



2023 Dylan Armstrong Track Classic

Hosted by the Kamloops Track and Field Club
Sanctioned by BC Athletics

May 5-6, 2023

Location:

Hillside Stadium, Thompson Rivers University, 910 McGill Rd., Kamloops, BC (See pg. 3 for driving directions).

Facility:

Track: 8 lanes, 400m oval, polyurethane surface, fully automatic FinishLynx electronic timing. Complete jumps and throws areas. Change rooms available. A concession will be available.

Meet Manager:

Judy Armstrong: Ph: (250) 319-6321 e-mail: judy54armstrong@gmail.com

Meet Director:

Mike Keren: Ph: (250) 372-1482 e-mail: mikekern@shaw.ca

Eligible Athletes:

- 2023 BC Athletics Annual Athlete members or equivalent from another Prov/Terr, or National Athletics Federation.
- 2023 School Club Members – Elementary, middle, or high school students whose schools hold a School Club Membership are eligible to compete. ** The meet registrar will provide a code to these eligible athletes on request if it is made prior to registering.
- **“Day of Event” School Club Members: This is only eligible to athletes attending elementary, middle or high school who are not members of BC Athletics – Elementary, middle or high school students whose schools **do not** hold a School Club Membership must purchase the “Day of Event” insurance for \$3.00. **This is not available to athletes who are not school age.****

Entry Fees:

- JD athletes (9-13 in 2023) - \$15.00/event for the first event and then \$10/event for subsequent events.
- U16 and older athletes - \$25.00/event.
- All athletes must pay a \$5 Administration fee to help support increased costs.
- **Late entries after April 26 for individual events will be charged \$30.00/event and may not receive correct seeding.**

Registration & Entries:

Entries Chairperson:

Brian Beck: Ph: (250)579-5346 email: ktfcregistrar@gmail.com

All entries must be submitted to Brian by the following method:

- **Online at the TrackieReg website <http://www.trackiereg.com/2023armstrongclassic>**

****ENTRY DEADLINE**:** 11:59 pm, Wednesday, April 26, 2023. All entries must be received by this time to avoid late entry fees and to ensure there is room in laned events. **Late Entry Deadline:** 4:00 pm, Sunday, Apr. 30, 2023. After this time, entries must be done at the meet registration, room permitting, in any event.

COMPETITION RULES AND OTHER INFORMATION

REGISTRATION PACKAGES:

An assigned club official must pick up the package and distribute competitor numbers for each club. Payment must be received before the package is released. TrackieReg registrations are paid by credit card at the time of registration. There are no refunds After May 4.

COMPETITION CATEGORIES:

9 yr. old (2014), 10 yr. old (2013), 11 yr. old (2012), 12 yr. old (2011), 13 yr. old (2010), U16 (08/09), U18 (06/07), U20 (04/05), Senior (1989-2003), Master (35 and older as of 1st day of the meet). **Master athletes must include their full birth date in registration.**

AWARDS: (for finals events)

Medals will be awarded to 1st-3rd place. Ribbons will be awarded to 4th – 8th place for individual events only. Ribbons will be awarded to all relay members from 1st – 3rd place. **Awards must be picked up at the meet and will be available approximately 30 minutes after the event ends. No mail-outs.**

MARSHALLING:

Check-in for all track events is at the event start line area. Check-in for all field events is at the event site. All athletes must check in a minimum of 30 minutes prior to the scheduled start time.

COMPETITION NUMBERS:

Competition numbers must be worn on the front for track events, and front or back for field events (at the discretion of the official). If hip numbers are assigned for distance events they must be worn on the right hip and upper left chest area.

IMPLEMENTS:

All implements will be supplied by the meet organizers. Athletes may use their own implements which must meet WA standards. They must be weighed in and measured at least 45 minutes prior to the competition start. The weigh-in station will be located at the throws building on the lower field throwing area.

SPIKE LENGTH:

The maximum spike length allowed is 7mm (9/32") for all events except the high jump and javelin. Maximum 9mm (23/64") for high jump and javelin.

ORDER OF EVENTS:

All track events will be run from oldest to youngest, females, then males (exception hurdles).

ATHLETES WITH CONFLICTING EVENTS:

Track events will go as scheduled. Athletes must notify the officials at all events which are in conflict. Athletes in field events **will forego their attempt in a round** if the round has been completed before they return. Please listen to announcements for any time changes in events.

TRACK EVENTS

All track events will be run as a FINAL at the scheduled time. Sections will be consolidated where possible. Events may be run up to 30 minutes earlier than the scheduled time.

QUALIFYING FOR FINALS

Field Events: Athletes 14 yrs. old and older who finish in the top 8 after three rounds will advance to the final and receive another 3 attempts. Athletes 9-13 years of age will all receive three attempts (except the high jump) as per BC Athletics JD policy.

Track Events: WA Rules 20.3.1 and 20.20.4.2 will be used to determine lane placements. **Coaches/athletes are expected to submit electronic seed times for track events (determined after May 1, 2022 and before April 15, 2023) when registering for events to ensure correct seeding which will be verified through Athletics Canada.**

COMPETITIVE ATTIRE:

All athletes are encouraged to wear their club uniform.

RESULTS

Results will be posted on our Live Results (www.kamtrack.ca/liveresults) web page shortly after each event is completed. Follow the link above or use the QR code to the right.



PROTESTS

“Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the results of that event.” Result postings will be time stamped, and that time is considered the beginning of the 30-minute period. The Protest is made orally to the relevant Referee, e.g. the Field Referee for the Field event, or the Track Referee for the Track event. A protest concerning a false start shall be made to the Track Referee, or (if there is one) the Start Referee.

Only an athlete or his/her representative may make a protest. The athlete must have been affected by the decision or result of the event. The protestor may contact the relevant Referee through the Meet Director if the Referee is not immediately available. No deposit is required for a PROTEST.

The Referee should record his/her decision and the reasons for that decision on the Protest and Appeal Form available in the Timing Booth. This completed form is posted with the time and date of posting indicated. Once posted, any athlete affected has 30 minutes to lodge a protest concerning this decision.

Appeals to the Jury

The original protestor or anyone else affected by the Referee’s decision has the right to make an APPEAL TO THE JURY regarding the Referee’s decision, within 30 minutes of the official announcement of that decision. An APPEAL TO THE JURY shall be in writing and should cite the relevant Rule number. A \$50 deposit shall accompany an APPEAL TO THE JURY. The deposit will be refunded if the Appeal is successful. The deposit will not be refunded if the Appeal is denied.

JURY OF APPEAL:

A jury of appeals consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

MEDICAL:

St. John’s Ambulance.

CONCESSION:

There will be a concession available during the meet.

Suggested Accommodations Near Hillside Stadium

Tourism Kamloops Website

<http://www.tourismkamloops.com/accommodations/list/index>

For the region, select Aberdeen-Dufferin-Sahali for hotels closest to Hillside Stadium

Driving Direction to Hillside Stadium at the Tournament Capital Centre:

Arriving from the west (Highway #5): Exit to the right at exit 367 and turn left onto Hillside Way (this will take you across the highway). When you reach the end of Hillside Way turn right onto Hillside Drive and follow this road to the Tournament Capital Centre. (**NOTE:** left turns are not permitted on McGill to the TCC parking. Please continue through the light at Hillside Drive and follow University Drive. Then make your way through the parking area for Hillside Stadium.)

Arriving from the east (Highway #1): Exit to the right at exit 370 and turn right onto Summit Drive. Follow Summit Dr. and turn left after the Real Canadian Superstore onto McGill Rd. Follow McGill until you reach the Tournament Capital Centre.