

2022 Stratford Sabrecats Twilight 2

Track Schedule

Time	Event	Heats	Info
6:00 pm	300m/400m	300m - 5 heats female (26) 300m - 4 heats male (20) 400m - 2 heats female (8) 400m - 3 heats male (13)	300m will be run first. Female, then male. 400m will follow.
6:40 pm	80m/100m	80m - 2 heats female (12) 80m - 2 heats male (10) 100m - 6 heats female (42) 100m - 4 heats male (32)	The 80m will be run first. Female then male. 100m will follow For the 80m, top 16 in each gender qualify for A and B finals. For the 100m, top 24 in each gender qualify for the A, B, and C finals
7:15 pm	1200m/1500m	1200m - 1 heat female (5) 1200m - 1 heat male (8) 1500m - 1 heat female (5) 1500m - 1 heat male (15)	1200m will be run first. Female, then male. 1500m will follow.
7:45 pm	80m/100m	A and B Finals for the 80m A, B and C finals for the 100m	Will run female then male for the 80m and then the 100m

Field Schedule

Time	Event	Heats	Info
6:00 pm	Long Jump	Flight 1 (U16 and up) - 16 jumpers	Female in Pit 1 (closest to the track)
	Long Jump	Flight 1 (U16 and up) - 14 jumpers	Male in Pit 2 (closest to the fence)
	Discus	15 throwers	Male
7:15 pm	Long Jump	Flight 2 (u14 and under) - 9 jumpers	Female in Pit 1 - 3 jumps only
	Long Jump	Flight 2 (u14 and under) - 9 jumpers	Male in Pit 2 - 3 jumps only
	Discus	8 throwers	Female
8:00 pm	Triple Jump	6 jumpers	Female in Pit 1
	Triple Jump	4 jumpers	Male in Pit 2