



TETC XC PREP MEET

Sunday October 2, 2022



Hosted by: Thorold Elite Track Club

Sanctioned by: Minor Track Association (Morning Session)
Athletics Ontario (Afternoon Session)

NOTE THIS MEET IS A PREP MEET FOR THE MTA XC CHAMPIONSHIPS AND WILL FEATURE THE SAME RACE COURSES!

Venue: **Firemen's Park**
2275 Dorchester Rd, Niagara Falls, ON

Course is mostly on grass with a very small gravel section. Spikes are recommended/ encouraged.

Parking: There is capacity for up to 200 cars in the main lot. Do not triple park or park where there is not a designated spot.

Meet Director: Steven Fife thoroldelitetc@gmail.com

Eligibility: Athletes registered with Athletics Ontario or Minor Track Association of Ontario

All athletes must be registered with the provincial-governing organization. Please contact thoroldelitetc@gmail.com if you have any questions about registration or eligibility.

Entry Deadline: Thursday September 29, 2022 @ 11:59 pm

Entry Fees: \$20.00 per athlete

Late Deadline: Saturday October 1, 2022 @ 12:00 noon
For entries after this deadline you must contact us directly.

Late Fees: \$30.00 per athlete

Online Registration: www.trackiereg.com/TETCXC2022
All entries are to be completed online at Trackie and payment must be paid online. Trackie accepts many forms of payment.

Waiver: Mandatory for all athletes and to be completed online

Awards: Ribbons to the Top Three competitors in each race

Washrooms: Washrooms are available on-site

TENTATIVE Schedule:

A final schedule will be communicated the day before the meet, factoring in the number of runners, time needed for warm-ups; however it is expected that race times would not change more than +/- 15 minutes, if at all.

SESSION 1 (MTA Athletes)			
9:15 am	Course Walk-Throughts		
10:15 am	Peewee Girls + Boys	Born 2016 or younger	800 m
10:30 am	Mite Girls	Born 2014/2015	1000 m
10:45 am	Mite Boys	Born 2014/2015	1000 m
11:00 am	Tyke Girls	Born 2012/2013	1500 m
11:20 am	Tyke Boys	Born 2012/2013	1500 m
11:40 am	Atom Girls	Born 2010/2011	2000 m
12:00 pm	Atom Boys	Born 2010/2011	2000 m
12:25 pm	Senior Girls	Born 2008/2009	3000 m
12:50 pm	Senior Boys	Born 2008/2009	3000 m
SESSION 2 (AO Athletes + MTA Intermediate)			
1:30 pm	Warm-ups		
2:15 pm	MTA Intermediate/ U16 Girls		4000 m
2:45 pm	MTA Intermediate/ U16 Boys		4000 m
3:15 pm	U18 Girls		6000 m
4:00 pm	U18 Boys		6000 m

Course Maps will be communicated in advance of the meet.