

Lethbridge Kyodokan Judo Club Invites You to Our  
**2022 Florence Senda Junior Tournament**



(Sanction 2022 - 9)

Date: Saturday November 26, 2022

Location: **Lethbridge Judo Club Dojo  
2775 - 28<sup>th</sup> Ave. South  
Lethbridge, AB. T1K 7L6**

Times: Club coach/representative meeting 10:00 a.m.  
Tournament: 10:30 a.m. U10  
U12 ROUGHLY NOON  
U14 ROUGHLY 2PM  
U16 ROUGHLY 4PM

Mandatory Check in Saturday November 26, 2022, **8am – 930am NO LATER (U10 & U12)**

Weigh-ins: **Friday, November 25, 2022, 6:00 – 7:00 p.m. (U14 & U16 only) at the following:**

**Lethbridge Judo Club 2775 28<sup>th</sup> Ave S, Lethbridge  
Hiro's Judo Cub 1919 27<sup>th</sup> Ave NE, Calgary**

DEADLINE: **November 15<sup>th</sup>, 2022  
November 20<sup>th</sup>, 2022 (Late Registration)**

Tournament Director: **RUSS GALLANT & TREVOR HAZELL (lethjudo@gmail.com)**

REGISTRATION: **ONLINE REGISTRATION ONLY [www.trackiereg.com/florencesenda2022](http://www.trackiereg.com/florencesenda2022)  
\$60.00 per contestant; *(All fees are non-refundable unless event is cancelled)* Late registrations will be charged \$75.00 per contestant.**

**ALL REGISTRANTS RECEIVE A TSHIRT**

Eligibility: Open to all members of Provincial Judo Associations, Judo Canada and IJF Associations  
All competitors must be prepared to present their judo

Minimum rank – yellow belt

U16: Boys/Girls	born 2008 – 2009	(3 min. match duration)
U14: Boys / Girls	born 2010 – 2011	(3 min. match duration)
U12: Boys / Girls	born 2012 – 2013	(2 min. randori format)
U10: Mixed Gender:	born 2014 – 2015	(2 min. randori format)

**THE TOURNAMENT DIRECTOR RESERVES THE RIGHT TO MAKE CHANGES AS  
DEEMED NECESSARY  
ACCORDING TO JUDO CANADA AND JUDO ALBERTA SANCTION POLICIES.**

Females must wear a plain white t-shirt under their judogi. All must wear white Judogi.

Judo Canada rule modifications as per current posted Tournament Policy

U10 and U12 groupings will be determined after 10:00 AM.

The goal is to have groups of 4 or 5.

Round robin format.

Rule modifications as per Judo Canada.

U10 as per Judo Canada Rules and policies (see attached).

U12 as per Judo Canada Rules and policies (see attached).

U14 fight will be scored and awarded in conjunction with Judo Canada match rules. (3-minute stop time)

U16 fight will be scored and awarded in conjunction with Judo Canada match rules. (3-minute stop time)

**Note to Parents of U10 and U12 Athletes:**

In keeping with the directions of Sports Canada and Judo Canada, Judo Alberta is following the Long-Term Athlete Development (LTAD) model.

This model states that athletes in the U10 and U12 divisions should be at the stage of **skill development**, and not at a competitive phase of their development.

In the U10 and U12 categories the tournament will consist of randori sessions of two minutes duration. If one participant completely dominates the match, by throwing the other for multiple ippon-level techniques in a row, the referee may stop the match. Otherwise, the match will continue for the full two minutes.

All athletes in these U10 and U12 divisions will be recognized for their skill level.

Note that in both the U10 and U12 division, mixed gender matches are allowed and may occur if there are inadequate numbers for single gender competition.

**MINOR**  
(Under 18 years old)

**NOTICE: This is a legal document**, which must be properly completed and signed, or your entry will not be accepted. PLEASE READ CAREFULLY. It affects your rights. If you do not understand it, obtain legal advice before signing.

**RELEASE, INDEMNITY, WARRANTY, REGISTRATION AND ASSUMPTION OF RISK**

In consideration of the acceptance of the entry of \_\_\_\_\_ (hereinafter referred to as "the said child") to compete in and/or being permitted to participate in the **2022 FLORENCE SENDA JUNIOR JUDO TOURNAMENT** (hereinafter referred to as "This event"), I/we for myself/ourselves and for and behalf of the said child hereby release, remise, and forever discharge and agree to indemnify and save harmless the Alberta Kodokan Black Belt Association (also known as Judo Alberta) and the Lethbridge Kyodokan Judo Club, their respective organizers, officers, executives, directors, officials, agents, servants, sponsors and representatives (hereinafter referred to as "the releasees") from and against all claims, actions, costs, expenses, and demands in respect of death, injury, loss, or damage to the person or property of said child, or myself/ourselves, however caused, arising out of or in connection with the said child competing, or participating in this event and notwithstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of a common duty of care as an occupier of premises or otherwise, of or by the releases or any of them.

