



17th CAROLINA SPRING BREAK CAMP/CLASSIC

City of Carolina, Puerto Rico

Department of Sports of the City of Carolina

North America, Central America, and Caribbean Athletics Association – NACAC AA

Puerto Rico Athletic Federation – FAPUR

Puerto Rico Foundation for the Development of Athletics (FUPPDA)

March 16-18, 2023

Dear Coach, Dear WA Federation:

It is pleasure to extend to you and to your Federation/University/Club an invitation for the 17th Annual Carolina Spring Break Classic sponsored by The Department of Sports of the City of Carolina, the WA-NACAC AA, by The Puerto Rico Athletics Federation – FAPUR and the Puerto Rico Foundation for the Development of Athletics (FUPPDA).

SPECIAL TECHNICAL & ORGANIZATIONAL RULES AND REGULATIONS ESTABLISHED IN ORDER TO COMPLY WITH THE CURRENT SITUATION DUE TO THE COVID-19:

- Field events will have a total of four (4) attempts per participant.
- The meet will be for Senior International Athletes from WA National Federations, University Students-Athletes, High Performance Club Athletes and U20 & U18 athletes that meet the standards within the top best marks of the projected number of entries for each event. For the selection of the participants in each event we will take in consideration the marks of 2022 and/or any legit mark done in 2023. The Meet Organizational Committee will have the absolute right to accept or not the individuals(s) entries.

(THE EVENTS AND MAXIMUM NUMBER OF ENTRIES FOR THIS YEAR EDITION ARE THE FOLLOWING)

EVENT(S)	GENDER	ENTRIES
100 meters	F	24
100 meters	M	24
200 meters	F	24
200 meters	M	24
400 meters	F	16
400 meters	M	16
800 meters	F	8
800 meters	M	8
1500 meters	F	12
1500 meters	M	12
400 meters Hurdles	F	8
4x100 meters Relay	F	12
4x100 meters Relay	M	12
4x400 meters Relay	F	8
4x400 meters Relay	M	8
Long Jump	F	8
Long Jump	M	8
Triple Jump	F	8
Triple Jump	M	8
High Jump	F	8
High Jump	M	8
Shot Put	F	8
Shot Put	M	8
Javelin Throw	F	8
Javelin Throw	M	8
Hammer Throw	F	8
Hammer Throw	M	8
TOTAL PARTICIPANTS	--	312



For invited participants from outside Puerto Rico, please let us know, as soon as possible, the following:

1. Confirmation of Participation.
2. Send to us as soon as possible, date of arrival with all the details (airline, flight number, a breakdown of the number of participants (athletes-males and females, coaches, other support personnel, etc.)
3. Information on departure.
4. A detailed training schedule if you are arriving before the competition days.

Send the above information to us via email.

The City of Carolina and the Organizing Committee is looking forward to hosting you and your athletes, therefore do not hesitate to contact us if you have any specific needs and questions.

Cordially,

ORGANIZING COMMITTEE

Prof. Víctor López – Founder/ President of FUPPDA & Meet Organizer

Prof. Luis Reyes – Director of the Department of Sports / Co-Meet Organizer– City of Carolina

Prof. Luis Dieppa – President of FAPUR

Prof. Jorge A. Paris – Assistant Sports Director of Carolina

Prof. Jessica de la Cruz – Coordinator of Recreational Activities – City of Carolina

Competition Dates: Thursday, March 16, Friday March 17 and Saturday, March 18, 2023

Location: Basilio Rodriguez Athletic Stadium, Carolina, Puerto Rico

Competition Divisions: University athletes from invited universities from USA and Puerto Rico and invited athletes from the Puerto Rico National Team and international athletes from the NACAC Area and other WA National federation. This division starts from the age of 20+ up. **U18 athletes from the three Carolina Youth Clubs and U18 athletes from the PUR National Team, selected based on the national ranking up to two weeks before. U20 will be selected based on ranking.**

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- WACT/NACAC Challenger:** This competition is a WACT/NACAC Challenger meeting where athletes competing in it will be awarded points for the World Ranking.
- Rules of the Competition:** World Athletics Rules will be applied in all events.
- Local Transportation:** The City of Carolina will provide local transportation to visiting universities from USA and invited international athletes, to and from the airport, to and from the hotel to training venues and to and from competition site with previous arrangement with the Organizing Committee. You must let us know your arrival and departure itinerary training program beforehand. The pickup and drop off must be within the City of Carolina jurisdiction.
- Facilities:** The Basilio Rodriguez Stadium has a brand new 400 meters Beynon Class 2 WA Certified track, and seating capacity for 3,000 spectators with all field events facilities, except for Pole Vault, that will be held at the Ana G. Mendez University Track & Field Stadium on Thursday March 16 at 3:00pm.
- Parking:** There are plenty of parking spaces at the facilities in the Carolina Sports Complex.
- Medical Services:** Paramedics will be on site for any emergency as well as an ambulance.
- Warm up:** Preliminary warm up will be done in the Guillermo Angulo basketball arena and in the road behind the arena before reporting to the call room.
- Trainers:** Tents will be provided in the green areas outside lane eight and at the green area after the finish line.
- Call Room:** Athletes in running events must check in at least an hour before their event at the Secretariat and call room area. Athletes that do not comply with this rule will be scratch from the event.

