

**SWO Throws Meet Tentative Schedule
Sunday July 24th, 2022.**

Time	Event
3:30pm	Hammer Throw - Men & Women
4:30pm	Long Jump - Men & Women
4:30pm	Discus - Women
4:305pm	Shot Put - Men
4:30pm	Triple Jump - Men & Women
5:30pm	Shot Put - Women
5:30pm	Discus - Men
5:30pm	High Jump - Men & Women
6:30pm	Javelin - Men & Women