



Athletics Ontario Presents: 2022 Jumps Symposium Hosted by the University of Toronto December 9th – 11th, 2022

Join Athletics Ontario for what will be an incredible experience at the 2022 Jumps Symposium, hosted at the University of Toronto. Over the course of three days, we will leap into the world of jumps, including a solid lineup of presenters; learn to connect the commonalities between all jump disciplines incorporating theory and practical application; and then take it from the classroom to the track to bring it all full circle.

Through the weekend, we will explore the essential elements that create an effective and successful jumps program for athletes and connect with educators and coaches that bring decades of international experience. The symposium is designed for coaches, athletes, and parents of jumps athletes – and has in-person and virtual options. All are welcome to register and attend.

Registration link: <https://www.trackie.com/online-registration/event/athletics-ontario-presents-2022-jumps-symposium-hosted-by-university-of-toronto/483268/#.Y1LQAXbMLic>

List of Presenters:

Jeremy Fischer: Horizontal Jumps

- Olympic Training Center, Chula Vista – Head Coach
- USATF Jumps Lead Instructor, World Athletics Level 5 Sprints/Jumps

Tim Mack: Pole Vault

- 2004 Olympic Gold Medallist (2004 Olympic Record Holder)
- SPIRE Academy - Program Development Director, Head Coach – Vertical & Horizontal Jumps

Carl Georgevski: High Jump

- University of Toronto Varsity Blues, Head Coach
- University of Toronto Department of Kinesiology and Physical Education – Senior Athletic Instructor

Dr. Doug Richards: Sport Medicine

- University of Toronto Department of Kinesiology and Physical Education – Associate Professor
- Clinical Sport Physician

Tim Taha: Elite Athlete Training

- University of Toronto Department of Kinesiology and Physical Education – Associate Professor
- PhD, Exercise Physiology

Katherine Tamminen: Sport Psychology

- University of Toronto Department of Kinesiology and Physical Education – Associate Professor
- PhD, Physical Education and Recreation, Sport Psychology/M.Ed., Counselling and Psychotherapy