presented by:





# PREMIERICA'S PREMIER DID DID DID DID TO THE PREMIER OF THE PREMIER

HATASHITA ONTARIO OPEN



OVER 900 COMPETITORS! FROM CANADA, USA, FRANCE, BRAZIL, NETHERLANDS, SOUTH AFRICA, JAPAN

NOVEMBER 11, 12, 13 2022 TORONTO PAN AM SPORTS CENTRE, TORONTO, CANADA

SAVE THE DATE & BOOK YOUR HOTEL

sponsored by:

HATASHITA

JUDO CANADA POINTABLE TOURNAMENT!



NEWAZA DIVISION

KATA COMPETITION

U12 TO VETERAN DIVISIONS.

# GRAND CHAMPION OPEN WEIGHT DIVISION WITH CASH\$\$\$ PRIZE and name on the hatashita cup

- » AMAZING DOOR PRIZES INCLUDING MIZUNO GOLF CLUBS (VALUE \$2000)
- » HATASHITA MIZUNO FUJI SPONSORSHIPS AVAILABLE TO BE WON!
- » FREE JUDO KEY CHAIN WITH EVERY EARLY REGISTRATION









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# **Key Contacts**

#### **Heather** West

**Tournament Director** heather.west@judoontario.ca

#### Steven **Sheffield**

Technical Director info@judoontario.ca

#### **Tony Kelly**

Chief Referee tony.kelly@judoontario.ca

#### Malgorzata Lampman

Chief Kata Judge dzierzgowska@yahoo.ca

# Watch the 2022 Ontario Open LIVE on Judo Canada TV at <u>www.judocanada.tv</u>

Sanctioned by Judo Canada.

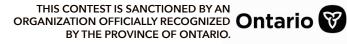
Scan the QR code to access the Live broadcast link.



Note: This document has been revised on September 27, 2022















# Registration

#### Athlete Registration

Kata Athletes: must complete registration(s) in hard copy.

Shiai Athletes: Online Trackie registration: (TrackieReg.com/2022-OntarioOpen)

#### Coach Registration (Minimum NCCP 2 (DI) Trained)

Online registration is mandatory for all coaches: (TrackieReg.com/2022-OntarioOpencoach)

Only 4 coaches per team/dojo allowed. Athletes who coach **must** also apply for coaching accreditation.

No coaching accreditation will be issued on the day of the tournament.

#### Referee Registration (Minimum National A)

Online Trackie registration for all referees: (<u>TrackieReg.com/2022-OntarioOpenRef</u>)

#### Kata Judge Registration (Minimum National)

Online Trackie registration for all Kata Judges: (TrackieReg.com/2022-OntarioOpenKataJudge)

All foreign and out-of-province athletes need to ensure their medical coverage is valid in Ontario.

#### Online Entries

- ► Early registration starts September 20th, 2022
- ► Early registration ends on October 23<sup>rd</sup>, 2022
- ▶ Late registration ends November 6<sup>th</sup>, 2022 at 2359hr EST (11:59 PM) Midnight
- ▶ No registration after this date and time will be accepted

#### Hard Copy Registration

If you do not have access to the internet, please call Judo Ontario, 1-416-447-5836 or 1-855-499-5836 (Toll Free).

Hard copy entries MUST be accompanied with full fee(s) attached and must be received by November 6<sup>th</sup>, 2022. Judo Ontario will not be responsible for mailed entries received after this date.

Hard copy entries must be sent to:

Ontario Open c/o Judo Ontario

875 Morningside Avenue, Suite 2040 Toronto, ON, Canada M1C 0C7

- Registration attempts after the registration deadline will not be accepted.
- No refunds of any kind after November 4th. No substitutions allowed.
- No email or fax entries will be accepted.













