

GOLDEN BEAR OPEN: 2023 Butterdome Edmonton, AB

Watch Live: <https://www.kiwiproductions.ca/golden-bears-open>

Live Results: <https://www.windsortiming.com/LiveResults/2023/GoldenBearOpen/>

Friday January 20, 2023 Golden Bear Open Final Schedule

Start Time	Event	Category	Gender	Heat/Final	# of Heats	Notes
4:00PM	60mH	USPORTS	Women - Pent		2	
4:05PM	60mH	USPORTS	Women	Heats	2	
4:15PM	60m	USPORTS	Men - Hep		2	
4:25PM	60m	USPORTS	Men	Heats	5	
4:45PM	60m	USPORTS	Women	Heats	4	
5:00PM	3000m	USPORTS	Men	Timed Final	2	
5:30PM	3000m	USPORTS	Women	Timed Final	1	
6:00PM	60mH	USPORTS	Women	Final	1	
6:10PM	4x200m	USPORTS	Men		2	
6:25PM	4x200m	USPORTS	Women	Timed Final	1	
6:40PM	4x800m	USPORTS	Men	Timed Final	1	
6:50PM	4x800m	USPORTS	Women	Timed Final	1	
7:25PM	60m Wheelies	Combined	W & M	Timed Final	1	
7:35PM	2000m	U16	Men	Timed Final	1	
7:45PM	2000m	U16	Women	Timed Final	1	
7:55PM	3000m	U18/Open	Men	Timed Final	1	
8:10PM	3000m	U18/Open	Women	Timed Final	1	
8:30PM	800m	USPORTS-Open	Women - Pent			

Saturday January 21, 2023 Golden Bear Open Final Schedule: CLUB WINDOW MORNING

10:00AM	60mH	U16	Women	Prelims	1	30" 12/8
10:05AM	60m	U18	Men	Prelims	3	
10:15AM	60m	Open	Men	Prelims	6	
10:35AM	60m	U18	Women	Prelims	2	
10:45AM	60m	Open	Women	Prelims	2	
11:00AM	1000m	U16/U18/Open	Men	Timed Final	1	
11:15AM	60mH	U16	Women			30" 12/8
11:25AM	60mH	USPORTS	Men	Heats	2	
11:35AM	60mH	USPORTS	Men - Hep		2	
11:38AM	60mH	U20	Men - Hep		1	39"
11:45AM	60m	U18	Men	Final	1	
11:48AM	60m	Open	Men	Final	2	
11:54AM	60m	U18	Women	Final	1	
11:57AM	60m	Open	Women	Final	1	



Golden Bear Open - 2023 Final Schedule - Field Events

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Friday January 20, 2023 Horizontal Jumps

Main Pit Horizontal Jumps: Men				Main Pit Horizontal Jumps: Women			
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
4:00PM	Long Jump F1	USPORTS	Men	6:20PM	Long Jump F1	USPORTS	Women
Notes	10 lower seeded athletes			Notes	9 lower seeded athletes		
Main Pit Horizontal Jumps: Men				Main Pit Horizontal Jumps: Women			
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
4:50PM	Long Jump F2	USPORTS	Men	7:10PM	Long Jump F2	USPORTS	Women
Notes	11 top seeded athletes			Notes	10 lower seeded athletes		
Main Pit Horizontal Jumps: Men				Main Pit Horizontal Jumps: Women			
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
5:25PM	Long Jump Final	USPORTS	Men	7:45PM	Long Jump Final	USPORTS	Women
Notes	Top 8			Notes	Top 8		
Wall Pit Horizontal Jumps: Multi's				Wall Pit Horizontal Jumps: Multi's			
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
4:50PM	Long Jump	USPORTS	Hep - Men	7:15PM	Long Jump	USPORTS	Pent - Women
Notes	14 Men ~ 45 minutes			Notes	12 Women ~ 40 minutes.		

Friday January 20, 2023 Throws

Throws: Main Cage				Throws: Wooden Circle			
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
4:00PM	Shot Put	USPORTS	Women	6:15PM	Shot Put	USPORTS	Pent - Women
Notes	14 Women One flight			Notes	12 athletes		
Throws: Main Cage				Throws: Main Cage			
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
7:15PM	Shot Put	USPORTS	Men	6:05PM	Shot Put	USPORTS	Hep - Men
Notes	8 Men One flight			Notes	13 USPORTS 7.26KG + 1 U20 6KG		

Friday January 20, 2023 Vertical Jumps

Vertical Jump - Pole Vault				Vertical Jump - High Jump			
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
4:00PM	Pole Vault	USPORTS	Women	4:35PM	High Jump	USPORTS	Pent - Women
Notes	10 Women: 2.80m Opening up by 15cm			Notes	12 athletes		
Vertical Jump - Pole Vault				Vertical Jump - High Jump			
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
6:30PM	Pole Vault	USPORTS	Men	7:15PM	High Jump	USPORTS	Hep - Men
Notes	9 Men: 3.85m Opening up by 15cm			Notes	14 Athletes		

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Saturday January 21, 2023 Golden Bear Open Final Schedule: USPORTS WINDOW

Time	Event	Age Category	Gender	Heat/Final	# of Heats	
12:40PM	60mH	USPORTS	Men	Final	1	
12:45PM	60m	USPORTS	Men	Semi	2	
12:50PM	60m	USPORTS	Women	Semi	2	
1:00PM	600m	USPORTS-Open	Men	Timed Final	3	
1:10PM	600m	USPORTS-Open	Women	Timed Final	3	
1:35PM	60m	USPORTS-Open	Men	Final	1	
1:38PM	60m	USPORTS-Open	Women	Final	1	
2:00PM	300m	USPORTS-Open	Men	Timed Final	5	
2:20PM	300m	USPORTS-Open	Women	Timed Final	3	
2:45PM	1500m	USPORTS-Open	Men	Timed Final	2	
3:00PM	1500m	USPORTS-Open	Women	Timed Final	3	
3:20PM	1000m	USPORTS-Open	Men	Timed Final	2	
3:30PM	1000m	USPORTS-Open	Women	Timed Final	1	
3:40PM	4x400m	USPORTS-Open	Men	Timed Final	1	
3:50PM	4x400m	USPORTS-Open	Women	Timed Final	1	
4:00PM	1000m	USPORTS-Open	Men - HEP	Timed Final	1	

Saturday January 21, 2023 Golden Bear Open Final Schedule: CLUB WINDOW EVENING

Time	Event	Age Category	Gender	Heat/Final	# of Heats	
5:20PM	60mH	Masters	W & M	Timed Final		
5:30PM	60mH	U18	Women	Prelims	1	30" 8.50m
5:33PM	60mH	U20	Women	Prelims		33" 8.50m
5:40PM	60m	U16	Men	Prelims	2	
5:45PM	60m	U16	Women	Prelims	2	
6:05PM	60mH	U18	Men	Prelims	1	36" 9.14m
6:10PM	60mH	U20	Men	Prelims	1	39" 9.14m
6:20PM	1000m	U16/U18/Open	Women	Timed Final	1	
6:30PM	200m WC	Open	W & M	Timed Final	1	
6:35PM	60m	Para	Men	Timed Final	1	
6:40PM	60m	U16	Men	Final	1	
6:43PM	60m	U16	Women	Final	1	
6:50PM	60mH	U18	Men	Final	1	
6:55PM	60mH	U20	Men	Final	1	
7:00PM	60mH	U18	Women	Final	1	
7:05PM	60mH	U20	Women	Final	1	
7:10PM	300m	Open	Men	Timed Final	3	
7:20PM	300m	U18	Men	Timed Final	2	
7:26PM	300m	Open	Women	Timed Final	2	
7:32PM	300m	U18	Women	Timed Final	2	
7:38PM	300m	U16	Men	Timed Final	1	
7:41PM	300m	U16	Women	Timed Final	3	



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SATURDAY FIELD: GBO 2023: USPORTS sections

Main Pit Horizontal Jumps

Start Time	Event	Category	Gender
1:00PM	Triple Jump	USPORTS	Men
Notes	13 athletes		

Main Pit Horizontal Jumps

Start Time	Event	Category	Gender
2:45PM	Triple Jump	USPORTS	Women
Notes	12 athletes. Done ~ 4:00PM		

Throws: Main Cage

Start Time	Event	Category	Gender
9:30AM	Weight Throw	USPORTS	Men
Notes	10 athletes. Done 10:15AM		

Throws: Main Cage

Start Time	Event	Category	Gender
11:00AM	Weight Throw	USPORTS	Women
Notes	14 athletes. Done ~ noon		

Vertical Jump - Pole Vault

Start Time	Event	Category	Gender
1:00PM	Pole Vault	USPORTS	Hep - Men
Notes	WU starts @ noon post hurdles		

Vertical Jump - High Jump

Start Time	Event	Category	Gender
1:00PM	High Jump	USPORTS	Men
Notes	8 athletes		

Start Time	Event	Category	Gender
2:30PM	High Jump	USPORTS	Women
Notes	11 athletes		

GOLDEN BEAR OPEN: 2023 Butterdome Edmonton, AB

Sunday January 22, 2023 Golden Bear Open Final Schedule: CLUB WINDOW EVENING

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Live Results: <https://www.windsortiming.com/LiveResults/2023/GoldenBearOpen/>

Time	Event	Age Category	Gender	Heat/Final		
10:30AM	60mH	U12: 24"	Men	Heats	1	24" / 12/7m
10:33AM	60mH	U12: 24"	Women	Heats	4	24" / 12/7m
10:50AM	60mH	U14: 30"	Men	Heats	1	30" 12/7.5m
10:53AM	60mH	U14: 30"	Women	Heats	1	30" 12/7.5m
11:00AM	1500m	U18/Open	Men	Timed Final	1	
11:07AM	1500m	U18/Open	Women	Timed Final	1	
11:14AM	1200m	U16	Women	Timed Final	1	
11:20AM	60mH	U12: 24"	Men	Final	1	24" / 12/7m
11:23AM	60mH	U12: 24"	Women	Final	4	24" / 12/7m
11:40AM	60mH	U14: 30"	Men	Final	1	30" 12/7.5m
11:43AM	60mH	U14: 30"	Women	Final	1	30" 12/7.5m
12:00PM	200m	U16	Men	Timed Final	2	
12:06PM	200m	U18	Men	Timed Final	4	
12:18PM	200m	Open	Men	Timed Final	6	
12:30PM	200m	Para	Men	Timed Final	1	
12:36PM	200m	U16	Women	Timed Final	4	
12:48PM	200m	U18	Women	Timed Final	2	
12:54PM	200m	Open	Women	Timed Final	3	
1:05PM	150m	U12	Men	Timed Final	1	
1:08PM	150m	U14	Men	Timed Final	2	
1:14PM	150m	U12	Women	Timed Final	2	
1:20PM	150m	U14	Women	Timed Final	2	
1:30PM	600m	U16	Men	Timed Final	1	
1:34PM	600m	U18	Men	Timed Final	1	
1:38PM	600m	Open	Men	Timed Final	2	
1:46PM	600m	U16	Women	Timed Final	1	
1:50PM	600m	U18	Women	Timed Final	1	
1:54PM	600m	Open	Women	Timed Final	1	
2:00PM	800m	non Masters RW		Timed Final	1	
2:05PM	1500m RW	Masters		Timed Final	1	
2:20PM	4x200m	U18/Open	Men	Timed Final	1	
2:25PM	4x200m	U16/Open	Women	Timed Final	1	

SATURDAY FIELD: GBO 2023: Morning Club Sections

Main Pit Horizontal Jumps				Wall Pit Horizontal Jumps			
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
10:45AM	Long Jump	U16	Men	10:45AM	Long Jump	U16	Women
Notes	9 Athletes. Done ~11:30AM			Notes	9 Athletes. Done ~11:30AM		
Vertical Jump - High Jump							
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
10:00AM	High Jump	U18/Open	Men	11:15AM	High Jump	U18/Open	Women
Notes	8 athletes. Warm up start 9:30AM			Notes	9 athletes. Done ~ noon		

SATURDAY FIELD: GBO 2023: Evening Club Sections

Main Pit Horizontal Jumps				Wall Pit Horizontal Jumps			
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
5:00PM	Long Jump	Open	Men	5:00PM	Long Jump	U18	Men
Notes	11 athletes. Done by 6:00PM			Notes	8 Athletes. Done ~ 5:45PM		
Main Pit Horizontal Jumps				Wall Pit Horizontal Jumps			
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
6:30PM	Long Jump	Open	Women	6:15PM	Long Jump	U18	Women
Notes	11 Athletes. Done by 7:30PM			Notes	10 Athletes. Done by ~7:00PM		
Throws: Main Cage				Throws: Wood Circle			
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
5:30PM	Shot Put	U18/Open	Women	5:30PM	Shot Put	U16/Masters	Women
Notes	12 Athletes			Notes	11 Athletes		
Throws: Main Cage							
Start Time	Event	Category	Gender				
6:45PM	Shot Put	U16/U18/Open	Men				
Notes	15 Athletes						
Vertical Jumps							
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
5:00PM	Pole Vault	All non uni	W & M	5:30PM	High Jump	U16/Masters	Men
Notes	18 athletes			Notes	7 athletes		

SUNDAY FIELD: GBO 2023: Club Sections

Main Pit Horizontal Jumps				Vertical Jumps: High Jump			
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
1:00PM	Triple Jump	All non uni	W & M	1:00PM	High Jump	U16	Women
Notes	14 Athletes			Notes	3 Athletes		
Throws: Main Cage				Throws: Main Cage			
Start Time	Event	Category	Gender	Start Time	Event	Category	Gender
10:30AM	Weight Throw	All non uni	Men	12:30PM	Weight Throw	All non uni	Women
Notes	15 Athletes			Notes	10 Athletes		