2022 MTA XC CHAMPIONSHIPS

Saturday October 29, 2022

Hosted by: Thorold Elite Track Club

Burlington Track & Field Club



Sanctioned by: Minor Track Association of Ontario

Venue: Firemen's Park

2275 Dorchester Rd, Niagara Falls, ON

Course is mostly on grass with a very small gravel section. Spikes are

recommended/encouraged.

Parking: There is capacity for up to 200 cars in the main lot. <u>Do not triple</u>

park or park where there is not a designated spot.

Additional overflow parking is available at the Mountain Park Church (6970 Mountain Rd) and at the smaller lower lot further

down Dorchester Rd.

Meet Directors: Steven Fife thoroIdelitetc@gmail.com

Tammy Mackenzie <u>tammymackenzie@bell.net</u>

Eligibility: Athletes registered with Minor Track Association

As per MTA By-Law 11:1, all athletes must be registered with MTA and all fees owed paid by their respective clubs by MONDAY OCTOBER 24 at

11:59 pm. No non-members permitted.

Entry Deadline: Wednesday October 26, 2022 @ 12:00 noon

No late entries will be permitted.

Entry Fees: \$20.00 per athlete

Note: This includes a \$1.00 MTA levy per entry as well as the processing fees added

by Trackie

Online Registration: www.trackiereg.com/MTAXCChamps2022

All entries are to be completed online at Trackie and payment must be paid online. Trackie accepts many forms of payment.

No refunds will be given after registration is complete.

Waiver: Mandatory for all athletes and to be completed online

Awards: Individuals: Medals to 1st, 2nd, 3rd, places

Ribbons to 4th through 10th places

Teams: Medals to 1st, 2nd, 3rd place teams (Winning team based on position of first THREE finishers. In case of tie, the position of the 3rd runner will determine the winning team. Max of 4 medals per team. Coaches may purchase additional medals if desired.)

TENTATIVE Schedule:

A final schedule will be communicated the day before the meet, factoring in the number of runners, and time needed for warm-ups.

SESSION 1			
9:15 am	Course Walk-throughs for all ages		
10:30 am	Peewee Girls + Boys	Born 2016/2017	800 m
10:40 am	Mite Girls	Born 2014/2015	1000 m
10:55 am	Mite Boys	Born 2014/2015	1000 m
11:10 am	Tyke Girls	Born 2012/2013	1500 m
11:30 am	Tyke Boys	Born 2012/2013	1500 m
11:50 am	Atom Girls	Born 2010/2011	2000 m
12:15 pm	Atom Boys	Born 2010/2011	2000 m
12:40 pm	Senior Girls	Born 2008/2009	3000 m
1:10 pm	Senior Boys	Born 2008/2009	3000 m
1:30 pm	Intermediate Girls + Boys COMBINED	Born 2006/2007	4000 m

CHAMPIONSHIP APPAREL:

In order to guarantee your sizes you are encouraged to preorder your items online at www.trackiereg.com/MTAXCApparel2022. Hoodies are \$50 and long-sleeve dri-fits are \$30. Only cash will be accepted on Saturday.



