



2023 ONTARIO OPEN SHOWCASE

FINAL SCHEDULE OF EVENTS

Saturday, February 18, 2023



TRACK EVENTS

TIME	EVENT	ROUND	GENDER	# SECTIONS
-	3,000m	Timed Sections	Women	0
-	3,000m	Timed Sections	Men	0
09:00 AM	National Anthem			
09:45 AM	60m	Prelims	Women (24)	3
10:00 AM	60m	Prelims	Men (35)	5
10:25 AM	1500m	Timed Sections	Women (4)	1
10:35 AM	1500m	Timed Sections	Men (1)	1
10:45 AM	60m	A & B Finals	Women	2
11:00 AM	60m	A & B Finals	Men	2
11:20 AM	400m	Timed Sections	Women (4)	1
11:25 AM	400m	Timed Sections	Men (12)	3
11:45 AM	Track Break			
12:30 PM	60m Hurdles 0.840m (13.00m - 8.50m)	Timed Final	Women Open (1)	1
12:35 PM	60m Hurdles 1.067m (13.72m - 9.14m)	Timed Final	Men Open (1)	1
12:45 PM	200m	Timed Sections	Women (21)	6
01:15 PM	200m	Timed Sections	Men (31)	8
01:55 PM	800m	Timed Sections	Women (2)	1
-	800m	Timed Sections	Men (0)	0
02:05 PM	4 x 200m Relay Finals	Timed Sections	Women (3)	1
02:15 PM	4 x 200m Relay Finals	Timed Sections	Men (3)	1

FIELD EVENTS

TIME	EVENT
09:15 AM	Women Long Jump (13)
11:30 AM	Women Shot Put (2)
10:45 AM	Men Long Jump (10)
12:30 PM	Men Shot Put (6)
12:45 PM	Men High Jump (3)
12:45 PM	Women Triple Jump (9)
02:15 PM	Men Triple Jump (3)

Note: Awards Presentation will take place immediately after the conclusion of the event. Please make your way to the awards area after your event.