#### **Early Bloomers**

**Early Bloomer Requests:** must be applied for through Judo Canada at: <a href="https://judocanada.org/early-bloomer-form-formulaire-pour-athlete-precoce/">https://judocanada.org/early-bloomer-form-formulaire-pour-athlete-precoce/</a>

Due by: November 9th, 2022

Forbidden: Early Bloomer submissions for the U12 & U14 age divisions

# **Entry Fees**

#### **Competitor Fees**

	Registration (Received by Oct 23, 2022)	Late Registration (Received by Nov 6, 2022)
U21, Seniors, Veterans	\$ 85	\$ 120
U18	\$ 75	\$ 110
U16	\$ 65	\$ 100
Second Division	\$ 45	\$ 60
U12, U14	\$ 55	\$ 90
Ne Waza	\$ 65	\$ 90
Kata (per person)	\$ 40	\$ 60
Additional Kata entry (per person)	\$ 20	\$ 30
Additional 3 <sup>rd</sup> Kata entry (per person) - 3 Kata Entries Max.	\$ 15	\$ 20

#### Note:

- ► All prices include HST
- ▶ All Kata registrations must be mailed in and a separate form for each kata and pairing is required.

#### Spectator Fees

\$10 for one day or \$15 for the whole weekend.

#### Note:

- ► A \$20 penalty fee will be incurred for all mistakes made in an athlete's registration (belt or age division) that will force changes to categories after the draws are completed.
- ▶ \$10 administration fee will be applied for all cancellations between October 23<sup>rd</sup> and November 4<sup>th</sup>, 2022.
- ▶ There will be **NO** refunds following a cancellation as of Friday November 4<sup>th</sup>, 2022. No exceptions.













# **Competition Schedule**

#### Friday November 11th

Kata Start time: 1830hr (6:30 PM)

#### Saturday November 12<sup>th</sup>

First Block - U12 and Ne-Waza starts 0800hr Saturday morning (8:00 AM) Second Block - U14, Veterans Third Block - U18, U21

#### Sunday November 13<sup>th</sup>

First Block - All Senior Advanced Divisions - the shiai starts at 0800hr. (8:00 AM) Second block - U16 & Senior Intermediate

# **Accreditation**

ATHLETES, COACHES, REFEREES, AND VOLUNTEERS PLEASE NOTE: Entry into the competition area will only be permitted with valid accreditation.

Note: Replacement accreditation badges can be generated at the accreditation desk at the tournament venue on Saturday or Sunday. However, there will be a \$20 CAD CASH ONLY replacement charge for replacement badges.

Accreditation pick-up on **Friday** will take place at the tournament venue. ID is required for picking-up accreditation badges.

**Coaches** may start picking up their accreditation badges starting at 1600hr – 2100hr (4:00 PM -9:00 PM) on November 11<sup>th</sup>. Provincial and club coaches may also pick-up badges on behalf of their athletes.

**Athletes** may start picking up their badges at 1700hr – 2100hr (5:00 PM - 9:00 PM) on November 11<sup>th</sup>. Accreditation pick-up on Saturday will take place at the tournament venue starting at 0800hr (8:00 AM).

All registered athletes will be issued one accreditation badge regardless of the number of divisions entered. Athletes who wish also to coach MUST apply separately for coaching accreditation. Athletes must ensure their coach registers themselves as a coach. Accreditation badges for coaches will not be issued based on athletes' registration information.













#### **Coach Accreditation**

ALL coaches MUST pre-apply for accreditation by November 6<sup>th</sup>, 2022 to receive a coaching accreditation badge. ALL Canadian coaches MUST be NCCP (Dojo Instructor) Trained or higher. Foreign coaches must provide proof of their coaching certification equivalent. Only one coach per athlete will be permitted at mat side. Maximum of four coaches per Dojo. Coaches must wear proper coaching attire as per the 2022-2023 Judo Canada Sanctioning Policy and Tournament Standards.

#### Referee & CARE Operator Accreditation

Referee Eligibility: Referees must be members of Judo Ontario, other Provincial/Territorial Associations, or IJF recognized Associations of other countries.

Minimum referee level National A. Referees wishing to officiate the ne-waza category are asked to contact the Chief Referee, Tony Kelly - tony.kelly@judoontario.ca by November 1st, 2022.

