



# 2022 BC Throws Project Development Camp



**Kamloops, BC | September 16-18, 2022**

## CAMP SCHEDULE

All Able body and para throws athletes welcome  
Born in 2009-SR Athletes

**JOIN US FOR A WEEKEND OF THROWING, FOOD, FRIENDS AND FUN  
WITH WORLD CLASS COACHING AND MENTORSHIP**

### Friday September 16

- KTFC Bondarchuk Cup (register separately)
- Camp Kick Off Dinner

### Saturday September 17

- Technical Throwing Sessions (all events offered)
- Snacks & Lunch
- Athlete Performance Seminar
- Coach Video Analysis Session
- Elite Athlete Q&A

### Sunday September 19

- BC Throws Project Mini Meet

Athletes and coaches enrolled in the 2022 BC Athletics High Performance Program (CSI-P) are eligible for a 10% discount on registration. Email for a **PROMO CODE**

### **Camp Fees: Athletes & Coaches** **FOOD & BC THROWS PROJECT GEAR INCLUDED**

- \$175 (+GST) for BCA athlete members
- \$100 (+GST) for BCA coach members
- \$195 (+GST) for athlete non-members
- \$120 (+GST) for coach non-members

**REGISTER: [WWW.TRACKIEREG.COM/2022THROWSCAMP](http://WWW.TRACKIEREG.COM/2022THROWSCAMP)**

**QUESTIONS? [MEGANN.VANDERVLIEET@BCATHLETICS.ORG](mailto:MEGANN.VANDERVLIEET@BCATHLETICS.ORG)**