



The Throwers Club 2023 Membership

New and Renewing Members for 2023

AO Membership	<p>Before you can renew your Throws Club Membership for 2023, you must renew your membership in Athletics Ontario (“AO”) in the Masters Category for 2023. The AO membership link, which opened December 1, 2022, is: https://athleticsontario.ca/athlete-registration/ If you are planning to join as a Member of the Throwers Club make sure you enter the correct Club affiliation on your AO membership renewal.</p>	
AO Membership Requirements	<p>AO members which includes all masters are required to:</p> <ol style="list-style-type: none"> 1) have reviewed the Minister’s concussion awareness resources each year found at: www.ontario.ca/concussions 2) review and adhere to the policies in the Safe Sport Policy Manual at https://athleticsontario.ca/safe-sport-information/ 	
Throwers Club Membership Fee	<p>The Throwers Club membership fee for 2022 is \$35 plus applicable Trackie fees. You can sign up as a Member or as a Supporting Member. If joining as a Member make sure that you indicate the correct Throwers Club Affiliation in you AO membership renewal.</p>	
Benefits of Throwers Club Membership	<p>Membership benefits are:</p> <ol style="list-style-type: none"> 1) Join an enthusiastic group of masters throwers who continue to grow and expand our throws programs. 2) Receive a discounted fee for entering a Throwers Club meet 3) Participate in clinics for all events 4) Eligible for Club awards 5) Receive regular updates on masters meets, clinics and other opportunities <p>The Club is a registered not-for-profit corporation. Your membership fees support maintenance and purchase of throws equipment, pay for storage and setup costs for meets and pay for website and social media costs. Any surplus funds at the end of year are reinvested back into the Club.</p>	
Officers:	<p>Current officers are: President, Bill Pearson – throwersclub@rogers.com Vice President, Kristen Dajia – pkdajia@gmail.com Treasurer, Leah Easton - herculeah65@gmail.com Please feel free to email any or all of us with any questions you may have.</p>	
Results:	<p>Complete results will be posted following meets on the Throwers Club website at www.throwersclub.ca</p>	<p>No qualifying standards for entry</p>
Base Facility:	<p>Throwers Club hosts its meets at the Toronto Track & Field Centre (TTFC) which has full throwing facilities for hammer, shot put, discus, javelin and weight throw. For further information see - http://www.toronto.ca/parks/sports/trackfield.htm Clinics are held indoor at TTFC and outdoors at locations such as Pocock Secondary School in Mississauga</p>	
Awards	<p>Each year The Throwers Club has an Annual Awards Luncheon with the following:</p> <ol style="list-style-type: none"> 1) Challenge Trophy – highest cumulative season points in Throws Pentathlon 2) Latvian Trophy – highest single points in Throws Pentathlon 3) Highest single season points in hammer, shot put, discus, javelin and weight. 	

The Throwers Club is a registered Not-For-Profit Corporation in Ontario