



## ATHLETICS NIAGARA MEMBERSHIP INFORMATION 2023

**Before registering, please read all the information below.**

### **REGISTRATION POLICY**

1. New athletes can join at any time of the year (if there is space available), but they must register for a minimum of 3 months. Registration options are 3, 4, 6, 9 and 12 months.
2. A full refund minus a \$25 administration fee will be issued within the first 4 practices (which include the two free practices) if, for any reason, the athlete does not wish to continue.
3. No refunds are permitted after the first 4 practices.
4. There is **NO** mandatory fundraising required by AN registered athletes to participate in. However, if an athlete voluntarily chooses to procure a sponsorship, he/she may use the sponsorship letter found on our website to distribute to potential sponsors. Once a sponsorship has been obtained, please provide our Club with your sponsor's company logo. To acknowledge their contribution, we will post the company's logo on our website.
5. Please note that all our coaches are volunteers. Some of them may take a winter break, as well as a summer break. Dates and duration to be determined by each individual coach. Athletes can make arrangements to train with any of our other coaches if their coach is on a break and they wish to continue training.

### **REGISTRATION STEPS** (returning athletes may skip steps 1 & 2 and go straight to step 3)

1. NEW ATHLETES: contact **Wayne Rae**, our president, [athleticsniagara@gmail.com](mailto:athleticsniagara@gmail.com) to book your two free practices.
2. During your two free practices, speak to our registrars, **Tammy Bush, Tereza Rae** or **Anita Pietrangelo** for further information on the registration process.
3. All athletes must register themselves or by their parents each year with Athletics Ontario (A.O.), either under the 'ATHLETE' category (Competitive) or the 'NON-COMPETITIVE ATHLETE' category (Recreational) before being allowed to continue with their registration. When on the Trackie page, just click on the link to the A.O. page. Tammy, Tereza or Anita will be able to explain the difference between 'competitive' and 'recreational'. **In doubt, choose NON-COMPETITIVE, as it is easier to upgrade to COMPETITIVE than the other way around.**
  - For upgrades, the instructions are here: <https://athleticsontario.ca/wp-content/uploads/2021/12/HOW-TO-UPGRADE-YOUR-MEMBERSHIP.pdf>
  - For downgrades, contact **Tereza**, one of our club registrars.
4. All competitive athletes must pay for their own meet fees. Athletes must register themselves for meets directly with the meet organizer (through the meet's website). Please inform your coach when you register for a meet.

Once you have completed all the registration steps above and you are ready to become a member of Athletics Niagara, go back to the Trackie page to complete your registration.