Referees not officiating are encouraged to assist with operating the CARE.

A referee and CARE Operator meeting and roll call will be held at the shiai-jo prior to the start of the tournament.

All referees and CARE operators are asked to present themselves in the officials' room Saturday by 0730hr (7:30 AM) and Sunday at 0730hr (7:30 AM).

#### **Kata Judge Accreditation**

#### Kata Judge Eligibility

Kata Judges must be members of Judo Ontario, other Provincial/Territorial Associations, or IJF recognized Associations of other countries.

Minimum Kata Judge level - National (Level National in the specific kata that they are judging)
A Kata judge meeting and roll call will be held at the shiai-jo prior to the start of the tournament.

All Kata judges are asked to present themselves in the officials' room Friday by 1730hr (5:30 PM).

Interested Kata judges are asked to contact Chief Kata Judge Malgorzata Lampman dzierzgowska@yahoo.ca by November 1st, 2022.

#### **Other Volunteer Accreditation**

Judo Ontario needs volunteers who are aged 16+ for these very important positions:

- Draw Coordinators
- Weigh-in Officials
- Time/Score Keepers
- Security

- Craft Services
- Runners
- Accreditation Table Officials

Accreditation badges are required for all volunteers. Volunteers of the tournament will receive a volunteer t-shirt and lunch on the days they are volunteering. To sign up to be a volunteer, please complete the online sign-up form using the link below and our Volunteer Coordinator Rayla Brown will be in touch.

2022 Ontario Open Volunteer Sign-up













# **Tournament Site Meetings**

#### Referees, Kata Judges, & CARE Operator Meetings

Referees' and kata Judges' meeting will take place in the officials' room at the Shiai-jo.

- ► Kata Judge Meeting Friday November 11th, 1730hr 1800hr (5:30 PM 6:00 PM)
- ► Referee and CARE Operators Meeting Friday November 11th, 1800hr 1830hr (6:00 PM 6:30 PM)
- ► Referees and CARE Operators' roll call: Saturday 0730hr (7:30 AM) and Sunday 0730hr (7:30 AM). Please be on time.

Volunteers and table officials must be in place at 0730hr (7:30 AM) on Saturday and at 0730hr (7:30 AM) on Sunday.

#### **Coaches Meeting**

A coaches meeting will take place at Joseki at 0745hr (7:45 AM) at the Shiai-jo on Saturday.

#### **Volunteers Meeting**

Volunteers are asked to present themselves with their accreditation badge at the registration desk at TPASC at 0700hr (7:00 AM) on Saturday and Sunday.

# Rules & Systems

- ► Modified IJF Rules and Judo Ontario/Judo Canada Tournament Regulations will be applied.
- ▶ U12, U14: Judo Canada Tournament Standards applied.
- U16: Chokes permitted. NO armlocks.
- ► U18: Chokes and armlocks permitted.
- ► A minimum rest period equal to two (2) times the maximum match time will be allowed between matches.
- ► Golden Score will be applied in all divisions except U12, U14.
- ▶ White and Blue judogis are mandatory for all but U12, U14.
- ▶ U12, U14 must have white judogi with their properly fitted belt with their current rank. First name called wears white gi.
- ► For U12, U14 athletes can have both a white and blue judo gi or reversible judogi with their current properly fitting belt. But two blue judogi's will not be allowed to compete.
- ▶ Judo Ontario will supply white and blue sashes for the U12, U14 division.
- ▶ Uniforms (Judogis) MUST comply with Judo Canada and IJF size regulations.
- ▶ The competition area will conform to the IJF standard 8m x 8m combat surface.
- ▶ 5 or fewer competitors will use round robin system.
- ▶ 6 and 7 competitors in a category will use a 2 pool system.
- ▶ 8 competitors or more will use a modified double elimination system.
- Seeding will be based on High Performance Committee (HPC) communication with Judo Canada.













