## 2022 MTA XC CHAMPIONSHIPS

## Saturday October 29, 2022

## Hosted by:

Thorold Elite Track Club
Burlington Track \& Field Club

minor track association


Sanctioned by:
Venue:

Parking:

Minor Track Association of Ontario
Firemen's Park
2275 Dorchester Rd, Niagara Falls, ON
Course is mostly on grass with a very small gravel section. Spikes are recommended/ encouraged.

There is capacity for up to 200 cars in the main lot. Do not triple park or park where there is not a designated spot.

Additional overflow parking is available at the Mountain Park Church ( 6970 Mountain Rd) and at the smaller lower lot further down Dorchester Rd.

## Meet Directors:

Eligibility:

Entry Deadline:

Entry Fees:

Steven Fife
Tammy Mackenzie

## thoroldelitetc@gmail.com tammymackenzie@bell.net

Athletes registered with Minor Track Association
As per MTA By-Law 11:1, all athletes must be registered with MTA and all fees owed paid by their respective clubs by MONDAY OCTOBER 24 at 11:59 pm. No non-members permitted.

Wednesday October 26, 2022 @ 12:00 noon No late entries will be permitted.
$\$ 20.00$ per athlete
Note: This includes a $\$ 1.00$ MTA levy per entry as well as the processing fees added by Trackie

Online Registration:

Waiver:
Awards:

WWW.trackiereg.com/MTAXCChamps2022
All entries are to be completed online at Trackie and payment must be paid online. Trackie accepts many forms of payment. No refunds will be given after registration is complete.

Mandatory for all athletes and to be completed online
Individuals: Medals to 1st, 2nd, 3rd, places
Ribbons to 4th through 10th places
Teams: Medals to 1st, 2nd, 3rd place teams (Winning team based on position of first THREE finishers. In case of tie, the position of the $3 r d$ runner will determine the winning team. Max of 4 medals per team. Coaches may purchase additional medals if desired.)

## TENTATIVE Schedule:

A final schedule will be communicated the day before the meet, factoring in the number of runners, and time needed for warm-ups.

| SESSION 1 |  |  |  |
| :--- | :--- | :--- | :--- |
| 9:15 am | Course Walk-throughs for all ages |  |  |
| $10: 30 \mathrm{am}$ | Peewee Girls + Boys | Born 2016/2017 | 800 m |
| $10: 40 \mathrm{am}$ | Mite Girls | Born 2014/2015 | 1000 m |
| $10: 55 \mathrm{am}$ | Mite Boys | Born 2014/2015 | 1000 m |
| $11: 10 \mathrm{am}$ | Tyke Girls | Born 2012/2013 | 1500 m |
| $11: 30 \mathrm{am}$ | Tyke Boys | Born 2012/2013 | 1500 m |
| $11: 50 \mathrm{am}$ | Atom Girls | Born 2010/2011 | 2000 m |
| $12: 15 \mathrm{pm}$ | Atom Boys | Born 2010/2011 | 2000 m |
| $12: 40 \mathrm{pm}$ | Senior Girls | Born 2008/2009 | 3000 m |
| $1: 10 \mathrm{pm}$ | Senior Boys | Born 2008/2009 | 3000 m |
| $1: 30 \mathrm{pm}$ | Intermediate Girls + Boys <br> COMBINED | Born 2006/2007 | 4000 m |

## CHAMPIONSHIP APPAREL:

In order to guarantee your sizes you are encouraged to preorder your items online at www.trackiereg.com/MTAXCApparel2022. Hoodies are $\$ 50$ and long-sleeve dri-fits are $\$ 30$.
Only cash will be accepted on Saturday.


