




2023 NB Indoor Champs & University Invitational

Date(s):	January 27, 2023: 5 PM – 8 PM – University & Invited athletes January 28, 2023: 9 AM – 5 PM – All athletes – U & NB Champs
Location / Lieu:	Irving Oil Field House, 129 McAllister Dr, Saint John, NB E2J 2S7 (Access through the entrance by McDonalds)
Meet Directors / Directeurs de compétition:	Host Club: Saint John Reds TFC Bill MacMackin: SaintJohnTrack@gmail.com Chris Belof: chris.belof@unb.ca Oyinko Akinola: oyinkoakinola@gmail.com
Registration / Inscription:	Registration will be done online through www.trackiereg.ca or by visiting www.anb.ca no later than January 25 th at Midnight Atlantic Time L'inscription es trouvé en ligne : www.trackiereg.ca ou visitez www.anb.ca avant le 25 jan
Fees / Frais:	\$25.00 for first event & \$10 for each additional event. Late fees may apply after registration cut off. Maximum of \$700 per University Team. Late fees may apply after registration cut off. 25,00 \$ pour le premier événement et 10\$ pour chaque événement supplémentaire. Maximum de 700 \$ par équipe universitaire. Des frais de retard peuvent s'appliquer après l'inscription coupée.

Important Information / Information important:

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| <ul style="list-style-type: none"> - No Starting Blocks for Athletes in the U14 age class - Ribbons will be available for the top three (3) in each category U18 & Younger in each event. - Some events might be combined with age classes and sexes if the numbers justify it (results will be separated). - A final schedule will be posted one day prior to the first event of the competition. | <ul style="list-style-type: none"> - Pour les catégories U14, aucuns blocs de départ ne seront permis. - Des rubans seront disponibles pour les trois (3) premiers de chaque catégorie U18 et moins dans chaque épreuve. - Si le nombre de participants l'exige, il y aura regroupement des catégories et des sexes pour les événements de piste. Les résultats seront cependant séparés. |
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HOTELS/ACCOMMODATION



Hotel Details
Best Western Plus Saint John Hotel & Suites
Saint John, New Brunswick, Canada

506-657-9966 - 55 Majors Brook Drive, Saint John, New Brunswick E2J 0B2



Hampton Inn & Suites by Hilton Saint John
51 Fashion Drive, Saint John, New Brunswick, E2J 0A7, Canada TEL: +1-506-657-4600

506-657-4600 - 51 Fashion Drive, Saint John, New Brunswick E2J 0A7



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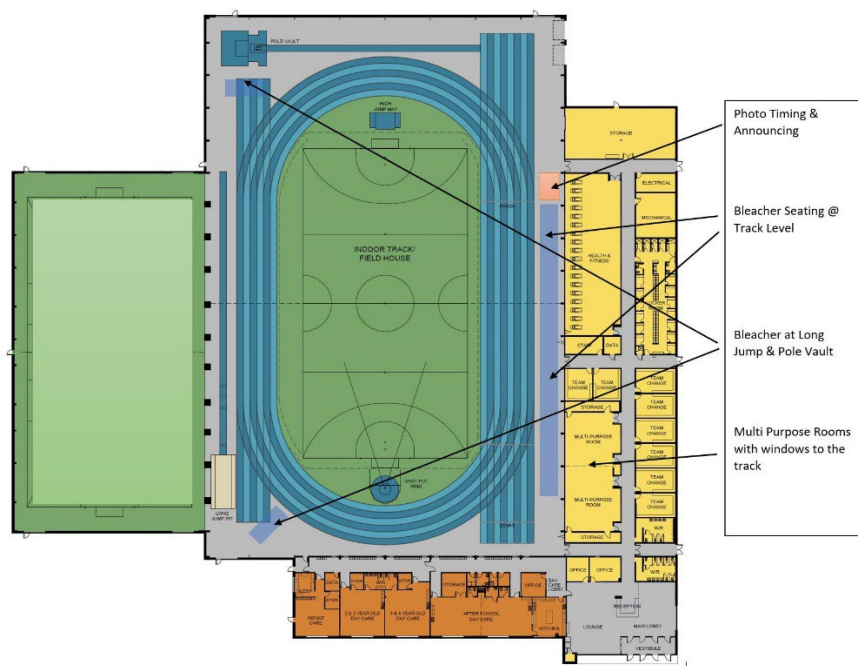
1 Market Square, Saint John, NB E2L 4Z6

Group Code: TRAA22

Hotel Direct: 506-693-8484 or Toll Free Number: 1-866-442-6644

FACILITIES

- The Championships will take place in the new Irving Oil Field House, which is located at 129 McAllister Drive, Saint John, NB
- The facility contains a 200m track with a 6-lane oval and an 8-lane sprint straight.
- On-site jumps pits and throws cage, with bleacher seating near the jump pits.
- All spikes will be limited to a 5MM length, no pin spikes allowed.
- Athletes and officials must not wear street shoes in the fieldhouse.
- Change and shower rooms with lockers will be available. You must bring your own lock and remove it at the end of the meet.
- There is spectator seating at track level, and limited seating near each of the Jump pits.