# **Awards**

#### Shiai:

1st, 2nd, and two 3rd Place medals will be awarded as per Judo Canada guidelines.

#### Kata:

1st, 2nd, and only one 3rd Place medal will be awarded as per Judo Canada guidelines.

# **Weigh-Ins**

Athletes are allowed only one time on the official scale. Accreditation card and ID (picture ID for U18 and above) is required at weigh-in.

#### U12, U14, U18, U21, Veterans & Ne Waza

Friday, Nov. 11, 2022

Toronto Pan Am Sports Centre (875 Morningside Ave)

- Unofficial Weigh-in: 1700hr—2100hr (unofficial scale only) (5:00 PM 9:00 PM)
- Official Weigh-in: 1800hr—2100hr (official scale only) (6:00 PM 9:00 PM)

#### U16, and Seniors

Saturday, Nov. 12, 2022

Toronto Pan Am Sports Centre (875 Morningside Ave)

- Unofficial weigh-in: U16 1400hr 1615hr (2:00 PM 4:15 PM), Senior 1400hr 1730hr (2:00 PM 5:30 PM) (unofficial scale only)
- Official Weigh-in: U16 1500hr 1615hr (3:00 PM 4:15 PM)
- Official Weigh-in: Senior 1615hr 1730hr (4:15 PM 5:30 PM)

Athletes competing on Saturday and Sunday need to weigh-in only once. See notes below.

Athletes may compete in only one division per day as outlined in accordance with Judo Canada's Tournament Policy, unless the second division is Ne Waza or Open Weight.

- Note: All participants must come to the official weigh-in with their their accreditation card and with ID (a photo ID for U18 and up). Foreign Competitors must bring a current membership card of their Association, their accreditation and photo ID.
- Note: U14, U18, U21, Veterans and Ne Waza judokas also competing in the same weight category on Sunday will NOT have to go on the scale again. However, they MUST go to the weigh-in on Saturday to confirm their participation on Sunday.













Note: Eligible U16 judokas (born in 2008) competing in the same weight category as their Saturday competition divisions will NOT have to go on the scale again. However, they must go to the weigh-in on Saturday to confirm their participation in their respective U16 division on Sunday. Athletes may compete in only one division per day as outlined in accordance with Judo Canada's Tournament Policy.

# **Divisions**

#### **U12**

Born: 2012-2013 Ranks: Yellow and up

No chokes or armlocks. Modified Medical Rules. See Below Duration: 2 minute matches. No Golden Score

U12 Male Weight Divisions:

Round Robin Divisions of 2-5 athletes will be compiled after weigh in has been completed.

U12 Female Weight Divisions:

Round Robin Divisions of 2-5 athletes will be compiled after weigh in has been completed.

#### **U14**

Born: 2010-2011 Ranks: Green and up

No chokes or armlocks. Modified Medical Rules. See Below Duration: 3 minute matches. No Golden Score

U14 Male Weight Divisions:

-32kg, -35kg, -38kg, -42kg, -46kg, -50kg, 55kg,

-60kg, -66kg, +66kg

U14 Female Weight Divisions:

-30kg, 33kg, -36kg, -40kg, -44kg, -48kg, -52kg,

-57kg, -63kg, +63kg

#### **U16**

Born: 2008-2009

and as per Judo Canada's Early Bloomer Clause

Ranks: Green and up

Chokes permitted. No armlocks. Modified Medical Rules. See Below

**Duration:** 3 minute matches. Golden Score is applied.

U16 Male Weight Divisions:

-38kg, -42kg, 46kg, -50kg, 55kg, -60kg, -66kg,

-73kg, +73kg

U16 Female Weight Divisions:

-36kg, -40kg, 44kg, -48kg, -52kg, -57kg,

-63kg, -70kg, +70kg

Note - Modified Medical Rules: All U14, U16 and U18 contestants will be allowed two one-minute free medical examinations per competitor per match (does not include treatments for bleeding) without penalty. A third examination for the same injury to the same competitor in the same match will result in their opponent being awarded the win by "Kikengachi". All incidents of bleeding in these two age categories will be dealt with in accordance with current IJF Competition Rules, Article 29 (Bleeding Injuries).













