



## **CTAC Early Bird Elementary Cross-Country Meet** **SATURDAY September 24<sup>th</sup> 2022.**

\*No rain date planned\*

**Attention:** Elementary school cross country coaches

Are you looking for a fun, early season race opportunity for your cross-country runners? Please consider our event being hosted by the Central Toronto Athletic Club! Look forward to hosting you on September 24<sup>th</sup>.

**Location:** Sunnybrook Park – 1132 Leslie Street, Toronto Ontario

**Hosted by:** Central Toronto Athletic Club (<http://www.centraltorontoac.ca/>)

**Participants:** Open to ALL Ontario elementary students grades 3-8

**Entry fee:** \$15.00/athlete. (Insurance included) (\$300 maximum per school)

The entry fee includes insurance and an online processing fee. You must also complete the waiver with your entry fee. Please go to the CTAC website and follow the link for the cross-country meet.

### **Entry Deadline:**

Wednesday September 21 2022 11:59pm.

To register for the meet visit – <https://trackiereg.com/ctac-elementary-22>

### **Race Number Pickup:**

Race numbers will be available to pick-up at a tent onsite the morning of the race starting at about **8:00 am**. Please arrive **60** minutes prior to your race to allow time to pick up race numbers. A representative from each school will be required to pickup the package of numbers for the entire school and distribute the numbers to your athletes. **Race times may go ahead by a max. of 15 mins.**

### **Race Schedule:**

Grade 3 & 4 girls 9:00 a.m.	2km	Grade 3 & 4 boys 9:20 a.m.
Grade 5 & 6 girls 9:40 a.m.	2km	Grade 5 & 6 boys 10:00 a.m.
Grade 7 & 8 girls 10:30 a.m.	3km	Grade 7 & 8 boys 11:00 a.m.

### **Waiver:**

Please have each participant fill out and sign a copy of the waiver found online at the registration site and collect them. The school official picking up the package of race numbers on race day will need to provide the signed waivers at that time.

### **Course:**

The races make use a 1k and 2k loop on flat, wide open trails and grass. Course maps are available online at the registration site and a printed copy will be provided in each school's package of race numbers that are picked up onsite the day of the race.

Further questions can be answered by: Al Pribaz: [allan.pribaz@gmail.com](mailto:allan.pribaz@gmail.com)

**Please Note:** If your school will not be sending athletes to the meet but you have individual families who are looking for a cross country race opportunity for their child, we are hosting separate races for club athletes or non-registered club athletes immediately following the elementary school races. Please direct them to consider entering that even individually. The details can be found at the following location:

<https://athleticsontario.ca/event/6ix-in-the-six-xc-meet/>

**Elementary coaches please note, Athletics Ontario (AO) is hosting three XC Prep Meets, October 2, 16 and 30 in Sunnybrook Park. Non AO members are welcome! Please see: <https://athleticsontario.ca/events/>**