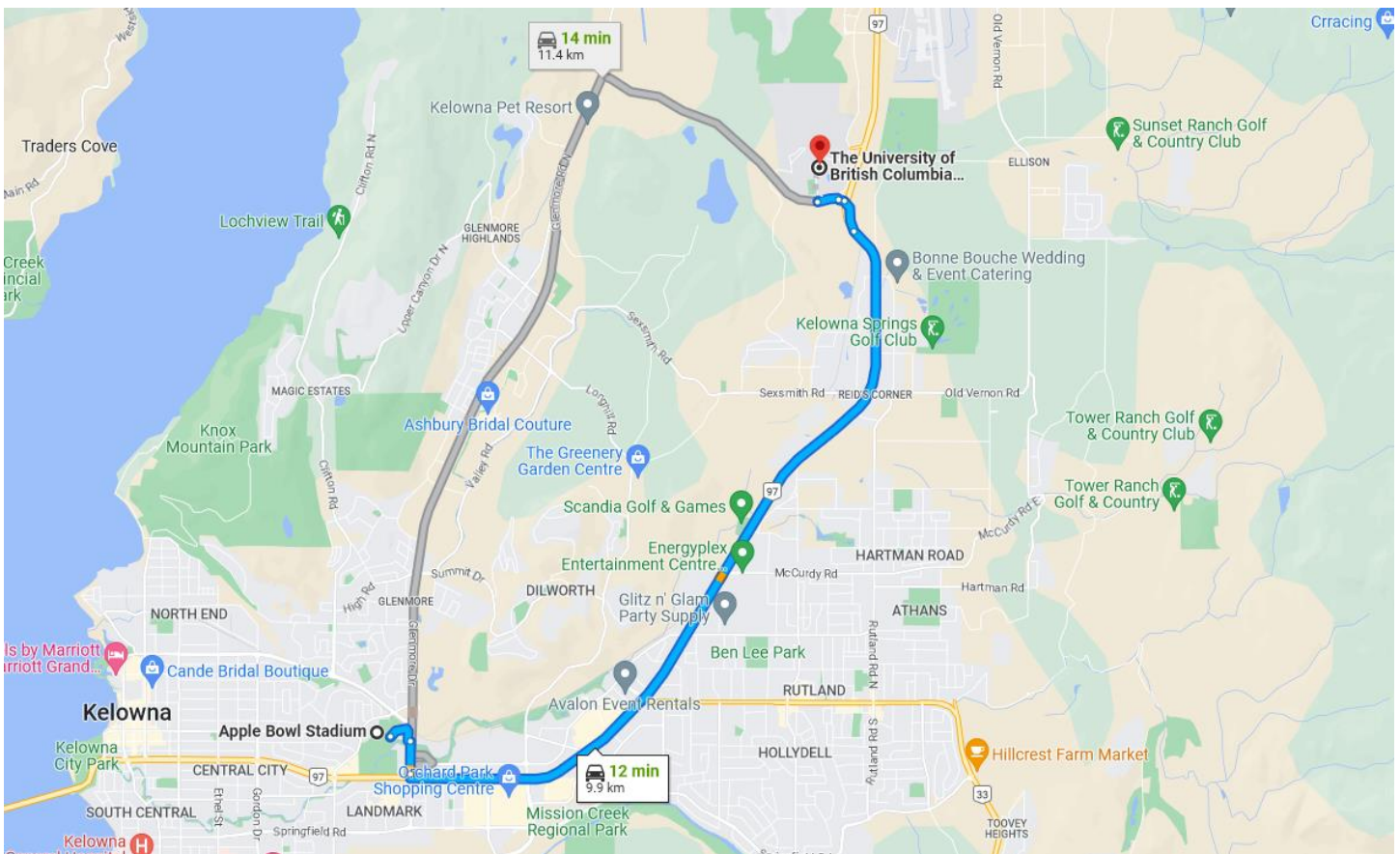




KELOWNA ACCOMODATIONS:

UBCO Summer Accommodation has provided a 5% discount on all room types to competitors and their families.

Please visit www.stayatubc.ca for information about staying on campus, then click on BOOK NOW and put in your arrival & departure date and the number of people in your group. In the SPECIAL CODES box, pick PROMOTIONAL and put in code **OOAC23** in the next box. Click SEARCH to see what is available. Code with the discounted rates is only valid for stays between June 30-July 3 (departure), 2023.



Hyatt Place (Walking distance to the Apple Bowl)

Recreation Inn & Suites