#### **U18**

Born: 2006,2007,2008

and as per Judo Canada's Early Bloomer Clause

Ranks: Green and up

Chokes and armlocks permitted. Modified Medical Rules. See above on Page 10

**Duration:** 4 minute matches. Golden Score is applied.

U18 Male Weight Divisions:

U18 Female Weight Divisions:

-50kg, 55kg, -60kg, - 66kg, -73kg, -81kg, -90kg, +90kg

-40kg, 44kg, -48kg, -52kg, -57kg, -63kg, -70kg,

+70kg

**U21** 

Born: 2003, 2004, 2005, 2006, 2007, 2008

Ranks: Blue and up

Chokes and armlocks permitted

Duration: 4 minute matches. Golden Score is applied.

U21 Male Weight Divisions:

U21 Female Weight Divisions:

-60kg, -66kg, -73kg, -81kg, -90kg, -100kg, +100kg

-48kg, -52kg, -57kg, -63kg, -70kg,-78kg,+78kg

#### **Seniors**

Born: 2008 and earlier

Senior Advanced Ranks: Brown and up Senior Intermediate Ranks: Green and Blue

Chokes and armlocks permitted

**Duration:** 4 minute matches. Golden Score is applied.

Senior.	Advanc	ed Ma	ile Wei	ght Divi	sions:	
-60ka.	-66ka.	-73ka.	-81ka	90ka.	-100ka.	4

g, +100kg,

Open Weight

-48kg, -52kg, -57kg, -63kg, -70kg, -78kg, +78kg, Open Weight

Senior Advanced Female Weight Divisions:

Senior Intermediate Male Weight Divisions: Light,

Middle, Light Heavy, Heavy

Senior Intermediate Female Weight Divisions Light, Middle, Light Heavy, Heavy

#### Hatashita Ontario Open Grand Champion Open Weight Division

Sunday November 13th, Cash Prize and name on the Hatashita Cup.

Direct Elimination will be used in the Open Weight Division.













# Registration

Ne Waza  Ranks: Green and Up  Chokes and armlocks permitted  Duration: 4 minute matches. Golden Score is applied.		
Senior Born 200	08 and Earlier	
Senior Male Weight Divisions: -66kg, -81kg,-100kg, +100kg	Senior Female Weight Divisions: -52kg, -70kg, +70kg	
Veterans Born 1993 and Earlier		
Men -66kg, -81kg,-100kg, +100kg Women -52kg, -70kg, +70kg		
Differently Abled		
Men Women		

Note: Athletes can compete in two categories in one day if one is the Ne Waza category.

Veterans			
Born: 1993 a	and earlier		
Ranks: Blu	e and up		
Chokes and armlocks permitted			
Duration: Up to M7/F7 3 minute matches. Golden Score is applied (M7/F7 2min match, 1 minute Golden			
Score)			
Veterans Male Weight Divisions: -73kg, -81kg, -90kg, -100kg, +100kg	Veterans Female Weight Divisions: -52kg, -63kg, -78kg, +78kg		

#### Katas

U16 Born 2008 & later Minimum Orange Belt	Nage-no-kata (3 series) / Nage-no-kata (5 series) / Ju-no-kata / Kodokan Goshin-jutsu
Senior Born 2008 & earlier Minimum Green Belt	Nage-no-kata / Katame-no-kata / Kime-no-kata / Ju-no-kata / Kodokan Goshin-jutsu

There are no gender specific divisions, so all pairs are welcome (mixed or not). Multiple entries are accepted. The same competitor can enter only once in the same kata. White judogis only. No red & white belts. All Kata registrations must be mailed-in and a separate form for each kata & pairing is required. Please submit your registration and payment for all the katas you will be participating in at the same time to ensure multiple kata discounts are honoured. Cheques should be made payable to Judo Ontario.













