Saint Mary's University Open



Hosted by: Saint Mary's University

Date: Saturday, February 11, 2023

Event Site: - Canada Games Center, 26 Thomas Raddall; NS

- \cdot Six lane track on the oval with a polyure hane surface.
- · Long Jump and Triple Jump Runway
- · Maximum spike length is 7mm
- · Washrooms are available on-site.

Timing: FinishLynx Photoelectric timing

Categories: University & All age categories U10 – Masters

Schedule

• The tentative schedule is subject to change based on entries. The schedule is available at <u>www.trackiereg.ca</u>. The final schedule will be posted on Thursday, February 9th, 2023

Registration:

Please use the online registration system at <u>www.trackiereg.ca</u> to register Registration deadline is **Monday, February 6th @ 11:59 pm**

1st event: \$20.00 Each additional event: \$10.00 Tetrathlon: \$10.00

Officials Fee: There will be a \$5.00 Officials fee added to all registrations.

Please note: This meet will be pre-registration only!

University fee is \$600.00 plus \$5.00 Officials Fee and online processing fees.

Events:							
	U10-12	U14	U16	U18	U20/Seniors	University	Masters
Running		60m	60m	60m	60m	60m	60m
		150m	200m	200m	200m	300m	200m
		800m	300m	400m	400m	600m	400m
						1000m	
		1200m	800m	800m	800m	1500m	800m
			1200m	1500m	1500m		1500m
						3000m	
						4x200m	
Hurdles		60mH	60mH	60mH	60mH	60mH	60mH
				High			
Jumps		High Jump	High Jump	Jump	High Jump	High Jump	High Jump
			Long	Long			
		Long Jump	Jump	Jump	Long Jump	Long Jump	Long Jump
		Triple	Triple	Triple		Triple	Triple
		Jump	Jump	Jump	Triple Jump	Jump	Jump
	Tetrathlon	Tetrathlon					
	(60m, LJ,	(60m, LJ,					
Combined	Shot,	Shot,					
Events	600m)	600m)					

Athletes are encouraged to enter in their respective events but will not be excluded from University events provided they are competitive in that section.

There will be no blocks used in sprint events for age groups U14 and under.

****Long Jump:** Due to time constraints, U14 - U18 athletes will receive 3 jumps only. The top 8 combined University & Senior athletes will receive 6 jumps.

****3000m:** Due to time constraints, the 3000m will have the following entry standards: Women – 12:00 Men – 9:45

Seeding:

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Please include accurate seed/race times from 2021-22. **Seed times are required.** Unseeded entries will be treated as the lowest seed times and assigned accordingly All events will be timed section finals due to time constraints Events with multiple age groups will be seeded according to seed times Preferred lanes will be assigned by seed times for all Timed section Finals

Marshalling:

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the event start area 20 minutes prior to the start of the event.

Scratches:

Scratches will be accepted up until the registration deadline via the <u>TrackieReg</u> site.

No entries will be accepted on the day of the meet.

Check in and Bib # Pick-up: Beginning at 8:30 am on Saturday, February 11, 2023.

Inquiries: Kevin Heisler - kheisler@ns.sympatico.ca