Weight in: All implements must be turned in and weighted in by the Technical Director at least two (2) hours before the start of the first throwing event each day for proper certification of such implements. Attempts in the throwing events and in the horizontal jumps the athletes will have four attempts.

INTERNATIONAL CERTIFIED OFFICIALS:

WA/NACAC Technical Delegate: Prof. Michael A. Serralta
International Silver Starter: Prof. Raul Torres
Officials: The AOAN will be officiating the competition.
Meet Management & Photo Finish: TIEMPO DE LLEGADA, INC. – Prof. Wilson Morales/Noel Cedeño, Prof. Tania Toro – WA Silver Referee
Competition Director: Prof. John E. Sierra Castellanos
Technical Director: Prof. Miguel Rodriguez

Entries: Entries must be done online no later than Friday, March 10th, 2023, to Prof. Noel Cedeño using the official entry form at, cede2671@gmail.com, with copy to Prof. Michael Serralta, at mserralta.nacac@gmail.com. **No late entries will be accepted.**

Since we are running heats against time it is a must that you enter a legit time for each competitor. Failing to do this means that your athlete will not be accepted in the meeting.

Final Declarations: Final declarations and scratches in running events must be done at least two hours before the start or as soon as possible. This is compulsory, and the head coach must notify Prof. Noel Cedeño at the Secretariat. Field events participants must report directly to the competition site.

Uniforms: Athletes must wear the official school or club uniform. Bib numbers will be issued to all athletes and must be used by all the athletes.

Awards: A T-shirt will be awarded to the first three places in all the individual events and relays. There will be prize money awarded for the first three places (\$800.00, \$500.00, \$300.00) in the Herminio Isaac Classic 600m for men and in the men 300m Special Event.

Results: Will be posted instantly in the following web page: tiempodellegada.com

Live Broadcast TBC

COMPETITION SCHEDULE

SCHEDULE OF EVENTS – DAY 1 – THURSDAY, MARCH 16, 2023 PISTA ATLETICA – UAGM

NUMBER	EVENTS	TIME	WOMEN	MEN	DAY
001	Salto de Pértiga	3:00 p.m.	X		Thursday
002	Salto de Pértiga	4:30 p.m.		X	Thursday

SCHEDULE OF EVENTS – DAY 2 – FRIDAY, MARCH 17, 2023 PISTA BASILIO RODRIGUEZ, CAROLINA

NUMBER	EVENTS	TIME	WOMEN	MEN	DAY
101	Hammer Throw	9:00 a.m.	X		Friday
102	Hammer Throw	11:00 a.m.		X	Friday
103	High Jump (U18)	3:00 p.m.	X		Friday
104	Shot Put	3:00 p.m.	X		Friday
105	Discus Throw (U20)	3:00 p.m.		X	Friday
106	Long Jump	3:00 p.m.	X		Friday
107	4 X 100 meters Relay (U18)	3:30 p.m.	X		Friday
108	4 X 100 meters Relay (U18)	3:40 p.m.		X	Friday
109	4 X 100 meters Relay (U20)	3:50 p.m.		X	Friday
110	4 X 100 meters Relay (Heat – 1)	4:00 p.m.	X		Friday
111	4 X 100 meters Relay (Heat – 2)	4:10 p.m.	X		Friday
112	4 X 100 meters Relay (Heat – 1)	4:20 p.m.		X	Friday
113	4 X 100 meters Relay (Heat – 2)	4:30 p.m.		X	Friday
114	Shot Put (U18)	4:30 p.m.		X	Friday
115	High Jump (18)	4:30 p.m.		X	Friday
116	400m hurdles (U18)	4:50 p.m.		X	Friday
117	400m hurdles (U20)	4:50 p.m.		X	Friday
118	800 meters (U18)	5:05 p.m.	X		Friday
119	800 meters (U20)	5:10 p.m.		X	Friday
120	Triple Jump	5:15 p.m.		X	Friday
121	100 meters (U18)	5:20 p.m.	X		Friday
122	100 meters (U18)	5:30 p.m.		X	Friday
123	100 meters (U20)	5:40 p.m.		X	Friday
124	400 meters (U18)	5:40 p.m.	X		Friday
125	400 meters (U18)	5:45 p.m.		X	Friday
126	400 meters (U20)	5:50 p.m.	X		Friday

