



## 2022 Ontario Kata Championships

The Judo Ontario Kata Committee (JOKC) cordially invites Judoka to participate in the 2022 Ontario Kata Championships. Ontario Judoka interested in obtaining an exemption for Yudansha grading purposes from the Provincial Grading Board (PGB) are strongly encouraged to participate in this event. For this year, we have added a finals round to certain larger divisions.

### TOURNAMENT OFFICIALS

Tournament Director: Steven Sheffield  
Head Kata Judge: Malgorzata Lampman, Judo Canada National Kata Judge,  
Chair of JOKC

### EVENT INFORMATION

Date: Sunday, October 2, 2022

Location: Tora Judo Club, 1295 Williams Parkway, Brampton, Ontario

Schedule:

Judges meeting	9:00 am.
Athlete registration/check-in	9:00 am.
Competition start time	10:00 am.

Eligibility: Open to members in good standing with their respective provincial associations.

Minimum rank: Orange belt (4<sup>th</sup> kyu) for U16 Nage-no-kata. Green belt (3<sup>rd</sup> Kyu) all other divisions.

Registration: **Pre-registration only. No entries will be accepted after the deadline.**

THIS CONTEST IS SANCTIONED BY AN ORGANIZATION OFFICIALLY RECOGNIZED BY THE PROVINCE OF ONTARIO



## DIVISIONS

- U16 (both partners born 2008 and later) Nage-no-kata (3 sets)
- Senior (all ages) Nage-no-kata (3 sets)
- Senior (all ages) Nage-no-kata (5 sets)
- Senior (all ages) Katame-no-kata
- Senior (all ages) Ju-no-kata
- Senior (all ages) Kime-no-kata
- Senior (all ages) Kodokan-goshin-jutsu

## FEES

Fee: **\$60 per team/kata.** (\$50 entry fee plus \$5 Ontario Kata Development Fee per person). The Kata Development Fee will be used for Ontario kata judge and coaching development.

**No refunds under any circumstances.**

Multiple entries: Multiple entries with different partners are permitted with payment of a separate entry fee. Exception: A pair cannot perform both Senior Nage-No-Kata 3 set and 5 set in the same positions. Switching sides for the second kata is permitted.

## COMPETITION INFORMATION

Rules: IJF Rules – Regulations for Kata  
Also, refer to IJF “2022 Criteria for Kata Evaluation”

Format: For divisions with 5 or more entries, a preliminary round will be held. The top 2 teams with the highest scores from the preliminary round will compete in a final round to determine first and second placing for the competition. For divisions with less than 5 entries, a single round (no final round) will be held for the competition. Further, there will only be a single round for the U16 and Senior Nage-No-Kata (3 set) divisions.

## REGISTRATION

**Pre-registration only.** The deadline for all entries is **September 26th, 2022.**

[Trackiereg.com/OntarioKataChampionships](http://Trackiereg.com/OntarioKataChampionships)

Only Tori registers online. Then Tori must email [info@judoontario.ca](mailto:info@judoontario.ca) the name of their Uke for each kata performed. Uke will need to email a signed waiver form to [info@judoontario.ca](mailto:info@judoontario.ca) or will be required to sign the waiver form at the tournament.

If you intend to use your performance for Ontario grading purposes, please email [info@judoontario.ca](mailto:info@judoontario.ca) your request at the time of registration or before September 27th.

## JUDGES

Judges will be selected by the JOKC. A judge cannot also be a competitor in the event.

## OTHER INFORMATION

- Uniform/belt: **White judogi only.** No red and white belts.
- Equipment: Participants must provide their own weapons for Kime-no-kata and Kodokan-goshin-jutsu.
- Contest Area: 8 by 8 metres, 2 contest areas
- Awards: Awards will be presented to the top 3 teams in each division.
- Judge Feedback: If time permits, the judges will provide general observations on the competition to the participants.
- Questions: If you have any other questions regarding this event, please contact the Chair of the JOKC, Malgorzata Lampman at [dzierzgowska@yahoo.ca](mailto:dzierzgowska@yahoo.ca).

## Hotel

Quality Inn and Suites  
30 Clark Boulevard, Brampton ON L6W 1X3  
[www.choicehotels.com](http://www.choicehotels.com)

## Release form for Adults (Competitors 18 years old and older)

*NOTE: This is a legal document which must be properly completed and signed for your entry to be accepted. The content of this document affects your rights as a Judo Ontario member. If you do not understand it, we recommend you obtain legal advice before signing.*

### RELEASE, INDEMNITY, WARRANTY, AND ASSUMPTION OF RISK

In consideration of the acceptance of my entry to compete in and/or my being permitted to participate in Ontario Kata Championships (hereinafter referred to as "this tournament"), I hereby release, remise and forever discharge, and agree to indemnify and save harmless The Ontario Judo Black Belt Association, the organizers of this tournament, their respective officers, executives, directors, officials, agents, servants and representatives (hereinafter referred to as "the Releases") from and against all claims, actions, costs, expenses and demands in respect of death, injury, loss or damage to my person or property, howsoever caused, arising out to or in connection with my competing or participating in this tournament and notwithstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of a common duty of care as an occupier of premises, or otherwise, of or by the Releases or any of them. I agree to assume all risks, both known and unknown, and all consequences thereof, arising out of or in connection with my competing or participating in this tournament. I agree to adhere to all rules, regulations and conditions of this tournament.

