

## OAC Twilight Meet #3 – Tuesday July 19th,

### 2022 Schedule

#### Track events:

Track events run youngest to oldest, female and then male (except Hurdles)

- 5:15pm: Mile (U18, U20, Senior, Master W/M)**
- 5:30pm: 1500m Steeplechase (U16)**
- 5:40pm: 110m Hurdles (Senior M, U20M, U18M)**
- 5:50pm: 100m Hurdles (U20W, U16M, U18W)**
- 5:55pm: 80m Hurdles (U16W, 2009B, 2009G, 2010B/G)**
- 6:10pm: 60m Hurdles (U12B/G, U10G/B)**
- 6:15pm: 400m (U18, U20, Senior, Master W/M)**
- 6:25pm: 300m (U14, U16W/M)**
- 6:35pm: 600m (U9, U12G/B)**
- 6:45pm: 800m (U14 and up W/M)**
- 6:55pm: 60m (U9, U12, U14, Masters W/M)**
- 7:00pm: 100m (all age groups)**

#### Field events:

- 5:00pm: High Jump (all age groups)**
- 6:00pm: Long Jump (all age groups)**
- 5:40pm: Javelin (U12 and up)**
- 6:30pm: Discus (U12 and up)**

Please Note Age Groups:

U10: 2013 (9)

U12: 2012/2011 (10/11)

U14: 2010/2009 (12/13)

U16: 2008/2007 (14/15)

U18: 2006/2005 (16/17)

U20: 2004/2003 (18/19)

Senior: 2002-1988 (20 – 34)

Master: 1987+ (35+)

JD athletes (U10 – U14) are scored separately.