# **Accommodations**

#### Official Headquarters Hotel

Deadline to receive tournament room pricing is October 19th.

#### Holiday Inn Express Toronto Downtown

111 Lombard Street, Toronto, ON M5C 2T9

416-367-5555 Toll Free: 1-877-660-8550 Fax: 416-367-3470 Room with King bed - \$159 + taxes (single/double occupancy)

Room with 2 Queen beds - \$169 +taxes (maximum 4 guests, triple and quad + \$10/person)

To reserve, use the steps below:

1. Call 416-367-5555 and ask for Reservations (Judo Ontario guestroom block is in under Block Code JOT) Judo Ontario Guestroom Block, November 11-13, 2022. The registration deadline to book is October 19<sup>th</sup>, 2022

In order for a guest wish to email their reservation request: lv406.fo1@innvesthotels.com

#### Other Accommodations

#### Best Western Plus Executive Inn

38 Estate Drive Toronto, Ontario M1H 2Z1

Phone: (416) 430-0444 On-Line at: <u>Best Western Plus Executive Inn in Toronto</u>, ON - ReservationCounter.com

6 min. Drive via Hwy 401 from TPASC

# **Tournament Site**

#### Toronto Pan Am Sports Centre

875 Morningside Avenue Toronto, Ontario M1C 0C7 Supported by: Ministry of Tourism, Culture & Sport Produced & sanctioned by: Judo Ontario













# Shiai & Ne-Waza Registration Form

#### **Personal Information**

First Name:	Last Name:
Date of Birth: (mm/dd/yyyy)	Gender (Male/Female)
Judo Ontario #	Address
Judo Canada (or other foreign) #	Province/State
Foreign Judo Organization	Foreign Judo Organization#
Club Name	Country
Coach	Contact Number
Next of Kin Name	Belt Rank













#### **Competition Information**

Check all the boxes that apply to your registration.

# Primary Age Division and Weight Division

	Weight Division
U12	
U14	
U16	
U18	
U21	
Senior	
Veteran	
Senior Ne-Waza	
Veteran Ne-Waza	
Para Ne-Waza	

#### **Second Age Division**

	Weight Division
U14	
U16	
U18	
U21	
Senior	
Veteran	
Senior Ne-Waza	
Veteran Ne-Waza	
Para Ne-Waza	

(Please make cheques payable to Judo Ontario)













# **Kata Registration Form**

Indicate Age Group U16 Senio
------------------------------

#### Indicate which Kata you will be performing

(Please make cheques payable to Judo Ontario)

Nage-No-Kata 3 Sets	Kodokan Goshin Jutsu	
Nage-No-Kata 5 Sets	Ju-No-Kata	
Katame-No-Kata	Kime-No-Kata	

#### **Tori Information**

	Tori	Uke
First Name		
Last Name		
Date of Birth: (mm/dd/yyyy)		
Judo Ontario #		
Judo Canada (or other foreign) #		
Foreign Judo Organization (if applicable)		
Rank		
Club		
Address		
Province/State:		
Contact Number		













# **Release Form for Minors**

(For Competitors Under 18 Years of Age)

NOTICE: This is a legal document, which must be properly completed and signed, or your entry will not be accepted.

PLEASE READ CAREFULLY. It affects your rights. If you do not understand it, obtain legal advice before signing.