### I CERTIFY THAT:

1. I am in good physical condition and I have no injury within the last 60 days (e.g. concussion sprain), disease or disability nor have I injected or ingested anything that would impair my performance or physical condition or increase the likelihood of injury in competing or participating in this tournament.
2. No physician, nurse, therapist, trainer, coach, manager or other person has advised me not to compete or participate in a body contact sport or in this tournament.
3. I am familiar with the sport of judo and the nature of a judo contest. I am aware that there is a high risk of injury by the very nature of the sport.
4. This Release Form authorizes the Tournament Director, after consultation with me, to permit a change in either age or weight categories or both as permitted by Judo Ontario's Tournament Standards Policy.
5. I am aware of the code of conduct governing this sport and agree to comply. I understand that disciplinary action will be used if there is a violation of the code of conduct.

THIS DOCUMENT SHALL BE BINDING UPON ME, MY HEIRS, EXECUTORS, ADMINISTRATORS, ASSIGNS AND PERSONAL REPRESENTATIVES.

I have read this document and I understand it fully.

DATE: \_\_\_\_\_ . SIGNED: \_\_\_\_\_ .

## Release Form for Minors (Competitors under 18 years of age)

*NOTE: This is a legal document which must be properly completed and signed for your entry to be accepted. The content of this document affects your rights as a Judo Ontario member. If you do not understand it, we recommend you obtain legal advice before signing.*

### RELEASE, INDEMNITY, WARRANTY, AND ASSUMPTION OF RISK

In consideration of the acceptance of the entry of the child named below (hereinafter referred to as "the said child") to compete in

and /or being permitted to participate in \_\_\_\_\_ (hereinafter referred to as

"this tournament"), I/We for myself/ourselves and for and on behalf of the said child hereby release, remise and forever discharge,

and agree to indemnify and save harmless The Ontario Judo Black Belt Association, the organizers of this tournament, their respective officers, executives, directors, officials, agents, servants and representatives (hereinafter referred to as "the Releases")

from and against all claims, actions, costs, expenses and demands in respect of death, injury, loss or damage to the person or property of the said child, or myself/ourselves, howsoever caused, arising out of or in connection with the said child competing or

participating in this tournament and notwithstanding that the same may have been caused by, contributed to or occasioned by the

negligence, breach of contract, breach of a common duty of care as an occupier of premises, or otherwise, of or by the Releases or

any of them.

I/We agree for myself/ourselves and for and on behalf of the said child to assume all risks, both known and unknown, and all consequences thereof, arising out of or in connection with the said child competing or participating in this tournament and to adhere to all rules, regulations and conditions of this tournament.

I/WE CERTIFY THAT:

1. The said child is in good physical condition and has no injury within the last 60 days (e.g. concussion, sprain), disease or disability nor has he/she injected or ingested anything that would impair his/her performance or physical condition or increase the likelihood of injury in competing or participating in this tournament.

2. No physician, nurse, therapist, trainer, coach, manager or other person has advised me/us not to allow the said child to compete or participate in a body contact sport or in this tournament.

3. I/we am/are familiar with the sport of judo and the nature of a judo contest. I/We am/are aware that there is a high risk of injury by the very nature of the sport.

4. We are the father and mother of the said child or the Guardian(s) of the said child and the only person(s) entitled to act for and on behalf of the said child.

5. This Release Form authorizes the Tournament Director, after consultation with me, to permit a change in either age or weight

categories or both as permitted by Judo Ontario's Tournament Standards Policy.

6. We are aware of the code of conduct governing this sport and agree to comply. We understand that disciplinary action will be used if there is a violation of the code of conduct.

THIS DOCUMENT SHALL BE BINDING UPON THE SAID CHILD, MYSELF/OURSELVES, HIS/HER/OUR HEIRS, EXECUTORS, ADMINISTRATORS, ASSIGNS, AND PERSONAL REPRESENTATIVES OF EACH OF US AND THE SAID CHILD.

I/we have read this document and I/we understand it fully.

CHILD'S NAME \_\_\_\_\_

PARENT/GUARDIAN PARENT/GUARDIAN DATE: \_\_\_\_\_

NAME / RELATIONSHIP NAME / RELATIONSHIP \_\_\_\_\_

Indicate Age Group	U16		Senior	
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**Indicate which Kata you will be performing**

(A form for each kata & pair combination is required.)

Nage-no -Kata 3 sets		Kodokan Goshin Jutsu	
Nage- no -Kata 5 sets		Ju -no -Kata	
Katame -no -Kata		Kime -no- Kata	

## Tori Information

	Tori	Uke
<b>First Name</b>		
<b>Last Name</b>		
<b>Date of Birth: (mm/dd/yyyy)</b>		
<b>Judo Ontario #</b>		
<b>Judo Canada (or other foreign) #</b>		
<b>Foreign Judo Organization (if applicable)</b>		
<b>Rank</b>		
<b>Club</b>		
<b>Address</b>		
<b>Province/State:</b>		
<b>Contact Number</b>		