SCHEDULE OF EVENTS – DAY 2 – FRIDAY, MARCH 17, 2023 (cont.)
PISTA BASILIO RODRIGUEZ, CAROLINA

NUMBER	EVENTS	TIME	WOMEN	MEN	DAY
127	400 meters (U20)	5:55 p.m.		X	Friday
128	Shot Put	6:00 p.m.		X	Friday
129	High Jump	6:00 p.m.	X		Friday
130	300 meters – SPECIAL EVENT	6:05 p.m.	X		Friday
131	300 meters – SPECIAL EVENT	6:10 p.m.		X	Friday
132	5,000 meters	6:15 p.m.	X		Friday
133	100 meters hurdles (U18)	6:35 p.m.	X		Friday
134	110 meters hurdles (U20)	6:45 p.m.		X	Friday
135	1,500 meters (U18)	6:45 p.m.	X		Friday
136	1,500 meters (U18)	6:55 p.m.		X	Friday
137	200 meters (U18)	7:05 p.m.	X		Friday
138	200 meters (Heat – 1)	7:10 p.m.	X		Friday
139	200 meters (Heat – 2)	7:15 p.m.	X		Friday
140	200 meters (Heat – 3)	7:20 p.m.	X		Friday
141	200 meters (U18)	7:30 p.m.		X	Friday
142	200 meters (Heat – 1)	7:40 p.m.		X	Friday
143	200 meters (Heat – 2)	7:45 p.m.		X	Friday
144	200 meters (Heat – 3)	7:50 p.m.		X	Friday

SCHEDULE OF EVENTS – DAY 3 – SATURDAY, MARCH 18, 2023
PISTA BASILIO RODRIGUEZ – CAROLINA, PUERTO RICO

NUMBER	EVENTS	TIME	WOMEN	MEN	DAY
201	Javelin Throw	12:00 p.m.		X	Saturday
202	400 meters hurdles (Heat – 1)	1:00 p.m.	X		Saturday
203	400 meters hurdles (Heat – 2)	1:10 p.m.	X		Saturday
204	400 meters hurdles (Heat – 1)	1:25 p.m.		X	Saturday
205	400 meters hurdles (Heat – 2)	1:35 p.m.		X	Saturday
206	100 meters (Heat – 1)	1:50 p.m.	X		Saturday
207	Long Jump	2:00 p.m.		X	Saturday
208	100 meters (Heat – 2)	2:10 p.m.	X		Saturday
209	100 meters (Heat – 3)	2:20 p.m.	X		Saturday
210	100 meters (Heat – 1)	2:30 p.m.		X	Saturday
211	Javelin Throw	2:30 p.m.	X		Saturday
212	High Jump	2:30 p.m.		X	Saturday
213	100 meters (Heat – 2)	2:40 p.m.		X	Saturday
214	100 meters (Heat – 3)	2:50 p.m.		X	Saturday
215	800 meters	3:00 p.m.	X		Saturday
216	800 meters	3:10 p.m.		X	Saturday
217	Triple Jump	3:30 p.m.	X		Saturday
218	100 meters hurdles (Heat – 1)	3:30 p.m.	X		Saturday
219	100 meters hurdles (Heat – 2)	3:40 p.m.	X		Saturday
220	110 meters hurdles (Heat – 1)	3:55 p.m.		X	Saturday
221	110 meters hurdles (Heat – 2)	4:05 p.m.		X	Saturday
222	400 meters (Heat – 1)	4:15 p.m.	X		Saturday
223	400 meters (Heat – 2)	4:20 p.m.	X		Saturday
224	400 meters (Heat – 3)	4:25 p.m.	X		Saturday
225	400 meters (Heat – 1)	4:30 p.m.		X	Saturday
226	400 meters (Heat – 2)	4:35 p.m.		X	Saturday
227	400 meters (Heat – 3)	4:40 p.m.		X	Saturday
228	600 meters “Herminio Isaac Classic”	4:45 p.m.		X	Saturday
229	1,500 meters	5:00 p.m.	X		Saturday
230	1,500 meters	5:10 p.m.		X	Saturday
231	5,000 meters	5:20 p.m.		X	Saturday
232	4 X 400 meters	5:40 p.m.	X		Saturday
233	4 X 400 meters Relay (U18)	5:50 p.m.	X		Saturday
234	4 X 400 meters Relay	6:00 p.m.		X	Saturday
235	4 X 400 meters Relay (U18)	6:10 p.m.		X	Saturday
236	4 X 400 meters Relay (U20)	6:20 p.m.		X	Saturday



For more information, contact:

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Updated: March 1, 2023 – 21:00 hrs.
WACT Challenger – Technical Delegate

