CRUISERS CLASSIC & PARA ATHLETICS CLINIC

Date: May 6th (Clinic) & May 7th (Competition)

Time: 8:30am – 4:00pm

Place: Toronto Track & Field Centre, 231 Ian MacDonald Blvd, North York, M7A 2C5

Hosted by: Cruisers Sports

Meet Director: Lisa Myers <u>paraathletics@cruisers-sports.com</u> **Event Inquiries:** Lisa Myers <u>paraathletics@cruisers-sports.com</u>

Approved by: World Para Athletics (WPA)/Athletics Ontario (AO)/Athletics Canada (AC)

Website: www.cruisers-sports.com/classic

PARA ATHLETICS CLINIC – MAY 6TH

The Para Athletics Clinic will be held on May 6th from 9:00am – 4:00pm. The session (included with the meet registration) will include a morning and afternoon training session for athletes, as well as a Try It event for brand new participants from 11:30am – 1:00pm. Provincial classifiers will be on-site to answer classification questions and provide provisional classification. All participants of the para athletics clinic will be provided with lunch. For more information on the clinic, please contact Lisa Myers at paraathletics@cruisers-sports.com.

CRUISERS CLASSIC MEET - MAY 7th: TECHNICAL INFORMATION

SPORTS CLASSES/EVENTS AVAILABLE

T/F11-13, T/F 20, T32-38 and F31-38, F40-41, T/F42-46, T51-54 and F51-57, T/F61-64 Able-Bodied events (Open): 100m, 400m, 1500m, Shot Put, Discus Para Events: 100m, 200m, 400m, 800m, 1500m, Shot Put, Discus, Javelin, Club Throw 70m Mixed Junior Ambulatory Race

ON SITE REGISTRATION

Athletes who attend the para athletics clinic on Saturday, May 6th will be able to pick up their registration package during that session. Day of registration package pick up starts on site at 8:30 a.m. on Sunday, May 7th.

CLASSIFICATION

Provincial Classification is not available during the Sunday meet. Athletes may receive a provisional classification during the Para Athletics Clinic portion of this event. For more information, please contact Lisa at paraathletics@cruisers-sports.com.

HOW TO ENTER

Registration/entry forms must be completed ONLINE at: https://trackiereg.com/2023-cruisersclassic The entry deadline is Tuesday, May 2nd at 11:59pm. There are no entry standards for this event.

ENTRY FEES

Cruisers Sports Athletes: Meet entry fees are included as part of club membership. Please select "cheque" option to complete meet registration.



All Other Athletes: Cost is \$25.00 flat fee per athlete. This fee includes access to the training sessions as part of the Para Athletics Clinic on Saturday, May 6th.

FACILITY

Toronto Track & Field Centre

231 Ian MacDonald Blvd, North York, M7A 2C5

Paid parking only – map with parking lot information is on the last page.

OUTDOOR TRACK AND FIELD SPECIFICATION

- 8-lane, 400m Olympic regulation track (synthetic rubberized material surface) with two 125m sprint and hurdle runways
- Full complement of facilities for pole vault, high jump, triple and long jump, javelin, shot put, discus, hammer throw, weight throw, hurdles and steeple chase

TIMING/MEET MANAGEMENT PROGRAM:

LYNX Pad

STADIUM WARM-UP AND PRACTICE SESSIONS

Sunday May 7th at 8:30 am

START LISTS

Heats (only) will be seeded by time regardless of category (ie. Disability class or open).

MARSHALLING

Track: Athletes are to report to the start line.

Field: Athletes are to report to event site 30 minutes prior to start of event.

EQUIPMENT

Starting Blocks will be provided.

Throwing implements are provided. Personal implements are allowed, but must be weighed prior to competition. Weigh-in will be conducted at the event site at:

** 8:30 am to 9:00 am **

ON-SITE MEDICAL SUPPORT

First Aid Attendant will be available on-site for minor injuries. The closest hospital is Humber River Hospital (1235 Wilson Avenue).

EVENT ENQUIRIES

Local Organizing Committee: Cruisers Sports
Contact Name: Lisa Myers

Telephone: 604-619-7766 (cell)

Email: paraathletics@cruisers-sports.com



^{**12:00} pm to 12:30 pm **

RULES

IAAF and WPA

TRANSPORTATION

There will be no shuttle service to or from the venue or the airport. Transportation is the responsibility of the team/athlete. Public transportation info below.

Toronto Pearson Airport - www.torontopearson.com/
Brampton Transit - www.brampton.ca/en/residents/transit/Pages/Welcome.aspx
GO Transit - www.gotransit.com/publicroot/en/default.aspx

SCHEDULED EVENTS

This schedule is tentative as of July 8th. For the most current schedule, please visit our website: www.cruisers-sports.com/classic

TRACK FIELD

10:00 AM Women & Men WC 200 M Women & Men AMB 200 M	9:00AM Women & Men AMB Javelin
10:30 AM Women & Men WC 1500 M Women & Men AMB 1500 M	9:20 AM Women& Men TD Shot
11:00 AM Women & Men WC 100 M Heats Women & Men AMB 100 M Heats	11:00 AM Women & Men AMB Discus
11:15am Junior Mixed Para AMB 70m Dash	
Lunch Break 11:30 – 12:00	
12:30 PM Women & Men WC 100 M Finals Women & Men AMB 100 M Finals	12:00pm Women & Men Para Long Jump
1:00 PM Women & Men WC 800 M Women & Men AMB 800 M	12:15pm Women & Men AMB Shot Put
1:30 PM Women & Men WC 400 M Women & Men AMB 400 M	12:45 PM Women & Men TD Discus
	3:00 PM Women & Men TD Javelin



Parking Map



Enter York Campus off of Steeles Ave W onto NW Gate Road Turn left onto Howard Moscow Way Enter parking lot on right hand site Enter TTFC through main door (red pin drop)

