Dear Coach, March 23, 2023

We are writing to invite your school to participate in the **45th Annual Hungerford- Burnbrae Farms Track & Field Classic** on Friday May 12th, 2023. Enclosed you will find pertinent meet information and a Confirmation of Entry Form. We can assure you that our meet will be a high quality competition that will prepare your athletes for Provincial qualifying competitions.

**Meet information will updated on Trackie.com.**

**\*\* Note – our method of registration will be through Trackie.com**

**Entry Fee**

* The minimum school entry fee is $75.00. The entry fee will be $5.00 per athlete per event and $10.00 per relay team. The team maximum is $390.00. Cheques payable to Thousand Islands SS.

If your school wishes to enter the 45th Annual Hungerford- Burnbrae Farms Track & Field Classic, you must complete the attached Confirmation of Entry Form and mail it ASAP. **Entries will be limited to the first 40 schools or 1000 athletes.**

**Please note that Confirmation of Entry must be emailed.**

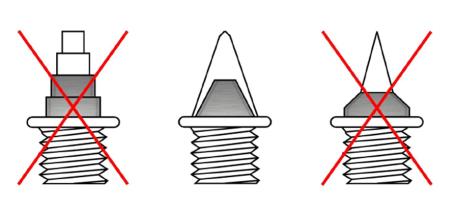
**Important Meet Information**

* The entry deadline is Monday, May 8th at 5:00 pm. Final team entry fees will be calculated at this time, with the exception of late entries which will be added.
* THE DEADLINE FOR LATE ADDITIONS TO ALL LANE ASSIGNED EVENTS WILL BE WEDNESDAY MAY 10th AT 5:00 pm.

**THERE WILL BE NO EXCEPTIONS TO THIS RULE AS ALL LANE ASSIGNED EVENTS WILL BE SEEDED ON WEDNESDAY EVENING**

* Late fees will be in addition to your calculated entry fee and will apply even if you have reached the team maximum of $390.00
* Minimal standards will be in effect in all field events. Athletes will be given a measurement for their first legal throw or jump. All other trials not meeting the minimal standard will not be measured.
* Field event athletes will check in directly at the event site.
* We are looking at our traditional awards (shirts) for all winners based on traditional sponsorship and entry volume.
* Only 6mm (1/4 inch) pyramid spikes will be allowed on the Mondo Super X surface. This includes the track, pole vault and jumps runways, high jump fan and the javelin approach. Spikes will be checked and the rule will be enforced.

**There may be 6 mm pyramid spikes available for purchase at registration.**

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We hope that you will be able to join us at the **45th Annual Hungerford-Burnbrae Farms T&F Classic.**

Sincerely,

TISS Coaching Staff

[randy.givogue@ucdsb.on.ca](mailto:randy.givogue@ucdsb.on.ca)

**2023 HUNGERFORD-BURNBRAE FARMS**

**TRACK & FIELD CLASSIC**

**EVENT SCHEDULE**

**Track Events**

**9:00 am Steeplechase (Finals) Open Boys & Girls– 2000m (OB then OG)**

**9:20 am – Intermediate Hurdles (Timed Sections) - NG, JG, SG, NB, JB, SB**

**10:15 am – 800 m (Timed Sections) – NG, NB, JG, JB, SG, SB**

**11:05 am – Sprint Hurdles (Timed Sections) -- NG, JG, SG, NB, JB, SB**

**12:05 am – 100 m (Timed Heats – fastest 8 to final) - NG, JG, SG, NB, JB, SB**

**1:20 pm – 400 m (Timed Sections) - NG, NB, JG, JB, SG, SB**

**2:00 pm –100 m (Finals) - NG, NB, JG, JB, SG, SB**

**2:20 pm – Girls 1500 m (Finals) - NG, JG, SG**

**2:55 pm – 200 m (Timed Sections) - NG, NB, JG, JB, SG, SB**

**3:40 pm – Boys 1500 m (Finals) - , NB, JB, SB**

**4:15 pm – 4 x 100 m Relays (Timed Sections) – SG, SB, JG, JB, NG, NB (note order)**

**5:00 pm – Open 4 x 400 m Relays (Timed Sections) OG , OB**

**5:15 pm – Awards Presentations – Athletes of the Meet & Overall Team Champion**

**Field Events (Either Long Jump or Triple Jump may have to be eliminated\* Update will be placed on Trackie.reg website)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **High**  **Jump** | **Pole**  **Vault** | **Long Jump** | **Triple**  **Jump** | **Shot**  **Put** | **Discus** | **Javelin** |
|  | **9:00**  **OG** | **9:00**  **NG/JG/SG** |  | **9:00**  **JG** | **9:00**  **SG** | **9:00**  **NG** |
| **9:30**  **NB, JB, SB** | **10:30**  **NB** |  |  | **10:20**  **JB** | **10:20**  **SB** | **10:20**  **NB** |
|  | **12:00**  **JB** | **11:00**  **NB/JB/SB** |  | **11:40**  **SG** | **11:40**  **NG** | **11:40**  **JG** |
| **1:00**  **NG, JG, SG** |  |  | **1:30**  **NG/JG/SG** | **1:00**  **SB** | **1:00**  **NB** | **1:00**  **JB** |
|  | **2:00**  **SB** |  |  | **2:20**  **NG** | **2:20**  **JG** | **2:20**  **SG** |
|  |  |  | **3:30**  **NB/JB/SB** | **3:40**  **NB** | **3:40**  **JB** | **3:40**  **SB** |

* **It is essential that all 9:00 am throws and jumps events begin on schedule. Athletes must have all warm-ups completed prior to 9:00 a.m.**
* **In the Long and Triple Jump events since only 2 pits are in use, the 2 smallest fields will combine for competition and then scored separately.**