



Novice Spring Program

The Novice Spring program is a 5 weeks program, running once a week on Wednesdays, for athletes 5 to 9 years old (at registration time). This year program will start on May 3rd and the last session will be on May 31st. The sessions will take place at Odell Park starting at 6pm for around one hour.

Athletics New Brunswick membership

Every member of the Fredericton reds Track and Field has to be a member of ANB. Registration to ANB is available when you register to Freds on line. The new ANB registration will be in effect until Dec 31st of 2023.