I/We agree to assume all risks, both known and unknown, and all consequences thereof, for me/us and for and on behalf of the said child, arising out of or in connection with said child competing or participating in this event.

I/we agree for myself/ourselves and for and on behalf of the said child to adhere to all rules, regulations and conditions of this event.

I/We agree to allow the said child to participate in one weight division higher than his/her actual weight if there are insufficient competitors in either division and as guided by Judo Alberta's Sanction Policy. He/She may partake in exhibition matches one weight division higher than his/her actual weight.

I/we hereby register the said child as a competitor or participant in this event and I/we certify that:  
The said child is in good physical condition and has no injury, disease or disability that would impair his or her performance or physical condition or increase the likelihood of injury in competing or participating in this event.

No physician, nurse, therapist trainer, coach, manager, or other person has advised me/us not to allow the said child to compete or participate in a body contact sport or in this event.

I/we am/are familiar with the sport of judo and the nature of a judo contest. I/we am/are aware that there is a risk of injury by the very nature of the sport. We are the father and mother of the said child, or the guardian(s) of the said child and the only person(s) lawfully entitled to act for and on behalf of the said child. This document shall be binding upon the said child, me/us, the heirs, executors, administrators, assignees, and personal representatives of each of us and the said child.

I/we have read this document and I/we agree that the said child and I/we are bound by its terms. I/we further understand that it is compulsory and mandatory that this document be fully completed and signed as a condition precedent to the said child competing or participating in this event.

DATE \_\_\_\_\_

SIGNATURES \_\_\_\_\_  
(FATHER/GUARDIAN)

\_\_\_\_\_  
(MOTHER/GUARDIAN)

\_\_\_\_\_  
(PRINT NAME)

\_\_\_\_\_  
(PRINT NAME)



## U10

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In season 2022/23: children born in 2014-2015

### Modified Rules

1. **White belts of this age group** must be involved in Ne-waza competition only.
2. Grip is allowed only at the front of the judogi – gripping hand cannot fully cross the “frontal plane” of movement of Uke; HOWEVER, a grip behind the back around the shoulder or lower back is allowed as long as it is followed by an immediate and continuous attack.
3. The bouts may be judged by one referee. There is no need for accurate scorekeeping. The referee’s role is to educate more than evaluate – i.e. no Shido should be given for a first-time offence and explanation should be provided why a certain action is not allowed.
4. Bouts’ duration will be of 2 minutes of continuous time.
5. The bouts will end after 2 Ippon.
6. All participants should be awarded a prize at the end of the presentation.
7. **The following actions/techniques are not allowed:**
  - 7.1. Kansetsu-waza and Shime-waza.
  - 7.2. **Head locking with a grip over or around the neck, both in Tachi-waza and Ne-waza – i.e. no neck squeezing is allowed in Kesa-gatame and no Kubi-nage throw - see U8 rules for details.**
  - 7.3. All drop down techniques, which start on one or both knees.
  - 7.4. Tani-otoshi.
  - 7.5. Makikomi-waza and Sutemi-waza.
  - 7.6. Counterrotation techniques against one-legged throws will not be scored – i.e against Uchi-mata or Harai-goshi
8. Weigh-in (if conducted) should be in judogi pants and t-shirts, no exceptions and no weight tolerance as per weigh-in rules.

## U12

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In season 2022/23: children born in 2012-2013

### Modified Rules

1. **White belts of this age group** may only be involved in Ne-waza competition format.
2. Bout duration will be 2 minutes of stopped time.
3. The bouts will end after 1 Ippon.
4. The following actions and techniques are not allowed and will NOT BE SCORED. The judge will explain to the judoka that such an action is not allowed. If the child uses the same prohibited Waza again, the judge will again explain to the judoka and the coach that such action is not allowed and why. After a third such action, Shido penalty will be given:
  - 4.1. Kansetsu-waza and Shime-waza.
  - 4.2. Head locking with a grip over or around the neck. both in Tachi-waza and Ne-waza – i.e. no neck squeezing is allowed in Kesa-gatame and no Kubi-nage throw. For details see U8 rules.**
  - 4.3. All drop down techniques, which start on one or both knees.
  - 4.4. Tani-otoshi or Makikomi-waza and Sutemi-waza. Actions that start as a Makikomi or Sutemi should not be scored. Actions that start with an allowed technique and then because of reaction of the opponent end up as Makikomi-waza, should be scored.
  - 4.5. Counterrotation techniques against one-legged throws will not be scored – i.e against Uchi-mata or Harai-goshi.
5. Tournament organizers can award gold, silver, etc. medals OR award medals of the same color to all participants in this format of competition.
6. Weigh-in in judogi pants and t-shirts; no exceptions and no weight tolerance as per weigh-in rules.
7. In events where winners of each bout are declared, in an absence of a technical score or equal technical score at the end of the bout, the winner is determined as follows: if there is a Shido penalty the winner of the bout is the competitor with no Shido or less Shidos; if there is a no difference in Shidos, the winner is determined by a decision of the referee(s).