MARAUDER BAYFRONT OPEN 8K & 6K

PAULA SCHNURR HEAD COACH – MCMASTER <u>SCHNURR@MCMASTER.CA</u> 289 253-8963

STEVE MORAN ASSISTANT COACH – MCMASTER XCTRACK@MCMASTER.CA

Sponsored by: TEN TOE'N SHOE SHOP tentoenshoeshop.ca

FRIDAY, OCTOBER14, 2022 BAYFRONT PARK, 200 HARBOUR FRONT DR, HAMILTON, ON L8L 1C8

10:30AM - COURSE OPEN FOR REVIEW/RACE PACKETS AVAILABLE

11:45am - 6K /8k Open (14yrs and older) - COED

12:45PM - 8K UNIVERSITY - MEN

1:30PM - 8K UNIVERSITY - WOMEN

8K - First three teams in **U Sports Division** will be recognized.

Entries Submitted through Trackiereg.ca

8K University Entry Fee \$250 per U Sports team (\$500-plus Trackie registration fee, for Women's and Men's Team – also includes U Sports team individuals' entry to open 6k / 8k). Entry fee - **\$35 per individual**.

Payment Online or by Cheque- payable to McMaster University

Each University teams first 8 ranked individuals will run in Heat one and all additional individual entries in Heat 2.

Course Design and Management - Clive Morgan

Course is 100% grass with small elevation changes - 2K loops

This is an Athletics Ontario Sanctioned event.

6K / 8K Open Entry Fee \$35 per individual AO registered
\$45 non-AO Registered
8K Open Entry Fee \$35 per individual AO registered
\$45 non-AO Registered

Entry Deadline: Wednesday, October 12th by 10pm.

Parking is conveniently located beside the race course at Bayfront Park including room for Buses. Parking is ~50 metres from course and ~300m from start/finish.

Restrooms – Portable toilets on site and permanent facilities at back of parking lot.

Meet Hotel – Sheraton Hamilton Hotel – 116 King St. West Hamilton – 2.2km from Course - http://www.sheratonhamilton.com/





