

2022 Vancouver Thunderbirds Cross Country Relay Race

Date: September 17th, 2022

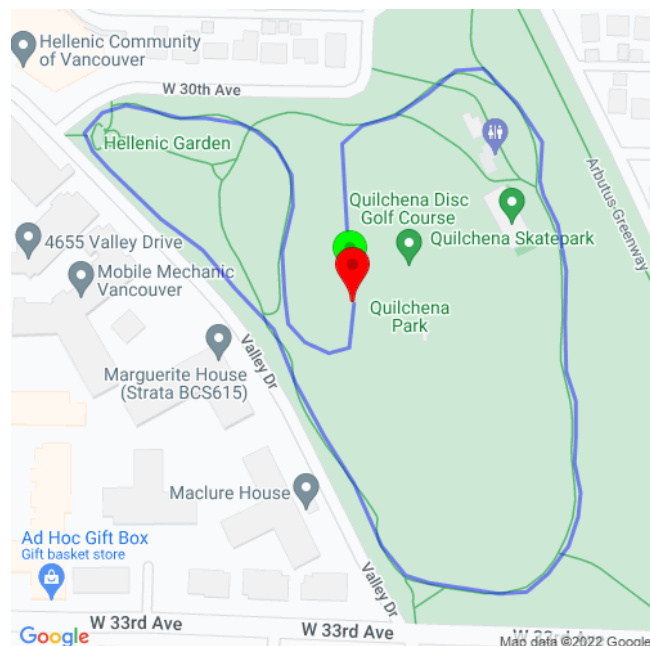
Location: Quilchena Park - 4590 Magnolia St, Vancouver, BC V6J 4B5

Meet Director: INSERT NAME HERE

Website: <https://www.thunderbirdstrack.org/track-and-field>

Meet Registration: [INSERT LINK HERE](#)

Venue



- Onsite Bathrooms
- Street Parking near residential area
- Undercover Areas
- 1.25 km Loop

Event Schedule

X:xx AM – Package Pickup

X:xx AM – JD Races

X:XX AM/PM – Midget/Youth Race

X:xx AM/PM – U20/Open Race

X:xx PM – Family Race?

Race Details

- JD Race
 - 5x1.25km loops
 - Up to five teammates
 - Each individual athlete cannot run more than 1 loop in a row
 - Average age of team places them in age category
 - Top team overall for each category wins award (must be a mixed gender team to be eligible?)
- Midget/Youth Race
 - 5x1.25km loops
 - Up to five teammates
 - Each individual athlete cannot run more than 1 loop in a row
 - Average age of team places them in age category
 - Top team overall for each category wins award (must be a mixed gender team to be eligible?)
- U20/Open Race
 - 8x1.25km loops
 - Up to four teammates
 - Each athlete must run two 1.2km loops in a row (no more than two)
 - Average age of team places them in age category
 - Top team overall for each category wins award (must be a mixed gender team to be eligible?)
- Family Race?
 - 4x1km loops
 - Up to four teammates
 - Each individual athlete cannot run more than 1 loop in a row
 - All ages welcome?
 - Top team overall for each category wins award (must be a mixed gender team to be eligible?)



VANCOUVER THUNDERBIRDS

XC

RELAY RACE

DATE / VENUE

SEPTEMBER 17TH

QUILCHENA PARK

4590 MAGNOLIA ST, VANCOUVER, BC

HAVE FUN

START THE 2022 XC SEASON OFF WITH A RUST BUSTER TEAM EVENT. GATHER FRIENDS, FAMILY, AND TEAMMATES TO COMPETE IN A FUN RELAY STYLE CROSS COUNTRY RACE.

REGISTER ON: [INSERT REGISTRATION LINK HERE](#)

INFO CHECK THIS LINK



WWW.THUNDERBIRDSTRACK.ORG