EQUIPMENT

- All throwing Implements will be provided, but athletes may bring their own.
- All outside implements must be weighed and entered prior to the competition and will then remain at the event site until released by the officials.
- Pole vault poles can be supplied, but selection may be limited.



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TENTATIVE SCHEDULE OF EVENTS (Subject to change based on entries)

Final Schedule available the day before the meet

HORAIRE PRÉLIMINAIRE DES ÉPREUVES (Sujet à des modifications)

L'horaire complet sera disponible le jour avant de la compétition

Track Schedule – Horaire de piste

Jan 27	Event / Épreuve	Details / Détails	Age Groups / Classement d'âge
5:30 pm	60m Hep	Heptathlon	University
5:45 pm	60m	Exhibition	University
6:15 pm	4x800m Relays	Final / Finale	University
6:45 pm	3000m	Final / Finale	University / Open
7:30 pm	4x200m Relays	Final / Finale	University
Jan 28	Event / Épreuve	Details / Détails	Age Groups / Classement d'âge
9:30 am	60m	Tetrathlon	U12
9:40 am	1200m	Final / Finale	U16, U14
9:50 am	60m H	Preliminary / Préliminaire Heptathlon & Pentathlon	University, Master, Sr, U20, U18, U16, U14
10:00 am	60m	Preliminary / Préliminaire	University, Master, Sr, U20, U18, U16, U14,
10:20 am	3000m/2000m	Final / Finale	Master, Sr, U20, U18, U16
10:50 am	1500m	Final / Finale	Master, Sr, U20, U18
11:10 am	600m	Final / Finale & Tetrathlon	University, Master, Sr, U20, U18, U16, U14, U12
11:40 am	400m	Final / Finale	Master, Sr, U20, U18
	300m	Final / Finale	U14, U16
Lunch Break			
12:30 pm	1000m	Final / Finale	Heptathlon
12:45 pm	60mH	Final / Finale	University, Master, Sr, U20, U18, U16, U14
1:00 pm	60m	Final / Finale	University, Master, Sr, U20, U18, U16, U14
1:30 pm	Dave Thomas Mile	Final / Finale	University/invited Athletes
1:45 pm	1000m	Final / Finale	University
2:15 pm	800m	Final / Finale	Pentathlon, Master, Sr, U20, U18, U16, U14
2:45 pm	300m	Final / Finale	University
2:45 pm	200m	Final / Finale	Sr, U20, U18, U16
3:00 pm	150m	Final / Finale	U14
3:30 pm	4x400m Relay	Final / Finale	University / Club Teams
4:00 pm	4x200m Relay	Final / Finale	Club Teams



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Field Schedule – Horaire de pelouse

	<u>Long Jump / Sau ten longueur</u>	<u>Triple Jump / Saut Triple</u>	<u>High Jump / Saut en hauteur</u>	<u>Pole Vault / saut a la perche</u>	<u>Shot put / Lancer du poids</u>	<u>Weight Throw / Lancer du marteau</u>
Jan 27						
5:00 pm					University - Female / Femmes	
5:45 pm	Heptathlon					
6:30 pm		University -Female / Femmes			Heptathlon	
7:30 pm		University - Male / Hommes	Heptathlon		University - Male / Hommes	
Jan 28	<u>Long Jump / Sau ten longueur</u>	<u>Triple Jump / Saut Triple</u>	<u>High Jump / Saut en hauteur</u>	<u>Pole Vault / saut a la perche</u>	<u>Shot put / Lancer du poids</u>	<u>Weight Throw / Lancer du marteau</u>
9:15 am	Tetrathlon Female / femmes				Tetrathlon Male / Hommes & Female / femmes	
10:00 am	Tetrathlon Male / Hommes		Pentathlon & Female / femmes		Seated Throws	
11:00am		Female / Femmes		Heptathlon & Male & Female / Hommes et femmes	Male / Hommes	
11:30 am	Field Officials Break					
1:00 pm	University Male & Male / homme	Male / Hommes			Pentathlon & Female / Femmes	
2:00 pm	Pentathlon, University & Female		Male / Hommes			Female / femmes & Male / Hommes



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