

SANCTIONED AND REQUIRED BY: ATHLETICS ONTARIO

RELEASE, WAIVER, AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the:  
CTAC Early Bird Elementary Schools Cross Country Meet - SEPTEMBER 24, 2022

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE:

Athletics Ontario  
Athletics Ontario Officials  
Allan Pribaz, Meet Director  
Central Toronto Athletic Club  
Sunnybrook Park  
City of Toronto

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all the aforesaid from and against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event, and I AGREE to withdraw from the race if so, requested by the designated medical officer.

\_\_\_\_\_  
Date    Print Name    Signature

If under 18 years, a parent or Guardian or Power of Attorney is to sign below.

\_\_\_\_\_  
Date    Print Name    Signature of Parent  
Or Guardian Or Power of Attorney