

FINAL SCHEDULE – BC MASTERS CHAMPIONSHIP

TRACK SCHEDULE

SATURDAY, AUGUST 13

9:00 3000m Race Walk (M & W combined)
9:30 1500m (Women followed by Men)
10:00 ---
10:15 Sprint hurdles (Women first)
11:00 100m (Women first)
11:30 ---
12:00 OPENING CEREMONIES
12:30 4x100m
1:30 400m (Women first)
2:30 4x800m (Require at least 2 teams)

SUNDAY, AUGUST 14

3000m (M & W combined)

200m (Women first)

Long Hurdles (Women first)
800m (Women first)

Steeplechase (Men only)
4x400m

NOTE: The Sprint hurdles have been moved up by 15 minutes, the 100m by 30 minutes.

FIELD SCHEDULE

SATURDAY, AUGUST 13

9:00 Mens Hammer, Womens Shot put (2 sect)
10:30 ---
11:00 Mens Shot put, Womens Javelin (2 sect)
12:00 OPENING CEREMOMIES
12:30 Womens Long jump
1:30 Mens Javelin, Womens Hammer
2:30 Mens Long jump
3:00 ---

SUNDAY, AUGUST 14

Mens Discus (2 sections), Mens High jump
Mens Triple jump, **Womens Discus**
Womens High jump
Mens Weight

Womens Weight, Womens Triple jump

Mens & Womens Superweight

NOTE: On Saturday, the Womens Long jump has been moved back 30 minutes later.
On Sunday, the Womens Discus and Weight throw have been reversed.

NOTE: The mens and womens **Pole Vault** will be held two weeks later during the Greyhounds Multi-events meet. The individual pole vault for men and women will either be run concurrently with the mens decathlon pole vault (scheduled for noon on Sunday, August 28) or immediately after the decathlon pole vault has been completed.