

Schedule

2022 BC Cross Country Championships & Junior Development Championships

Race	Time	Category	
	10:40 am	Track Rascals All-Comers Event (2014-2016)	1.0 km
#1	11:00 am	2013 Boys & Girls (age 9)	1.5 km
#2	11:15 am	2012 Boys & Girls (age 10)	2.0 km
#3	11:30 pm	2011 Boys & Girls (age 11)	2.0km
#4	11:45 am	Senior & Masters Women U20* & 70+ Women	8.0 km 6.0 km
#5	12:40 pm	U20*, Senior & Masters Men 70+ Men	8.0 km 6.0 km
		Awards - 2013, 2012, 2011	
#6	1:40 pm	Boys & Girls – 2010/2009 (ages 12 & 13)	3.0 km
#7	2:05 pm	U16 Girls – 2007/2008 (ages 14 & 15)	3.0 km
#8	2:25 pm	U16 Boys - 2007/2008 (ages14 & 15)	3.0 km
		Awards - 2010/2009 Boys & Girls U20, Senior, Masters & Masters 70+	
#9	2:45 pm	U18 Girls (2006 & 2005)	5.0 km
#10	3:25 pm	U18 Boys (2006 & 2005)	5.0 km
		Awards - U16 & U18 to follow last race.	

BC Athletics Membership and the BC Cross Country Championships, age category is based on your age at the end of the year (December 31).

Masters age in competition, is based on your age ON the day of competition.

Notes: * U18 may run up in the U20 event to qualify for the BC Team — must indicate race # when entering. U20 athletes may run up in the Senior Category to qualify for the BC Team.

* U16 athletes are **NOT** permitted to run up.