#### RELEASE, INDEMNITY, WARRANTY, AND ASSUMPTION OF RISK

IN	CONSIDERATION OF the acceptance of the entr	v of		
(he Jud rele Par rep res out cau	reinafter referred to as "the said child") to compete Championships (hereinafter referred to as "this ease, remise and forever discharge, and agree to a Am Sports Centre, the organizers of this event, resentatives (hereinafter referred to as "the Releipect of death, injury, loss or damage to the person of or in connection with the said child competing used by, contributed to or occasioned by the negmises, or otherwise of or by the Releases or any	ete in and /or being permitted to participate in and /or being permitted to participate sevent"), I/We for myself/ourselves and indemnify and save harmless The Ontar their respective officers, executives, directly asses") from and against all claims, action on or property of the said child, or mysel g or participating in this event and notwibligence, breach of contract, breach of a	for and on behalf of the said child hereby io Judo Black Belt Association, the Toronto ectors, officials, agents, servants and is, costs, expenses and demands in fourselves, howsoever caused, arising that anding that the same may have been	
COI	e agree for myself/ourselves and for and on behasequences thereof, arising out of or in connections, regulations and conditions of this event.			
<ol> <li>I/WE CERTIFY THAT:</li> <li>The said child is in good physical condition and has no injury, disease or disability nor has he/she injected or ingested anything that would impair his/her performance or physical condition or increase the likelihood of injury in competing or participating in this event.</li> <li>No physician, nurse, therapist, trainer, coach, manager or other person has advised me/us not to allow the said child to compete or participate in a body contact sport or in this event.</li> <li>I/we am/are familiar with the sport of judo and the nature of a judo contest. I/We am/are aware that there is a high risk of injury by the very nature of the sport.</li> <li>We are the father and mother of the said child or the Guardian(s) of the said child and the only person(s) entitled to act for and on behalf of the said child.</li> <li>This Release Form authorizes the Shiai Director, after consultation with me, to permit a change in categories.</li> </ol>				
THIS DOCUMENT SHALL BE BINDING UPON THE SAID CHILD, MYSELF/OURSELVES, THE HEIRS, EXECUTORS, ADMINISTRATORS, ASSIGNS, AND PERSONAL REPRESENTATIVES OF EACH OF US AND THE SAID CHILD.  I/We have read this document and I/we understand it fully.				
			T	
	arent/Guardian Names & Relationship Please Print):	Parent/Guardian Signatures:	Date	













# Release Form for Adults

(For Competitors 18 Years of Age and Older)

NOTICE: This is a legal document, which must be properly completed and signed, or your entry will not be accepted.

PLEASE READ CAREFULLY. It affects your rights. If you do not understand it, obtain legal advice before signing.

#### RELEASE, INDEMNITY, WARRANTY, AND ASSUMPTION OF RISK

IN CONSIDERATION OF the acceptance of my entry to compete in and/or my being permitted to participate in the 2022 Hatashita Ontario Open Judo Championship. (hereinafter referred to as "this event"), I hereby release, remise and forever discharge, and agree to indemnify and save harmless The Ontario Judo Black Belt Association, the Toronto Pan Am Sports Centre, the organizers of this event, their respective officers, executives, directors, officials, agents, servants and representatives (hereinafter referred to as "the Releases") from and against all claims, actions, costs, expenses and demands in respect of death, injury, loss or damage to my person or property, howsoever caused, arising out to or in connection with my competing or participating in this event and notwithstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of a common duty of care as an occupier of premises, or otherwise, of or by the Releases or any of them. I agree to assume all risks, both known and unknown, and all consequences thereof, arising out of or in connection with my competing or participating in this event. I agree to adhere to all rules, regulations and conditions of this event.

#### I/WE CERTIFY THAT:

(Initial)

- 1. I am in good physical condition and I have no injury, disease or disability nor have I injected or ingested anything that would impair my performance or physical condition or increase the likelihood of injury in competing or participating in this event.
- 2. No physician, nurse, therapist, trainer, coach, manager or other person has advised me not to compete or participate in a body contact sport or in this event.
- 3. I am familiar with the sport of judo and the nature of a judo contest. I am aware that there is a high risk of injury by the very nature of the sport.
- This Release Form authorizes the Shiai Director, after consultation with me, to permit a change in categories.

THIS DOCUMENT SHALL BE BINDING UPON MYSELF, MY HEIRS, EXECUTORS, ADMINISTRATORS, ASSIGNS AND PERSONAL REPRESENTATIVES.

I/We have read this document and I/we understand it fully.

Name (Please Print):	Signature:	Date:





