


**2023 Sharon Anderson Memorial
Track and Field Meet**

- Date:** Saturday January 7th, 2023
Location: University of Toronto Field House
Faculty of Kinesiology & Physical Education
55 Harbord Street
- Start Time:** Saturday 8:00 am
Sanctioned by: Ontario University Association (OUA)
Hosted By: Faculty of Kinesiology & Physical Education
University of Toronto
- Meet Directors:** Rostam Turner rostam.turner@utoronto.ca
Andre Metivier ap.metivier@utoronto.ca
- Eligibility:** University, College, and AO athletes
- Entries:** **Must be submitted on-line by Thursday Jan 5th, 2023 (noon)**
<https://www.trackie.com/online-registration/register/2023-sharon-anderson-memorial/485049/>
- Facility:** 200m flat Mondo - rubber 5-lane track with 8 sprint lanes. All runways Mondo - rubber; shot put circle concrete.
- Spikes:** **MAXIMUM 6mm.**
- Timing:** Fully electric timing.
- Changing facility:** Locker rooms are available for men and women. Please bring your own locks and towels.
- Entry Fee:** **\$25.00 per athlete per event**
Cost limit \$500 per team
- Late Entry:** **Late entries will be accepted at \$50.00 per athletes per events.**
Entries will not be accepted after 6:00PM the night before the meet.
- SCRATCHES:** **Please make all scratches online or upon arrival to the Field House registration desk (top of the stairs).**



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Track Events	Final Meet Schedule SATURDAY January 7 th , 2023	
10:30 AM	60m hurdles heats	Women
10:35 AM	60m hurdles heats	Men
10:50 AM	60m heats	Women
11:20AM	60m heats	Men
12:20PM	1000m timed section	Women
12:30PM	1000m timed section	Men
12:40 PM	4x200m relay	Women
12:50PM	4x200m relay	Men
1:05 PM	1500m times sections	Women
1:15 PM	1500m times sections	Men
1:30PM	60m hurdles final	Men
1:45 PM	60m hurdles final	Women
1:55 PM	60m final (A+B Final)	Men
2:00 PM	60m final (A+B Final)	Women
2:10 PM	600m timed sections	Women
2:20PM	600m timed sections	Men
2:45 PM	300m timed sections	Women
3:15 PM	300m timed sections	Men
4:05 PM	3000m timed sections	Women
4:20 PM	3000M timed sections	Men
4:35 PM	4x400m timed sections	Women
4:50 PM	4x400m timed sections	Men

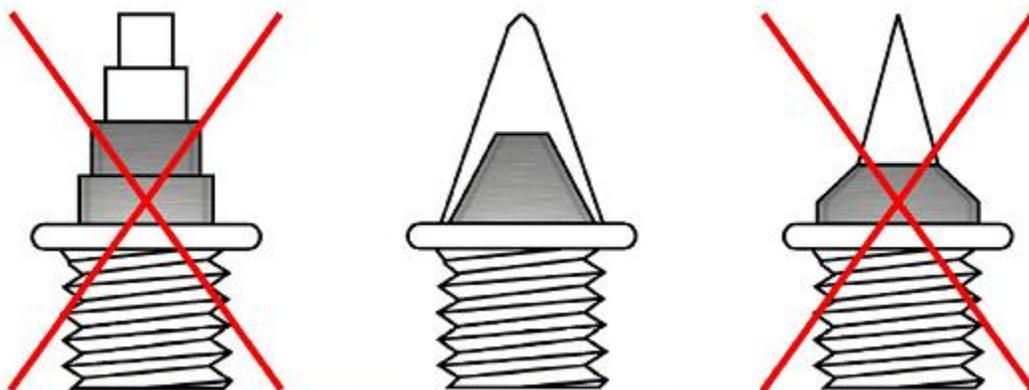
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Field Events	Final Meet Schedule SATURDAY January 7 th , 2023	
8:00 AM	Shot Put	Mens + Womens
11:00 AM	Long Jump	Men
11:00 AM	High Jump	Men
11:00 AM	Pole Vault	Women
1:00 PM	Long Jump	Women
2:00 PM	Pole Vault	Men
2:00 PM	High Jump	Women
3:00 PM	Triple Jump	Men
4:30 PM	Triple Jump	Women

NEW For the University of Toronto Athletic Centre Field House



SPIKES

- All spikes must be presented to be checked at the spike check in table (where you receive your hip numbers)
- Athletes will not be allowed to compete without having their spikes checked and cleared .
- Acceptable spikes: 6mm pyramids / cones – same size
- Any athletes competing with longer than 7mm spikes will be disqualified.
- Water is the only permitted drink allowed on the track facility.